INTRODUCTION TO THE TECHNIQUE OF PSYCHOANALYTIC PSYCHOTHERAPY

ESSENTIAL CONCEPTS

SYLLABUS 2015

Session 1 (January 22)
Getting Started: Establishing the Frame and Thinking Psychoanalytically

In: Psychoanalytic Psychotherapy: A Practitioner's Guide

Ogden, T.H. (1989) The Initial Analytic Meeting
In: The Primitive Edge of Experience
Northvale, NJ: Jason Aronson, Chapter 7 (pp.169-194). [Available in the Library]

Session 2 (January 29)
Creating a Therapeutic Alliance

Summer, R. F. and Barber, J.P. The Therapeutic Alliance: Goal, Task and Bond
In: Psychodynamic Therapy: A Guide to Evidence-Based Practice

Session 3 (February 5)
Interpretation and Working Through

Levy, Steven and Inderbutzin, Lawrence
The Analytic Surface and The Theory of Technique
JAPA 38: 371-391
1990.
PEP Web Link

Session 4 (February 12)
Resistance

Stark, M. (1994) Resistance as a Failure to Grieve, Chapter 6 (pp 105-126)
and, Chapter 2
In: Working with Resistance
Jason Aronson: Northvale, Nj
[Available in the Library]

Session 5 (February 19)
Transference, Part 1

Session 6 (February 26)
Transference, Part 2

Jason Aronson: Northvale, NJ
Available in the Library]

Session 7 (March 5)
Counter-transference


Session 8 (March 12)
Projective Identification


Session 9 (March 19)
Enactment: It takes Two to Tango

Russell, Paul The Theory of the Crunch (unpublished paper) [Available in the Library]

Session 10 (March 26)
Challenges to the Frame