From the Director

Dan Jacobs, MD

The chapel, in what is now Colby Hall, will be the new home of the Hanns Sachs Library. Custom built book cases will rise toward an arched ceiling; windows will bring light and color into the reading room. There will be corners in which to read, tables for study, a computer for searches, and, of course, the presence of our talented librarian Olga Umansky and her assistant Tyler Wimberly. These features and more will no doubt make ours the most beautiful and user friendly psychoanalytic library in the country. If you have suggestions for what you would like to see in our newly designed library, please let me know. For all those who have worked so hard to help make this dream a reality, thank you.

Colby Hall History

“A real building is one on which the eye can light and stay lit.”
- Ezra Pound

Colby Hall is believed to have been first occupied circa 1865-66, with some records suggesting the laying of its cornerstone may have coincided with President Abraham Lincoln’s second inauguration. It is named for Boston industrialist and Newton Centre resident Gardner Colby, a long-time treasurer and benefactor of Newton Theological Institution, Brown University, and Colby College in Waterville, ME.

The process has started to design our permanent home. It will include a spacious library on the 1st floor and a climate controlled archive. The Library Committee is working closely with our architects to make sure all library needs are met. We heard your voices and are dedicated to creating a beautiful space where people can be both “alone and together”. Once again, our books and manuscripts will have a home.
It has been a year since we settled in our temporary quarters. Our Newton address attracted new readers and researchers. Four new patrons joined as library members. Over time, colleagues began to increase their use of electronic resources and to develop an appreciation of our audio archives.

People come and work in the library: they download current journals not covered by PEP, and browse our growing collection of books and periodicals. If we do not have the psychiatric and psychotherapy journal they want, we can always obtain it through the interlibrary loan. One of our new web initiatives is to include in next year’s syllabi direct links to PEP Web and online journals. As you may have noticed, our website has been redesigned and integrated with bpsi.org.

All Library pages are accessible via the web site navigation menu and include: an online Catalogue that you can search from home, Resources where you can browse our current journal collection online, Services where you can pay for articles, loans, and bibliographic searches online; Library News and Events where book events are announced; updated Book Sale and wish lists and links to the Archives collection. Also in the library's care are the two new sections, BPSI Authors and Our Recent Work, featuring the latest publications by our members. If you have recently published a book or an article, please send a reference to Olga Umansky at library@bpsi.org.

**Meet the Author Series**

On **Monday, Oct 21, 2013**, Howard B. Levine will talk about a new book *Unrepresented States and the Construction of Meaning: Clinical and Theoretical Contributions*, Karnac Books, 2013, which he co-edited with Gail S. Reed, and Dominique Scarfone. Freud’s initial formulations continue to serve well in understanding and treating neurosis and the more organized parts of our patients’ minds. However, analysts have been increasingly presented with patients whose difficulties and level of psychic functioning lie beyond neurosis. In these instances, rather than uncovering organized but disguised or hidden conflicts, fantasies, wishes and compromise formations, patient and analyst must work together to strengthen or create psychic structure that was previously weak, missing, or functionally inoperative. This book, dedicated to the memory of the late Andre Green, offers a psychoanalytic understanding and approach to the intersubjective creation of meaning and mind and the treatment of primitive mental states.

On **Tuesday, Nov 19, 2013**, Sarah Arvio, an award-winning poet from Maryland, will visit our library to talk about her new book *Night Thoughts: 70 dream poems & notes from an analysis*, Knopf, 2013, a first person account of a dream analysis. This book presents a set of dream poems, along with a narrative exploration of the figures and images in the dreams. Reminiscent of Freud’s “Dora”—but from the perspective of the patient as artist, rather than that of the analyst—“night thoughts” is an unflinchingly courageous literary account of repression and the fracturing of the self, and of healing through dreaming and free-associating. Mark Strand, winner of the Pulitzer Prize and former Poet Laureate of the United States, has called this book “a garden of images . . . beautiful, painful and heroic.”

