

**THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE, INC.**

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**DEVELOPMENT I: November 2015-February 2016**

**Instructors:** Sarah Birss, MD  
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**Class Dates :** November 12 and 19, 2015  
December 3, 10, 17  
Academic Lecture January 7, 2016  
January 21 and 28  
February 4

From its very beginnings, psychoanalysis has been concerned with the experience of the infant. In this short eight-week course we hope to cover three important areas; the historical evolution of psychoanalytic conceptions of infancy, contemporary research on infant cognition and attachment, and how this all relates to a developmental view of psychopathology.

We have decided to focus on the following book as a text for the class:

*Bringing Up Baby: the Psychoanalytic Infant Comes of Age by Dianna T. Kenny (Karnac Books, 2013)*

We will read most of the book. We suggest that you purchase a copy. It can be purchased on Amazon, Barnes and Noble, or directly from Karnac Books. The BPSI library will have a copy of the book.

This book is a wonderful summary both of the development of psychoanalytic ideas about infants, and of contemporary views of infancy including child development research and developmental neuroscience.

We will pair the chapter readings with some original source material, and make comparisons with contemporary developmental theory. In layers throughout the course, we will be introducing you to a relational view of development that is rooted in dynamic systems theory. Periodically, we will try to illustrate the concepts we are discussing with some videotape vignettes of a mother-baby dyad, and with case material.

We will usually be assigning only two readings per class, and we hope you will find them readable and suitable for discussion. Because there is so much material to cover and so many wonderful papers, we have also suggested recommended readings.

## **Class I: Introduction to Infant and Early Childhood Development**

**November 12, 2015**

**Learning Objective:** To examine the place of infancy in the developmental lifespan including biological, social and theoretical constructs.

### **Readings:**

1. Kenny, Dianna (2013) Bringing Up Baby: The Psychoanalytic Infant Comes of Age, Karnac Books, London. Chapter One: *Psychoanalysis and Infancy*. Especially pages 7-15 and 20-26. [Available in the [Library](#)]
2. Lyons-Ruth, K., (2000), "*I Sense that You Sense that I Sense...*": Sander's Recognition Process and the Specificity of Relational Moves in the Psychotherapeutic Setting. *Infant Mental Health Journal*, 21 (1-2), 85-98. [Available in the [Library](#)]

## **Class II: Freud's Infant and Contemporary Developmental Theory**

**November 19, 2013**

**Learning Objective:** To become familiar with the concept of dynamic systems theory and with how it differs from stage theories of development.

### **Readings:**

1. Kenny, Dianna (2013) Bringing Up Baby: The Psychoanalytic Infant Comes of Age, Karnac Books, London. Chapter Two: *Freud's theory of infantile sexuality*, pp. 27-37, and pp. 56-77. [Available in the [Library](#)]
2. Demos, Virginia, (2007) The Dynamics of Development, Chapter 6 in Piers, C., Muller, J., and Brent, J. Self Organizing Complexity in Psychological Systems, Jason Aronson, Lanham, Md. [Available in the [Library](#)]

## **Class III: Infant of the Early Child Psychoanalysts**

**December 3, 2015**

**Learning Objective:** To compare and contrast the views of infancy held by the early psychoanalysts through Winnicott.

### **Readings:**

1. Dianna (2013) Bringing Up Baby: The Psychoanalytic Infant Comes of Age, Karnac Books, London. Chapter Three: *The infant of the child psychoanalysts.*, pp. 79-141. [Available in the [Library](#)]
2. Winnicott, D.W. (1971). Playing and Reality, Chapter 9: *The Mirror Role of Mother and Family in Child Development*, London and New York: Tavistock Publications. [PEP Web Link](#)

Recommended:

3. Bowlby, J. (1958). The Nature of the Child's Tie to his Mother. *Int. J. Psycho-Anal.*, 39:350-373. [PEP Web Link](#)

## **Class IV: Attachment and Object Relations**

### **December 10, 2015**

**Learning Objective:** To be familiar with the categories of organized and disorganized attachment and with the seminal research that led to their description and elaboration both in “the Strange Situation” paradigm and the Adult Attachment Interview, as well as to understand the clinical implications of this research.

