Boston Psychoanalytic Society and Institute



Hanns Sachs Library and Archives Newsletter

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From the Director

"The democracy of letters is a glory in our midst, visible, waiting for the day when the reader opens the book and the word is resurrected. The day can come next month or a year from now, a book can wait."

—Alan Bennett

Books can wait, but we in the library don't want to wait for you to make use of the rich resources here. Over 7,000 books about psychoanalysis, many of the periodicals in our field are available to be read. In addition, there are works of fiction and poetry written by or about psychoanalysts and books written by patients describing their experience. A generous gift from the ATP last spring has led to a growing collection of books on psychoanalytically informed psychotherapy. The Gifford and Newman funds help us enlarge our collection the history psychoanalysis, on child analysis, and on neuroscience. And you don't have to leave home. Our holdings are catalogued in the library section of the BPSI website. If coming to BPSI is troublesome, much of what we have can be sent to you.

Steve Morandi, our librarian, has been busy cataloguing some 500 volumes from the Langer and Bibring collections that have been on our shelves, but were not listed as part of our holdings. From the articles in this current issue, you can see how active we have been in uncovering archival materials and enlarging our collection. Anyone interested in historical research will find many avenues open to

Dan Jacobs, MD

them through our archives. And Steve will be glad to help with any literature searches you may want.

With this issue we are initiating short, informal book reviews to be called "Books in Brief." Sanford Gifford kicks off this series with his comments on a book by Sophie Freud. We hope members will volunteer to write reviews about books that interest them. Please contact me if you would like to write a brief review and to receive a copy of the book you choose for your library.

Every Society and Institute faces budgetary constraints in these hard economic times. In the future, we may have to limit the services our library can provide. We face the challenge of keeping

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From the Director (continued)

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moving forward while, at the same time, remaining aware that our resources are limited, despite a generous gift of over \$200,000 made several years ago solely for library use. All of what we have—our librarian (Steve Morandi), our archivist (Olga Umansky), our first rate collection, our ample

space—is due to the generosity of our members and others interested in psychoanalysis. We trust your support will continue. And we hope we can show our appreciation by helping you find the materials you need for study and scholarship and the books that bring you pleasure.

Recent Donations

We thank the **Asociación Psicoanalítica Argentina** for sending two volumes on recent psychoanalytic work in Argentina. The titles are: *Medicina psychosocial: lectura psicoanalítica* - volume I (Repensando problemáticas vitales: controversias diagnósticas) and volume II (Perspectivas contemporáneas). We hope the Spanish speakers in the BPSI community will enjoy these works.

Dr. Harold Bursztajn thoughtfully donated a copy of his new co-edited book, *Psychiatric Ethics and the Rights of Persons with Mental Disabilities in Institutions and the Community.*

We also thank **Dr. Nancy Chodorow** for kindly donating several books to our library.

Dr. Sanford Gifford graciously continues to donate books, journals, and valuable archival materials to BPSI.

Merloyd Lawrence, Publisher of Merloyd Lawrence Books at Perseus Press, donated Maddox, B. (2006). Freud's Wizard: Ernest Jones and the Transformation of Psychoanalysis and Rodman F.R. (2003) Winnicott.

We are grateful to **Dr. Bennett Simon,** who gave the library a copy of Ritual and its Consequences: an Essay on the Limits of Sincerity that he co-wrote.

Dr. George Vaillant generously donated a copy of his new book *Spiritual Evolution: A Scientific Defense of Faith.*

(**Dr. Abraham Zaleznik** kindly sent us a copy of his new book *Hedgehogs and Foxes: Character, Leadership, and Command in Organizations.*

Meet the Author Series

Dr. Sophie Freud

On September 23, Dr. Sophie Freud discussed her book, Living in the Shadow of the Freud Family. (see "Books in Brief" on page 4 of the newsletter for a detailed review). Introduced by Dr. Sanford Gifford, Dr. Freud described how she came to write the book and read excerpts from it. She gave a vivid picture of Viennese Jewish haute bourgeoisie to which her mother Esti belonged, and their dramatic escape from the Nazis to the United States, via Paris, Nice, Casablanca and Lisbon. A lively discussion followed, with an audience of more than 40 guests.

