



## Quick Links

[Recent Work](#)  
[Library News](#)  
[BPSI Home](#)

## In This Issue

[Meet the Author](#)

[In Memoriam](#)

[In the Archives](#)

[What Are We Reading?](#)

[New Books](#)

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**Librarian/Archivist**  
 Olga Umansky, MLS

**Library and  
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 Drew Brydon, MLS

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 Marcia Smith-Hutton,  
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 Rita Teusch, PhD  
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## Hanns Sachs Library Newsletter

This year is the 100th anniversary of Freud's publication of *From the History of an Infantile Neurosis*, an essay that launched his patient "The Wolf Man" into fame. Colleagues from BPSI - Olga Umansky, John Baker, Diane O'Donohue - were part of a celebration of Freud's essay at ApsaA this winter.

They will give a repeat performance at our next Meet the Author when BPSI celebrates Freud's essay by shedding new light on it. Olga will describe the Russia in which the Wolf Man was raised, John will discuss his paintings and Diane will discuss childhood dreams. It's a program not to be missed! If you haven't read [the essay](#) for a while, you have until May 15th .. to reacquaint yourself with this amazing work.

The Library Committee is discussing how to foster further research in the history of psychoanalysis. Our archives are rich in possibilities for understanding in greater depth the development of our own institute and of psychoanalysis in Boston and elsewhere. Olga has a list of areas of research that might interest you and for which there might be some small financial support.

If you have read a book that impressed you, new or old, we would be happy to publish your review of it, so that others may be alerted to a good or important read.

To all those who continue to support our library with specific donations, our thanks.

~ **Dan Jacobs, MD, Director of the Library**

## Meet the Author

### On Tuesday, May 15 - Meet the Author: Freud

In celebration of the centenary of *Freud, S. (1918). From the History of an Infantile Neurosis. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XVII (1917-1919): 1-124.*

- **Olga Umansky** will present a pictorial biography of the Wolf-Man's Russian heritage

Steven Varga-  
Golovcsenko, MD  
Anna Wolff, MD

**Volunteer**  
Bianca Grace

### Thank You for Your Donations!

We are deeply grateful to Dan Jacobs, Malkah Notman, Anna Wolff, Rita Teusch, Stephen Kerzner, Julie Watts, and Mark Goldblatt for donating their journals to the library. Also greatly appreciated are recent donations of books by Leonard Glass, Deb Choate, James Groves, Dan Jacobs, David Kennedy, and Sebastiano Santostefano.

~

With the fund, generously established by Dr. and Mrs. Newman for our library, we continue building our child analysis and neuropsychology collections and can afford to subscribe to costly infant and adolescent psychotherapy journals.

~

- **John Baker** will discuss *Light and Darkness in the Landscapes by the Wolf-Man*
- **Diane O'Donoghue** will talk about *"Wild" Animals of Everyday Life: Freud's Early Picture Book*



7:30 pm reception, 8:00-9:30pm presentations & discussion.  
[Click here](#) to register.

We have a great line-up of BPSI authors to meet with you next year: **Sherry Thurkle**, **Cordelia Schmidt-Hellerau**, and **Lawrence Brown** will discuss their new books in the fall of 2018, winter of 2019, and spring of 2019. Stay tuned for more details and dates.

### In Memoriam

#### Remembering Ikuko Kawai Burns

We recently learned about the death of Ikuko Kawai Burns, the wife of our member, Padraic Burns, and a brilliant sculptor. Ikuko holds a special place in the BPSI library, where one of her works found a permanent home 25 years ago. When Ikuko and Padraic came to Boston in 1961, they met and befriended Eleanor Pavenstadt, the director of the child psychiatry outpatient clinic at Massachusetts General Hospital. Pavenstadt was a BPSI training analyst, an expert on early child development and social problems, and the author of a landmark book *The Drifters: Children of Disorganized Lower Class Families* (1967). Eleanor planned to visit Japan with her close friends, Peter Wolff and his wife and asked Ikuko to tutor her in Japanese. Ikuko sculpted the bust during these sessions. The sculpture was donated to BPSI after Pavenstadt's death in 1993.