#### **Readings:**

1. Kenny, D. (2013) *Bringing Up Baby: The Psychoanalytic Infant Comes of Age*, Karnac Books, London. Chapter Four: *The attached infant: the psychoanalytic legacy*. [Available in the [Library](#)]

Recommended:

2. Main, M. (2000). The Organized Categories of Infant, Child, and Adult Attachment: Flexible vs. Inflexible Attention under Attachment-Related Stress. *JAPA*, 48:1055-1096. [PEP Web Link](#)

## **Class V: Attachment and Trauma**

### **December 19, 2013**

**Learning Objective:** To understand how trauma impacts and influences human development and the nature and quality of attachment and how contemporary clinical theory has changed as a result of this new understanding.

#### **Readings:**

1. Kenny, Dianna (2013) *Bringing Up Baby: The Psychoanalytic Infant Comes of Age*, Karnac Books, London. Chapter Two: *Freud's theory of infantile sexuality, pp. 37-56*. [Available in the [Library](#)]
2. Hesse, E. & Main, M. (2000) Disorganized Infant, Child, and Adult Attachment: Collapse in Behavioral and Attentional Strategies. *JAPA*, 48:1097-1127. [PEP Web Link](#)
3. Slade, A. (2014) Imagining Fear: Attachment, threat, and Psychic Experience. *Psychoanalytic Dialogues*, 24: 253-266. [Available in the [Library](#)]

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**January 7, 2016 Academic Lecture**  
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## **Class VI: Intersubjectivity and Development of Self**

### **January 21, 2016**

**Learning Objective:** To understand the components of primary and secondary intersubjectivity and the differences between an intrapsychic and intersubjective perspective in psychoanalytic treatment.

#### **Readings:**

1. Beebe, B. & Lachmann, F. (2014) The organization of relational experience in infancy, Chapter 2 in *The Origins of Attachment: Infant Research and Adult Treatment*, New York: Routledge, pp. 24-39. [Available in [Library](#)]
2. Benjamin, Jessica. (1992) *Recognition and Destruction: An Outline of Early Intersubjectivity*, Chapter 3 in Skolnick, N. and Warshaw, S., *Relational Perspectives in Psychoanalysis*, The Analytic Press, NJ. [Available in [Library](#)]  
Also available on PEP Web as Benjamin, J. (1990) An Outline of Intersubjectivity: The Development of Recognition, *Psychoanalytic Psychology*, 7S:33-46. [PEP Web Link](#)

#### Recommended:

3. Trevarthen, C. (1974/2002) Conversations with a two month old. In Raphael-Leff (Ed.) *Parent-Infant Psychodynamics*. Chapter 3, pp. 25 – 34. [Available in [Library](#)]
4. Stern, D.N. (1985) The Sense of a Subjective Self: I. Overview, Chapter 6 in *The Interpersonal World of the Infant*. Pages 124-137. New York: Basic Books, Inc. [Available in [Library](#)]

## **Class VII: Neuroscience and Implicit Processing**

### **January 28, 2016**

**Learning Objective:** To understand the development of the implicit memory system and explicit memory as well as the clinical implications of this understanding.

#### **Readings:**

1. Kenny, Dianna (2013) *Bringing Up Baby: The Psychoanalytic Infant Comes of Age*, Karnac Books, London. Chapter Six: *The Modern Infant: enter developmental neuroscience*. Pages 241-282. [Available in [Library](#)]
2. Lyons-Ruth, K. (1998). *Implicit Relational Knowing: Its Role in Development and Psychoanalytic Treatment*. *Infant Mental Health Journal*, 19(3):282-289. [Available in [Library](#)]

#### Recommended:

3. Pally, Regina, (2005). *A Neuroscience Perspective on Forms of Intersubjectivity in Infant Research and Adult Treatment*, chapter 6 in Beebe, B. et al, *Forms of Intersubjectivity in Infant Research and Adult Treatment*. Other Press. NY. [Available in [Library](#)]

## **Class VIII: Triadic Relating/ Oedipal Development**

### **February 4, 2016**

**Learning Objective:** To examine how traditional theories of triadic relating and Oedipal development necessarily require modification in the light of contemporary research findings.

