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LICSW, BCD
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Hanns Sachs Library Newsletter

Libraries are more than about books these days. Many exhibit art and host concerts. They offer the free use of computers. Beside books, they loan videos, CD's, games and even cake baking tins. In keeping with the times, the BPSI library offers a variety of videos to watch, audiotapes to listen to, recipes of Grete Bibring to try, and historic photographs to peruse. The most recent addition to our collection is Alex Hoffer's interview with Ana-Maria Rizutto before she left for Argentina. We have recently added material from our recent library program on the Wolf-Man. Of course, there are still books to check out and journals to read. There is a computer for your use. And there is always help available from our extraordinary librarian, Olga Umansky.

~ Dan Jacobs, MD, Director of the Library

In the Library

The latest video in our new webcast series "The Voice of Experience" is the interview of Ana-María Rizzuto, MD, recorded in the library last fall. Click on the image below to watch.



Ana-Maria Rizzuto interviewed by Axel Hoffer on Sep 15, 2017 in the BPSI Library

Dr. Rizzuto is the author of *The Birth of the Living God: A Psychoanalytic Study* (1979), *Why Did Freud Reject God: A Psychodynamic Interpretation* (1998), *The Dynamics of Human Aggression* (2003), and *Freud and the Spoken Word: Speech as a Key to the Unconscious* (2015). She is also a subject of the new book *Ana-María Rizzuto and the Psychoanalysis of Religion: The Road to the Living*

Anna Wolff, MD

God(2017), edited by Martha J. Reineke and David M. Goodman.

Meet the Author

Interns On Tuesday, May 15 - Meet the Author: Freud Mary Millage

In celebration of the centenary of <u>Freud, S. (1918)</u>. <u>From the History of an Infantile Neurosis</u>, three colleagues from BPSI shared their talks from the Oral History Workshop *The Wolf-Man: Past and Present Encounters*, presented earlier at the APsaA National Meetings in New York:

- Olga Umansky presented a pictorial biography of the Wolf-Man's Russian heritage
- John Baker discussed Light and Darkness in the Landscapes by the Wolf-Man
- Diane O'Donoghue talked about "Wild" Animals of Everyday Life: Freud's Early Picture Book



The full transcript and slides are available in the library. Email library@bpsi.org to request access.

On Tuesday, Oct 2, 2018, Cordelia Schmidt-Hellerau will talk about her new book *Driven to Survive: Selected Papers on Psychoanalysis (in press).*

In 2019, Larry Brown is scheduled to discuss his new book *Transformational Processes and Clinical Psychoanalysis:*Dreaming, Emotions and the Present Moment (in press). Also next year, Stephanie Brody and Frances Arnold are planning to talk about their forthcoming publication *Psychoanalytic Perspectives on Women: Desire, Ambition and Leadership.*

Thank You for Your Donations!

Jeanny McMahon

We are deeply grateful to Dan Jacobs, Malkah Notman, Anna Wolff, Rita Teusch, Stephen Kerzner, Julie Watts, and Mark Goldblatt for donating their journals to the library. Also greatly appreciated are recent donations of books by Ana-Maria Rizzuto, Karen Schiff, Dan Jacobs, Michael Robbins, Karen Melikian, and Debbie Shilkoff.

With the fund, generously established by Dr. and Mrs.

Newman for our library, we continue building our child analysis and neuropsychology collections and can afford to subscribe to costly infant and adolescent psychotherapy journals.

In Memoriam

Merna Lipsitt, LICSW, who passed away on June 25, 2017, was a dedicated Library Committee member for many years. She was one of our early psychotherapy members, twice a president of the ATP program, and the wife of our member, Don Lipsitt, MD. Born in Bangor, Maine, she attended Bangor High School and graduated from Boston University in 1951. After raising her two sons, she went back to school to do graduate work and



earned a master's degree in education from Simmons College in 1968, teaching thereafter in urban public schools. In 1974, she received another master's degree from Simmons, this time in social work, following which she worked as a

Our Gifford fund helps to purchase books on the history of psychoanalysis.

