DREAM SEMINAR Seminar Year III, 2015-16

Instructors: Patricia Wright, M.D. Jane Hanenberg, Ed.D.

“Don’t open that door,” she said. “The hallways are full of difficult dreams.” And I asked her: “How do you know?” And she said to me, “Because I was there a moment ago and I had to come back when I discovered I was sleeping on my heart.” - Gabriel Garcia Marquez

Welcome!
This seminar will explore the ways in which our understanding of dreams shapes our clinical experiences of them. We’ll look at various models of dream formation and interpretation, from The Interpretation of Dreams, to contemporary views of the dream as part of analytic field.

Each week, we’ll provide a brief background for the readings, and then, we hope you will raise questions or relate experiences that can clarify or elucidate the readings. Each week we’ll also have a clinical presentation. We hope that this combination of theoretical and clinical discussion will create animated conversations that will inform our dream work.

I. February 11, 2016: Telling dreams, hearing dreams. How does our theory inform our clinical approaches to dreams?

Readings:
PEP Web Link


Learning Objective: At the completion of this session, the candidate will be able to discuss two major trends from the historical evolution of theories of dreams and their clinical use.

II. February 18, 2016: Freud’s theories

Readings:
Freud, S., (1900) An analysis of a Specimen Dream, Chapter 2, The Interpretation of Dreams. S.E. 4:96-121. PEP Web Link
Freud, S. (1911) The Handling of Dream Interpretation in Psychoanalysis. S.E. 12:89-96. PEP Web Link


Learning Objective: At the completion of the session, the candidate will be able to characterize Freud's understanding of the function of dreams and his process of uncovering the latent meaning as it is both represented and disguised in the manifest content.

III. February 25, 2016: Ego Psychology and Dream Analysis.

Readings:
Erikson, Erik (1954) The Dream Specimen of Psychoanalysis, JAPA: 2:5-56. PEP Web Link


Learning Objective: At the completion of this session, the candidate will be able to articulate and apply Ella Sharpe's and Erik Erikson's theories and technique of dream interpretation.

IV. March 3, 2016: Defense Analysis and Dream Technique

Readings:


Learning Objective: At the completion of the session, the candidate will be able to describe two approaches to the analysis of defenses in dreams.

V. March 10, 2016 The Significance of the Dream

Readings:
Presentation: Dream Images in 20th Century Art

Learning Objective: At the completion of this session, the candidate will be able to name the reasons that Ralph Greenson believed in the exceptional role of dreams in psychoanalysis; and to delineate several reasons the dream image is used in 20th century art.

VI. March 17, 2016: Dreaming with Donald Winnicott and Heinz Kohut

Readings:


Learning Objective: At the completion of the session, the candidate will be able to characterize Winnicott's conceptualization of dreaming, and to identify self-psychological concepts represented in dreams.

VII. March 24, 2016: A Trauma Dream in a Relational Context

Readings:

Learning Objective: At the completion of this seminar, participants will be able to describe and delineate Phillip Bromberg's ideas about working with trauma through dreams.

VIII. March 24: Playing with Dreams

Readings:


Learning Objective: At the completion of the session, the candidate will be able to describe Ogden's "talking-as-dream" concept, and be able to describe what analysts' personal styles contribute to dream analysis.