

# THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE, INC.

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## INTEGRATION

Syllabus and Objectives

Cary Friedman, M.D.

5:30-7 PM, February 11-March 31, 2016  
Boston Psychoanalytic Society and Institute

In this course, process material from one clinical session will be presented on six different occasions to six different discussants. The discussants will be analysts known to work from a particular theoretical perspective, and we will have an opportunity to see how each analyst distinctly approaches the same clinical data. We will consider theme questions each week of how to identify both distinguishing and shared features of different psychoanalytic theories and how they are applied to analytic technique. We will study how clinicians from different theoretical traditions grapple with tensions between the influences of development vs. inherited disposition, intrapsychic vs. interpersonal phenomena, the present analytic moment vs. recreations of the past, the mutative roles of interpretation vs. the analytic relationship itself, and the benefit of applying structuring theoretical frameworks vs. tolerating uncertainty. We will also consider how the patient's self-formulation and internal resonances with particular theories can impact analytic process. By critically examining a variety of psychoanalytic paradigms and their clinical applications, each student will be encouraged to define their own psychoanalytic integrative stance that accounts for these concepts and tensions.

### I. February 11: Concepts of Integrative Theory.

In our first session, we will consider various approaches that psychoanalysts, including ourselves, take to the multiplicity of theories available in analysis today.

**Reading:** Please read the following paper by Fred Pine, which offers an elegant conceptualization of how different theories can be woven together in clinical work:

Pine, F. (2006) The Psychoanalytic Dictionary: A Position Paper on Diversity and its Unifiers. *JAPA*, 54: 463-491. [PEP Web Link](#)

**Writing:** Please also write **one paragraph** that describes where you locate yourself theoretically as a psychoanalyst and how you think those theoretical beliefs influence your clinical work.

**Additional Reading For Further Interest:** The following papers also provide useful ways to apply pluralistic or integrative thinking regarding psychoanalytic theory, and are worth reviewing as the seminar progresses, as there are no specifically assigned readings for future weeks:

Pulver, S.E. (1994) The Eclectic Analyst, or the Many Roads to Insight and Change. *JAPA* 41: 339-357. [PEP Web Link](#)

Frosch, J.P. (2007) E Uno Plurus: Psychoanalytic Psychotherapy In the Age of Pluralism. *Harvard Review of Psychiatry* 15: 270-277. [Available in [Library](#)]

Pine, F. (2011) Beyond Pluralism: Psychoanalysis and the Workings of Mind. *The Psychoanalytic Quarterly* 80: 823-856. [PEP Web Link](#)

**Objective:** Explain how an integrative theory stance can enhance psychoanalytic work.

## **II. February 18: Contemporary Classical Perspective.**

Clinical material will be presented to guest discussant Daniel Jacobs, M.D.

**Objective:** Identify the role of a Contemporary Classical perspective in psychoanalytic work.

## **III. February 25: Kleinian/Bionian Perspective.**

Clinical material will be presented to Guest discussant Larry Brown, Ph.D.

**Objective:** Identify the role of a Kleinian/Bionian perspective in psychoanalytic work.

## **IV. March 3: Self Psychology Perspective.**

Clinical material will be presented to guest discussants Anna Ornstein, M.D., and Rafael Ornstein, M.D.

**Objective:** Identify the role of a Self Psychological perspective in psychoanalytic work.

## **V. March 10: Neuropsychiatric Perspective.**

Clinical material will be presented to guest discussant Barbara Schildkrout, M.D.

**Objective:** Identify the role of a Neuropsychiatric perspective in psychoanalytic work.

## **VI. March 17: Relational Perspective.**

Clinical material will be presented to guest discussant Stephanie Brody, Psy.D.

**Objective:** Identify the role of a Relational perspective in psychoanalytic work.

## **VII. March 24: Child Developmental Perspective.**

Clinical material will be presented to guest discussant James Herzog, M.D.

**Objective:** Identify the role of a Child Developmental perspective in psychoanalytic work.

## **VIII. March 31: Integrative Theory Summary**

In this session, we will consider together how to evaluate and integrate the various approaches we have heard to clinical material.

**Writing:** Please review the paragraph you wrote at the beginning of the seminar and consider any revisions you might choose to make at this point.

**Objective:** Each candidate will identify and explain the unique ways that they use various theories in developing their own analytic stance.