Boston Psychoanalytic Society and Institute



Hanns Sachs Library and Archives Newsletter

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From the Director

A library is not a static structure; it is akin to a living organism that needs to breathe, grow and develop. With that development come challenges. How, for instance, do we make obtaining information by a growing membership as inexpensive as possible while still paying the increasing cost of library services? The library will never be a huge moneymaker for our organization, but its presence enhances our reputation and its contribution to our intellectual life is invaluable. Despite the difficulty involved, we should continue to encourage learning by keeping library fees as low as possible. Another challenge is space: how do we preserve the history of psychoanalytic thought while making available new ideas. Physical space is limited, but the future of psychoanalysis is not and its history grows daily. How can we best utilize the space in our beautiful home to keep abreast of an ever changing field? Certainly, digitalizing documents, using of PEP and interlibrary loan program help, along with constant reassessment of our holdings help. There may come a time, however, when we need to build more shelves in parts of our building or consider permanent off site storage for library materials. A third challenge is getting younger members to join the Library Committee so they can help us face the future. If you are interested in what the library offers, join us and help shape our future.

The Hanns Sach Library and Archives are in excellent shape now. We, nevertheless,

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have to think about a library 10 or 20 years from now. I hope the Coordinating Committee and Trustees will join in conversation with our library committee and the membership in finding solutions to the challenges we face.

With the start of the academic year, the library would like to welcome back BPSI members and candidates. We extend our warm greetings to new students, fellows, guest members and archival researchers. We are open 9:30am-9:30pm on Mon-Thu and 9:30am-5:00pm on Fri from beginning of September through the end of June. We have free Wi-Fi and many cozy spaces for your quiet reading. While in the building, you can always access the Psychoanalytic Electronic Publishing (PEP), current online journals and many valuable electronic resources. As you come to BPSI this fall, please note the new exhibit of beautiful artwork by BPSI members. Paintings, photographs, and tapestries are on display throughout the building until the end of February, 2017. In our library, take time to admire the Old Souls, photographs of books by Vivien Goldman displayed on easels around the library table. Also view, the rare photograph of Sigmund Freud taken by Lewis Bertram in the late 1920s and recently donated to our archives by Jeremy Nahum, MD.

Meet the Author Series 2016-2017

Audio recordings of past book events are available from BPSI Archives.

This academic year started with **Axel Hoffer**'s presentation *Bringing Meditation into Psychoanalysis: Free Association, Meditation, and Bion,* in conjunction with his new book *Freud*



and the Buddha: The Couch and the Cushion (Karnac, 2015) on **September 27**. The author compared the role of the analyst and the Buddhist teacher of meditation relating the psychoanalytic concepts of free association, the unconscious, transference and countertransference to the Buddhist principles of impermanence, non-clinging (non-attachment), the hard-to-grasp concept of the "not-self", and the practice of meditation.

On Tuesday, Jan 10, 2017, Paul Lynch will talk about Sexualities: Contemporary Psychoanalytic Perspectives (Routledge, 2015), the book he coedited with Alexandra Lemma. The volume includes a collection of papers by internationally acclaimed



authors. Numerous clinical examples demonstrate contemporary psychoanalytic techniques and address heterosexuality, homosexuality, gender, and perversion from a psychoanalytic perspective.

On **Monday, May 15, 2017, Steven Cooper** will present *The Analyst's Experience of the Depressive Position: The Melancholic Errand of Psychoanalysis*

(Routledge, 2016). The book explores the analyst's participation and resistance to helping patients hold some of the most unsettling parts of their experience. Cooper portrays the patient as an artist of sorts and the analyst as a form of psychic boundary



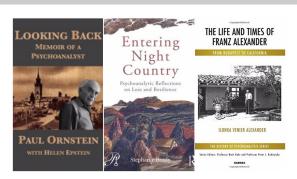
artist. Just as the creative act of art involves the capacity to transform pain and ruin into the depressive position, so the co-creation of the understanding of the patient's mind through the mind of the analyst can lead to psychic transformation.

Please remember to share your book and article publication news with the library. Writings by BPSI members steadily enrich our collection!

