

**Dr. Cecil Mushatt (1913-2000)
Papers, 1944-1993**

MS-N027

2 Manuscript Boxes

Processed by: Molly Monosky
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Acquisition Note:

These boxes of Dr. Cecil Mushatt's papers were donated after his death by his son, David Mushatt, M.D. They were received by the Boston Psychoanalytic Society and Institute in September 2000.

Access:

Interested parties should contact the Boston Psychoanalytic Society and Institute (BPSI) archivist or librarian for access to the collection.

Scope and Content:

The collection consists of two boxes comprised mainly of papers Dr. Mushatt wrote, presented, and/or published throughout his career. Many of these were lectures delivered at annual meetings of the Boston Psychoanalytic Society and Institute (BPSI) and the American Psychoanalytic Association. There are also several tape recordings of lectures and presentations, a small box of glass plate negatives, and several photos. One notable item is an original portrait of Dr. Felix Deutsch, dated and signed. Also donated were a collection of books owned by Dr. Mushatt, which have since been processed and cataloged in the BPSI library.

Biography:

Dr. Cecil Mushatt was born in Ireland to a family of Jewish descent on May 15, 1913. He attended Trinity College in Dublin and received a fellowship to study in the United States after graduating as a research microbiologist. His fellowship took him to Johns Hopkins Hospital in Baltimore. Upon relocating to Montreal, he worked at several institutions, including the Royal Victoria Hospital in Montreal, as an assistant resident in medicine; the Montreal Neurological Institute, as a neurosurgical intern; and later at the Allen Memorial Hospital, as a senior psychiatric intern. After his residency at Allen Memorial Hospital, he left for Boston to begin psychoanalytic training.

Dr. Mushatt trained for psychoanalysis under Hanns Sachs. During his training and throughout his career, Mushatt developed an interest in treating and studying psychosomatic illnesses, especially ulcerative colitis. He was also influenced by Felix Deutsch's theory of Associative Anamnesis, and tried to apply this method to his practice.

Dr. Mushatt practiced at several well-known hospitals throughout the Boston area, including Massachusetts General Hospital and Beth Israel Hospital. He was also an instructor at Harvard University and Beth Israel Hospital, a guest lecturer at Simmons College, and a researcher at Boston University. He maintained a private practice throughout his career in Boston, and was a member of several medical organizations, including the American Psychoanalytic Association, the American Psychosomatic Society, the American Medical Association, and the BPSI. Dr. Mushatt died in 2000, and is survived by his son David. Biographical information on Dr. Mushatt is found in the Biographical Directory of the American Psychiatric Association, 1973.

Series Descriptions:

Box 1:

Series 1: Articles and Papers 1953- 1980

This series consists of articles and papers written and/or published by Dr. Cecil Mushatt. Some papers were published in such journals as the International Journal of Psychoanalytic Psychotherapy, the Psychoanalytic Quarterly, and Psychosomatic Medicine. Two of the papers were also published on tape by the Psychotherapy Tape Library, recordings of which are found in Series 7. Almost all of the papers were presented in some form at the meetings of the BPSI and the American Psychoanalytic Association.

Series 2: Discussions and Lectures 1958- 1980

Dr. Mushatt commented on a number of papers written by colleagues such as Dr. Melitta Sperling and Dr. Peter Knapp. A few of these papers can be found in Series 3. He also commented on studies conducted during his employment at University Hospital and of panel meetings conducted at the APsA and the BPSI. Finally, there are notes from two lectures, one of which was delivered at the Simmons College School of Social Work.

Box 2:

Series 3: Bibliographies and Collected Scholarly Papers 1962- 1985

This series is comprised of bibliographies collected by Dr. Mushatt on ulcerative colitis. There are also papers written by colleagues, some of which relate to the discussions contained in Series 2.

