

# THE BOSTON PSYHOANALYTIC SOCIETY AND INSTITUTE

141 Herrick Road, Newton Centre, Massachusetts 02459

## The Clinical Relevance of Developmental Theory Fall - 2016

**Instructors: M. Carole Drago, LICSW and Stephen Kerzner, MD**

This seminar will survey psychological development from infancy to adolescence from a psychoanalytic perspective. We will begin with Freud's drive theory and principles of mental functioning and consider multiple perspectives, including object relations, self-object differentiation, attachment, separation-individuation, and intersubjectivity. We will consider how unresolved or incomplete negotiations of developmental tasks and/or stages may manifest in the course of adult treatment.

### **Week 1 - September 22: Introduction to Developmental Theory**

#### Suggested Readings

1. Freud, S. (1905). Three Essays on the Theory of Sexuality. The Standard Edition of the Complete Works of Sigmund Freud. V VII (1901-1905). Ch II - Infantile Sexuality. pp. 173-206. [PEP Web Link](#)
2. Freud, S. (1911). Formulations on the Two Principles of Mental Functioning. The Standard Edition of the Complete Works of Sigmund Freud. V XII (1911-1913). p. 213-226. [PEP Web Link](#)

#### Optional Reading

1. Freud, A. (1963). The concept of Developmental Lines. Psychoanal. St. Child, 18:245-265. [PEP Web Link](#)

### **Week 2 - September 29: No Such Thing as a Baby**

#### Suggested Readings

1. Winnicott, D. W. (1960). The Theory of the Parent Infant Relationship. Int. J. Psycho-Anal. 41:585-595. [PEP Web Link](#)
2. Winnicott, D.W. (1952). Psychosis and Childcare. Collected Papers; Basic Books, Inc. 1958. pp. 219-228. [PEP Web Link](#)

#### Optional Readings

1. Winnicott, D. W. (1941). The Observation of Infants in a Set Situation. Int. J. Psycho-Anal. 22:229-249. [PEP Web Link](#)
2. Spitz, E.H. (2009). The Mother-Artist. Am. Imago, 66:491-494. [PEP Web Link](#)

### **Week 3 - October 6: The Infant's Discovery of Self and Object**

#### Suggested Readings

1. Stern, D. (1985). The Interpersonal World of the Infant.: A View from Psychoanalysis and Developmental Psychology. Basic Books, Inc., Chs 1 & 2, pp. 3-34. [PEP Web Link](#)

2. Beebe, B. and Lachmann, F. (2002). Infant Research and Adult Treatment: Co-constructing Interactions. Ch. 5 Patterns of Early Interactive Regulation and the Pre-symbolic Origins of Self and Object Representations. pp. 85-119. [Available in [Library](#)]

#### Optional Reading

1. Fraiberg, S. (1969). Libidinal Object Constancy and Mental Representations. *Psychoanal. St. Child.* 23:264-300. [PEP Web Link](#)

### **Week 4 - October 13: The Rooting of Attachment in the Body**

#### Suggested Readings

1. Fonagy, P., Target, M. (2007). The Rooting of the Mind in the Body: New Links Between Attachment Theory and Psychoanalytic Thought. *JAPA*, 55:411-456. [PEP Web Link](#)
2. Main, Mary (1993). Discourse, Prediction and Recent Studies in Attachment: Implications for Psychoanalysis. *JAPA* 41(Suppl.):209-244. [PEP Web Link](#)

#### Optional Reading

1. Fraiberg, S., Adelson, E. (1976). Infant-Parent Psychotherapy on Behalf of a Child in a Critical Nutritional State. *Psychoanal. St. Child.* 31:461-491. [PEP Web Link](#)

### **Week 5 - October 20 Separation/Individuation**

#### Suggested Readings

1. Mahler, M. (1963). Thoughts about Development and Individuation. *Psychoanal. St. Child.* 18:307-324. [PEP Web Link](#)
2. Lyons-Ruth, K. (1991). Rapprochement or Rapprochement: Mahler's theory reconsidered from the Vantage Point of /recent Research on Early Attachment Relationships. *Psychoanal. Psychology.* 8:1-23. [PEP Web Link](#)

