

**THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE, INC.**

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**Development III – Youth Development  
Gil Noam, Ed.D., Ph.D. (Habil)**

**Class One: Introduction and Theoretical Considerations: Adolescent Turmoil and Crisis or Much Ado About Nothing**

**Nov. 17, 2016**

Offer, D. (1991). Adolescent Development: A Normative Perspective. In Greenspan, S. and Pollack, G (ed.s), *The Course of Life IV Adolescence*. International University Press. [Available in [Library](#)]

Winnicott, D. (1974) Contemporary Concepts for Adolescent Development and Their Implications for Higher Education. In *Playing and Reality*, London: Tavistock Publications. [PEP Web Link](#)

**Class Two: Youth Development: Developmental Domain Theory**

**Dec. 01, 2016**

Reference: Freud, A. (1965). Normality and Pathology in Childhood Development. New York; International University Press. Chapter 1, pp. 3-24. [Available in [Library](#)]

Reference: Erikson, E.H. (1950). Childhood and Society. New York: W. W. Norton Co. Chapter 7, pp. 247-274. [Available in [Library](#)]

**Class Three: Individual Project**

Chose your favorite adolescent movie, watch it again and interpret it based on our discussion of first two sessions.

**Class Four: Relationships and the Belonging Self**

**Dec. 15, 2016**

Anthony, E. J. (1970), The reaction of parents to adolescent to their behavior. In: Parenthood, ed. E. J. Anthony & T. Benedek. Boston: Little, Brown, pp. 307-324. [Available in [Library](#)]

Noam, G. (2006). *The Psychology of Belonging Manuscript Harvard University*. [Available in [Library](#)]

**Class Five: Agency and the Assertive Self in Adolescence**

**December 22, 2017**

Billow, R. (2004). The Adolescent Play: Averting the Tragedy of Hamlet. *Contemporary Psychoanalysis*, 40: 253-277. [PEP Web Link](#)

## **Class Six: Sexuality and the Body Self**

**Jan. 12, 2017**

Fast, I. (1990) Aspects of Early Gender Development: Toward a Reformulation. *Psychoanalytic Psychology*, 7S: 105-117. [PEP Web Link](#)

Friedman, R and Downey, J (2008) Sexual Differentiation of Behavior. *JAPA*, 56: 147-175. [PEP Web Link](#)

## **Class Seven: The Long Goodbye**

**Jan. 26, 2017**

Galatzer-Levy, R. (2004) Chaotic Possibilities: Toward a New Model of Development. *International Journal of Psychoanalysis*, 85: 418-442. [PEP Web Link](#)

Wilson, P. (2001). "I don't know" *Journal of the British Association of Psychotherapists*, 39, 166-176. [Available in [Library](#)]

## **Feb. 02, 2017 – Summary Discussion**

Shapiro, T. (2000). *Psychoanalysis and Dynamic Psychotherapy in Adolescence*. In Esman, A. (ed.), *Adolescent Psychiatry, Vol. 25*. London: Routledge Press. [Available in [Library](#)]

### **Learning Objectives:**

1. At the conclusion of the session, the participant will be able to describe 3 viewpoints of normal adolescent development.
2. At the conclusion of the session, the participant will be able to compare 3 models of adolescent development.
3. At the conclusion of the session, the participant will be able to analyze a movie about adolescent experience and discuss a developmental idea from the film.
4. At the conclusion of the session, the participant will be able to analyze family dynamics that occur during adolescence.
5. At the conclusion of the session, the participant will be able to compare risk and resiliency approaches to adolescent treatment.
6. At the conclusion of the session, the participant will be able to discuss the role of physical development and sexuality in adolescent experience.
7. At the conclusion of the session, the participant will be able to describe the concept of nonlinear development and its application to adolescence.
8. At the conclusion of the session, the participant will be able to apply concepts of adolescent development to working therapeutically in psychoanalytic treatment with adolescents and adults.