Dr. George Vaillant

Dr. Vaillant feels that psychoanalysis has given insufficient attention to positive emotions and to spirituality. In a talk at BPSI on October 27th, he spoke about his new book *Spiritual Evolution: A Scientific Defense of Faith* in which he embraces positive psychology and the importance of a spiritual life. At our meeting, Dr. Vaillant recounted his own intellectual quest, through science and his own research, for a spiritual view of human evolution. His comments stimulated a spirited discussion.

If you have written a book recently and would like to be part of our series, please contact Steve Morandi.

In the Archives

Sanford Gifford, MD and Olga Umansky, MLS

Records of the James Jackson Putnam Children's Center

One of our summer projects was to box and prepare for transfer to our archives copies of Putnam Children's Center records that Dr. Sophie Freud had rescued and stored in her garage since 1974. She had donated these papers to us last year. They represented a valuable addition to the Putnam records we had already acquired from Dr. Janet Brown.

We packaged 51 boxes of papers. While considering where we could comfortably house them, we were approached by the Countway Medical Library, who were currently organizing the papers of Dr. Molly Putnam, founder of the Putnam Children's Center. Countway's Giordana Mecagni, a Project Archivist for the Archives for Women in Medicine, expressed an interest in examining our Putnam collection. This collaboration led to Countway's acceptance of all the Putnam papers which they will catalogue and store – a task beyond our capabilities. We are glad to have been instrumental in finding a home for this valuable collection.

The Oral History Interview Index

Our archivist, Mrs. Olga Umansky, with the help of Simmons College intern Kate Boutin, has been organizing over 70 interviews with members of the analytic community that Dr. Sanford Gifford has been recording for the past 30 years. While cataloguing our collection, Olga has rediscovered many other tapes of historic interest, some related to the early years of our Institute, long forgotten but often remarkably audible. Some have been transcribed while others are preserved only on tape. The process of converting these tapes to a digital format for the purposes of preservation and accessibility is now underway. Mrs. Umansky has prepared a directory, with explanatory comments by Dr. Gifford, which can be consulted in our film and audio library.

The Alfred O. Ludwig Tapes and Files

Among these rediscovered tapes is a series of interviews with our member Dr. Alfred Ludwig during the last 2-3 years of his life. His reminiscences are an interesting contrast to the memoirs of refugee analysts and other Americans trained abroad in that his sojourn in Berlin was spent among internists and with Georg Groddeck, Freud's "wild analyst", who believed all illnesses were psychosomatic.

In addition to these tapes, many of Dr. Ludwig's papers were found after a locked filing cabinet in which they were stored was recently re-opened.

Interview with Hanns Sachs's Cousin

Dr. Gifford and Steve Morandi interviewed Ms. Louise Kush, to whom they had been introduced by Mrs. Muriel Pokross. Ms. Kush is the last living relative of our first permanent training analyst, Hanns Sachs, who had invited her to join him after the Anschluss in 1938. Sachs had arrived in Boston in 1933 with his sister and her son, Max Barsis. Ms. Kush came in 1939 at the age of 18. She soon found work and raised the money to bring her parents to Boston. She remains lively and energetic, and recalls figures from the early years of BPSI.

'Vienna The First 100 Years'

We would like to call your attention to Dr. Andrea Bronner's book about the history of the Vienna Psychoanalytic Society, published on the occasion of its centenary. It is of interest for two reasons: 1) because so many of our émigré analysts were Viennese and 2) because so many of the photographs in this book were borrowed from our Archives and the Edward Bibring photo albums that BPSI published. Dr. Bronner has produced an elegant photo-history, cropping and enlarging details for dramatic effect, and bound them together with a text in English.

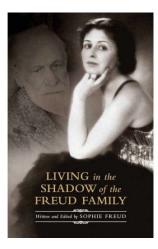
Books in Brief

The following is excerpted from Dr. Sanford Gifford's introduction of Sophie Freud at a recent Meet the Author event.