New Video Projects

The Library Committee continues its initiative to interview authors about their recently published books. These conversations are posted to the BPSI blog and Facebook page as they become available. Current interviews feature authors Paul Ornstein and Stephanie Brody interviewed by Dan Jacobs, and Ilonka Venier Alexander interviewed by Shari Thurer.

Some of BPSI's popular programs are now filmed and are available for purchase as a DVD or for online streaming. Jerome Kagan's lecture at the recent Childcare Conference (May 2016), Gerald Schneiderman's presentation at the BPSI Members Seminar 65 Years After World War II: A Family Secret (Oct 2012) and Anton O. Kris's Academic Lecture Mourning as a Psychological Principal (Sep 2012) can be requested from the library and viewed on demand.



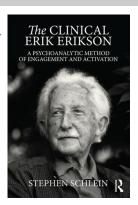
More public programs will be filmed this year.

Check bpsi.org web site, like and follow <u>@BostonPsychoanalytic</u> on Facebook or contact library@bpsi.org to learn more about our videos.

What Are We Reading?

The Clinical Erik Erikson: A Psychoanalytic Method of Engagement and Activation by Stephen Schlein, PhD (Routledge, 2016).

Having worked with Erik Erikson in the publication of his selected papers A Way of Looking at Things, Steven Schlein became interested in getting Erikson to publish more of his psychotherapeutic



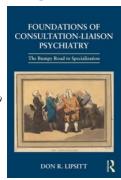
work than had appeared publicly. Although Erikson achieved fame on the basis of his ideas and his biographical social historical work. the psychoanalytic and psychiatric community knew relatively little about his actual clinical work. He was reluctant to publish material on adult patients, although he did publish some of his work with children. He was recognized as a brilliant clinical teacher, an unusual and original thinker, and a major influence in psychoanalysis.

Dr. Schlein was a student of Erikson at the Austen Riggs Center, and got to know him better as a collaborator. He has a positive and idealized view of Erikson as a teacher, mentor, and contributor to new approaches of psychoanalysis. In this book Dr. Schlein reviews central facts of Erikson's life, and then describes some of the unusual aspects of Erikson's work with children detailed in his book Toys and Reasons and in his papers about child psychoanalysis. Schlein focusses on Erikson's contributions as well as the provocativeness of some of his early remarks and thoughts as he sought to develop his own approach. He reviews the historical importance of the creation of a unique interest in the life cycle and the integration of the societal matrix with ego psychology and a theory of interpersonal relationships into a psychoanalytic approach. The project of writing about his clinical work was interrupted by Erikson's death, which affected Schlein strongly. It was also made more difficult by the disappearance of some clinical material sent by Erikson to Riggs. Schlein, however, returned to the project and after much research recovered enough material to present in this volume. The unique contribution of this book is the presentation and discussion of clinical material never published. This includes notes with Erikson's comments at the regular case conferences at Riggs during the years Erikson was there, letters and summaries he wrote describing some of his patients, and detailed direct personal notes of his treatment of a young man for several years. These session by session notes are often illustrated with drawings which Erikson did. Schlein describes the "emphasis he placed on the importance of the therapeutic relationship and the very personal nature of his encounters". These notes permit a glimpse into Erikson's thinking, his attention to and reflections about his own feelings in therapy, and the liveliness of the process. They contain subtle and detailed observations of patients and his thoughts. It is a very special experience having been given some view and potential insight into this process.

~Reviewed by Malkah Notman, MD

The entire career of our member, Don Lipsitt, MD,

has been devoted to bringing psychological, psychiatric, and psychoanalytic concepts to the practice of medicine. In his new book, Foundations of Consultation-Liaison Psychiatry: The Bumpy Road to Specialization (Routledge, 2016), he has written a rich history of Consultation-Liaison from its beginnings as psychosomatic medicine's foot soldier to its



present sophisticated place. He gives Bradford Cannon his special role in the development of the homeostatic principles by which the body maintains control "minimizing risks of serious damage or death" to the individual. Later on he discusses the development of the role psychoanalytic ideas play in understanding Hysteria. Finally there is a sophisticated overview of the principles involved in contemporary diagnosis and treatment of psychosomatic issues to be found in ward medicine. Altogether, the book is a pleasure to read and provides an important history of the field.

