

INTRODUCTION TO THE TECHNIQUE OF PSYCHOANALYTIC PSYCHOTHERAPY **ESSENTIAL CONCEPTS**

SYLLABUS 2015

Session 1 (January 22)

Getting Started: Establishing the Frame and Thinking Psychoanalytically

McWilliams, N. (2004) Boundaries I: The Frame

In: Psychoanalytic Psychotherapy: A Practitioner's Guide

New York, NY: The Guilford Press, Chapter 5 (pp.99-131). [*Available in the [Library](#)*]

Ogden, T.H. (1989) The Initial Analytic Meeting

In: The Primitive Edge of Experience

Northvale, NJ: Jason Aronson, Chapter 7 (pp.169-194). [*Available in the [Library](#)*]

Session 2 (January 29)

Creating a Therapeutic Alliance

Summer, R. F. and Barber, J.P. The Therapeutic Alliance: Goal, Task and Bond

In: Psychodynamic Therapy: A Guide to Evidence-Based Practice

New York, NY: The Guilford Press, Chapter 4 (pp. 71-89). [*Available in the [Library](#)*]

Session 3 (February 5)

Interpretation and Working Through

Levy, Steven and Inderbutzin, Lawrence

The Analytic Surface and The Theory of Technique

JAPA 38: 371-391

1990.

[PEP Web Link](#)

Session 4 (February 12)

Resistance

Stark, M. (1994) Resistance as a Failure to Grieve, Chapter 6 (pp 105-126)
and, Chapter 2

In: Working with Resistance

Jason Aronson: Northvale, NJ

[*Available in the [Library](#)*]

Session 5 (February 19)

Transference, Part 1

Smith, Henry (2003) The Analysis of Transference: A North American Perspective

IJP 2003 (84) pp: 1017-1041. [PEP Web Link](#)

Session 6 (February 26)

Transference, Part 2

Stark, M. (1994) The Positive Transference Chapter 10 (pp. 201-224).

In: Working with Resistance

Jason Aronson: Northvale, NJ

[Available in the [Library](#)]

Session 7 (March 5)

Counter-transference

Levine, H. B. (1997) The Capacity for Counter-transference

Psychoanalytic Inquiry, 17:44-68. [PEP Web Link](#)

Session 8 (March 12)

Projective Identification

Ogden, Thomas (1979) On Projective Identification

International Journal of Psychoanalysis, 60: 357-372. [PEP Web Link](#)

Feldman, Michael (1997) Projective Identification

International Journal of Psychoanalysis 78: (pp. 227-). [PEP Web Link](#)

Session 9 (March 19)

Enactment: It takes Two to Tango

Russell, Paul The Theory of the Crunch

(unpublished paper) [Available in the [Library](#)]

McLaughlin, Clinical and Theory of Enactment

JAPA, 39: 595-614 (1991) [PEP Web Link](#)

Session 10 (March 26)

Challenges to the Frame

Mitchell, Steve (1991) Wishes, Needs and Interpersonal Negotiations

Psychoanalytic Inquiry, 11:147-170. [PEP Web Link](#)