Sophie Freud: Living in the Shadow of the Freud Family

Courageous is the hallmark of Sophie Freud's book *Living in the Shadow of the Freud Family* (Praeger, 2007) -an unsparingly honest chronicle of a complex and emotionally troubled family and its influence on her own personality. The title of her

book is well-chosen, its because chief character is her mother, Esti Drucker, who had written her autobiography. Her father Martin Freud, Sigmund Freud's eldest son, is perhaps the most shadowy figure in the book. Her grandfather Sigmund a distant but benevolent figure who was generous with gifts and who wrote



charming notes to his granddaughter in the last years of his life. Her mother was a beautiful, glamorous and talented woman, from a wealthy family of the Jewish *haute bourgeoisie*, but she was also vain and chronically unhappy. Her grandmother was also beautiful with an exceptional voice, but her promising career was crushed by Sophie's maternal grandfather.

The Druckers looked down upon the Freud family as socially inferior and the Freuds, in their frugal way, considered Esti "too beautiful for our family." She met Martin as a dashing young officer in 1914 and wrote him constantly during his military service and when he became POW in Italy. They married in 1919, when Esti was 23. Sophie was born in 1924, following an old brother, Walter, upon whom her mother doted. Esti wrote her husband gushy letters, when he was with his father in England. She addressed him as "Liebstes Herzenspuckerl", which I would render as

something like Dearest Heart-Throb, among other Viennese diminutives and endearments.

Needless to say, Esti proved to be a difficult mother for Sophie, and the unvarnished account of their complicated relationship, tied together as they were during their prolonged and dangerous flight from Vienna in 1938, is both psychologically fascinating and as spellbinding as a thriller or an adventure story. Having read or heard many versions of the refugee's flights to the US, this account is unusually interesting because the author's wealth of diaries, letters and postcards gives us great detail: a young mother and her teenage daughter bicycling from Paris to Marseilles, their lengthy sojourns in Nice, Casablanca and Lisbon before they could sail for the U.S. This is an extraordinarily gripping book, which I hope you will enjoy as much as I did.

Recent Reviews of BPSI authors

The latest issue of *Psychoanalytic Quarterly* (2008, Vol. 77, No. 4) includes enthusiastic book reviews of three works by BPSI members:

Good, Michael ed. (2006). The Seduction Theory in its Second Century: Trauma Fantasy, and Reality Today. Madison, CT: International Universities Press.

Krims, Marvin (2006). The Mind According to Shakespeare: Psychoanalysis in the Bard's Writing. Westport, CT: Praeger.

Gifford, Sanford, Daniel Jacobs, and Vivien Goldman, eds. (2005). Edward Bibring Photographs the Psychoanalysts of his Time, 1932-1938. Hillsdale, NJ: Analytic Press.

Of this last volume Martin Silverman writes, "It is refreshing. . .to find that one group among our number, the Boston Psychoanalytic Society and Institute, has begun to comb its archives for material that would lend itself to the possibility of creating a series of publications that will add in a lively way to the historical record of the field of psychoanalysis as a living, growing, evolving body of scientific vitality. . I look forward to the next entity that emerges from the BPSI Archives."

In the Library

New Book Collections

As you enter the third floor library, you will notice several shelves full of circulating books where bound journals once existed. The journals are now stored on the fourth floor and are available by asking our librarian for them. In their place, the first bank of shelves to the right of the door now includes three sections of books for easy perusal:

- •New Arrivals
- •Fiction and Psychoanalysis
- •Psychoanalytic Psychotherapy.

The **New Arrivals** are just that—books purchased by our library over the past couple of months. These books will be updated continually, as more are processed. Please let our librarian, Steve Morandi, know if there are new books you do not see there, but think we should have.

Literature and Psychoanalysis includes a wide range of fiction and poetry that relate to psychoanalysis and psychotherapy. You can also find writers' accounts of their own treatments. Whether you are looking for a good mystery or an old classic, check out this shelf!

Finally, the **Psychoanalytic Psychotherapy** section was formed around books bought with money donated by the former Advanced Training Program Graduate Student Organization (ATPGSO). This is a permanent shelf of books that will continue to grow as we add to the collection.

Bibring and Langer Collection Cataloging

Years ago, the Hanns Sachs Library and Archives acquired many books from the personal libraries of Drs. Grete and Edward Bibring, as well as a significant collection of books from Dr. Walter Langer. These important collections have been housed in the Nemetz Room archives on the third floor of the institute, but were never fully cataloged. Recently, our librarian, Steve Morandi, began processing these collections, which contain over 500 volumes in German, French, and English languages. Titles will appear in the online library catalog as they are processed.