On **Tuesday, Apr 1, 2014**, Fred Busch will present his new book *Creating a Psychoanalytic Mind: A Psychoanalytic Method and Theory*. New York: Routledge, 2013. Bringing a fresh contemporary Freudian view to a number of current issues in psychoanalysis, this book is about a psychoanalytic method that has been evolved by Fred Busch over the past 40 years. It is based on the essential curative process basic to most psychoanalytic theories - the need for a shift in the patients’ relationship with their own mind. Busch shows that with the development of a psychoanalytic mind the patient can acquire the capacity to shift the inevitability of action to the possibility of reflection.
In the Archives

Honoring Sanford Gifford, MD

Sanford Gifford's Selective Bibliography


(continued on page 6)
Sanford Gifford and Physicians for Social Responsibility

Sanford Gifford is a scholarly antiwar activist. With his vast knowledge of history and psychoanalytic theory as a foundation, he has immersed himself both in understanding the experiences of soldiers and conscientious objectors in clinical practice, as well as in hours of in-depth conversation with colleagues about the causes and consequences of war in society. He shared some of his own writing and thinking about the unconscious and conscious motivations of war in his talk given at BPSI in 1987 entitled “Freud, Pessimist or Realist: Further Reflections on the Death-Instinct.” Regarding the repetition of war throughout history, Dr. Gifford characterized Freud as a reluctant pessimist regarding the question of whether civilization could ever really become sophisticated enough to abandon warfare. Dr. Gifford may well share such reluctant pessimism, but this did not deter him from making important contributions in the anti-war effort throughout his career.

From 1943 to 1946, during his own military service where he acted as a psychiatrist, Dr. Gifford wrote reports regarding physically and psychologically wounded soldiers for the disposition board—the board that would decide which soldiers would be sent home for further treatment and which return to combat. In the detailed interviews that Dr. Gifford conducted with these soldiers, he made a very astute observation that is now considered central to understanding resiliency in veterans. He noted that the strongest positive emotion is their loyalty and devotion to their fellow fighting men.

I think a bit “tongue-in-cheek,” Dr. Gifford remarked that he was critiqued for his compassion and careful evaluation of his soldier patients. He was thought to have “too lenient an attitude toward psychoneuroticism present in the soldiers,” and was seen as too often recommending that the psychologically wounded soldiers not be returned to battle.

Years later, Dr. Gifford’s passionate antiwar sentiments led him to join the Physicians for Social Responsibility. Dr. Gifford was one of a number of Boston physicians who first met in PSR’s founder, Dr. Bernard Lown’s, living room in Boston. In 1962, there were 111 members of PSR of whom 21 were psychoanalysts. Dr. Gifford was one of a group of members who split off, led by Dr. Charles Magraw, specifically to organize support efforts for the Bach Mai hospital in Viet Nam. Dr. Gifford was proud of the more activist emphasis of this so-called “Bach-Mai group” which encouraged membership and leadership of non-MD members of the analytic community.

Part of Dr. Gifford’s psychiatric practice was devoted to interviewing conscientious objectors and to writing letters in support of their objection to being drafted, something that he felt quite privileged to be able to do. He also worked part-time at the West Roxbury VA Hospital.

Today, Dr. Gifford reflects back and wonders how with his busy practice, family, lectures and other teaching obligations, he found time to meet week after week for many years with colleagues in PSR and the Bach-Mai group. He thinks he found it to be inspiring to be part of a group that believed in the importance of peace. Dr. Gifford’s generosity in his contributions to the anti-war effort are inspiring to us all.
Collaboration with MSPP

The Library Committee is devoted to encouraging archival research and publication. Toward that end, on May 7th, committee members visited the Massachusetts School of Professional Psychology (MSPP) to discuss future collaboration between psychology students and BPSI Archives. Collections of Grete Bibring, Arthur Valenstein, the Putnam Children Center, and Lora Tessman were highlighted as materials that might be the bases for future papers and dissertations. Both organizations hope to review and critique earlier clinical studies, to compare research methods of the past and present and to make students aware of Boston’s unique history in the field of child development research.

Following our May meeting, Dr. Lionel Joseph, PhD, PsyD, Managing Director of the Brenner Center, discussed the proposed collaboration with MSPP core faculty. The faculty fully endorsed the collaboration. We would like to thank Dean Allen Beck, Lionel Joseph, PhD, PsyD, and Terrie Burda, PsyD, Professor of Projective Testing, as well as BPSI members, Ellen Goldberg, PhD, Dan Jacobs, MD, and Malkah T. Notman, MD for beginning this fruitful dialog.

As part of this effort to promote archival study, Ellen Goldberg, PhD, Clinical Psychologist and BPSI member, and Olga Umansky are working with the Murray Research Archives at Harvard to review materials from the Psychological Aspects of Pregnancy, 1957-1962, led by Grete L. Bibring. While three articles were published by Grete Bibring, Thomas, Dwyer, Dorothy Huntington, and Arthur Valenstein summarizing the study in the Psychoanalytic Study of the Child in 1961, the test data can be re-evaluated in today’s standards. Funded partially by NIMH, US Public Health Service, the pregnancy study was carefully designed by a multidisciplinary team. Dr. Goldberg plans to use "Bibring Revisited" as a basis for future research of pregnancy related topics.