Series 4: Correspondence, Pamphlets, and Newspaper Articles 1953- 1992

Contained in this series are two letters, one addressed to Dr. Mushatt from Edward M. Weinshel M.D. and a draft of a letter to Sanford N. Sherman of the Jewish Family Services from Dr. Mushatt. There are also a number of lecture schedule pamphlets. These have presumably been saved because of their announcement of lectures by Dr. Mushatt himself or by colleagues. Finally, there are several reprints of journal articles signed and addressed to Dr. Mushatt, an obituary written by Dr. Mushatt on Dr. Peter H. Knapp, and a newspaper article on psychosomatic illnesses with comments by Dr. Mushatt.

Series 5: Reprints 1954- 1966

These are reprints of articles published by Dr. Mushatt that cannot be found elsewhere in the collection.

Series 6: Photos and Glass Plate Slides 1944-1986

The photos contained in this series are mainly of Dr. Mushatt with various colleagues. They span from 1944, when he was still practicing and studying in Canada, to 1986 at Beth Israel Hospital, in Boston. There is also a signed, original photo of Felix Deutsch, which has been removed from the collection and placed in the map drawer in the archive to prevent damage. Also contained in this series is a collection of glass plate slides used by Dr. Mushatt during a lecture on ulcerative colitis.

Series 7: Tape Recordings 1977- 1979

This is a collection of four lectures recorded on tape by the Psychotherapy Tape Library. The lectures were delivered by Dr. Mushatt and can be found in Series 1 or 2 in print. These recordings have been removed and placed in the BPSI Audio Recording Collection.

Folder List:

Box 1:

Series 1: Articles and Papers 1953- 1980

Folder 1: "Dynamic Psychological Principles and Their Application to General Medical Care: Report on Teaching of Medical Specialists (Allergists), General Practitioners, and Medical House Officers in Medical Outpatient Clinics." Done in collaboration with Richard E. Cutler, M.D. and Henry G. Altman, M.D. Presented at the 9th Annual Meeting of the American Academy of Allergy in Boston 1953. Published in Psychiatry and Medical Practice in a General Hospital. 1964.

- Two copies and one reprint of published version

Folder 2: "Loss of Sensory Perception Determining Choice of Symptom." Read as abstract at the BPSI in February, 1958 and at the American Psychoanalytic Association in May, 1958. Published in "The Mysterious Leap From the Mind to the Body. A Workshop Study on the Theory of Conversion." Edited by Felix Deutsch.

- 3 versions of the paper, 1 copy of the abstract, and handwritten notes.

Folder 3: "Incapacitating Headaches in a Man of Sixty- Two: A Commentary on Grief and Anniversary Reactions." Done in collaboration with Isidore Werby, M.D. Read in condensed form at the APsaA meeting May, 1971, at the Beth Israel, Massachusetts General and Emerson Hospitals, and at the Boston Society for Gerontological Psychiatry.

Published in the International Journal of Psychoanalytic Psychotherapy
November, 1972.

- Two versions, summary, handwritten notes, copy of the published version.

Folder 4: “Mind and Body: Conversion Symbolization and Physical Function.” Presented at Beth Israel Hospital November, 1971.

- 1 copy, 1 handwritten draft.

Folder 5: “Mind- Body- Environment: Towards Understanding the Impact of Loss on Psyche and Soma.” Presented at the APsaA 59th Annual Meeting April 29, 1972, at the BPSI and Los Angeles Psychoanalytic Society, and at the Mass. General, Peter Bent Brigham, Beth Israel, and Harbor General Hospitals.

Folder 6: “Sensory Perception, Primal Scene, and Personality Development.” Presented at the Workshop on Congenital Absence and Acquired Loss of Bodily Parts, APsaA, December 13, 1973 and the McLean Hospital Academic Conference Sept. 26, 1975.

- 4 versions, handwritten notes and bibliography

Folder 7: “Ulcerative Colitis: A Paradigm for Psychosomatic Illness, Parts 1 and 2.” Published on tape by the Psychotherapy Tape Library, Jason Aranson Inc. 1977.

