Name: Kenneth I. Reich, Ed.D.

Signature:

Title of your Course: A Psychoanalytic Approach to Understanding Change in Couple Therapy

One paragraph abstract/purpose statement of seminar. This Clinical Seminar is designed to provide opportunities to present and discuss theoretical and clinical material. The aim is to enhance learning about psychoanalytic practice as applied to working with couples and improve clinical skills. Participants will listen to case presentations, and will learn to apply psychoanalytic concepts to their work. Discussion will include clinical and theoretical ideas. Please prepare a case to present.

One learning objective for every session seminar meets, i.e., 8 session seminars must provide 8 learning objectives. These are used for evaluations and are required for CME and CE continuing education applications. These learning objectives may occur in any sequence of seminar classes.

Week 1: "Beginning Treatment and Models of Psychoanalytic Couple Therapy"

Based on the content of this seminar, the candidate will be able to develop an understanding of key concepts in couple therapy and their interphase with psychoanalytic theory and treatment of couples.


Optional:


**Week 2 and 3: "Applying a Model of Relational Theory and the Influence of Infant Development Research to Couple Therapy"**

Based on the content of this seminar, the candidate will be able to develop an understanding of how relational psychoanalysis may be applied to couple therapy.


Coates, Susan W., Having a Mind of One’s own and holding the Other In Mind, *Psychoanalytic Dialogues*: 8 (1) 115-148, 1998. [PEP Web Link](https://pepweb.org/


Optional:


Reich, K.I., Nature of Therapeutic Action in Psychoanalytic Couple Therapy, Division 39 of the American Psychological Association Spring Meeting, April 1999, New York City, unpublished. [Available in the Library](https://library.org/


**Week 4: "Normal Development in Couples"**

Based on the content of this seminar, the candidate will be able to develop skills to better distinguish normative structure in couples and apply that information to couple treatment.


Optional:

Week 5: "Transference and Countertransference as Applied to Couple Therapy"

Based on the content of this seminar, the candidate will be able to develop a conceptual schema and understanding of transference and countertransference applications to working with couples.


Optional:


Week 6: "Projective Identification in Couple Therapy"

Based on the content of this seminar, the candidate will be able to identify the pivotal role projective identification plays in couple therapy and its application within the relationship between partners.


Optional:

**Week 7: “Impasse in Treatment”**

Based on the content of this seminar, the candidate will be able to explore the role of repair when impasse occurs in couple therapy.


**Optional:**


**Week 8: “Clinical Case Discussion”**

Based on the content of the seminar, the candidate will be able to describe what the underpinnings for change are in couple therapy.


**How is this program relevant for clinicians and how will it enhance their work with patients? (Two to three sentences) This will only be used on continuing education applications.**

At the end of this seminar, clinicians will have had practice presenting their work and applying basic clinical concepts to their work. They will be able to apply psychoanalytic ideas and concepts to clinical work with couples leading to change.