Technique I, 2015
Analytic Identity and Beginning an Analysis

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This seminar will focus on deepening therapeutic process during psychotherapy, particularly in cases where the transition to psychoanalysis is contemplated. Techniques used to deepen treatment and the capacity of the therapist to facilitate this process will be explored. We will also consider some core concepts of psychoanalytic technique, ideas that may stimulate your own thinking about what it means to be starting out as an analyst.

We look forward to meeting you in the fall,
Bernard Edelstein and Donna Fromberg

1. Why Psychoanalysis?
September 17, 2015

Bernstein, S.B. (2010). Treatment Preparatory to Psychoanalysis: A Reconsideration After Twenty-five Years. JAPA, 58, 1:27-57. PEP Web Link

2. Thinking of Oneself as an Analyst
September 24, 2015


3. The Analytic Stance and the Analytic Method
October 1, 2015

Freud, S. Recommendations to Physicians Practicing Psychoanalysis, SE 12:109-120. PEP Web Link

4. **Beginning an Analysis**  
**October 8, 2015**

Freud, S. (1913). On Beginning the Treatment (Further Recommendations on the Technique of Psychoanalysis), SE 12:121-144. PEP Web Link

5. **Neutrality**  
**October 15, 2015**


6. **Interpretation**  
**October 22, 2015**


7. **Therapeutic Action**  
**October 29, 2015**


Reprinted in 1969, 50:275-292. PEP Web Link

8. **Therapeutic Action II**  
**November 5, 2015**