Lora Tessman’s Interview

On August 15th, Olga Umansky and Ellen Goldberg interviewed our member Lora Heims Tessman, PhD, about her work and clinical studies at the Judge Baker Children’s Center reflected in the papers recently donated to BPSI Archives. This new collection will be processed in the fall.

Visit to WGBH Archives

The archivists at the WGBH Archives contacted our archives with the proposal for BPSI to curate their Psychology One video collection and an interview of Dr. Grete Bibring with Oliver Cope recorded in 1973. WGBH historic programs are currently being digitized and can benefit from historical and biographical materials available at BPSI Archives. DVDs with sample episodes are available on loan from our library. Psychologists interested in history and willing to participate in this project are welcome to contact library@bpsi.org for details.

Grete Bibring’s Biography

The work on the manuscript continues. We hope to finish writing by this fall and self-publish first copies with the help of the American Psychoanalytic Foundation grant of $2,500 received last winter. Because Grete was known for her dinner parties, our archives contain notebooks in which she listed her dinner guests and menus. Her granddaughters shared family stories and new recipes in Grete’s own hand.

Recent Archival Projects

Corinne Anderson, MLS, an intern from Simmons College, finished digitizing and organizing over 250 Scientific Meeting Papers in the spring. Corinne graduated from Simmons with the MLS degree in May. She also holds a BA in English from the University of Portland. You can see a detailed description of this collection, accompanied by a keyword index and information about respective sound recording in the Archives section of our web site.

Nathalie N. Neata, MLS, Library Assistant, finished processing a large archive of Dr. Arthur Valenstein’s papers. Nathalie started in our archives as an intern in the spring of 2012, helped us move to a new home, and continued working on the library and archival projects throughout the 2012-2013 academic year. Dr. Valenstein’s collection includes personal and professional correspondence, study reports, biographical materials, military records, manuscripts, and photographs.
### Bibliography

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### Recommended Reading

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<th>Author</th>
<th>Title</th>
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<tr>
<td>Arvio, Sarah</td>
<td>Night Thoughts: 70 dream poems and notes from an analysis.</td>
<td>New York: Alfred A. Knopf</td>
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<tr>
<td>Civitarese, Giuseppe</td>
<td>The Violence of Emotions: Bion and Post-Bionian Psychoanalysis.</td>
<td>New York: Routledge</td>
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<tr>
<td>Green, Andre</td>
<td>Life Narcissism, Death Narcissism.</td>
<td>London: Free Association Books</td>
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This book by Drs. Bibring and Kahana, eminent BPSI members of old, is as useful as ever, bringing a developmental point of view to the various personality issues that have to be mastered for optimal medical management. The chapters are:

- Adaptation, Adjustment and Personality
- Psychoanalytic Psychology as a Science
- Childhood Development. Personality Types, and Medical Management
- Puberty and Adolescence
- Adult Life
- Medical Psychotherapy

This collection of lectures is a treasure for clinicians of all levels of expertise.

~ recommended by Anna Wolff, MD

### New Books

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**With Our Deepest Gratitude**

We are grateful to our donors for their continuous support. Thanks to Gaston Blom, MD, Dan Jacobs, MD, and Alan Pollack, MD who donated very valuable psychoanalytic books to our library this spring. We always thank authors for contributing their recent publications to our collection. With the fund, generously established by Dr. and Mrs. Newman for our library, we continue building our child analysis and neuropsychology collections and can afford to subscribe to costly infant and adolescent psychotherapy journals. Our Gifford fund helps to purchase books on the history of psychoanalysis. We are very fortunate to live in a community of philanthropists and book lovers!

**Book Returns**

Please remember that our loan period is one month and you need to call or email the library if you wish to keep materials longer. Your prompt return of books and CDs ensures that our patrons can always find the resources they need in the library. Thanks!

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**BECOME A LIBRARY MEMBER**

Those who are not BPSI members or students may join our library and get announcements of all BPSI programs for an annual fee of $150. As a Library Member, you are entitled to borrow books, renew and reserve materials online, make book purchase recommendations, and use PEP Web and current journals in the library at no extra cost. For more information please call Olga Umansky at 617-266-0953 ext. 104 or email her at library@bpsi.org