In the Library New Books

The following is a list of books recently acquired by the Hanns Sachs Library:

Akhtar, Salman, ed. (2008). The Crescent And The Couch: Cross-currents Between Islam And Psychoanalysis. Lanham, MD: Jason Aronson.

Allen, Jon, Peter Fonagy, and Anthony W. Bateman (2008). *Mentalizing in Clinical Practice*. Washington, DC: American Psychiatric Publishing.

Cheney, Terri (2008). *Manic: A Memoir*. New York: William Morrow.

Edmunson, Mark (2007). The Death of Sigmund Freud: The Legacy of His Last Days. New York: Bloomsbury.

Freud, Sophie (2007). Living in the Shadow of the Freud Family. Westport, CT: Praeger.

Gutheil, Thomas G., and Archie Brodsky (2008). *Preventing Boundary Violations in Clinical Practice.* New York: Guilford Press.

Hughes, Judith (2008). Guilt and its Vicissitudes: Psychoanalytic Reflections on Morality. London: Routledge.

Jurist, Elliot L., Arietta Slade, and Sharone Bergber, eds. (2008). *Mind to Mind: Infant Research, Neuroscience, and Psychoanalysis.* New York: Other Press.

Kellerman, Henry (2008). The Psychoanalysis of Symptoms. New York: Springer.

Khantzian, Edward, and Mark Albanese (2008). Understanding Addiction As Self Medication: Finding Hope Behind The Pain. Lanham, MD: Rowman & Littlefield Publishers.

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In the Library

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Kulish, Nancy, and Deanna Holtzmann (2008). A Story Of Her Own: The Female Oedipus Complex Reexamined And Renamed. Lanham, MD: Jason Aronson.

Makari, George (2008). Revolution in Mind: The Creation of Psychoanalysis. New York: Harper Collins.

Marcus, Donald and "Hope" (2007). Taking Risks From the Unconscious: A Psychoanalysis as Experienced from Both Sides of the Couch. Lanham, MD: Jason Aronson.

Pajaczkowska, Claire and Ivan Ward, eds. (2008). Shame and Sexuality: Psychoanalysis and Visual Culture. London: Routledge.

Perlin, Michael, Harold Bursztajn, Kris Gledhill, and Eva Szel, eds. (2008). Psychiatric Ethics and the Rights of Persons with Mental Disabilities in Institutions and the Community. Haifa, Israel: UNESCO Chair in Bioethics.

Seligman, Adam B., Robert P. Weller, Michael J. Puett, and Bennett Simon (2008). Ritual and its Consequences: an Essay on the Limits of Sincerity. Oxford: Oxford University Press.

Stevens, Richard, ed. (2008). Erik Erikson: Explorer of Identity and the Life Cycle. Houndmills, England: Palgrave Macmillan.

Tuber, Steven (2008). Attachment, Play and Authenticity: a Winnicott Primer. Lanham, MD: Jason Aronson.

Vaillant, George (2008). Spiritual Evolution: A Scientific Defense of Faith. New York: Broadway Books.

Zaleznik, Abraham (2008). Hedgehogs and Foxes: Character, Leadership, and Command in Organizations. New York: Palgrave Macmillan.

Book Returns

Before you leave for the winter holidays, please check for any overdue books, CDs, tapes, or other materials that you may have borrowed from the Hanns Sachs Library over the past few months. Your prompt return of these materials ensures that our patrons can find the resources they need at the library. Thanks!

Book Sale

Many new items are being added to the book sale at BPSI. Included among the sale items are first editions and extra copies of books weeded from our stacks to make space. Each book is only \$5 for hardbacks, \$2 for paperbacks.

LIBRARY MEMBERSHIP

For those who are not BPSI members or students, you may join the library for an annual fee of \$50. As a library member, you are entitled to borrow books and to the services of Steve Morandi for searches and xeroxing of materials. Additionally, you may use the PEP (Psychoanalytic Electronic Publishing) archive in the library, which allows for quick searches and printing of many full text articles from major psychoanalytic journals. For more information please call Steve at 617-266-0953 or e-mail him at library@bostonpsychoanalytic.org.