~ Reviewed by Anna Wolff, MD

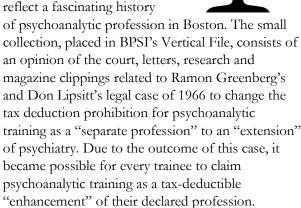
In the Archives

Space and Storage Project

Our staff used the quiet days of this summer to address our ongoing space and storage challenges: all journal archives have been brought from the offsite facility and are now stored in the ground floor journal room. Duplicates of books and journals have been either sold or recycled. Books from the personal libraries of Edward Bibring, Walter Langer, and Bennett Simon have been shelved in the 3rd floor seminar room. Starting this fall, our extensive administrative archives will be brought to BPSI premises to be processed, organized and digitized.

Psychoanalysis and Law - Don Lipsitt's Gift

Our member, Don R. Lipsitt, MD, donated important legal documents to BPSI Archives. These papers reflect a fascinating history



Recent Inquiries

This summer, as always, BPSI Archives were open to many out-of-town researchers:

Tony Shin, a graduate of Columbia University, reviewed Karen Horney's papers for a project sponsored by the International Karen Horney Society to locate and transcribe a WNYC radio broadcast series *Psychoanalysis and Everyday Living* (1949-1950). Karen Horney was a German-born American psychoanalyst, often classified as Neo-Freudian. She wrote many influential books and founded the Association for the Advancement of Psychoanalysis and the American Journal of

Olga Umansky, MLS

Psychoanalysis. BPSI holds a large collection of Karen Horney's papers and photographs donated by Susan Quinn, the author of *A Mind of Her Own:* The Life of Karen Horney (Summit Books, 1989).



Photograph by Lotte Jacobi, 1944

Elizabeth Ann Danto, PhD, Professor of Social Work, Emeritus at CUNY and the Curator of the Freud Museum in London requested transcripts of Marie Briehl's interviews for an exhibit called <u>Freud/</u> <u>Tiffany - The Best Possible School</u> opening in May, 2017. Marie H. Briehl was one of the earliest child psychoanalysts and a champion of human rights. After graduating from Hunter College and Columbia with a degree in education, she was one of the first Americans to undertake special training in child analysis with Anna Freud. In the 1920's, Marie was admitted to the Vienna Psychoanalytic Institute and taught a course in English and American literature at the University of Vienna. She, Erik Erikson, and Peter Blos were invited to teach at Anna Freud's and Dorothy Burlingham's progressive school. "The Hietzing Schule" was founded in 1927 in "an effort to create a pedagogic experience inspired by psychoanalytic principles with children who were at the same time engaged in analysis" (De Mijolla, Alain. Hietzing Schule/Burlingham-Rosenfeld School. International Dictionary of Psychoanalysis, 2005). BPSI Archives holds several interviews of Marie Briehl conducted by Lucille Ritvo and Sanford Gifford, as well as interviews of Eric and Joan Erikson and the transcripts of the APsaA Oral History Workshops where Marie Briehl was one of the panelists.

Patricia Palmieri, EdD, a scholar from Brandeis Women's Studies Research Center, is examining BPSI historic files for her research of Anne Parsons's life and BPSI's atmosphere in the early 1960s of which she was a part. Anne Parsons (1930-1964) was a gifted translator of Piaget, an anthropologist and fellow researcher in psychiatry at McLean and Beth Israel. Her father, Talcott Parsons, was a world-renown sociologist and the author of the social action theory. She started her training at BPSI in 1960 and tragically died in 1964.

In the Archives

Anny and Maurits Katan - New Family History

Thanks to our member, John Baker, Anka Katan, the daughter of two famous child analysts, shared a wonderful *Story of a Family* with BPSI Archives. Students of Freud in Vienna, Anny and Maurits Katan came to the US in 1946 in order to help found a psychoanalytic clinic at what was then Western Reserve University, in Cleveland, Ohio. In 1955, Anny Katan became Professor for Child Analysis and, in 1957, a founding member of the Cleveland Psychoanalytic Society.