Donate a Book from the *Library Wishlist*

or

<u>Adopt a Journal</u>



The Book Sale in the Community Room is becoming popular. Great psychoanalytic titles for just \$1 each. Books are arranged alphabetically by author - the *inventory* has been posted online. Checks, cash or *online* payments are accepted. Leave the money with Olga or Drew.

psychiatric social worker at Tufts University, the Lindemann Center of Massachusetts General Hospital, and Faulkner Hospital. She then completed the Advanced Training in Psychoanalytic Psychotherapy program (ATP) of BPSI and practiced as a psychotherapist. After decades of service, she gave up her career in 2006 when she began to develop the symptoms of Lewy Body Disease, a condition similar to Alzheimer's-type dementia. Even through her decade-long struggle with the disease that ultimately caused her death, she remained loving, sweet, and appreciative of others. In a moving article *Of Loss and Love-A Physician's Odyssey of Spousal Caretaking* (JAMA Neurol. Published online April 9, 2018 - full-text available in the library) Don Lipsitt contemplates what the loss of a loved one means for a physician:

"The caretaking odyssey and heartbreaking loss of Merna taught me more than medical school and more than 50 years of practice. Bowlby wrote on attachment and loss. "Loss of a loved person is one of the most painful experiences any human being can suffer. Not only is it painful to experience, but it is also painful to witness, if only because we are so impotent to help. To the bereaved, nothing but the return of the lost person can bring true comfort." The stronger the attachment, the greater the loss. Like Orpheus searching for Eurydice, I would do anything to have her back. I know this is not to be; the long, loving journey is over."

In the Archives

Recent Research:

William Parsons, PhD, visited our archives in April to explore Karen Horney's papers for his new book on the history of psychoanalysis and Buddhism. Parsons is a Professor of Religious Studies at Rice University, TX and the author of many books, including *The Enigma of the Oceanic Feeling* (Oxford, 1999), *Teaching Mysticism* (Oxford, 2011), *Religion and Psychology: Mapping the Terrain* (Routledge, 2001), *Mourning Religion* (Virginia, 2008), *Freud in Dialogue with Augustine: Psychoanalysis, Mysticism, and the Culture of Modern Spirituality* (Virginia, 2013) as well as dozens of essays in multiple journals and books.

Anna Borgos, a research fellow at the Institute of Cognitive Neuroscience and Psychology of the Hungarian Academy of Sciences contacted our archives to request a photo of Vilma Kovács for her book about early female Hungarian analysts. Vilma Kovács (1883-1940) was a Hungarian psychoanalyst, Sándor Ferenczi's first analysand and disciple. A member of the Hungarian Psychoanalytic Society since 1924, she became an early translator of Freud's works to



Vilma Kovács and her daughter Alice Balint at the 13th IPA Congress in Lucerne,1934

Hungarian and one of the first to systematize the

psychoanalytic training system. After the rise of fascism in Hungary, followed by the exile and premature death of her daughter Alice Balint, Kovács briefly escaped to Paris on Marie Bonaparte's invitation. She returned to Budapest in 1940 and died from a kidney disease at the age of 56. Several of her photographs appear in our Edward Bibring collection.

Phyllis A. Wentworth, PhD, an Associate Professor of Social Sciences at Wentworth Institute of Technology, visited BPSI Archives in May to look at Marian C. Putnam's collection for her conference paper. Dr. Wentworth is working on Marian (Molly) Putnam's biography. A BPSI member since 1937, Molly Putnam was a renown expert in the early child development, a founder of the Putnam Children Center in 1944 and the daughter of BPSI's founder, James Jackson Putnam. BPSI Archives holds a small collection of Putnam's papers, a transcript of her 1971 interview with Sanford Gifford, her photos and biographical sketches.

New Acquisitions:

Drs. Roberta Apfel and Bennett Simon donated a collection of children's drawings and slides from an Israeli program that started with the "Children in War" conference organized by them through the Freud Center of Hebrew University in Jerusalem in 1990. These pictures will complement their previous gift to the library - a special collection of books and papers on children in war,



conflict and crisis. In 1991, Drs. Apfel and Simon started interviewing two groups of Israeli and Palestinian 8-year old children and then met with them annually for ten years. The Israeli group was convened by an art teacher Malka Haas who has kept her studio open for children during wars, collected their art work and has sent notes on copies of children's drawings. BPSI Archives will now hold some of this artwork. Shown on the right is a drawing by a 12-year old girl with the following commentary: "the handcuff opened and the man fell into the lava, which already burns his foot".

