

THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE
141 Herrick Road, Newton Centre, Massachusetts 02459

DEVELOPMENT I: Fall/Winter 2016-2017

Instructors:

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Development I

Bayard Clarkson, MD and Ann Epstein, MD

2016: Nov 17, Dec 1, 8, 15, 22

Lecture Jan 5,

2017 : Jan 12, 26 (No classes on Jan 19-APsaA) Feb 2

In this eight-week course we hope to introduce you to a working theory of development that may be useful to you in your work as analysts and psychotherapists. We will not try to survey child development nor will we be able to dwell equally in the different phases of childhood. But we would like to present a survey of some contemporary issues in developmental theory, and introduce you to (or re-acquaint you with) some important developmental research of the last three decades that has informed our understanding of development.

In the course of our survey we will try to refer to some of the classics of psychoanalytic theory, and make comparisons with contemporary developmental theory. In layers throughout the course, we will be introducing you to a relational view of development that is rooted in dynamic systems theory. Periodically, we will try to illustrate the concepts we are discussing with some videotape vignettes of a mother-baby dyad, and with case material.

We will be assigning two or three articles per class, and we hope you will find them readable and suitable for discussion. Optional reading will include other articles of interest and several chapters from the book:

Bringing Up Baby: the Psychoanalytic Infant Comes of Age by Dianna T. Kenny (Karnac Books, 2013) [Available on Reserve in [Library](#)]

This text is a useful summary of recent research on infant and early childhood development.

The BPSI library will have a copy of the book. It can be purchased on Amazon, Barnes and Noble, or directly from Karnac Books.

We do, of course, have many more readings to recommend and will make a reference list available.

READINGS:

Class I: Developmental Theory November 17, 2016

Learning Objective:

At the conclusion of this session, the candidate will be able to define dynamic systems theory and stage theory of development.

1. Demos, Virginia, (2007) *The Dynamics of Development*, Chapter 6 in Piers, C., Muller, J., and Brent, J. Self-Organizing Complexity in Psychological Systems, Jason Aronson, Lanham, Md. [Available in [Library](#)]
2. Lyons-Ruth, K., (2000), “*I Sense that You Sense that I Sense...*” *Sander’s Recognition Process and the Specificity of Relational Moves in the Psychotherapeutic Setting*. *Infant Mental Health Journal*, 21 (1-2), 85-98. [Available in [Library](#)]
3. Stechler, Gerald. (1982) The Dawn of Awareness, *Psychoanalytic Inquiry*, 1, 503-542. [PEP Web Link](#)

Recommended:

Seligman, S. (2012). *The Baby Out of the Bathwater: Microseconds, Psychic Structure, and Psychotherapy*. *Psychoanalytic Dialogues*, 22:499-509. [PEP Web Link](#)

Tronick, E.Z. (1989). *Emotions and emotional communication in infants*. *American Psychologist*, February 112-119. [Available in [Library](#)]

Sander, L.W. (2002) *Thinking Differently: Principles of Process in Living Systems and the Specificity of Being Known*. *Psychoanalytic Dialogues*, 12: 11-42. [PEP Web Link](#)

Kenny, Dianna (2013) Bringing Up Baby: The Psychoanalytic Infant Comes of Age, Karnac Books, London. Chapter Six: *The Modern Infant: enter developmental neuroscience*. Pp. 241-251 only. [Available in [Library](#)]

Class II: Implicit Knowing, the Organization of Memory, and the Concept of Embodiment December 1, 2016

Learning Objective:

At the conclusion of this session, the candidate will be able to define implicit and explicit memory systems.