Maurits Katan (Kat) was born in 1897 to a Jewish family in Holland. He studied medicine at the University of Amsterdam, became fascinated by Freud and went to Vienna, where he met the founding members of the Vienna Psychoanalytic Society, including Anna Freud who became his training analyst. There he also met Anna Rosenberg Angel. She was a daughter of a Viennese pediatrician Ludwig Rosenberg and Judith "Ditha" Rie. The family was close to the Freuds. As kids, Anny Rosenberg, her cousin Marianne Rie Kris, and Anna Freud frequently played together. In the 1920s, Anny married and later divorced Otto Angel. Anny and Maurits Katan married in 1936. Just before the Second World War they moved to Holland, where Anny became director of the child guidance clinic in The Hague. After the 1938 Anschluss of Austria, she made several trips back to Vienna to rescue Jewish colleagues. As her daughter Anka describes in the Story, "she had memorized the names of individuals in the US and Europe who would sponsor them. She wrote their contact information on her fingernails and wore gloves on the return trip. She transmitted the information on her return to Holland. She may have saved several lives...Both Anny and Kat were regarded as exceptional clinicians and teachers, enabling students of psychoanalysis to connect what they read with what they observed in their patients. Kat, especially, had great empathy with severely disturbed individuals and could calm agitated ones by talking with them in a rational, soft voice. His case discussions were considered exemplary... Anny was instrumental in founding the Hanna Perkins School (now The Hanna Perkins Center for Child Development) and

Olga Umansky, MLS

starting the child therapy course. She was a Founding Trustee of the Cleveland Center for Research in Child Development."



Willy and Hedwig Hoffer, Anny and Maurits Katan at the IPA Congress in Paris, 1938 – BPSI Archives

Those interested in the Katans' family history are welcome to read the full story at BPSI Archives.

Summer and Fall Internships

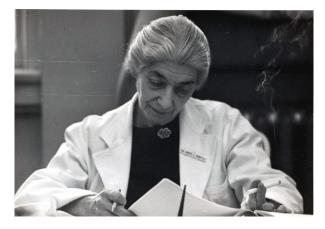
Jennifer Montgomery, an archival student and a film maker, returned to BPSI Archives this summer to organize our small collection of videos. Jennifer holds an M.F.A. degree in Art from Bard College and B.A. in Studio Art Painting from Wesleyan University. In the summer of 2015, she helped us organize the new Sanford Gifford's papers.

Our fall archival student, Mark Mansfield, will work with BPSI presidential photographs and other historic files to scan and organize them into an archival collection. Mark holds a B.A. in Public History from Armstrong State University, Savannah, GA, and is working toward his Archival Management and Master of Library Science degree at Simmons College.

Grete Bibring's Pregnancy Study Revisited

Ellen Goldberg, PhD

In 2014, the Library Committee awarded a small Gifford stipend to encourage researchers from the Massachusetts School of Professional Psychology (MSPP) to revisit Grete Bibring's "Study of Psychological Processes in Pregnancy and of the Earliest Mother-Child Relationship" (1961).



Grete Bibring in the 1960's—BPSI Archives

Terrie Burda, PsyD, and Marlene Major-Ahmed, EdD, examined the data held at the Henry R. Murray Harvard Archives. In the original research a battery consisting of the Wechsler Adult Intelligence Scale (WAIS), Thematic Apperception Test (TAT), Pregnancy Evaluation Test (PET), and Rorschach Inkblot Tests was administered to 15 women a minimum of twice a year. The PET was a series of 13 pictures showing women in various activities associated with pregnancy designed specifically for this study by the artist Jean Wechsler Knapp with the collaboration of Grete Bibring and Dorothy Huntington. Drs. Burda and Major-Ahmed felt, however, that the comprehensive social workers' notes gave the most accurate portrayal of the pressures that these women faced. Additionally, the notes revealed that the study's social workers clearly did a fair amount of outreach when study participants had needs beyond the scope of the Bibring project. While some of the women in the study came from the middle class, others were impoverished, in difficult marriages, or clearly unhappy about their pregnancies due to unstable financial or personal circumstances. Social workers would help them find outside resources, occasionally bring food or other needed support. The original research team clearly recognized the cultural changes that were occurring in the Greater Boston area. They