*Eleanor Pavenstadt's bust by Ikuko K. Burns, photograph by Allen Palmer*

Among others, Ikuko sculpted a famous Japanese psychoanalyst Takeo Doi and a German born American painter Wolf Kahn. She was born in Tokyo in 1936. Her earliest years were spent under the influence of World War II and the American Occupation of Japan. Fearing the bombing in Tokyo during the war, Ikuko and her parents moved back to their ancestral home in Yamagata where she later studied to earn a



*Padraic and Ikuko Burns*

Our Gifford fund helps to purchase books on the history of psychoanalysis.

~

Donate a Book from the Library Wishlist

or

Adopt a Journal



The Book Sale in the Community Room is becoming popular. Great psychoanalytic titles for just \$1 each. Books are arranged alphabetically by author - the inventory has been posted online. Checks, cash or online payments are accepted. Leave the money with Olga or Drew.

bachelor of arts in American literature. It was during her senior year at Yamagata University in 1957 that Ikuko met her future husband, Dr. Padraic Burns. After graduation, Ikuko became a television and radio announcer at Hokkaido Broadcasting Company. In 1959 she and Padraic were married in Tokyo and just one week later moved to New Haven where Padraic had attended medical school, and two years later to Boston where she attended the Museum School at the MFA and launched her career as a sculptor. She held numerous art exhibitions around the world and, in 2012, was awarded the Foreign Minister's Commendation "in recognition of her significant contribution in promoting mutual understanding between Japan and the United States."

## In the Archives

### Recent Research

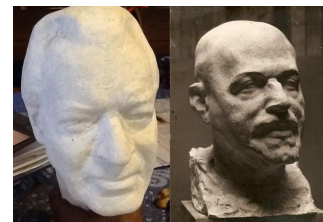
Karl W. Martin, a doctoral candidate from Kent State University, Ohio, requested materials from our Putnam Children Center collection for his dissertation, a biography of Marya Barlowski, a Putnam Center social worker from 1951 to 1952. Marya Barlowski graduated from the Brown University Women's College in 1945 and earned her master's degree in social work at Smith College in 1947. Her Smith dissertation focused on a pastoral clinical study of psychotic patients and their contacts with theological students at the New Jersey Mental Hygiene Clinics. After a brief career at Putnam, where she interned alongside Sophie Freud Lowenstein, Marya worked as a psychiatric social worker at the VA Hospital in Brockton, MA and, beginning in 1966, for the state division of alcoholism in Providence. She died at the age of 49.



MARYA BARLOWSKI

### Oscan Nemon: Freud's and Churchill's Sculptor

Aurelia Young, the daughter of Oscar Nemon, shared two photographs of Nemon's sculptures she recently located in private collections. They are the busts of Sigmund Freud's son, Ernest Freud (on the left), and of a Viennese otologist, Gustav Alexander (on the right). [Freud's new statue](#), based on Nemon's full-length portrait painted in 1936, will be unveiled in Vienna on June 4, 2018. Our members and friends may be interested to [check out a video of Aurelia Young's recent talk about her father](#), dedicated to the 50th anniversary of Winston Churchill's death. Oscar Nemon's statue of Winston Churchill stands in the Members' Lobby of the British House of Commons. BPSI owns Nemon's busts of Sigmund Freud and Paul Federn (installed in the library) and collects photographs of his other works.



### Spring Internships

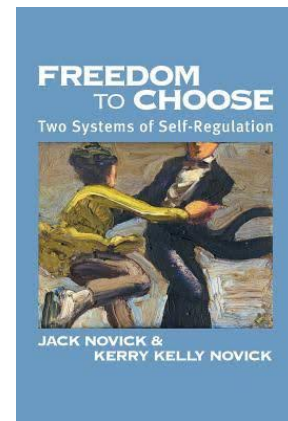


Two Simmons College students are working in our archives this spring. **Mary Millage** is processing a collection of APsaA administrators' meeting minutes. Mary holds a BA degree in History from the Brandeis University. **Jenny McMahon** is looking at our extensive collection of video tapes to determine which titles need to be preserved and transferred to another medium. Jenny holds a BA degree in History from the Simmons College. For nearly a decade, BPSI Archives have been fortunate to partner with the Simmons Graduate Library School Archival Management program, fostering a supportive learning environment for future archivists.

