Relational Theory

Instructors: Barbara Breslau, Ed.D. & Joseph M. Schwartz, Ph.D.

Session 1 (November 12, 2015): Introductory Framework


*Learning Objective: To gain an understanding of some of the epistemological and philosophical critiques of classical psychoanalytic theory and the philosophical underpinnings of relational psychoanalytic theory.*

Session 2 (November 19, 2015): The Analyst’s Subjectivity


*Learning Objective: To understand the theoretical and clinical implications of the critiques of the psychoanalyst as “blank screen” and the alternative conceptualization of the psychoanalyst’s subjectivity.*

Session 3 (December 3, 2015): The Developmental Perspective


*Learning Objective: To be able to articulate the contribution of recent advances in psychoanalytic views of child development to Relational Theory and psychoanalytic understanding of how clinical interventions produce change.*
Session 4 (December 10, 2015): The Analytic Third


*Learning Objective: To be able to analyze and express an understanding of the concept of “The Analytic Third” and articulate its applicability to psychoanalytic process.*

Session 5 (December 17, 2015): The Intersubjective Perspective


Optional:


*Learning Objective: To be able to articulate the basic tenets and critiques of the Intersubjective point of view and their implications for psychoanalytic practice.*

Session 6 (January 21, 2016): Countertransference and Enactment


Optional:


**Learning Objective:** To develop a personal approach to using countertransference and addressing enactments in the clinical situation that is coherent, disciplined while maintaining authenticity and spontaneity.

**Session 7 (January 28, 2016): Self-Disclosure**


**Learning Objective:** To be able to express the range of issues determining the advisability of self-disclosure in the psychoanalytic setting and to articulate the likely consequences, pro and con, of personal revelation by the analyst.

**Session 8 (February 4, 2016): Final Thoughts**


**Learning Objective:** To be able to summarize and express the major points of disagreement between the Relational and Classical psychoanalytic points of view.