INTRODUCTION TO THE TECHNIQUE OF PSYCHOANALYTIC PSYCHOTHERAPY

ESSENTIAL CONCEPTS

SYLLABUS 2015-16

Session 1 (December 10)

Getting Started: Establishing the Frame and Therapeutic Alliance, Thinking Psychoanalytically


Session 2 (December 17)

Interpretation and Working Through


Session 3 (January 21)

Resistance


Session 4 (January 28)

Neutrality


Session 5 (February 4)

Transference


**Session 6 (February 11)**

*Counter-transference*


**Session 7 (February 18)**

*Projective Identification*


**Session 8 (February 25)**

*Enactment*


Optional:

**Session 9 (March 3)**

*Challenges to the Frame*

Session 10 (March 10)

Termination
