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Evening Library and Education Program Coordinator
Drew Brydon

#### **Library Committee**

James Barron, PhD Ellen Goldberg, PhD David Kamen, PhD Malkah Notman, MD Marcia Smith-Hutton, LICSW, BCD

# Hanns Sachs Library Newsletter

Summer is a time to catch one's breath, to look back on the academic year and think about the coming one. This past year our Library Committee with the aid of our hard working librarian Olga Umansky and the BPSI staff hosted three successful Meet the Author evenings with Axel Hoffer, Paul Lynch, and Steven Cooper, and helped create a joint program with Hebrew College, "Hasidic and Psychoanalytic Insights on End of Life Conversations", conducted four video interviews with Paul Ornstein, Stephanie Brody, Ilonka Venier Alexander, and Malkah Notman now available at the Library Corner of the BPSI blog. We also submitted and received a \$1,000 grant from the American for archival work (see details below), mounted small exhibits of photographs by Vivien Goldman, Allen Palmer and Shellburne Thurber, published three newsletters and continued collaborating with Imago for an issue honoring Dr. Sanford Gifford who was for many years the director of our library and archives. In addition Olga helped numerous scholars in the U.S. and other countries with their research. This year brought us extraordinary gifts from Dr. Lawrence Hartmann (see Spring 2017 newsletter), and most recently from members, Marcia Smith-Hutton, LICSW (see below) and Norman Holland, PhD (read more In the Archives section).

Looking forward, we plan to air three interviews with experienced analysts, Arnold Modell, Ana-Maria Rizzuto, and Evelyne Schwaber. We will also begin to sort through documents in storage. Three Meet the Author meetings are planned with Ellen Pinsky, Stephen Schlein and Larry Brown (see <u>below</u>). Olga and Drew Brydon will be preparing the readings for the Fellowship, ATP, Explorations in Mind and Institute classes.

The library is open 10am-6pm on Mon-Thu in July and August. Come read and relax in this lovely, quiet air-conditioned space. Olga will be here to help you with any research projects. Can't make it to Newton? Request scans of articles, bibliographic searches, archival documents, video and audio recordings by email. The web service for online library requests has gotten a brand new look. *Click here* to check it out.

~ Dan Jacobs, MD, Director of the Library

Rita Teusch, PhD Shari Thurer, ScD Steven Varga-Golovcsenko, MD Anna Wolff, MD

Summer Internship
Drew Brydon

# Thank You for Your Support!

We are deeply grateful to Dan Jacobs, Richard Gomberg, Malkah Notman, Anna Wolff, and Rita Teusch for donating their journals to our library.

With the fund, generously established by Morton and Raisa Newman for our library, we continue building our child analysis and neuropsychology collections and can afford to subscribe to costly infant and adolescent

~

psychotherapy journals.

# Our Gifford fund helps to purchase books on

# In the Library

#### Marcia Smith-Hutton's Generous Gift

Our heartfelt thanks go to our member, Marcia Smith-Hutton, for her generous donation of the funds to purchase <u>The Complete Works of W.R. Bion, a16-volume set</u> published by Karnac in 2013. We encourage the readers to check out this wonderful publication located in the psychoanalytic 5.3 section of the main library. Our faculty is welcome to use as a reference what is bound to become the standard Bion edition.

# Donate a Book or Adopt a Journal

If you want to support our library, consider donating a book from the library's Amazon <u>Wish List</u> or 'Adopt a Journal' from our <u>current or discontinued collection of periodicals</u>. Your donation will help to off-set the rising cost of subscriptions. All donations are tax-deductible - contact <u>library@bpsi.org</u> for details!

### **Teaching Video Acquisitions**

Our library recently acquired psychotherapy teaching videos recorded in the early 1980's by the Medical Science Teaching Lab at the University of North Carolina, Chapel Hill. The film director, Dr. Donald



Fidler, kindly shared these resources with BPSI. The *Once Upon a Couch* DVD contains a fictional 10-session series based on Freud analyzing Gretel from *Hansel and Gretel*. The 2-disc DVD set *Psychotherapy Vignettes* show different stages of psychodynamic psychotherapy: initial assessment, making the contract, building the alliance, transference, counter-transference, working through, dream analysis, termination, etc. using residents and actors to portray these stages. The DVDs are circulating in the library: contact Olga for access details or if you need more information on other teaching video resources.

# What Are We Reading?

Dagmar Herzog. Cold War Freud: Psychoanalysis in an Age of Catastrophes. Cambridge University Press, 2017.

the history of psychoanalysis.