#### Optional Reading

1. Pine, F. (1992). Some Refinements of the Separation-Individuation concept in Light of Research on Infants. *Psychoanal. St. Child.* 47:103-116. [PEP Web Link](#)

### **Week 6 - October 27: The Oedipal Complex**

#### Suggested Readings

1. Blanck, G. (1984). The Complete Oedipus Complex. *Int. J. Psycho-Anal.*, 65:331-339. [PEP Web Link](#)
2. Balsam, R.H. (2015). Oedipus Rex: Where are We going, Especially with Females? *The Psycho- Anal. Qtly.*, V. LXXXIV, pp.555-588. [Available in [Library](#)]

#### Optional Reading

1. Loewald, H. W. (1979). The Waning of the Oedipus Complex. *JAPA*, 27:751-775. [PEP Web Link](#)

### **Week 7 - November 3: Latency**

#### Suggested Readings

1. Knight, Rona. (2014). A Hundred Years of Latency: From Freudian Psychosexual Theory to Dynamic Systems Nonlinear Development in Middle Childhood. *JAPA*, 62:203-235. [Available in [Library](#)]

2. Abrams, S. (2014). Exploring the Dialectical Space: A Brief History of the Psychoanalytic Study of the Child. *Psychoanal. St. Child.* 68:3-9. [Available in [Library](#)]

#### Optional Readings

1. Bettelheim, B. (1976). *The Uses of Enchantment*. Alfred Knopf, NY, NY. Introduction pp 3-19 and 45-66. [Available in [Library](#)]
2. Forman, E. (1980). Transference and Externalization in Latency. *Psychoanal. St. Child.* 35:267-284. [PEP Web Link](#)

### **Week 8 - November 10: Pre-adolescence**

#### Suggested Readings

1. Blos, P. (1967). The Second Individuation Process of Adolescence. *Psychoanal. St. Child.* 22:162-186. [PEP Web Link](#)
2. Weider, H. (1978). The Psychoanalytic Treatment of the Pre-adolescent. *Child Analysis and Therapy* (ed) J. Bemporad. p 237-259. [Available in [Library](#)]

#### Optional Reading

1. Novick, K.K., Novick, J. (1994) Postoedipal Transformations: Latency, Adolescence and Pathogenesis. *JAPA*, 42:143-169. [PEP Web Link](#)

### **Week 9 - November 17: Adolescence**

#### Suggested Readings

1. Lemma, A. (2010). An Order of Pure Decision: Growing Up in a Virtual World and the Adolescent's Experience of Being-In-A-Body. *JAPA* 58:691-714. [PEP Web Link](#)
2. Rosegrant, J. (2009). The Deathly Hallows: Harry Potter and Adolescent Development. *JAPA*, 57:1401-1423. [PEP Web Link](#)

#### Optional Reading

1. Breger, L. (1979). *Adolescence: Holden Caulfield, From Instinct to Identity: The Development of Personality*. Ch. 9, pp 312-328. [Available in [Library](#)]
2. Kincaid, J. (1985). *Annie John*. Hill & Wang Pub. (US) [Not Available in the Library]

### **Week 10 - December 1: Contemporary Perspectives on Developmental Theory**

#### Suggested Reading

1. Gilmore, K. (2008). Psychoanalytic Developmental Theory: A Contemporary Reconsideration. *JAPA*, 56: 885-907. [PEP Web Link](#)

#### **Learning Objectives:**

1. At the conclusion of this session, students will be able to describe the narrative historical underpinnings of Freud's classical psychosexual model.
2. At the conclusion of this session, students will be able to identify the role of maternal care in the development of the mind of the infant.
3. At the conclusion of this session, students will be able to explain self object differentiation.
4. At the conclusion of this session, students will be able to identify attachment paradigms and their relationship to the body.

5. At the conclusion of this session, students will be able to compare separation individuation and attachment individuation.
6. At the conclusion of this session, students will be able to assess the Oedipal stage and its developmental implications.
7. At the conclusion of this session, students will be able to explain the role of fantasy in middle childhood.
8. At the conclusion of this session, students will be able to list the characteristics of pre-adolescence.
9. At the conclusion of this session, students will be able to identify how adolescent development offers a reworking of childhood conflicts.
10. At the conclusion of this session, students will be able to analyze psychoanalytic theories of development from a contemporary perspective.