John Baker gave the BPSI Archives a large photograph of Freud that used to belong to, and is autographed by, "Dr. Murray". It is unclear if this Dr. Murray was Henry A. Murray (1893-1988), the famous Director of the Harvard Psychological Clinic, or John (Jock) Murray, BPSI's early member and president in 1942-1943, 1949-1951, and 1954-1955. Jock Murray was one of many



Americans who went to Europe in the 1920's to be trained in psychoanalysis. Along with Ives Hendrick, M. Ralph Kaufman, and Leolia Dalrymple, he returned to Boston in 1930 with the intent of transforming the Boston Psychoanalytic Society into a training institute. The date written on the portrait is 1933. It is the same portrait that appears on the front page of the *Standard Edition Vol. 22*.

Olga Umansky worked with Nellie Thompson, the Curator of NYPSI Archives, to study and compare the records of the Oral History Workshops held by the American Psychoanalytic Association since 1974. The workshops are devoted to the history of psychoanalysis from coast to coast and offer incredible insights into the lives and work of early analysts. Thanks to the collaboration with the NYPSI archives, we were finally able to fill many gaps in our collection of transcripts (the full list of workshops is *posted online*). This collection is coshared by the three archives in New York and Boston: The A.A. Brill Library and Archives of NYPSI, The Oskar Diethelm Library of the Weill Cornell Medical College, and The Hanns Sachs Library and Archives of BPSI. The forthcoming Oral History Workshop on Feb 7, 2019 will focus on D.W. Winnicott's lectures and archives in America.

Spring Internships:

Mary Millage processed APsaA administrators' meeting minutes expanding our existing APsaA record collection with a new Series. The finding aid is *posted online*. Mary holds a BA degree in History from Brandeis University and is working toward her Archives Management and History MS degree at Simmons College.

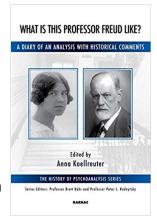
Jeanny McMahon researched and processed our large collection of video tapes in the effort to identify original psychoanalytic content for further preservation. BPSI holds video records of the APsaA Oral History Workshops in Denver and Seattle, numerous interviews with psychoanalysts, filmed psychoanalytic programs and conferences. Jenny holds a BA degree in History and is working toward her Master of Library Science degree at Simmons College.

What Are We Reading?

What is this Professor Freud like? A diary of an analysis with historical comments. Ed. Anna Koellreuter. Translated by Kristina Pia Hofer, Karnac Books, 2016. 117pp.

actors in Zürich. Now this book has become available in an

This historically fascinating book presents the diary notes (33 pages) of a 27 year old female Swiss psychiatrist, Dr. Anna Guggenbühl, written during her 4 months long analysis with Freud, six times a week, in 1921 (a total of 83 sessions). Her two diaries were discovered several years after her death, and were given to Dr. Anna Koellreuter, a psychoanalyst and Dr. Guggenbühl's granddaughter. These diary notes were published in Germany in 2009, in France in 2010, and have also been staged as a theatrical reading by



English translation.

The book contains an Introduction by Dr. Koellreuter: the Story of the Diary, and six chapters: 1. the Diary, 2. Facsimiles of Freud's letter to the patient, several pages of Dr. Guggenbühl's diary as well as photos of Dr. Guggenbühl and her family. 3. Dr. Koellreuter's reflections on her grandmother's diary notes. 4. Professor Karl Fallend, a noted continental psychoanalytic historian describes the development of psychoanalysis in the light of the political upheavals in post-WWI Vienna; 5. Dr. Ernst Falzeder discusses Freud as Analyst and Therapist; 6. Psychoanalyst Andre Haynal provides "a supervision of Freud's methods from today's point of view", (p. xx1).