<u>Donate to Library and</u> <u>Archives</u>

Library Wishlist

**BOOK SALE** 



Withdrawn duplicate library books are still on sale in the Community Room. Any book is just \$1! Stop by to browse the stack for bargains and treasures - books are arranged alphabetically by author. Checks or cash are accepted, leave the money with Olga or Drew. All sale proceeds will go toward the purchase of new titles.

SEND YOUR OLD JOURNALS TO PEP!

Dagmar Herzog, Distinguished Professor of History at the Graduate Center, City University of New York (author of four previous books on the histories of religion, gender, sexuality and The Holocaust) has collected psychoanalytic and philosophical texts written by lesser known and often marginalized North and South American, European, and Israeli psychoanalysts. These authors maintain that psychoanalytic theory is intrinsically



political and has a significant cultural dimension. Herzog hopes to restore the innovative work of these analysts, often characterized as "the New Left", to the canon. Her research for this book is truly impressive: its six chapters are annotated with 80 pages of notes and references. Herzog provides an intelligent and lucid analysis of the complex battles over Freud's legacy during the period of the Cold War, from 1945 till 1991. She describes how these battles produced competing theories of desire, anxiety, guilt and trauma that were subsequently transformed to serve both conservative and subversive ends.

Herzog takes up several "stubbornly refractory" issues: the relation of psychoanalysis to organized religion; its persistent hostility to homosexuality; its difficulties acknowledging massive psychic trauma in the wake of the Holocaust; its conflicts over the nature of aggression; its insistence on an Oedipal model of selfhood for understanding the workings of politics in conditions of globalizing capitalism. Her final chapter introduces Ethno-psychoanalysis, that focuses on the ways in which social contexts enter into and shape the innermost recesses of the individual psyche. Reading this book introduces the reader to a large body of fascinating international psychoanalytic research and theory not commonly represented in US analytic journals. This book is inspiring: it shows the extraordinary power and plasticity of psychoanalytic concepts and counteracts the tendency of the psychoanalytic profession to remain politically quiescent. Very worthwhile reading!

~ reviewed by Rita Teusch, PhD

Lisa Feldman Barrett. How Emotions are Made: The Secret Life of the Brain. Houghton Mifflin, 2017.



Psychoanalytic
Electronic Publishing
Inc, is looking for older
Journal back hardcopy
that dates before 1998
and starts at the
inception of the Journal.
PEP's plan is to do
destructive scanning of
the hardcopy pages for
each of these years. In
that way, PEP will be
able to provide original
pdf option for those
reading or printing PEP.

The Journals and years PEP would like to get are:

Journals of the American Psychoanalytic (JAPA) 1954-1997

Contemporary Psychoanalysis (CPS) 1964-1997

International Journal of Psychoanalysis (IJP) 1920-1997

Psychoanalytic Quarterly (PAQ) 1932-1997

Psychoanalytic Study of the Child (PSC) 1945-1997

Please contact Dr.

Nadine Levinson, PEP

Managing Director by

email to let her know if

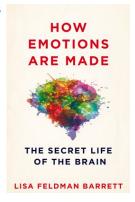
you have any of these
volumes to donate to this

PEP project. After PEP

determines the journals

This book, by a neuroscientist who studies emotion, presents a new theory of emotion that challenges and complicates the view of emotions that many of us have come to rely on. The old view, from Darwin to Tomkins, is of universal emotions, with dedicated neural circuits and unique physiologic and facial expressions that are universally recognized.

Psychoanalytic notions of implicit mentalizing and non-verbal affect



attunement rely, to some extent, on this old view. The affective neuroscientist who has been a darling of "neuropsychoanalysis", the late Jaak Pankseep, believed that each emotion has a uniquely dedicated sub-cortical circuit. Feldman-Barrett takes particular aim at Pankseep and the tradition behind him. She argues from her own research, including f-mri studies, and other scientific studies, that there are no dedicated circuits for emotions and no unique physiological or bodily expression. Emotions involve the whole brain, one network can activate varied emotions and one emotion can be activated by varied networks. We do not implicitly sense or know what the other is feeling - we construct the other's emotional state. Our construction of what the other is feeling and the other's construction of his or her emotion may or may not be the same. Emotions are not universal. cultures can vary greatly in the emotions they construct.

