

THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE, INC.

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Spring 2015 ATP III

Transference/Countertransference Dilemmas in the Treatment of Patients with Character Pathology

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We're very much looking forward to meeting you and beginning our ten week course on Transference/Countertransference Dilemmas in the Treatment of Patients with Character Pathology. We will start by defining the nature of Character and then spend the remaining classes exploring – through a series of clinically oriented papers and our own clinical material – some common transference and countertransference dilemmas that arise in the work with patients suffering from Schizoid Character, Borderline Personality Disorder, and Narcissistic Pathology. This course should nicely dovetail Dr. Kattlove's course on Borderline and Narcissistic Character Pathology, allowing us an opportunity to delve more deeply into the clinical manifestations of these “character- types” [Freud, 1916] and some of the technical challenges in our work with these patients. We'll also be asking each of you (and each of us) to present some clinical material - that touches on the readings for each class - in each of our sessions.

We're sending you, through snail mail, a copy of the 1st reading by Auchincloss. The other readings that are from books (Not on PEP) (for Weeks II and IV) may be found in the BPSI library.

Week I: April 2, 2015

Review the definition of Character

Auchincloss, E, Michaels, T: (1983) “Psychoanalytic Theory of Character” in Current Perspectives on Personality Disorders (Ed) Frosch, JP. 2-17. Washington DC, APA Press.

Week II: April 9, 2015

Examine schizoid factors in the personality of the “schizoid case”

Fairbairn, WRD. (1952) “Schizoid Factors in the Personality” in Psychoanalytic Studies of the Personality. 3-27. NY:Routledge [available in the [library](#)].

Week III: April 16, 2015

Borderline Personality Disorder: exploration of hate in the transference

Gabbard, GO, (1991) Technical Approaches to Transference Hate in the Analysis of Borderline Patients. IntJPsychoanal; 72: 625-637. [PEP Web Link](#).

Week IV: April 23, 2015

Borderline Personality Disorder continued: Uses and misuses of confrontation

Adler, G. and Buie, D. (1991) “The Uses of Confrontations in the Psychotherapy of Borderline Patients.” and “The Misuses of Confrontation in the Psychotherapy of Borderline Patients.” In Confrontation in Psychotherapy, (ED) Adler, G. and Myerson, P.125-162. Jason Aronson, Inc. Northvale, New Jersey [available in the [library](#)].

Week V: April 30, 2015

Counter-Transference Hate

Winnicott, DW, (1949) Hate in the Counter-Transference. IntJPsychoanal, 30:69-74. [PEP Web Link](#).

Week VI : May 7, 2015

Counter-Transference Hate continued: its therapeutic function

Epstein, L. (1977) The Therapeutic Function of Hate in the Countertransference. Contemp. Psychoanal., 13:442-460. [PEP Web Link](#).

Week VII: May 14, 2015

Narcissistic Character: Inhibition of passive libidinal wishes

Freud, S. (1916) "Some character-types met with in psycho-analytic work." S.E.14; 311-315. [PEP Web Link](#).

Kris, A. (1976) On Wanting Too Much: The 'Exceptions' Revisited. Int.J. Psycho-Anal., 57:85-95. [PEP Web Link](#).

Week VIII: May 21, 2015

Narcissistic Character continued: Defenses against affect and accompanying transference manifestations

Modell, A.H. (1975) A Narcissistic Defense Against Affects and the Illusion of Self-sufficiency. Internat.JPsycho-Anal., 56: 275-282. [PEP Web Link](#).

Week IX: May 28, 2015

Narcissistic Character continued: Severe forms of Narcissistic pathology – the Antisocial personality disorder

Kernberg, OF (2007) The Almost Untreatable Narcissistic Patient. JAPA; 55/2: 503-539. [PEP Web Link](#).

Week X: June 4, 2015

The Analyst's Narcissism: the vulnerability of the analyst's idealized self-representation

Finell, J (1985) Narcissistic Problems in Analysts. Int.J. Psycho-Anal., 66:433-445. [PEP Web Link](#).