### What Are We Reading?

**Novick, J. and Novick, K. (2016) *Freedom to Choose. Two Systems of Self-Regulation*. International Psychoanalytic Books. 236pp.**

This immensely readable book details John and Kerry Kelly Novick's clinical psychoanalytic work over the past 50 years. Trained at the Anna Freud Center in London in the 1960's, the Novicks' clinical work and research has focused on various degrees of destructive and self-destructive sadomasochistic behavior in children and adults. Their Two-Systems Model of Self-regulation was first introduced in 1972 and has been elaborated ever since. Even now the authors still see their model as a "work-in-progress" and invite readers to send them feedback about its clinical usefulness.



The book is organized in two parts: the first part delineates developmental challenges from infancy through old age and outlines resolutions resulting in open versus closed system functioning. The second part illuminates how the two-systems model can inform and enhance clinical technique throughout the various phases of an analysis. The authors provide useful clinical recommendations with regard to conducting evaluations, building a therapeutic alliance and "emotional muscle" to support open-system functioning, or termination, always with an eye as to which system of functioning is prevalent in a patient.

The two-track model of these authors came into being when they realized they needed a new conceptual framework to better explain the clinical phenomena of persistent sadomasochism and omnipotent destructive beliefs that often remain stable in certain individuals throughout their lives. The Novicks' thesis is: a closed-system of self-regulation develops as a result of cumulative environmental trauma. It is characterized by repetitive patterns of omnipotent, sadomasochistic beliefs and fantasies, i.e. defenses of magical power and control that initially provide the individual with a sense of mastery and safe self-regulation. It is not a deficit model, but the defenses, developed throughout various phases of development, constitute the person's best efforts to meet legitimate basic needs and resolve conflicts. An open

system of self-regulation, on the other hand, allows the individual to be attuned to his/her inner and outer reality and is characterized by joy, competence and creativity. During a psychoanalytic treatment, both these systems of self-regulation are present at various times and need to be recognized and analyzed. The clinical challenge is to help patients gain awareness and self-reflection so that they can begin to have a choice as to which system of self-regulation they employ.

The Novicks' model of two systems of self-regulation integrates ego psychology and relational psychoanalysis by not prioritizing the intra-psychic or the environment, but by highlighting how early adverse environmental interactions become internalized and part of intra-psychic conflict. They submit that a more classical psychoanalytic approach of transference and resistance analysis is often needed to put the patient in the active center of his psychopathology, whereas transference and resistance interpretations may undermine competency in open-system functioning, pathologizing the patient's strengths. Successful analytic interventions in open-system functioning include mirroring, empathy, reconstruction, validation, support, and developmental education.

I highly recommend this interesting book to any student of psychoanalysis, but also to experienced clinicians. It contains the authors' sophisticated analytic understanding and conceptualizations resulting from decades of intensive psychoanalytic work and research, especially the treatment of persistent sadism and masochism, whether in reality or the patient's fantasies. While many of us may be familiar with the work of the Novicks, I found it a pleasure to encounter their lives' work distilled in a highly readable book, which even includes an annotated biography of the authors' published papers throughout the last five decades. With Alan Sugarman, I feel that this book will move us beyond today's pluralism toward a model that utilizes all that our disparate schools are teaching us about mental functioning, pathogenesis, and therapeutic action.

~ reviewed by **Rita K. Teusch, PhD**

### New Books

*This is the list of books, acquired by or donated to, the Hanns Sachs Library since October 2017:*

Aisenstein, Marilia (2017). *An Analytic Journey: From the Art of Archery to the Art of Psychoanalysis*. London: Karnac Books.

Atlas, Galit (2018). *Dramatic Dialogue: Contemporary Clinical Practice*. London and New York: Routledge.

Bach, Sheldon. (2011). *The How-to Book for Students of Psychoanalysis and Psychotherapy*. London: Karnac Books.