Feldman Barrett's constructionist theory is that we construct complex mental experiences such as emotions from more core components. The brain has specialized networks that sense the body's state and predict, based on past experience and current context, future energy demands. This gives rise to raw, primitive affect states that vary according to pleasure and un-pleasure and degree of arousal. We make meaning of these core states according to inter-subjective history, language, culture, and current context, and out of these we construct emotions. These constructions feel and are as real as any other social construction or gestalt (i.e.: money, or BPSI, are social constructions and feel and are quite real). We do not read emotions from the other's face, we construct them according to context. Her theory is similar to the affect theory of Charles Brenner (1), where pleasure and un-pleasure combine with experience and ideas to produce emotions. Only for Feldman Barret it is not a sexual energy but rather metabolic energy demands. She discusses recategorizing basic affect states as a therapeutic implication, reminiscent of Arnold Modell's (2) notion of affective retranscription and re-categorization in psychoanalysis. But for Modell this requires affective engagement in the transference where affect categories can be activated and re-transcribed through interpersonal experience. Feldman Barrett's therapeutic recommendations are simplistic and bound to disappoint psychoanalysts. But her theory of how emotions are constructed complicates much of what we think we know about emotions and her ideas and research should be taken seriously in terms of their implications for psychoanalysis.

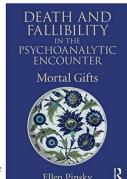
available, there will be further instructions about how PEP will collect and send to India for scanning (at PEP's expense). This might be an excellent opportunity to clear out your library. PEP prefers full or close to full sets. But if you have some random older Journal volumes, please let us know, as the earlier volumes will be more difficulty to obtain, especially for PAQ and IJP.

- Brenner, C (1982). The Mind in Conflict. International University Press
- 2. Modell, AH (1990). Other Times, Other Realities: Toward a Theory of Psychoanalytic Treatment. Harvard University Press.

~ reviewed by Jose Saporta, MD

#### Meet the Author 2017-2018

On Tuesday, October 17, 2017 at 7:30pm, Ellen Pinsky will speak about her new book Death and Fallibility in the Psychoanalytic Encounter; Mortal Gifts. Routledge, 2017. The book considers psychoanalysis from a fresh perspective: the therapist's mortality - in at least two senses of the word. That the therapist can die, and is also fallible, can be seen as necessary or even defining components of the therapeutic process. At every moment,



the analyst's vulnerability and human limitations underlie the work, something rarely openly acknowledged. Ellen Pinsky, a clinical psychologist and psychoanalyst, is a winner of the Deutsch Prize award for writing. She is a faculty member of the Boston Psychoanalytic Society and Institute.

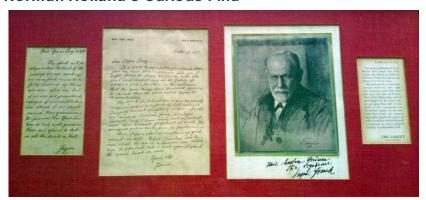
On Monday, **January 8, 2018**, Stephen Schlein will discuss his book *The Clinical Erik Erikson: A Psychoanalytic Method of Engagement and Activation. Routledge, 2016.* The publication of case material - simple memorable fragments and clinical vignettes - brings the reader into Erikson's consultation room, providing a portrait of his clinical technique and demonstrating how he actually worked. Stephen Schlein, a clinical psychologist and psychoanalyst, received his clinical training at The Austen Riggs Center where he first met and studied with Erik Erikson. He taught with Erikson at the Erikson Center of Cambridge Hospital and collaborated with him as the editor of Erikson's selected papers: *A Way of Looking At Things*. He serves on the teaching faculty at the Massachusetts Institute for Psychoanalysis and as a guest faculty at the Boston Psychoanalytic Institute.

Save the date for Larry Brown's new book event **on May 8**, **2018** (TBA).

#### In the Archives

Joan Tewkesbury's Hampstead Materials Go Digital Last year, BPSI Archives acquired Joan Tewkesbury's documentary project materials - audio interviews, transcripts, and photographs of Anna Freud and Hampstead staff recorded in 1976. Most of these interviews were not included in the film. The American Psychoanalytic Foundation gave us a grant of \$1,000 to finance the conversion of audio reels. The recordings are now digitized, shared with the Freud Museum in London, and available to any researcher upon request. Kevin Macauley, the spring archival intern, helped BPSI organize the expanded Hampstead Nurseries and Clinic collection.

