

THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE, INC.

141 Herrick Road, Newton Centre, Massachusetts 02459
Telephone: 617.266.0953 | Fax: 857.255.3253 | www.bpsi.org

Seminar Year II
Technique II: The Analytic Stance
Fall 2013

Donna Fromberg, PhD and Michael Caplan, MD

What we have come to know about the shaping of the analyst, his work ego, and analytic competence has long since required of us that we see ourselves in our work as indeed adequate at times, but liable to lapse and short-fall for many reasons. Since we know the assets and limitations we brought to our choice of career, and the forces of conflict and compromise that shaped that choice, we know we are not so different from our patients, except as our own analytic experience and training have helped us to evolve a little further in our development and adaptation through analytic ways of knowing. We realize that what we have been trained to do and molded to think both expand and constrain us, and reflect our identifications made with and against those who educated us. McLaughlin (1991)

In this seminar we hope to take a “fresh look” at psychoanalysis and analytic technique. We will consider the concepts and attitudes that make up the analytic stance with a particular focus on contemporary controversies and revisions of that stance. Much of our attention will be focused on the gains and losses that occur as we shift our attention between a one and two person psychology. We also want to think about technique in the context of the clinical work that we do. Our hope is that you will contribute clinical material from your cases along with the discussion of the assigned papers. We feel it is an exciting and challenging time to be training as a psychoanalyst, when so many concepts formerly viewed as bedrock are being redefined. Although the field is infused with more uncertainty than in previous years, it also offers a liberation which we hope to help you welcome and internalize as part of your becoming a psychoanalyst.

Note: log into your PEP Web account to access full text articles cited below

Session 1, September 20th: Transference I: Freud’s technique and the limits of technical directives

- 1) Freud, S. (1914). Observations on transference-love. *Standard Edition* 12: 157-171. [PEP Web link](#)
- 2) Mitchell, S. (1991) Wishes, Needs and Interpersonal Negotiations, *Psychoanalytic Inquiry*, Volume 11, Issue 1-2 pp.147-170. [PEP Web link](#)

Session 2, September 27th: Transference II: The evolution of the concept

- 1) Smith, H. F. (2003). Analysis of transference. *International Journal of Psychoanalysis* 84: 1017-1041. [PEP Web link](#)

Session 3, October 4th: Using Countertransference I: The evolution of the concept

- 1) Loewald, H. (1986). Transference countertransference. *Journal of the American Psychoanalytic Association* 34: 275-287. [PEP Web link](#)
- 2) Jacobs, T.J. (1986). On countertransference enactments. *Journal of the American Psychoanalytic Association* 34: 289-307. [PEP Web link](#)

Session 4, October 11th: Using Countertransference II: Listening from different vantage points

- 1) Schwaber, E.A. (1992). Countertransference: The analyst's retreat from the patient's vantage point. *International Journal of Psychoanalysis* 73: 349-362. [PEP Web link](#)
- 2) Arlow, J. (1995). Stilted listening: Psychoanalysis as Discourse. *Psychoanalytic Quarterly* 64: 215-233. [PEP Web link](#)

Optional Reading

Schwaber, E. (1998). From whose point of view? The neglected question in analytic listening. *Psychoanalytic Quarterly* 67:645-661. [PEP Web link](#)

Session 5, October 18th: Caring, Coercion and The Analyst's Presence

- 1) Schafer, R. (2005) Caring and coercive aspects of the psychoanalytic situation. *Journal of the American Psychoanalytic Association* 53: 771-787. [PEP Web link](#)
- 2) Hoffman, I. (1986) The intimate and ironic authority of the psychoanalyst's presence. *Psychoanalytic Quarterly* 65: 102-136. [PEP Web link](#)

Optional Reading

Kris, A. O. (1990) The analyst's stance and the method of free association. *Psychoanalytic Study of the Child* 45: 24-41. [PEP Web link](#)

Session 6, October 25th: Enactment I: The analyst's unconscious participation

- 1) Aron, L. (1991). The patient's experience of the analyst's subjectivity. *Psychoanalytic Dialogues* 1: 29-51. [PEP Web link](#)
- 2) McLaughlin, J. (1988). The analyst's insights. *Psychoanalytic Quarterly* 57: 370-389. [PEP Web link](#)

Session 7, November 1st: Enactment II: Working in the moment

- 1) McLaughlin, J. (1991). Clinical and theoretical aspects of enactment. *Journal of the American Psychoanalytic Association* 39: 595-614. [PEP Web link](#)

- 2) Jacobs, T. (2001). On unconscious communications and covert enactments: Some reflections on their role in the analytic situation. *Psychoanalytic Inquiry* 21: 4-23. [PEP Web link](#)

Session 8, November 8th: Self-Disclosure: A danger to be accepted or an aspect of effective

- 1) Renik, O. (1999). Playing one's cards face up in analysis: An approach to the problem of self-disclosure. *Psychoanalytic Quarterly* 68: 521-539. [PEP Web link](#)
- 2) Davies, J.M. (1994). Love in the Afternoon: A Relational Reconsideration of Desire and Dread in the Countertransference. *Psychoanal. Dial.*, 4:153-170. [PEP Web link](#)