

**THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE, INC.**  
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**INTRODUCTION TO THE TECHNIQUE OF PSYCHOANALYTIC PSYCHOTHERAPY**  
**ESSENTIAL CONCEPTS**

**SYLLABUS 2015-16**

**Session 1 (December 10)**

***Getting Started: Establishing the Frame and Therapeutic Alliance, Thinking Psychoanalytically***

Ogden, T.H. (1989) The Initial Analytic Meeting, In: The Primitive Edge of Experience. Northvale, NJ: Jason Aronson, Chapter 7 (pp.169-194). [Available in [Library](#)]

Schafer, Roy. (1983) The Analytic Attitude: An Introduction, In: The Analytic Attitude, New York, NY, Basic Books, Inc, Chapter 1 (pp 3-13). [Available in [Library](#)]

**Session 2 (December 17)**

***Interpretation and Working Through***

Levy, Steven and Inderbutzin, Lawrence, (1990). The Analytic Surface and The Theory of Technique, JAPA 38: 371-391. [PEP Web Link](#)

**Session 3 (January 21)**

***Resistance***

Stark, M. (1994) Resistance as a Failure to Grieve, In: Working with Resistance, Jason Aronson: Northvale, NJ, Chapter 6 (pp 105-126). [Available in [Library](#)]

Schafer, Roy. (1983) Resisting and Empathizing, In: The Analytic Attitude, New York, NY, Basic Books, Inc, Chapter 5 (pp 66-81). [Available in [Library](#)]

**Session 4 (January 28)**

***Neutrality***

Greenberg, Jay R, (1986) Theoretical Models and the Analyst's Neutrality, Contemporary Psychoanalysis, 22:87-106. [PEP Web Link](#)

**Session 5 (February 4)**

***Transference***

Cabaniss, D et al, (2011) Transference, In: Psychodynamic Psychotherapy: A Clinical Manual, Wiley-Blackwell, Chapter 21 (pp217-231). [Available in [Library](#)]

Stark, M. (1994) The Positive Transference, In: Working with Resistance, Jason Aronson: Northvale, NJ, Chapter 10 (pp. 201-224). [Available in [Library](#)]

### **Session 6 (February 11)**

#### **Counter-transference**

Sandler, Joseph. (1976) Countertransference and Role Responsiveness, *International Review of Psychoanalysis*, 3:43-47. [PEP Web Link](#)

Gabbard, Glen O. (1995) Countertransference: The Emerging Common Ground, *The International Journal of Psychoanalysis*, 76:475-485. [PEP Web Link](#)

### **Session 7 (February 18)**

#### **Projective Identification**

Ogden, Thomas (1979) On Projective Identification, *International Journal of Psychoanalysis*, 60: 357-372. [PEP Web Link](#)

Howell, Elizabeth, (2005) Projective Identification: Blind Foresight, In: The Dissociative Mind, Routledge, New York, NY, Chapter 8 (pp 178-193). [Available in [Library](#)]

### **Session 8 (February 25)**

#### **Enactment**

Russell, Paul, (1979) The Theory of the Crunch, *Smith College Studies in Social Work*, 76(1/2) 2006: 9-21. [Available in [Library](#)]

McLaughlin, James, (1991) Clinical and Theoretical Aspects of Enactment, *JAPA*, 39: 595-614. [PEP Web Link](#)

Optional:

The Theory of the Crunch: A Paul Russell Remembrance, *Psychotherapy Forum*, Volume 5:1, Fall 1998. [Available in [Library](#)]

### **Session 9 (March 3)**

#### **Challenges to the Frame**

Mitchell, Steve (1991) Wishes, Needs and Interpersonal Negotiations *Psychoanalytic Inquiry*, 11:147-170. [PEP Web Link](#)

**Session 10 (March 10)**  
**Termination**

Dewald, Paul A., (1982) The Clinical Importance of the Termination Phase, *Psychoanalytic Inquiry*, 2: 441-461. [PEP Web Link](#)

Schafer, Roy. (1973) The Termination of Brief Psychoanalytic Psychotherapy, *International Journal of Psychoanalytic Psychotherapy*, Vol 2:3, 135-148. [Available in [Library](#)]