#### **Norman Holland's Curious Find**



Our Affiliate Scholar member, Norman Holland, PhD, sent a curious gift to the BPSI Archives. A frame containing *Freud's* letter to Stefan Zweig of 1937, his New Year greeting of 1897 (both letters are in English), an autographed sketch of Freud's portrait, and the Lancet journal clipping announcing Freud's arrival in England in 1938 comes from the office of Holland's late uncle-in-law, G. Henry Katz. Even though, the originals do not show up at the Freud Archives at the LOC, curators thought these artifacts are likely to be copies made as handwritten gifts to someone. G. Henry Katz was an early training analyst in the Philadelphia Association analyzed by Henry Nunberg. Dr. Katz was the person who got his nephew, an MIT literature professor and a WGBH movie critic. interested in psychoanalysis. Norman Holland was trained at BPSI, graduating in 1966 and devoting his later career to a happy union of psychoanalysis and literature. In 1968-1983 he set up a strong program in literature-and-psychology at SUNY/Buffalo. An expert in psychoanalytic reader-response criticism and cognitive poetics, he is the author of fifteen books and over 250 scholarly articles on the literary brain, psychology of humor, Shakespeare, Frost, modern comedies and films. He is one of the creators of the PsyArt Foundation. a non-profit organization devoted to psychological studies of the arts. PsyArt publishes a journal, runs an online discussion forum, and an annual international conference on psychology and the arts (meeting in Palermo on June 28-July 3 this year). Nowadays residing in Florida, Dr. Holland is staying active by analyzing movies for his local film clubs and writing a lively movie blog A Sharper Focus.

### Recent Research Inquiries

**Katharina Koch**, a student from International University of Psychoanalysis in Berlin, contacted our archives in search for the inventory of Helene Deutsch's correspondence with Sigmund Freud. Ms. Koch is assisting Arkadi Blatow, an IPU

Research Associate, in his work on the international project *The History of Psychoanalysis in Poland in the Polish-German-Jewish Cultural Context 1900-1939*, a cooperation between the International Psychoanalytic University Berlin, the Jagiellonian University Krakow, the Pedagogical University of Krakow, and the Institute of Philosophy and Sociology of

the Polish Academy of Science. Helene Deutsch grew up in Przemyśl, the second-oldest city in southern Poland. Born to Jewish parents, she loved Polish literature and music, was influenced by the artistic activities of Mloda Polska, and insisted on her Polish identity throughout her life. Helene studied medicine and psychiatry in Vienna and Munich and became one of the first female pupils of Freud and a pioneer in the studies of the psychology of women. The Deutsches escaped Vienna in 1935,



The cover of the Polish edition of Deutsch's autobiography

settling in Boston. Among the other Deutsch papers, our archives has copies of 14 Freud-Deutsch letters and postcards whose originals can be found at the Library of Congress. An interesting addition to the Helene Deutsch file at the Freud Archives is *Freud's letter to Helene from March* 14,1938 (written just two days after the Anschluss and preserved in the *original envelope* bearing "der Fuhreh in Wien" stamp). The letter was recently discovered by the Deutsch family.

**Nellie Thompson, PhD,** a Curator of NYPSI Archives, is looking into Felix Deutsch's papers at BPSI to assist her research of Dorothy Burlingham's early work with blind children. BPSI Archives holds several of Burlingham's letters to Deutsch from 1936, describing her clinical observations at the Israeli Institute for Blind Children in Vienna.

#### Judy Kantrowitz's Donation and Summer Internship

Judy Kantrowitz kindly donated her unpublished papers, talks, book reviews and panel discussions to the BPSI Archives. The materials span the period from 1973 through 2011 reflecting nearly four decades of Dr. Kantrowitz's professional life. The collection is being processed by our summer intern student, Drew Brydon. Known to most BPSI members as our invaluable Library and Education Program Coordinator, Drew is also working toward his Master of Library Science degree at Simmons College.

#### Fun Facts About Drew:

- 1) He started off as an architecture major at Northeastern University, then realized he had to switch to history, as he "could not draw to save his life".
- 2) He traveled to both China and Greece and is dying to go back to both!

3) He is a huge science fiction/fantasy buff and loves reading all sorts of fiction.

We are delighted to host Drew's Archival Management internship this summer!

#### In the Media

Chiang, Mengchun (2017). "You Just Know It's the Only Thing You Can Think": A Conversation with Chodorow. Women and Therapy, 40: 308-322

Women & Therapy journal has published an excellent interview with our member, Nancy Chodorow, PhD. A conversation, recorded as a part of their Radical Visionaries: Feminist Pioneers series, goes over Dr. Chodorow's personal background, legacy, and professional contributions to feminist theory. The article is <u>featured online</u> and can be downloaded and read by all.