#### **Readings:**

1. Fosshage, James L. (2010) *Implicit and Explicit Dimensions of Oedipal Phenomenology: A Reassessment*. *Psychoanalytic Inquiry*, 30:520-534. [PEP Web Link](#)
2. Joseph D. Lichtenberg, (2007) Sensuality and Sexuality Across the Divide of Shame. Chapter 2, *The Oedipus complex in the 21<sup>st</sup> Century*, Volume 25 of Psychoanalytic Inquiry Book Series, CRC Press. [Available in [Library](#)]

Recommended:

3. Reis, B. (2009). We: Commentary on Papers by Trevarthen, Ammaniti & Trentini, and Gallesse. *Psychoanalytic Dialogues*, 19:565-579. [PEP Web Link](#)

#### **Reference List**

Beebe, B. et al, Forms of Intersubjectivity in Infant Research and Adult Treatment. Other Press. NY. Chapter Four: *Faces-in-Relation: Forms of Intersubjectivity in Adult Treatment of Early Trauma*. [Available on Reserve in the [Library](#)]

Fraiberg, S. (1982). Pathological Defenses in Infancy. *Psychoanal Q.*, 51:612-635. [PEP Web Link](#)

Lyons Ruth, K, (2006) Play, Precariousness, and the Negotiation of Shared Meaning: A Developmental Research Perspective on Child Psychotherapy. *Journal of Infant, Child and Adolescent Psychotherapy*, 5, (2), 142-159. [PEP Web Link](#)

Loewald, H. W. (1979) The Waning of the Oedipus Complex, *JAPA* 27: 751-775. [PEP Web Link](#)

Novick, KK. (1986) Talking with Toddlers. *Psychoanalytic Study of the Child*, 41:277-286. [PEP Web Link](#)

#### **Some Recommended Texts:**

Baradon, T, Broughton, C, Gibbs, I, James, J, Joyce, J, Woodhead, J. (2005) *The Practice of Psychoanalytic Parent-Infant Psychotherapy: Claiming the Baby*. New York: Routledge.

Beebe, B. and Lachmann, F.M. (2014), The Origins of Attachment: Infant Research and Adult Treatment. Routledge, New York.

Daws, D. (1993) *Through the Night: Helping Parents and Sleepless Infants*. London: Free Association Books.

DeLoache, J & Gottlieb, A. (2000) *A World of Babies: Imagined Childcare Guides for Seven Societies*. Cambridge University Press.

Fraiberg, S. (1996) *The Magic Years: Understanding the Problems of Early Childhood*. Simon & Schuster. [Available on Reserve in the [Library](#)]

Hobson, Peter (2002) *Cradle of Thought*, Oxford University Press. [Available on Reserve in the [Library](#)]

Lieberman, AF (1995) *The Emotional Life of the Toddler*. New York: The Free Press (Simon & Schuster)

Raphael-Leff, J.(2003) *Parent-Infant Psychodynamics: Wild Things, Mirrors, and Ghosts*. Philadelphia: Whurr Publishers.

Reddy, Vasudevi (2008) *How Infants Know Minds*, Harvard University Press. [Available on Reserve in the [Library](#)]

Salomonsson, Bjorn (2014) *Psychoanalytic Therapy with Infants and Parents*, Routledge. [Available on Reserve in the [Library](#)]

Stern, D.

*The Interpersonal World of the Infant* [Available on Reserve in the [Library](#)]

*The Motherhood Constellation* [Available on Reserve in the [Library](#)]

*The Present Moment-In Psychotherapy and Everyday Life* [Available on Reserve in the [Library](#)]

*The Diary of a Baby* [Available on Reserve in the [Library](#)]

*The Birth of a Mother* [Available on Reserve in the [Library](#)]