

THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE, INC.

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Syllabus

Melanie Klein's Ideas in Contemporary Psychoanalytic Practice
Rita Teusch, Ph.D.
Elective April, May 2014

In this eight- week course we will examine how ideas and concepts first introduced by Melanie Klein inform psychoanalytic practice today. We will focus each week on a key Kleinian idea/concept and examine its subsequent development and contemporary psychoanalytic significance in the work of contemporary Kleinians such as Betty Joseph, Elizabeth Bott Spillius, John Steiner, Martin Feldman, Judith Mitrani and Ronald Britton. We will also read some of Melanie Klein's original work and finish up with a session on Wilfred Bion.

Session 1: Basic Ideas and Concepts in Kleinian Theory

Spillius, E.B. (1994) Developments in Kleinian Thought: Overview and Personal View. *Psychoanalytic Inquiry*. 14. 324-364. [PEP Web Link](#)

Frisch, S and Frisch- Desmarez (2010) Some thoughts on the concept of the internal parental couple. *IJPA* 91.2. 325-342 [PEP Web Link](#)

Suggested Readings:

Schafer, R. (1994) The contemporary Kleinians of London. *Psychoanalytic Quarterly*. 63: 409-432 [PEP Web Link](#)

Spillius, E.B. (1983) Some Developments from Melanie Klein. *Intern. Journal of Psychoanalysis*. 64. 321-332. [PEP Web Link](#)

Session 2: The Depressive Position

Klein, M (1935) A Contribution to the Psychogenesis of Manic-Depressive States. In: *The Writings of Melanie Klein, Vol I, Love, Guilt and Reparation and other Works (1921-1945)*. The Free Press, 1975. pp.262-289 [PEP Web Link](#)

Steiner, J. (1987) The interplay between pathological organizations and the paranoid-schizoid and depressive positions. *IJPA*, 68 .pp 69-80 [PEP Web Link](#)

Suggested Readings;

Hinshelwood, R.D. The Depressive Position. In: *A Dictionary of Kleinian Thought (1989)* Free Association Books, London. Pp 138-155. [Available in the [Library](#)]

Segal, H (1954) Notes on symbol formation. *IJPA*. 38. 391-397 [PEP Web Link](#)

Session 3: The Paranoid-Schizoid Position

Klein M (1946) Notes on some Schizoid Mechanisms. In: The Writings of Melanie

Klein. Vol. III. London. Hogarth Press. 1975. Pp.1-24 [PEP Web Link](#)

Spillius, E. (1993) Varieties of Envious Experience. Intern. Journal of Psychoanalysis. 74. 1199-1212 [PEP Web Link](#)

Suggested Readings:

Hinshelwood, R.D., The Paranoid-Schizoid Position. In: A Dictionary of Kleinian Thought (1989) Free Association Books, London, pp 156-166 [Available in the [Library](#)]

Joseph, B. (1975) The patient who is difficult to reach. In: Melanie Klein Today, Vol.2, pp.48-60 [Available in the [Library](#)]

Session 4: The Early Oedipus Complex

Feldman, M. (2008) Grievance: the underlying Oedipal configuration. IJPA. 89.4. 743-758 [PEP Web Link](#)

Britton, B. The Oedipus situation and the depressive position. In.: Clinical Lectures on Klein and Bion.. R. Anderson (Ed). The new Library of Psychoanalysis, 14, pp. 34-45 [PEP Web Link](#)

Suggested Readings:

Hinshelwood, R.D. The Oedipus Complex.. In: A Dictionary of Kleinian Thought (1989). Free Association Books, London,,pp 57-67 [Available in the [Library](#)]

Klein, M., (1928) Early Stages of the Oedipus Conflict. In : The Selected Melanie Klein. Edited by Juliet Mitchell, 1986. The Free Press. Pp 69-83 [PEP Web Link](#)

Session 5: Splitting, Introjection, Projective Identification

Joseph, B. Projective Identification- Some clinical aspects. In: Melanie Klein Today, Vol. I. Mainly Theory.. E. Bott-Spillius (ed). Pp. 138-150 [Available in the [Library](#)]

Mitrani, J. (2007) Some technical implications of Klein's concept of premature ego development. IJPA. 88.825-842 [PEP Web Link](#)

Suggested Readings:

Hinshelwood, R.D., Projective Identification. In: A Dictionary of Kleinian Thought. Pp 179-208. [Available in the [Library](#)]

Klein, M (1940) Mourning and its Relation to Manic Depressive States. In: The Writings of Melanie Klein. Vol. 1 Love Guilt and Reparation (1921-1945) The Free Press. Pp 344-369 [PEP Web Link](#)

Session 6, Manifestations and Derivatives of the Death Instinct

Feldman, M (2000) : Some views on the manifestations of the death instinct in clinical work, IJPA 81. 53- 65 [PEP Web Link](#)

Joseph, B. Addiction to Near Death in: Melanie Klein Today, Developments in Theory and Practice, Edited by Elizabeth Bott Spillius, 1988. Vol. I, pp 311-323

[Available in the [Library](#)]

Suggested Readings:

Klein, M. (1975) Envy and Gratitude. In: The Writings of Melanie Klein (1946-1963) Vol. III. The Free Press, New York. Pp.344-369 [PEP Web Link](#)

Rosenfeld, H. (1971) A clinical approach to the psychoanalytic theory of the life and death instincts: an investigation into the aggressive parts of narcissism. IJPA, 52.169-178. [PEP Web Link](#)

Session 7: Contemporary Kleinian Technique

Feldman, M. (2007) Addressing parts of the self. IJPA. 88.371-386 [PEP Web Link](#)

Steiner, J. (2008) Transference to the Analyst as an Excluded Observer. 89. 39-54 [PEP Web Link](#)

Suggested Readings:

Joseph, B.(1985) Transference: the total situation. IJPA 66. 447-454 [PEP Web Link](#)

Riesenberg A and Malcolm R, Interpretation: The past in the present. In: Melanie Klein Today. Vol. II. Mainly Practice. Pp 73-89 [PEP Web Link](#)

O'Shaughnessy, E. Words and working through. In Melanie Klein Today. Vol. II. Mostly Practice. Pp 138-151 [PEP Web Link](#)

Session 8: Wilfred R. Bion

Bion,W. R. (1959) Attacks on linking. IJPA.40.308-315 [PEP Web Link](#)

Bion 1967: Notes on Memory and Desire. In. Melanie Klein Today. Vol.2. Elizabeth Bott Spillius (ed). Pp 17-21 [Available in the [Library](#)]

Suggested Readings:

Grotstein, J. S. (1981) Wilfred Bion: The man, the psychoanalyst, the mystic- a perspective on his life and work. Contemporary Psychoanalysis. 17. 501-536 [PEP Web Link](#)

Charles, M. (2002) Bion's Grid- A Tool for Transformation. Journ. American Academy Psychoanalysis. 30. 429-445 [PEP Web Link](#)