Belilos, Marlene, ed. (2016). *Freud and War*. London: Karnac Books.

Civitarese, Giuseppe (2016). *Truth and the Unconscious in Psychoanalysis*. London and New York: Routledge.

Crews, Frederick C. (2017). *Freud: the Making of an Illusion*. New York: Metropolitan Books/Henry Holt and Company.

Dukakis, Kitty (2006). *Shock: The Healing Power of Electroconvulsive Therapy*. New York: Avery.

Freeman, Mark Philip (2010). *Hindsight: The Promise and Peril of Looking Backward*. Oxford and New York: Oxford University Press.

Goldman, Dodi (2017). *A Beholder's Share: Essays on Winnicott and The Psychoanalytic Imagination*. London and New York: Routledge.

Gould, Laurence et al. (2006). *The Systems Psychodynamics of Organizations: Integrating the Group Relations Approach, Psychoanalytic, and Open Systems Perspectives*. London and New York: Karnac Books.

Groves, James E. (2018). *Hamlet on the Couch: What Shakespeare Taught Freud*. London and New York: Routledge [donated by author].

Hall, Jane S. (1998). *Deepening the Treatment*. Northvale, N.J: Jason Aronson.

Hazell, Jeremy. (1996). *H.J.S. Guntrip: A Psychoanalytical Biography*. London and New York: Free Association Books.

Kandel, Eric R. (2012). *The Age of Insight: The Quest to Understand The Unconscious in Art, Mind, and Brain: from Vienna 1900 to the Present*. New York: Random House.

Koellreuter, Anna, ed. (2016). *What is This Professor Freud Like?: a Diary of an Analysis with Historical Comments*. London: Karnac Books.

Lee, Bandy X., ed. (2017). *The Dangerous Case of Donald Trump: 27 Psychiatrists and Mental Health Experts Assess a President*. New York: St. Martin's Press [donated by Len Glass].

Levine, Howard and Power, David G. (2017). *Engaging Primitive Anxieties of the Emerging Self: The Legacy of Frances Tustin*. London: Karnac Books.

Midgley, Nick (2013). *Reading Anna Freud*. London and New York: Routledge.

Mikalac, Cecilia M. (2005). *Money and Outpatient Psychiatry: Practical Guidelines from Accounting to Ethics*. New York: W.W. Norton.

Morrison, Toni (2007). *The Origin of Others*. Cambridge, MA: Harvard University Press [donated by Deb Choate].

Owens, Carol; Quinn, Stephanie Farrelly (2017). *Lacanian Psychoanalysis with Babies, Children, and Adolescents: Further Notes on the Child*. London: Karnac Books.

Reineke, Martha J. and Goodman, David M. (2017). *Ana-María Rizzuto and the Psychoanalysis of Religion: The Road to the Living God*. Lanham, Boulder, New York, London: Lexington Books.

Rose, Louis (2016).

*Psychology, Art, and Antifascism: Ernst Kris, E. H. Gombrich, and the Politics of Caricature.* New Haven, CT: Yale University Press.

Rudnytsky, Peter L. et al. (2011). *Her Hour Come Round at Last: a Garland for Nina Coltart.* London: Karnac Books.

Santostefano, Sebastiano (2016). *Guided Enactments in Psychoanalytic Psychotherapy: a New Look at Therapy with Adults and Children.* Lanham, Boulder, New York, London: Lexington Books [donated by author].

Stepansky, Paul E. (2009). *Psychoanalysis at the Margins.* New York: Other Press.

Weissenberger, Robert, et al. (1984). *Vienna, 1890-1920.* New York: Rizzoli [donated by Dan Jacobs].

Zagermann, Peter (2017). *The Future of Psychoanalysis: The Debate about the Training Analyst System.* London: Karnac Books.

Zuckerman, Edward L. (2017). *The Paper Office for the Digital Age: Forms, Guidelines, and Resources to Make Your Practice Work Ethically, Legally, and Profitably.* New York, London: The Guilford Press [donated by Alistair McKnight].

~ *Olga Umansky, Librarian and Archivist*

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