1. Beebe, B. and Lachmann, F.M. (2002). A Dyadic Systems View. Chapter 2 in *Infant Research and Adult Treatment*, New Jersey, The Analytic Press, 21-44. [Available in [Library](#)]
2. Siegel, Daniel, (2001) *Memory: An Overview, With Emphasis on Developmental, Interpersonal, and Neurodevelopmental Aspects*, Journal of the American Academy of Child and Adolescent Psychiatry, 40: 9. [Available in [Library](#)]

Recommended:

Pally, Regina, (2005). *A Neuroscience Perspective on Forms of Intersubjectivity in Infant Research and Adult Treatment*, chapter 6 in Beebe, B. et al, Forms of Intersubjectivity in Infant Research and Adult Treatment . Other Press. NY. [Available in [Library](#)]

Kenny, Dianna (2013) Bringing Up Baby: The Psychoanalytic Infant Comes of Age, Karnac Books, London. Chapter Six: *The Modern Infant: enter developmental neuroscience*. Pp 263-282. [Available in [Library](#)]

**Class III: Intersubjectivity and Development of the Self (Primary Intersubjectivity)
December 8, 2016**

Learning Objective:

At the conclusion of this session, the candidate will be able to list 3 components of primary intersubjectivity.

In this class we will view some video vignettes of mother-baby interaction in the first year of life.

1. Benjamin, Jessica, (1992) *Recognition and Destruction: An Outline of Early Intersubjectivity*, Chapter 3 in Skolnick, N. and Warshaw, S., Relational Perspectives in Psychoanalysis, The Analytic Press, NJ. [Available in [Library](#)]
2. Trevarthen, Colwyn, (1974) Conversations with a Two-Month Old, in Raphael-Leff, J. (2003) *Parent Infant Psychodynamics: Wild Things, Mirrors, and Ghosts*, Whurr Publishers, London and Philadelphia, Chapter 3 (pgs. 25-34). [Available in [Library](#)]

Recommended:

Trevarthen, Colwyn, (2001) *Intrinsic Motives for Companionship in Understanding: Their Origin, Development, and Significance for Infant Mental Health*, Infant Mental Health Journal, 22, (1-2), 95-131. [Available in [Library](#)]

Kenny, Dianna (2013) Bringing Up Baby: The Psychoanalytic Infant Comes of Age, Karnac Books, London. Chapter Six: *The Modern Infant: enter developmental neuroscience*. Pp. 259-263: Mirror Neurons. [Available in [Library](#)]

Class IV: Intersubjectivity II: Secondary and Intentionality
December 15, 2016

Learning Objective:

At the conclusion of this session, the candidate will be able to describe secondary intersubjectivity and define shared intentionality as they apply to language acquisition.

Video: secondary intersubjectivity, complex interpersonal emotions

1. Reddy, V. (2003) On Being the Object of Attention: Implications for Self-Other Consciousness, *Trends in Cognitive Sciences*, Vol. 7, No. 9, September 2003. [Available in [Library](#)]
2. Tomasello, Michael, and Carpenter, Malinda, (2007), *Shared Intentionality*, *Developmental Science*, 10:1, pp 121-125. [Available in [Library](#)]

Recommended:

Lichtenberg, J.D. (2003) Communication in Infancy, *Psychoanalytic Inquiry*, #23, 498-520. [PEP Web Link](#)

Tronick E.Z. and the Change Process Study Group (1998). Dyadically expanded states of consciousness and the process of therapeutic change. *Infant Mental Health Journal*, vol. 19. Also available online. [Available in [Library](#)]

Hobson, P. (2004) *Cradle of Thought: Exploring the Origins of Thinking*, Chapter 2: Before Thought, pp. 29-60, Chapter 3: The Dawn of Thinking, pp. 61-94. NY: Chapters 6, 9. Oxford University Press. [Available in [Library](#)]

Class V: Attachment and Reflective Functioning (The Adult Attachment Interview)
December 22, 2016

Learning Objective:

At the conclusion of this session, the candidate will be able to describe the 3 organized categories of attachment.