had to deal with the complicated group of subjects from different ethnic and socioeconomic backgrounds. Immigrants as well as native Bostonian women talked about isolation, financial struggles, and longing for a better life. The slow but steady dissolution of the church and other organizations that used to provide support were dwindling. Unfortunately, the original research team was not able to pursue these aspects of the data they collected. The Bibring's study initial hypothesis was that the first pregnancy is a psychological crisis. In this new examination of data by Drs. Burda and Major-Ahmed and their team, the vulnerabilities of women made it difficult to determine if pregnancy is a developmental crisis or an additional complication to their already stressful lives.

When the Library Committee researched the project-related materials for a publication of Grete Bibring: A Culinary Biography (BPSI, 2015), it became clear that the pregnancy study was problematic on multiple levels. There was an evident conflict among researchers: the opinions of senior physicians often dominated the analysis of data and thus skewed the conclusions. Not surprisingly, this was the time when medicine was more hierarchical. When some members of the group proposed secondary independent studies, they were discouraged. The study was extremely ambitious and yet a clear product of its time. The cumbersome methodology and the abundance of variables made it difficult to delineate the most essential concepts discovered in the process. The impression is that the original team lost the opportunity to view the larger struggles of firsttime pregnant women faced with significant socioeconomic challenges in a changing world.

Ongoing Projects—Sanford Gifford Papers

Members of the Library Committee are reviewing several of Sanford Gifford's papers to prepare them for a publication in *American Imago*. Olga Umansky and Anna Wolff are writing Sanford's biography, while Rita Teusch is re-examining his writings about Felix Deutsch. BPSI Archives has a large collection of Sanford Gifford's unpublished work.

In the Media

Olga Umansky, MLS

D.W. Winnicott and Our Inescapable Need To Plunder by Jill Gentile, PhD. The Huffington Post, September 4, 2016.

In a recent media blog, analyst Jill Gentile offers a curious

commentary on the climate change and the human role in our planet's destruction. In her pursuit of "possibilities of psychoanalysis to contribute to public life", Dr. Gentile brings up D.W. Winnicott's ideas of the transitional object,



"the environmental mother", and human vulnerability in the face of natural and political disasters of our day. She writes, "Winnicott's "environmental mother" must bear infant's aggression and ruthlessness, if she is to survive. But what about the Earth mother? If we, by virtue of our very plight to claim our humanity, must challenge her to the core of her ability to survive our destruction, can she survive? Will she? Might there be another —and less perilous—route to claiming our shared humanity?" Jill Gentile, PhD, is a practicing psychoanalyst in New York and New Jersey and the author of a recently published book about psychoanalysis and democracy, "Feminine Law: Freud, Free Speech, and the Voice of Desire" (Karnac, 2016).

The Libido of Krishna - A Journey Through Indian Psychoanalysis, a documentary produced by Tobias Reisch and supervised by Horst Kächele. International Psychoanalytic University, Berlin, July 25, 2016.

Released and posted by both IPA and PEP this summer, this beautifully shot film talks about the Indian psychoanalytic tradition from Girindrasekhar Bose to present days. Bose, a young lecturer at Calcutta University, gallantly sent Freud his doctoral thesis Concept of Repression (1921), starting their twenty year long dialog about cultural variations in Western and Indian psychoanalytic concepts. In 1922, he founded the Indian Psychoanalytical Society, which was immediately accepted as a constituent member of the IPA. The film visits Bose's birthplace and other important analytic locales in Calcutta, Mumbai, and Delhi. Contemporary analysts and writers, such as Santanu Biswas, Anup Dahr, Sudhir Kakar, and Aleeka Kumar share their thoughts on specifics of Indian treatment and technique. The movie concludes with a touching blessing: "May the wisdom of India merge with the wisdom of the West for the benefit of all." The Libido of Krishna can be watched on YouTube (follow the link or enter the movie title in your search screen).

