Acquisition Note:
These boxes of Dr. Cecil Mushatt's papers were donated after his death by his son, David Mushatt, M.D. They were received by the Boston Psychoanalytic Society and Institute in September 2000.

Access:
Interested parties should contact the Boston Psychoanalytic Society and Institute (BPSI) archivist or librarian for access to the collection.

Scope and Content:
The collection consists of two boxes comprised mainly of papers Dr. Mushatt wrote, presented, and/or published throughout his career. Many of these were lectures delivered at annual meetings of the Boston Psychoanalytic Society and Institute (BPSI) and the American Psychoanalytic Association. There are also several tape recordings of lectures and presentations, a small box of glass plate negatives, and several photos. One notable item is an original portrait of Dr. Felix Deutsch, dated and signed. Also donated were a collection of books owned by Dr. Mushatt, which have since been processed and cataloged in the BPSI library.

Biography:
Dr. Cecil Mushatt was born in Ireland to a family of Jewish descent on May 15, 1913. He attended Trinity College in Dublin and received a fellowship to study in the United States after graduating as a research microbiologist. His fellowship took him to Johns Hopkins Hospital in Baltimore. Upon relocating to Montreal, he worked at several institutions, including the Royal Victoria Hospital in Montreal, as an assistant resident in medicine; the Montreal Neurological Institute, as a neurosurgical intern; and later at the Allen Memorial Hospital, as a senior psychiatric intern. After his residency at Allen Memorial Hospital, he left for Boston to begin psychoanalytic training.

Dr. Mushatt trained for psychoanalysis under Hanns Sachs. During his training and throughout his career, Mushatt developed an interest in treating and studying psychosomatic illnesses, especially ulcerative colitis. He was also influenced by Felix Deutsch’s theory of Associative Anamnesis, and tried to apply this method to his practice.
Dr. Mushatt practiced at several well-known hospitals throughout the Boston area, including Massachusetts General Hospital and Beth Israel Hospital. He was also an instructor at Harvard University and Beth Israel Hospital, a guest lecturer at Simmons College, and a researcher at Boston University. He maintained a private practice throughout his career in Boston, and was a member of several medical organizations, including the American Psychoanalytic Association, the American Psychosomatic Society, the American Medical Association, and the BPSI. Dr. Mushatt died in 2000, and is survived by his son David. Biographical information on Dr. Mushatt is found in the Biographical Directory of the American Psychiatric Association, 1973.

**Series Descriptions:**

**Box 1:**

**Series 1: Articles and Papers 1953-1980**

This series consists of articles and papers written and/or published by Dr. Cecil Mushatt. Some papers were published in such journals as the International Journal of Psychosomatic Psychotherapy, the Psychoanalytic Quarterly, and Psychosomatic Medicine. Two of the papers were also published on tape by the Psychotherapy Tape Library, recordings of which are found in Series 7. Almost all of the papers were presented in some form at the meetings of the BPSI and the American Psychoanalytic Association.

**Series 2: Discussions and Lectures 1958-1980**

Dr. Mushatt commented on a number of papers written by colleagues such as Dr. Melitta Sperling and Dr. Peter Knapp. A few of these papers can be found in Series 3. He also commented on studies conducted during his employment at University Hospital and of panel meetings conducted at the APsA and the BPSI. Finally, there are notes from two lectures, one of which was delivered at the Simmons College School of Social Work.

**Box 2:**

**Series 3: Bibliographies and Collected Scholarly Papers 1962-1985**

This series is comprised of bibliographies collected by Dr. Mushatt on ulcerative colitis. There are also papers written by colleagues, some of which relate to the discussions contained in Series 2.

**Series 4: Correspondence, Pamphlets, and Newspaper Articles 1953-1992**

Contained in this series are two letters, one addressed to Dr. Mushatt from Edward M. Weinshel M.D. and a draft of a letter to Sanford N. Sherman of the Jewish Family Services from Dr. Mushatt. There are also a number of lecture schedule pamphlets. These have presumably been saved because of their announcement of lectures by Dr. Mushatt himself or by colleagues. Finally, there are several reprints of journal articles signed and addressed to Dr. Mushatt, an obituary written by Dr. Mushatt on Dr. Peter H. Knapp, and a newspaper article on psychosomatic illnesses with comments by Dr. Mushatt.
Series 5: Reprints 1954-1966
These are reprints of articles published by Dr. Mushatt that cannot be found elsewhere in the collection.

Series 6: Photos and Glass Plate Slides 1944-1986
The photos contained in this series are mainly of Dr. Mushatt with various colleagues. They span from 1944, when he was still practicing and studying in Canada, to 1986 at Beth Israel Hospital, in Boston. There is also a signed, original photo of Felix Deutsch, which has been removed from the collection and placed in the map drawer in the archive to prevent damage. Also contained in this series is a collection of glass plate slides used by Dr. Mushatt during a lecture on ulcerative colitis.