Adès, Robert (May 20, 2017). Why Britain's Greatest Psychoanalyst, Donald Winnicott, Loved Doodles. The Spectator.

Robert Adès, an assistant editor of *The Collected Works of D.W. Winnicott*, recently published by the Oxford University Press, is exploring why Winnicott developed a drawing game, his infamous squiggle, to communicate with



children during his psychiatric consultations and what his own drawings tell us. Winnicott was a spontaneous doodler. In a recent arts <u>essay</u>, Adès describes how Winnicott and his wife Claire, "would hand draw or paint their own Christmas cards each year to send to their friends. He filled his letters with witticisms and drawings, and regularly doodled, rather than wrote, his signature." The article concludes that these drawings show the level of Winnicott's personal creativity "not always evident in his theoretical writings. Winnicott was fostering a space for doing and letting happen, for a person to make contact with their own unfettered liveliness, for quotidian pursuits: squiggling, doodling, whistling, playing about, making a mess for its own sake, and then using it, or throwing it away". Volume 12 of the Collected Works is accessible to all online and includes rare audio broadcasts as well as Winnicott's own drawings and squiggles published for the first time! Click here to enjoy.

#### **New Books**

The following is a list of books acquired by, or donated to, the Hanns Sachs Library since April 2017:

Psychoanalytic Study of the Child: Official Journal of the Association for Child Psychoanalysis, Vol. 70 (2017). Philadelphia, PA, Taylor and Francis Group.

Barrett, Lisa Feldman (2017). How Emotions Are Made: the Secret Life of the Brain. Boston: Houghton Mifflin Harcourt.

Benvenuto, Sergio (2016). What are Perversions?: Sexuality, Ethics, Psychoanalysis. London: Karnac Books.

Bion, Wilfred R. (2014). The Complete Works of W.R. Bion, edited by Chris Mawson; editorial consultant, Francesca Bion. London: Karnac Books.

Bollas, Christopher (2015). When the Sun Bursts: The Enigma of Schizophrenia. New Haven and London: Yale University Press. [Watch a recent interview with Christopher Bollas discussing this book].

Bollas, Christopher (2005). *I Have Heard the Mermaids Singing*. London: Free Association Books.

Bollas, Christopher (2004). *Dark at the End of the Tunnel.* London: Free Association Books.

Christian, Christopher; Eagle, Morris N; Wolitzky, David L. (2017). *Psychoanalytic Perspectives on Conflict*. London and New York: Routledge.

Danto, Elizabeth Ann (2017). Freud / Tiffany and The Best Possible School: Anna Freud, Dorothy Tiffany Burlingham and the Hietzing School in the 1920s Vienna. London: Freud Museum. [Check the Freud Museum website for more information about this and other exhibits].

Gold, Claudia M. (2017). The Developmental Science of Early Childhood: Clinical Applications of Infant Mental Health Concepts from Infancy Through Adolescence. New York, London: W.W. Norton.

Goodman, David M. and Severson, David R., eds. (2016). The Ethical Turn: Otherness and Subjectivity in Contemporary Psychoanalysis. London and New York: Routledge.

Harris, Adrienne; Kuchuck, Steven, eds. (2015). *The Legacy of Sandor Ferenczi: from Ghost to Ancestor.* London and New York: Routledge.

Holland, Norman Norwood (2009). *Literature and the Brain*. Gainesville, FL: PsyArt Foundation.

Jamison, Kay R. (2017). Robert Lowell, Setting the River on Fire: a Study of Genius, Mania, and Character. New York, NY: Alfred A. Knopf.

Kahneman, Daniel (2013). *Thinking, Fast and Slow.* New York: Farrar, Straus and Giroux.

Kirshner, Lewis A. (2017). *Intersubjectivity in Psychoanalysis:* a Model for Theory and Practice. Abingdon, Oxon; New York,

NY: Routledge.

Kroger, Jane (2004). *Identity in Adolescence: the Balance Between Self and Other*. London and New York: Routledge.

Lemma, Alessandra (2015). *Minding the Body: the Body in Psychoanalysis and Beyond.* London and New York. Routledge.

Tashiro, Ty (2017). Awkward: the Science of Why We're Socially Awkward and Why That's Awesome. New York, NY: William Morrow, an imprint of HarperCollinsPublishers.

~ Olga Umansky, Librarian and Archivist

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