- See Series 6 for tape recordings

Folder 8: “Loss, Separation, and Psychosomatic Illness: Reflections on the Problem of the Psychoanalytic Treatment of Patients with Physical Illness.” Presented at the Melitta Sperling Memorial Lecture at the APsaA, February 25, 1980, at the BPS, March 25, 1981, and at the 15th European Conference on Psychosomatic Research, Sept 9- 14, 1984.

- 2 versions and one copy of appendix.

Folder 9: “Anorexia Nervosa: A Psychoanalytic Perspective.” Presented at the Symposium of the Department of Psychiatry, Trinity College, Dublin, August 7, 1992.

- 2 copies

Folder 10: “Loss, Separation, and Psychosomatic Illness: Reflections on the Use of Psychoanalytic Treatment in Patients with Psychosomatic and Somatopsychic Illness.” Not Dated

Folder 11: “Outline of a Project on the Psychological Course of Pregnancy and the Effects on the Mother- Child Relationship.” Not dated

- Two copies, one draft of application to social research foundation, handwritten notes.

Folder 12: Untitled paper, first 7 pages missing, not dated.

Series 2: Discussion and Lectures 1958- 1980

Folder 1: "The Psychosomatic Concept." Presented at a large staff conference. Dec 1, 1958

Folder 2: "Ego Integration, Trauma, and Insight." Discussion of a paper written by William F. Murphy M.D. May 27, 1959

Folder 3: "The Psychosomatic Approach to Medical Illness." Lecture presented at the Simmons College School of Social Work. Feb. 1960.

Folder 4: "A Study of the Psychological Processes in Pregnancy: Some Propositions and Comments." Discussion of a paper by Grete L. Bibring. Presented at the BPSI April 27, 1960.

Folder 5: "A Syndrome of Silence: Silence, Depression, and Masochism" Discussion of a paper by Jerome L. Weinberg M.D. Presented at the BPSI Feb. 1961.

Folder 6: "Purging and Curbing: An Inquiry into Disgust, Satiety, and Shame." Discussion of a paper by Peter H. Knapp M.D. Presented at the BPSI November 10, 1964.

Folder 7: "Transference Neurosis in Patients with Psychosomatic Disorders and Psychosomatic Reactions Occurring During Analysis." Discussion of a paper by Melitta Sperling M.D. Presented at the APsaA Annual Meeting April 30, 1965.

Folder 8: "Preliminary Report on Study of Twins." Discussion of a report by P.H.Knapp M.D., M. Jacobs M.D., C Mushatt M.D., S. J. Nemetz M.D., H Posin M.D., and J Swartz M.D. Presented During Psychiatric Grand Rounds, University Hospital Jan, 14 and 21, 1967.

Folder 9: "Conversion Reactions and Symbolization Processes." Discussion of a paper by Drs. Berens and Redstone. Presented at Psychiatric Grand Rounds, University Hospital Jan 26, 1967.

Folder 10: "Consideration of Psychiatric Abnormalities in Patients with a Hereditary Disorder, Wilson's Disease." Discussion of a paper by I. Herbert Scheinberg M.D. Presented at the BPSI Feb. 28, 1968.

Folder 11: "The Interrelation Between Soma and Psyche: Vicissitudes of Object Relations and Physical Illness" Interdisciplinary Colloquim presented at the APsaA Dec. 3, 1972.

Folder 12: "Ego Formation and The Absence of Body Parts." Panel Discussion presented at a joint session of the APsaA and the APA. May 7, 1974.

Folder 13: "Massive Obesity , Psychosis, and Ego Organization." Discussion of a paper by Christopher Rowland M.D. Presented at the BPSI Jan 29, 1975.

Folder 14: "Psychoanalytic Considerations of Patients with Organic Illness or Major Physical Handicaps." Discussion group presentation at the APsaA fall meeting Dec. 1978.