What makes this book so special and different from other patient accounts of their analyses with Freud is the immediacy of these diary notes. Dr. Guggenbühl sought analysis because she had been engaged for 7 years, but was highly conflicted about marrying her fiance. When Freud agreed to see her, she left her life in Zürich for four months to engage in the analysis. She wrote down her thoughts, memories and dreams during her work with Freud, including her frank discussions of sexuality and her transference love for Freud. She recorded her dialogue with Freud and how he reacted to her. While her account is far from systematic, the diaries provide insight into how Freud worked in 1921 before he fell ill with cancer, which made it painful for him to talk. Freud comes across as very engaged, making many interpretations, mostly of an Oedipal kind, and addressing the transference. Dr. Koellreuter writes that her grandmother had said "it was Freud's presence, his being in the same room, above all, that had been effective; words were only of secondary importance," p.66. After the analysis ended, Dr. Guggenbühl returned to Zürich, broke off her engagement, worked as a psychiatrist in Paris and soon met her future husband, a sculptor, with whom she had four children and lived together for 60 years.

I highly recommend this book to everyone interested in hearing Freud's voice in his consulting room. Reading Dr. Guggenbühl's diary notes is enjoyable because they allow us into the intimate internal world of a professional woman at a time when it was still highly unusual for women to pursue a medical education and have a career. Finally, the reflections on the historical, social and analytic context of this analysis by notable Freud scholars are illuminating, greatly enrich this text and make it a very worthwhile read.

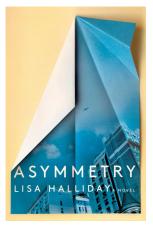
~ reviewed by Rita K. Teusch, PhD

Asymmetry by Lisa Halliday, Simon & Schuster, 2018, 288 pp.

"Tell all the truth," wrote Emily Dickenson, "but tell it slant." Author Lisa Halliday took her advice. In her much-praised novel *Asymmetry*, Halliday writes about an affair between elderly Ezra Blazer, a dead ringer for Philip Roth, with whom Halliday had a real life romantic relationship, and twentysomething aspiring writer Alice, who, like the author, worked in publishing. But this is no roman a clef. Rather, Halliday is using the asymmetrical relationship to examine unequal power dynamics between established writers and new authors -- the "anxiety of influence"- how Blazer's stature

as a world-famous writer complicates Alice's own literary ambitions.

The story unfolds in three disparate sections. The first part, "Folly," describes the May-December romance between geriatric Blazer and youngish Alice, to whom he provides gifts and a reading list. The reader is left to wonder whether this is autobiography or fiction. I suspect Halliday is coyly encouraging real-world identifications only to subvert them. There is a radical shift in point of view in the second section, "Madness," which is



essentially a monologue by young American-Iraqi economist, Amar Jaafari, who is detained at border control in London en route to Kurdistan. Sami, his brother, has been killed; Amar is alive in America -- another asymmetry. The challenge to the reader is to figure out how these two sections belong together. The coda, a transcript of an interview on BBC radio with Ezra Blazer, contains a clue.

Given Halliday's intriguing background story, her writing is undoubtedly of interest to the older psychoanalytic reader who may recall Philip Roth's extravagant sexuality. But prurient appeal and off-balance structure aside, *Asymmetry* tells three great stories that combine into an interesting, topical whole.

~ reviewed by Shari Thurer, ScD

New Books

This is the list of books, periodicals, and films acquired by or donated to, the Hanns Sachs Library since February 2018:

Aisenstein, Marilia. *Michel Fain*. France: Presses Universitaires de France, 2000 [donated by Ana-Maria Rizzuto].

Benoît Jacquot, director; Louis Gardel, scenario; François-Olivier Rousseau, scenario (2004). *Princesse Marie*: [video recording]. (2004 TV Movie). Austria, France: Films en Stock, Pampa Production, Satel Film.

Bonovitz, Christopher; Harlem, Andrew, eds. (2018). *Developmental Perspectives in Child Psychoanalysis and Psychotherapy*. London and New York: Routledge.

Brophy, Brigid (1962). *Black Ship to Hell.* New York: Harcourt, Brace & World.

Carter, C. Sue; Lederhendler, I. Izja; Kirkpatrick, Brian (1999). *The Integrative Neurobiology of Affiliation*. Cambridge, Mass: MIT Press.