Series 7: Tape Recordings 1977-1979
This is a collection of four lectures recorded on tape by the Psychotherapy Tape Library. The lectures were delivered by Dr. Mushatt and can be found in Series 1 or 2 in print. These recordings have been removed and placed in the BPSI Audio Recording Collection.

Folder List:
Box 1:
Series 1: Articles and Papers 1953-1980
• Two copies and one reprint of published version

• 3 versions of the paper, 1 copy of the abstract, and handwritten notes.

Folder 3: “Incapacitating Headaches in a Man of Sixty-Two: A Commentary on Grief and Anniversary Reactions.” Done in collaboration with Isidore Werby, M.D. Read in condensed form at the APsaA meeting May, 1971, at the Beth Israel, Massachusetts General and Emerson Hospitals, and at the Boston Society for Gerontological Psychiatry.

- Two versions, summary, handwritten notes, copy of the published version.

- 1 copy, 1 handwritten draft.


- 4 versions, handwritten notes and bibliography.

Folder 7: “Ulcerative Colitis: A Paradigm for Psychosomatic Illness, Parts 1 and 2.” Published on tape by the Psychotherapy Tape Library, Jason Aranson Inc. 1977.
- See Series 6 for tape recordings.

- 2 versions and one copy of appendix.

- 2 copies.


- Two copies, one draft of application to social research foundation, handwritten notes.
Folder 12: Untitled paper, first 7 pages missing, not dated.

Series 2: Discussion and Lectures 1958-1980

Folder 1: “The Psychosomatic Concept.” Presented at a large staff conference. Dec 1, 1958

Folder 2: “Ego Integration, Trauma, and Insight.” Discussion of a paper written by William F. Murphy M.D. May 27, 1959


Folder 7: “Transference Neurosis in Patients with Psychosomatic Disorders and Psychosomatic Reactions Occurring During Analysis.” Discussion of a paper by Melitta Sperling M.D. Presented at the APsaA Annual Meeting April 30, 1965


Folder 9: “Conversion Reactions and Symbolization Processes.” Discussion of a paper by Drs. Berens and Redstone. Presented at Psychiatric Grand Rounds, University Hospital Jan 26, 1967


Folder 14: “Psychoanalytic Considerations of Patients with Organic Illness or Major Physical Handicaps.” Discussion group presentation at the APsaA fall meeting Dec. 1978.


Box 2:


Folder 3: “Contaminated and Natural Lead Environments of Man,” by Clair C. Patterson, PhD, February, 1965.


Folder 15: Various bibliographies on Ulcerative Colitis. Not dated.

Series 4: Correspondence, Pamphlets, and Newspaper Articles 1953-1993

Folder 1: Letter addressed to Mr. Sanford N. Sherman of Jewish Family Services from Cecil Mushatt. March 3, 1953.


Folder 3: Program Schedule- “Psychiatry in General Practice.” Conference held at The Boston State Hospital. Dec 5 and 6, 1959.


Series 5: Reprints 1954-1966

Folder 1: “Psychological Aspects of Non-Ulcerative Colitis,” reprinted from Recent Developments in Psychosomatic Medicine, 1954.


Series 6: Photos and Glass Plate Slides 1944-1986

Folder 1: Photo taken in May 1944. Inscribed on the back: “Montreal Neurological Institute. Session in 6th Floor Path. Lab.” Cecil Mushatt, middle row, fourth from left. Nathan Kalichman in his letter of April 24, 2009 (enclosed with the photograph, includes biographical notes) identified Dr. Karl Stern (first row, 5th from left), Dr. Wilfred V.Cone (middle row, 5th from left), Dr. MacNaughton (middle row, 1st from left), and Dr. Bentley (middle row, last from left).

Folder 2: Photo of Cecil Mushatt (second from left) and four others. Inscribed on the back: “Allan Memorial Institute of Psychiatry, Montreal 1944-45,” and “The Five Sad Apples. (Montreal 1945)” Other subjects include Mike Prados, Chris Standish, Bruce Ruddick, and Nathan Kalichman. Commentary to the photos, “The Five Sad Apples” members and the Montreal Neurological Institute came in the letter of Nathan Kalichman of March 15, 2009 – placed with the photo.

- Item located in map drawer, S.J. Nemetz Room, BPSI.

Folder 5: Group photo including Cecil Mushatt (back row, fifth from the left), taken at Beth Israel Hospital. Other subjects not known.

Folder 6: Box of glass plate slides labeled “Ulcerative Colitis” and dated June 18 - November 24, 1948.

Series 7: Tape Recordings 1977 - 1979 (These have been removed and placed in the BPSI Audio Recording Collection)


Folder 5: dubbed copy of “Loss of Sensory Perception” not dated.