Folder 15: "Anorexia Nervosa: A Psychoanalytic Commentary." Discussion of "On the Fear of Being Fat: Female Psychology and Anorexia Nervosa." By C. Philip Wilson M.D. Published in the International Journal Of Psychoanalytic Psychoanalysis in 1980.

Folder 16: "Religion and Psychology." Lecture notes. Not dated.

Box 2:

Series 3: Bibliographies and Collected Scholarly Papers 1962- 1985

Folder 1: "Mind, Body, and Art: Pictographic Communication of the Child and its Related Body Scheme," by Felix Deutsch, M.D. May 7, 1962

Folder 2: "Primitive Object Relationships and the Predisposition to Schizophrenia," by Arnold. H. Modell, 1963.

Folder 3: "Contaminated and Natural Lead Environments of Man," by Clair C. Patterson, PhD, February, 1965.

Folder 4: "Transference Neurosis Occurring in Patients with Psychosomatic Disorders and Psychosomatic Reactions During Analysis," by Melitta Sperling, M.D., April 30, 1965.

Folder 5: Discussion of Paper, "Some Riddles of Riddance," by Peter H. Knapp, M.D. 1965.

Folder 6: "A Reconsideration of the Role of Conversion on Somatic Disease," by George L. Engel, July 1968.

Folder 7: The Treatment of Patients with Borderline Personality Organization," by Otto Kernberg, 1968.

Folder 8: "Research Into the Physiology of Maleness and Femaleness: Its Contributions to the Etiology and Psychodynamics of Homosexuality," by Warren J. Gadpaille M.D., March, 1972.

Folder 9: Patient Notes of Dr. Nemetz, October 2- 30, 1972.

Folder 10: "Lead Poisoning and Young Children Part 1- Notes on Contemporary Problems," by Phillip H. Gates, M.D. June, 1974.

Folder 11: Response to a paper presented in Seattle by Dr. Cecil Mushatt entitled, "Incapacitating Headaches in a Man of Sixty- Two: Grief and Anniversary Reactions," by Susan Sodergren, February 2, 1985.

Folder 12: "Consideration of Psychiatric Abnormalities in Patients with an Hereditary Disorder: Wilson's Disease," by I. Herbert Scheinberg M.D. Not dated.

Folder 13: "A Syndrome of Silence: Silence, Masochism, and Depression," by Jerome L. Weinberger, M.D. Not dated.

Folder 14: "Basic Concepts in Diagnosis and Treatment of Borderline States," by Jerome L. Weinerger, M.D. Not dated.

Folder 15: Various bibliographies on Ulcerative Colitis. Not dated.

Series 4: Correspondence, Pamphlets, and Newspaper Articles 1953- 1993

Folder 1: Letter addressed to Mr. Sanford N. Sherman of Jewish Family Services from Cecil Mushatt. March 3, 1953.

Folder 2: Program Schedule- Reports of the Workshop on the Theory of the Conversion Process. BPSI March 1, 1958.

Folder 3: Program Schedule- "Psychiatry in General Practice." Conference held at The Boston State Hospital. Dec 5 and 6, 1959.

Folder 4: Program Schedule- American Psychoanalytic Association 52nd Annual Meeting. April 30, 1965.

Folder 5: Letter addressed to Cecil Mushatt from Edward M. Weishel M.D. March 15, 1966.

Folder 6: "Psychoanalytic Approach 'Best' in Psychosomatic Ills." Article clipped from Clinical Psychiatry News. October 1980.

Folder 7: Reprint of “Psychosomatic Medicine from a Psychoanalytic Viewpoint” by Lawrence Deutsch, from the Journal of the APsaA. Signed by Lawrence Deutsch. 1980.

Folder 8: Reprint of “Parental Overstimulation in Asthma” by C. Philip Wilson M.D. from the International Journal of Psychoanalytic Psychotherapy. Signed and noted by C. Philip Wilson. 1980-81.

