

THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE

141 Herrick Road, Newton Centre, Massachusetts 02459

Relational Theory

Instructors: Barbara Breslau, Ed.D. & Joseph M. Schwartz, Ph.D.

Session 1 (November 17, 2016): Introductory Framework

Mitchell, S.A. (1991). Wishes, Needs and Interpersonal Negotiations. *Psychoanalytic Inquiry*, 11:147-170.

[PEP Web Link](#)

Hoffman, I.Z. (1996). The Intimate and Ironic Authority of the Psychoanalyst's Presence. *Psychoanalytic Quarterly*, 65:102-136. [PEP Web Link](#)

Optional (but strongly recommended):

Mitchell, S. (1988). Introduction, Chapter 1 (The Relational Matrix) and Chapter 2 ("Drive" and the Relational Matrix) pp 1-62. In *Relational Concepts in Psychoanalysis: An Integration*, Harvard University Press: Cambridge, MA. [Available in [Library](#)]

Learning Objective: At the conclusion of this session, candidates will be able to identify 2 essential epistemological assumptions underlying the classical perspectives underlying psychoanalytic theory and 2 epistemological assumptions underlying relations perspectives on psychoanalytic theory.

Session 2 (December 1, 2016): The Analyst's Subjectivity

Hoffman, I.Z. (1983) The Patient as Interpreter of the Analyst's Experience. *Contemporary Psychoanalysis*, 19:389-422. [PEP Web Link](#)

Aron, L. (1991) The Patient's Experience of the Analyst's Subjectivity. *Psychoanalytic Dialogues*, 1:29-51. [PEP Web Link](#)

Learning Objective: At the conclusion of this session, candidates will be able to define the "blank screen" concept underpinning the classical psychoanalytic understanding of transference.

Session 3 (December 8, 2016): The Developmental Perspective

Stern, D.N., Sander, L.W., Nahum, J.P., Harrison, A. M., Lyons-Ruth, K., Morgan, A.C., Bruschiweilern, N., & Tronick, E.Z. (1998) Non-Interpretive Mechanisms in Psychoanalytic Therapy: The 'Something More' Than Interpretation. *International Journal of Psychoanalysis*, 79:903-921. [PEP Web Link](#)

Learning Objective: At the conclusion of this session, candidates will be able to identify and apply 2 recent developments in psychoanalytic developmental theory to assessment of clinical process with their patients.

Session 4 (December 15, 2016): The Analytic Third

Ogden, T.H. (1994). The analytic Third: Working with Intersubjective Clinical Facts. *International Journal of Psychoanalysis*, 75:3-19. [PEP Web Link](#)

Benjamin, J. (2004). Beyond Doer and Done to: An Intersubjective View of Thirdness. *Psychoanalytic Quarterly*, 73:5-46. [PEP Web Link](#)

Learning Objective: At the conclusion of this session candidates will be able to identify and compare 2 different perspectives on the concept of "The Analytic Third."

Session 5 (December 22, 2016): Dissociation and the Relational Perspective

Bromberg, P.M. (1994). "Speak That I May See You": Some Reflections on Dissociation, Reality, and Psychoanalytic Listening. *Psychoanalytic Dialogues*: 4:517-547. [PEP Web Link](#)

Bromberg, P.M. (2009). Truth, Human Relatedness, and the Analytic Process: An Interpersonal/Relational Perspective. *International Journal of Psychoanalysis*: 90:347-361. [PEP Web Link](#)

Optional:

Ferenczi, S. (1949). Confusion of the Tongues between the Adults and the Child—(The Language of Tenderness and of Passion). *International Journal of Psychoanalysis*: 30:225-230. [PEP Web Link](#)

Learning Objective: At the conclusion of this session candidates will be able to identify and explain 2 essential differences between the concept of Dissociation, central to Relational Theory, with the concept of Repression, central to Classical Psychoanalytic Theory.

Session 6 (January 12, 2017): Countertransference and Enactment

Bollas, C. (1983). Expressive Uses of the Countertransference—Notes to the Patient from Oneself. *Contemporary Psychoanalysis*, 19:1-33. [PEP Web Link](#)

Bonovitz, C. (2007) Whose Who in the Psychoanalytic Situation: Subject, Object, and Enactment in the Relational and Contemporary Kleinian Traditions. *Psychoanalytic Dialogues*, 17:411-437. [PEP Web Link](#)

Optional:

Ivey, G. (2008) Enactment Controversies: A Critical Review of Current Debates. *International Journal of Psychoanalysis*, 89:19-38. [PEP Web Link](#)

Learning Objective: At the conclusion of this session candidates will be able to explain 2 fundamental flaws in the classical psychoanalytic understanding of countertransference as identified by Relational psychoanalytic theorists.

Session 7 (January 26, 2017): Self-Disclosure

Davies, J.M. (1994). Love in the Afternoon: A Relational Reconsideration of Desire and Dread in the Countertransference. *Psychoanalytic Dialogues*, 4:153-170. [PEP Web Link](#)

Renik, O. (1999). Playing One's Cards Face up in Analysis: An Approach to the Problem of Self-Disclosure. *Psychoanalytic Quarterly*, 68:521-530. [PEP Web Link](#)

Optional:

Jacobs, T. (1999). On the Question of Self-Disclosure by the Analyst: Error or Advance in Technique? *Psychoanalytic Quarterly*, 68:159-183. [PEP Web Link](#)

Learning Objective: At the conclusion of this session candidates will be able to identify and explain 2 potential consequences of Self-Disclosure in the clinical encounter.

Session 8 (February 2, 2017): Final Thoughts

Harris, A.E. (2011) The Relational Tradition: Landscape and Canon. *Journal of the American Psychoanalytic Association*: 59:701-735. [PEP Web Link](#)

Optional:

Spezzano, C. (1995). “classical” Versus “contemporary” Theory—the Differences That Matter Clinically. *Contemporary Psychoanalysis*, 31:20-46. [PEP Web Link](#)

Learning Objective: At the conclusion of this session candidates will be able to identify and critique 2 core contributions of three Relational psychoanalytic theorists.