Dolto, Françoise (2013). *Psychoanalysis and Paediatrics: Key Psychoanalytic Concepts with Sixteen Clinical Observations of Children.* Translated from the French by Françoise Hivernel and Fiona Sinclair. London: Karnac Books.

Edward, Joyce (2011). *The Sibling Relationship: A Force for Growth and Conflict*. Lanham, MD: Jason Aronson [donated by Karen Schiff].

Edward, Joyce; Rose, Elaine, eds. (1999). *The Social Work Psychoanalyst's Casebook: Clinical Voices in Honor of Jean Sanville.* Hillsdale, NJ: Analytic Press [donated by Karen Schiff].

Edward, Joyce et al. (1992). Separation/individuation: Theory and Application. New York: Brunner/Mazel. [donated by Karen Schiff].

Everly, George S. and Lating, Jeffrey M. (1995). *Psychotraumatology: Key Papers and Core Concepts in Post-Traumatic Stress.* New York: Plenum Press.

Freyberger, Hellmuth (1978). *Strategies in Psychosomatic Practice and Research*. Basel: Karger.

Gilman, Sander L. (1976). *The Face of Madness: Hugh W. Diamond and the Origin of Psychiatric Photography.* New York: Brunner / Mazel.

Histoire de l'edition des oeuvres de Freud; Psychanalyse et anthropologie. Revue internationale d'histoire de la psychanalyse, 4. France: Presses Universitaires de France, 1991. [donated by Ana-Maria Rizzuto].

Kernberg, Otto F. (2016). *Psychoanalytic Education at the Crossroads: Reformation, Change and the Future of Psychoanalytic Training.* New York: Routledge.

Kestemberg, Evelyne; Decobert, Simone; Kestemberg, Jean. *La faim et le corps: une étude psychanalytique de l'anorexie mentale.* Vendome: Presses Universitaires de France, 1972 [donated by Ana-Maria Rizzuto].

Koulack, David (1991). *To Catch a Dream: Explorations of Dreaming*. Albany: State University of New York Press.

Loch, Wolfgang (2006). *The Art of Interpretation*. London: International Psychoanalytic Association.

McDevitt, John B.; Settlag, Calvin F., eds. (1971). *Separation-Individuation: Essays in Honor of Margaret S. Mahler*. New York: International Universities Press.

Mollon, Phil (2015). *The Disintegrating Self: Psychotherapy of Adult ADHD, Autistic Spectrum, and Somato-psychic Disorders.* London: Karnac Books.

Nouvelle revue de psychanalyse, Paris: Gallimard (6 issues): L'espace du reve, 1972; Bisexualite et difference des sexes, 1973; La croyance, 1978; Lieux du corps,1976; Narcisses, 1976; L'inconscient mis a l'epreuve, 1993 [donated by Ana-Maria Rizzuto].

Pichon Rivière, Enrique (2017). The Linked Self in Psychoanalysis: The Pioneering Work of Enrique Pichon Rivière. London: Karnac Books.

Robbins, Michael (2018). Consciousness, Language, and Self: Psychoanalytic, Linguistic, and Anthropological Explorations of the Dual Nature of Mind. London and New York: Routledge, 2018 [donated by author].

Sacks, Oliver (1989). Seeing Voices: A Journey Into The World Of The Deaf. Berkeley: University of California Press.

Serbin, Lisa A.; Powlishta, Kimberly K.; Gulko, Judith (1993). *The Development of Sex Typing in Middle Childhood.* Chicago: Society for Research in Child Development.

Sutton, John. (1988). *Stubborn Children: Controlling Delinquency in the United States, 1640-1981*. Berkeley: University of California Press.

Taylor, Charles (1989). Sources of the Self: The Making of the Modern Identity. Cambridge, MA: Harvard University Press.

Tuch, Richard; Kuttnauer, Lynn S., eds. (2018). *Conundrums and Predicaments in Psychotherapy and Psychoanalysis: The Clinical Moments Project.* London and New York: Routledge.

Yancy, George (2008). *Black Bodies, White Gazes: The Continuing Significance of Race*. Lanham, MD: Rowman & Littlefield Pub. [donated by Karen Melikian].

~ Olga Umansky, Librarian and Archivist

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