

THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE, INC.

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Seminar in Child Analysis

Purpose Statement:

This course is designed to introduce the theory and technique of child analysis. The instructor emphasizes the therapeutic goal of moving the child towards a healthy developmental trajectory, as suggested by Anna Freud, and explains the advantages of adopting the role of a consultant in work with parents and other caregivers. The course material will include (1) The preoedipal period and the issue of analysis for very young children; (2) the evaluation and recommendation of analysis for child patients; (3) the relevance of the Oedipal Complex in contemporary analytic formulations; (4) play therapy theory and technique; (5) interpretation in child analysis; (6) transference in child analysis; (7) termination in child analysis; and (8) child analysis outside the consulting room.

11/12 – No child analysis class

11/19 – Introduction to Child Analysis: The Preoedipal Period and Analysis of Children Under 5.

E Tronick & M Beeghly, Infants' meaning-making and the development of mental health problems. *Am Psychol*, 66:107-119, 2011. [Available in [Library](#)]

Slade A (2014). Imagining fear: Attachment, threat, and psychic experience, *Psychoanalytic Dialogues*, 24:253-266. [Available in [Library](#)]

Video presentation of 3-yr child.

12/3 – no child analysis class

12/10 – Double Session (Make up of 11/12)

Evaluation and Recommendation for Analysis

Video presentation of evaluation of 4-yr child: Parent Consultation Model.

Discussion of evaluation of older children and adolescents.

AM Harrison, Herding the animals into the barn: a parent consultation model of child evaluation. *The Psychoanalytic Study of Child*, 2005, 60:128-157. [PEP Web Link](#)

Freud A (1962). Assessment of childhood disturbances, *Psychoanal St. Child*, 17:149-158. [PEP Web Link](#)

Is the Oedipus Still Relevant for Current Psychoanalytic Thinking?

Freud S (1909). Analysis of a phobia of a five year old boy (“Little Hans”), *Standard Edition*, 10:1-149. [PEP Web Link](#)

Chused J (2007). Little Hans “analyzed” in the twenty-first century, *J American Psychoanalytic Assoc.* 55:767-778. [PEP Web Link](#)

12/17 – (Double Session to make up 12/3)

Play Therapy Theory and Technique in Child Analysis

*Discussion of play and talk in analysis of older children and adolescents.
Video presentation of play in analytic treatment.*

Yanof J (2013). Play technique in psychodynamic psychotherapy. In *Psychodynamic Approaches to Psychopathology*, Vol. 2, R Ritvo, S Henderson, ed.s, 22(2): 261-282. [Available in [Library](#)]

D.W. Winnicott, Playing: Its theoretical status in the Clinical situation. *Internat. J. Psycho-anal.*, 49: 591-599. [PEP Web Link](#)

Interpretation in Child Analysis

*Video presentation of analytic treatment in 5-yo boy.
Discussion of interpretation in older children and adolescent*

Yanof J, Harrison A (2011). Technique in child analysis, in *Textbook of Psychoanalysis*, Second Edition, Eds. Gabbard, Litowitz, & Williams, 2012, pp. 333-349. [Available in [Library](#)]

Long, Clarkson, Rockwell, Zeavin (2015). Perspectives following Klein and Bion on the development of the internal world: Clinical implications, *Psych Inquiry* 35:370-384. [Available in [Library](#)]

1/21 - Transference in Child Analysis.

*Video presentation of analytic treatment in 5-yo boy.
Discussion of transference in older children and adolescents.*

Chused J (1988). The transference neurosis in child analysis. *Psychoanal. Study Child*, 43:51-81. [PEP Web Web](#)

Yanof J (1996). Language, communication, and transference in child analysis. i. Selective mutism: the medium is the message. II. Is child analysis really analysis? *J Amer Psychoanal. Assoc* 44:1: 79-116. [PEP Web Link](#) & [PEP Web Link](#)

1/28 – Termination in Child Analysis

Yanof J (1991). Singing harmony: Termination in an adolescent analysis, in A Schmuckler ed, *Saying Goodbye*, Hilldale NJ: The Analytic Press, pp. 161-180. [Available in [Library](#)]

Harrison AM. (2009) Setting up the doll house: a developmental perspective on termination, *Psychoanal Inq.*, 29:174-188. [PEP Web Link](#)

2/4 Child Analysis Outside the Consulting Room

Harrison A (manuscript in preparation) Effective volunteerism, for *Journal of the World Association of Infant Mental Health Special Edition*.
<http://developingchild.harvard.edu>

Elective Readings:

- 1) Sandler, J, Kennedy, H, Tyson, R. & Freud, A.(1980). The Technique of Child Psychoanalysis: Discussions with Anna Freud, Harvard University Press. Cambridge, Ma. [Available on Reserve in [Library](#)]
- 2) Freud, Anna (1981) Mental Health and Illness in terms of Internal Harmony and Disharmony (1978). Volume 8 -- The writings of Anna Freud, IUP, Pp 110-118. [Available in [Library](#)]
- 3) Freud, Anna. (1981) Psychopathology Seen Against the Background of Normal Development (1976). Volume 8 -- The Writings of Anna Freud, IUP, New York, Pp 82-95. [Available in [Library](#)]
- 4) Sandler, J. & Freud, A. (1985). The Analysis of Defense: The Ego and the Mechanisms of Defense Revisited. Madison WI: IUP. [Available on Reserve in [Library](#)]
- 6) *Symposium on Child-Analysis (1927)*. International Journal of Psychoanalysis, 8: 339-391. (The early Freud-Klein Controversies (Directly related to child analysis) Klein ([PEP Web Link](#)), Riviere ([PEP Web Link](#)), Searl ([PEP Web Link](#)), Sharpe ([PEP Web Link](#)), Glover ([PEP Web Link](#)), Jones ([PEP Web Link](#)))