Hasidic and Psychoanalytic Insights on End of Life Conversations



As many of you know, the photos of old Hebrew texts by Vivien Goldman, former BPSI librarian, were on display in our library last year. Dan Jacobs suggested that

Hebrew College might host a larger exhibit of her work. With that in mind, he and Vivien met with Marilyn Stern, Hebrew College Event Coordinator. From their initial meeting grew the idea of something much more ambitious: Vivien's photos coupled with a Meet the Author and a panel discussion of Hasidic and Psychoanalytic Insights on End of Life Conversations. The program on September 21, which attracted over 150 registrants, began with Dan's comments on Vivien's images and their relation to the evening's topic. The panelists, Rabbi's Joel Baron and Sara Paasche-Orlow

from Hebrew College joined BPSI members Holly Friedman Housman, LICSW, our liaison to Hebrew College, and Bennett Simon, MD, in discussing issues of death and dying. The text all commented upon by all the panelists was a description of the death of a great Hasid Rabbi Nachman of Breslov. The passage was taken from the book by Binyamin Mintz, Deathbed Wisdom of the Hasidic Masters: the Book of Departure and Caring for People at the End of Life (Jewish Lights Publishing, 2016) translated and annotated by the panelists, Rabbis Baron and Paasche-Orlow. As a first attempt at collaboration between BPSI and Hebrew College and as a demonstration of the value of interdisciplinary thought, the program proved a great success. Vivien Goldman's new selection of photographs from the Genizah will be exhibited at Hebrew College through November 2016.

New Books In the Library

The following is a list of books acquired by, or donated to, the Hanns Sachs Library since July:

Bettelheim, Bruno (1993). *The Art of the Obvious*. New York: A.A. Knopf

Chetrit-Vatine, Viviane (2014). The Ethical Seduction of the Analytic Situation: The Feminine-Maternal Origins of Responsibility for the Other. Karnac Books.

Geleerd, Elisabeth R. (1967). *The Child Analyst at Work*. New York: International University Press.

Hinchliffe, Mary K. et al. (1978). The Melancholy Marriage: Depression in Marriage and Psychosocial Approaches to Therapy. Chichester, NY: Wiley.

Lichtenberg, Joseph D. (2008) Sensuality and Sexuality Across the Divide of Shame. New York: Analytic Press.

Mints, Binyamin; Baron, Joel H.; Paasche-Orlow, Sara (2016). *Deathbed Wisdom of the Hasidic Masters: The Book of Departure and Caring for People at the End of Life.*Woodstock, VT: Jewish Lights Publishing.

Morawetz, Anita (1984). *Brief Therapy with Single-Parent Families*. New York: Brunner/Mazel Publishers.

Rodriguez de la Sierra, Luis (2004). *Child Analysis Today*. London: Karnac Books.

Schafer, Roy (1967). *Projective Testing and Psychoanalysis:* Selected Papers. New York: International University Press.

Sodre, Ignes (2015). *Imaginary Existences: A Psychoanalytic Exploration of Phantasy, Fiction, Dreams and Daydreams.*London and New York: Routledge.

Stern, Mark R. (1981) The Other Side of the Couch: What Therapists Believe. New York: Pilgrim Press.

Thompson, John R. (1987). The Process of Psychotherapy: An Integration of Clinical Experience and Empirical Research. Lanham, MD: University Press of America.

Wachtel, Ellen F; Wachtel Paul L. (1986). Family Dynamics in Individual Therapy: A Guide to Clinical Strategies. New York: Guilford Press.

Wolf, Ernest S. (1988) *Treating the Self: Elements of Clinical Self Psychology*. New York; Guilford Press.

Book Sale



Withdrawn duplicate library books will remain on sale in the Community Room until winter. Any book is just \$1! Stop by to browse the stack for bargains and treasures - books are arranged alphabetically by author. Checks or cash are accepted, leave the money with Olga or Drew. All sale proceeds will go toward the purchase of new titles.

Thanks to Library Donors!

We are deeply grateful to Dan Jacobs, Richard Gomberg, Malkah Notman, Anna Wolff, and Rita Teusch for donating their journals to our library. Also greatly appreciated are recent donations of books by Kathryn Kirshner, Rachel Garber, and the Judge Baker Children's Center.

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