

THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE, INC.

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THE BODY AS CANVAS, BIBLIOGRAPHY

4/8/15

Week One:

The nature of the body ego from soma to psyche. Normal attachment , the development of body boundaries and body integrity, vs disorganized attachment and traumatized states.

Freud, S, A Case of Hysteria, I, The Clinical Picture, (Dora) pages 15-48, and pages 74-78. SE, v. VII, 1901-1905. [PEP Web Link](#)

Didier Anzieu, (1989) "The Notion of a Skin Ego" in *The Skin Ego: A Psychoanalytic Approach to the Self*, New Haven: Yale University Press [available in the [library](#)]

Fonagy, P and Target, M, (2007) "The Rooting of the Mind in the Body: New Links between Attachment Theory and Psychoanalytic Thought", *Journal of the American Psychoanalytic Association*, 55: pages 422-455. [PEP Web Link](#)

Week Two:

States become traits: somatic representations of taking in, keeping out, agency, and identification with illness or death. The use of the body as a vehicle of expression for inchoate psychic states.

Bick, Esther, "Further Considerations on the Function of the Skin in Early Object Relations: Findings from Infant Observation Integrated into Child and Adult Analysis" 1986: *British Journal of Psychotherapy*, 2, pp 292-299. [PEP Web Link](#)

Joseph Betty , "Addiction to Near-Death" (1982) *International Journal of Psychoanalysis*, 63: pp. 449-456. [PEP Web Link](#)

Mitrani, Judith (2011) "Trying to Enter the Long Black Branches: Some Technical Extensions of the work of Frances Tustin for the Analysis of Autistic States in Adults" *International Journal of Psychoanalysis*, 92, pp 21-42. [PEP Web Link](#)

Week Three:

Body Dysmorphic Disorder.

Lemma, Alessandra, "Being Seen or Being Watched", Chapter 4 in *Under the Skin: A Psychoanalytic Study of Body Modification*, New York: Routledge Press, 2010. [available in the [library](#)]

Parker, Rozsika (2003) "Body Hatred", *British Journal of Psychotherapy*, 19: pp. 447-464. [PEP Web Link](#)

Week Four:

Body image and concerns as expressed in eating disorders.

Petrucelli, Jean " 'My Body is a Cage': Interfacing Interpersonal Neurobiology, Attachment, Affect Regulation, Self-Regulation, and the Regulation of Relatedness in Treatment of Patients with Eating Disorders", in *Body-States: Interpersonal and Relational Perspectives on the Treatment of Eating Disorders*, Jean Petrucelli, Editor. New York: Routledge Press, 2015. [available in the [library](#)]

Reilly, Elizabeth A. (2004) "Skin Deep: Psychic Skin, Second-Skin Formation and its Links with Eating Disorders", *Free Associations*, 11: pp 134-174. [PEP Web Link](#)

Week Five:

Decorating and Piercing the skin barrier: Cutting, scarring, piercings and massive tattoos.

Knafo, Danielle (2009) "Castration and Medusa: Orlan's Art on the Cutting Edge", *Studies in Gender and Sexuality*, 10: pp. 142-158. [PEP Web Link](#)

Lemma, Alessandra "Ink, Holes and Scars", Chapter 8 in *Under the Skin: A Psychoanalytic Study of Body Modification*, New York: Routledge Press, 2010. [available in the [library](#)]

Week Six:

Changing the contours of the skin/body: cosmetic surgery.

Baker-Pitts, Catherine. 'Look at me...What am I Supposed to Be?': Women, Culture and Cosmetic Splitting", in *Body States: Interpersonal and Relational Perspectives on the Treatment of Eating Disorders*, Jean Petrucelli, Editor, New York: Routledge Press, 2015. [available in the [library](#)]

Lemma, Alessandra "The Botoxing of Experience", Chapter 7 in *Under the Skin: A Psychoanalytic Study of Body Modification* : New York: Routledge Press, 2010. [available in the [library](#)]

Week Seven:

Pushing the body to the edge: body building and extreme sports.

Hunt, Pat and Dines, Brian (2004) "Defensive Processes Enacted through Mountaineering and their Impact on Climbers", *British Journal of Psychotherapy*, 20: pp. 441-452. [PEP Web Link](#)

Weil, Elizabeth, September 28, 2014, "Walkabout", *New York Times Sunday Magazine*, pp 31-33. [Link to Online Publication](#).

Week Eight:

The transition to psyche.

Lombardi, Riccardo (2010) "The Body Emerging from the 'Neverland' of Nothingness", *The Psychoanalytic Quarterly*, 79: pp. 879-909. [PEP Web Link](#)

Additional Readings:

Anzieu, Didier, (1993) "Autistic Phenomena and the Skin Ego", *Psychoanalytic Inquiry*, 13, pp. 42-48. [PEP Web Link](#).

Bick, Esther, (1968) "The Experience of the Skin in Early Object-Relations", *The International Journal of Psychoanalysis*, 49, pp. 484-486. [PEP Web Link](#).

Bucci, Wilma, "The Role of Bodily Experience in Emotional Organization", in *Bodies in Treatment: The Unspoken Dimension*, Frances Sommer Anderson, Editor, New York: The Analytic Press, 2008. [available in the [library](#)]

Divino, Cynthia and Moore, Mary Sue, (2010) "Integrating Neurobiological Findings into Psychodynamic Psychotherapy Training and Practice", *Psychoanalytic Dialogues*, 20, pp. 337-355. [PEP Web Link](#)

Goldberg, Peter (2004) "Fabricated Bodies: A Model for the Somatic False Self", *International Journal of Psychoanalysis*, 85, pp. 823-840. [PEP Web Link](#)

Stranger, Carlo, (2009) "Body Modification and the Enlightenment Project of Struggling against Death", *Studies in Gender and Sexuality*, 10, pp. 166-171. [PEP Web Link](#)

Tustin, Frances, (1980) "Autistic Objects", *The International Review of Psychoanalysis*, 7, pp. 27-39. [PEP Web Link](#)

Ulnik, Jorge, *Skin in Psychoanalysis*, London: Karnac Books, 2008 [available in the [library](#)].