1. Main, M. (2000). The Organized Categories of Infant, Child, And Adult Attachment: Flexible vs. Inflexible Attention under Attachment-Related Stress. *JAPA*, 48:1055-1096. [PEP Web Link](#)
2. Fonagy, P., Steele, M., Moran, G., Steele, H., Higgitt, A. (1993). Measuring the Ghost in the Nursery: An Empirical Study of the Relation Between Parents' Mental Representations of Childhood Experiences and their Infants' Security of Attachment. *J. Amer. Psychoanal. Assn.*, 41:957-989. [PEP Web Link](#)

Recommended:

Mary Main, (1993), *Discourse, Prediction, and Recent Studies in Attachment: Implications for Psychoanalysis*, JAPA (41S) pp 209-244. [PEP Web Link](#)

Mary Main. Adult Attachment Interview Protocol. [Available in [Library](#)]

Kenny, Dianna (2013) [Bringing Up Baby: The Psychoanalytic Infant Comes of Age](#), Karnac Books, London. Chapter Four: *The attached infant: the Psychoanalytic legacy*, and Chapter Three: *The infant of the child psychoanalysts*. [Available in [Library](#)]

January 5, 2017 Academic Lecture

Class VI: Disorganized Attachment January 12, 2017

Learning Objective:

At the conclusion of this session, the candidate will be able to define disorganized attachment in infancy.

1. Hesse, E. & Main, M. (2000) Disorganized Infant, Child, and Adult Attachment: Collapse in Behavioral and Attentional Strategies. JAPA, 48:1097-1127. [PEP Web Link](#)
2. Lyons-Ruth, K., (2006). The Interface Between Attachment and Intersubjectivity: Perspective from the Longitudinal Study of Disorganized Attachment. *Psychoanalytic Inquiry*, Vol.26, no. 4, pp 595-616. [PEP Web Link](#)

No class January 19th APsA meetings

Class VII: Attachment and Trauma January 26, 2017

Learning Objective:

At the conclusion of this session, the candidate will be able to list 2 ways in which trauma impacts and influences attachment.

1. Blum, Harold, (2007), *Little Hans: A Centennial Review and Reconsideration*, JAPA, 55, 3, 7-49. [PEP Web Link](#)
2. Henninghausen, K.H. and Lyons-Ruth, Karlen, *Disorganization of Behavioral and Attentional Strategies toward Primary Attachment Figures: From Biologic to*

Dialogic Processes in Carter, C.S. et al, (ed), Attachment and Bonding: A New Synthesis, MIT Press. [Available in [Library](#)]

3. Van der Kolk, B. (2008). The John Bowlby Memorial Lecture 2006: *Developmental Trauma Disorder: A New, Rational Diagnosis for Children with Complex Trauma Hist ories*. In Benamer, Sarah and Kate White (ed): Trauma and Attachment. London: Karnac. Pp. 45-60. [Available in [Library](#)]

Recommended:

Kenny, Dianna (2013) [Bringing Up Baby: The Psychoanalytic Infant Comes of Age](#), Karnac Books, London. Pp 37-56: The Oedipus complex and the case of Little Hans and also Pp 192-199: The nature and outcome of early traumatic experience. [Available in [Library](#)]

Bromberg, P.M. (2003). *Something Wicked This Way Comes: Trauma, Dissociation, and Conflict: The Space Where Psychoanalysis, Cognitive Science, and Neuroscience Overlap*. Psychoanalytic Psychology, 20:558-574. [PEP Web Link](#)

Class VIII: Implications of New Developmental Theory for Adult Treatment February 2, 2017

Learning Objective:

At the conclusion of this session, the candidate will be able to describe 2 differences between an intrapsychic and intersubjective perspective in psychoanalytic treatment.

1. Seligman, Stephen (2005). Dynamic Systems Theories as a Metaframework for Psychoanalysis. Psychoanal. Dial., 15:285-319. [PEP Web Link](#)
2. Boston Change Process Study Group (2008). *Forms of Relational Meaning: Issues in the Relations Between the Implicit and Reflective-Verbal Domains*. Psychoanalytic Dialogues, 18:125-148. [PEP Web Link](#)

Recommended:

Lyons-Ruth, K. (1998). *Implicit Relational Knowing: Its Role in Development and Psychoanalytic Treatment*. Infant Mental Health Journal, 19(3):282-289. [Available in [Library](#)]

Novick, K.K. and Novick, J, (2003), *Two Systems of Self-Regulation and the Differential Application of Psychoanalytic Technique*, The American Journal of Psychoanalysis, Vol. 63, No. 1, March 2003. [PEP Web Link](#)