Folder 9: Letter addressed to Cecil Mushatt from Roger Dufresne, M.D. Included typescript of the APsaA oral history workshop, “The History of the Canadian Psychoanalytic Society: the First Two Decades.” October 31, 1989.

Folder 10: “Obituary of Peter Hobart Knapp” by Cecil Mushatt. Printed in the Newsletter of American College Psychoanalysts. 1992.

Series 5: Reprints 1954- 1966

Folder 1: “Psychological Aspects of Non- Ulcerative Colitis,” reprinted from *Recent Developments in Psychosomatic Medicine*, 1954.

Folder 2: “Asthma, melancholia, and Death,” Parts 1 and 2. Written with Peter H. Knapp M.D. and S Joseph Nemetz M.D. Reprinted from *Psychosomatic Medicine*, March/April 1966.

Folder 3: “Collection and Utilization of Data in a Psychoanalytic, Psychosomatic Study.” Written with Peter H. Knapp M.D. and S Joseph Nemetz M.D. Reprinted from *Methods of Research*. Not dated.

Series 6: Photos and Glass Plate Slides 1944- 1986

Folder 1: Photo taken in May 1944. Inscribed on the back: “Montreal Neurological Institute. Session in 6th Floor Path. Lab.” Cecil Mushatt, middle row, fourth from left. Nathan Kalichman in his letter of April 24, 2009 (enclosed with the photograph, includes biographical notes) identified Dr. Karl Stern (first row, 5th from left), Dr. Wilfred V. Cone (middle row, 5th from left), Dr. MacNaughton (middle row, 1st from left), and Dr. Bentley (middle row, last from left).

Folder 2: Photo of Cecil Mushatt (second from left) and four others. Inscribed on the back: “Allan Memorial Institute of Psychiatry, Montreal 1944-45,” and “The Five Sad Apples. (Montreal 1945)” Other subjects include Mike Prados, Chris Standish, Bruce Ruddick, and Nathan Kalichman. Commentary to the photos, “The Five Sad Apples” members and the Montreal Neurological Institute came in the letter of Nathan Kalichman of March 15, 2009 – placed with the photo.

Folder 3: Group photo including Cecil Mushatt (first row, second from left). Inscribed on the back: "Mass. General Hospital 1948. Other subjects not known.

Folder 4: Original, signed photo of Felix Deutsch, taken by Paul Koby, Harvard Square, Cambridge. Inscription reads: Understanding the past, one can trust the future, Felix Deutsch, 7/28, 1957.

- Item located in map drawer, S.J. Nemetz Room, BPSI.

Folder 5: Group Photo including Cecil Mushatt (back row, fifth from the left), taken at Beth Israel Hospital. Other subjects not known.

Folder 6: Box of glass plate slides labeled "Ulcerative Colitis" and dated June 18- November 24, 1948.

Series 7: Tape Recordings 1977- 1979 (These have been removed and placed in the BPSI Audio Recording Collection)

Folder 1: "Incapacitating Headaches in a Man of Sixty- Two : A Commentary on Grief and Anniversary Reactions." Produced by the Psychotherapy Tape Library, 1977. 2 tapes.

Folder 2: "Mind- Body- Environment: Towards Understanding the Impact Of Loss on Psyche and Soma." Produced by the Psychotherapy Tape Library, 1977. 2 tapes.

Folder 3: "Ulcerative Colitis: A Paradigm for Psychosomatic Illness." Produced by the Psychotherapy Tape Library, 1977. 2 tapes.

Folder 4: "Loss of Sensory Perception and Symptom Choice: A Further Elaboration of a Broader View of Conversion and the Concept of Body Image and Body Language." Produced by the Psychotherapy Tape Library. 1979. 2 tapes.

Folder 5: dubbed copy of "Loss of Sensory Perception" not dated.