



Seminar: Working with Parents

Instructor: Allen Palmer, M.D.

This seminar will explore working with parents and their concerns about their children. Utilizing readings and the participants' clinical presentations, we will address the following topics: 1. parenthood as a developmental phase, 2. transgenerational issues, 3. conceptual frameworks for understanding the transmission of transgenerational issues, 4. how psychological processes within the parent(s) can impede the facilitation of regulatory functions in their children, 5. the complexities of the parent(s)-analyst relationship, including alliance formation and transferences, and 6. working with adult analysands who, in their own analyses, raise parenting issues. The seminar will include readings and opportunities for clinical presentations and discussion. Each participant will write a brief clinical vignette discussing a dilemma they have faced in working with parents of a child during an evaluation or during ongoing treatment

Session 1: January 9, 2017

Benedek, T. (1970). Parenthood during the life cycle. In: *Parenthood: Its Psychology and Psychopathology*. Eds. E.J. Anthony and T. Benedek, pp. 185-206, Boston: Little Brown & Co. [Available in [Library](#)]

Learning Objective: At the conclusion of the session, the participant will be able to describe 2 challenges parents face as their children move from infancy to toddlerhood.

Session 2: January 23, 2017

Novick, K.K. & Novick, J. (2005). *Working with Parents Makes Therapy Work*. Lanham, Md.: Jason Aronson, pp. 1-14. [Available in [Library](#)]

Novick, K.K. & Novick, J. (2013). A new model of techniques for concurrent psychodynamic work with parents of child and adolescent psychotherapy patients. In *Child and Adolescent Psychiatric Clinics of North America: Psychodynamic Treatment Approaches to Psychopathology*, Eds. R. Ritvo and S.W. Henderson, Vol. 22,2, pp. 331-349. [Available in [Library](#)]

Learning Objective: At the conclusion of the session, participants will be able to define the Novicks' term "therapeutic alliance task."

Session 3: January 30, 2017

Levine, H. (2015), An introduction to Bion. In: The Transformational Vision of Antonino Ferro. *Psychoanalytic Inquiry* (Forthcoming). [Available in [Library](#)] [This paper will be available in the library and should not be distributed without the author's permission.]

Learning Objective: At the conclusion of this seminar session participants will be able to describe Bion's container/contained model and offer one example of it in the parent-child interaction.

Session 4: February 6, 2017

Slade, A. (1999). Representation, symbolization, and affect regulation in the concomitant treatment of a mother and child: Attachment theory and child psychotherapy, *Psychoanalytic Inquiry*, 19:797-830. [PEP Web Link](#)

Learning Objective: At the conclusion of the seminar, participants will be able to define metacognitive monitoring, reflective functioning, and mentalization and give one example of each in parent – child interactions.

Session 5: February 13, 2017

Fraiberg, S, Adelson, E. & Shapiro, V. (1975). Ghosts in the nursery: a psychoanalytic approach to the problems of impaired infant-mother relationships, *J. Amer. Acad. of Child and Adolescent Psychiatry*, 14, 3, 387-421.
Or, In: *Clinical Studies in Infant Mental Health*. Eds. Fraiberg, S. & Fraiberg, L. 1980, pp.164-196, NY: Basic Books. [Available in [Library](#)]

Learning Objective: At the conclusion of the seminar, participants will be able to delineate Selma Fraiberg's phrase "ghosts in the nursery".

Session 6: February 27, 2017

Badoni, M. (2002). Parents and their child—and the analyst in the middle: working with a transgenerational mandate, *Int. J. Psycho-Analysis*, 83:1111-1131. [PEP Web Link](#)

Learning Objective: By seminar's end, participants will be able to define a "transgenerational mandate".

Session 7: March 6, 2017

Glenn, J., Sabot, L, & Bernstein, I. (1978). The role of the parents in child analysis. In: *Child Analysis and Therapy*. Ed. J. Glenn, pp.393-426, Jason Aronson: NY. [Available in [Library](#)]

Learning Objective: At the conclusion of the seminar, participants will be able to give a minimum of two examples of varying parental motivations and attitudes in seeking consultation and describe at least two emotional reactions of the child clinician to the parents.

Session 8: March 13, 2017

Kris, A. (1981). On giving advice to parents in analysis. *Psa Study of the Child*, 36, 151-162. [PEP Web Link](#)

Learning Objective: At the conclusion of the seminar, participants will be able to discuss one or more benefits and complications in offering parent guidance assistance to adult analysands.

References

Badoni, M. (2002). Parents and their child—and the analyst in the middle: working with a transgenerational mandate, *Int. J. Psycho-Analysis*, 83:1111-1131. [PEP Web Link](#)

Baruch, G. (1997). The impact of parental interventions on the analysis of a 5-year-old boy: a clinical account. *Int. J. Psycho-Analysis*, 78:913-926. [PEP Web Link](#)

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Emanuel, L. (2006). A slow unfolding- at double speed: reflections on ways of working with parents and their young children within the Tavistock clinic's under fives service, *J. of Child Psychotherapy*, 32:66-84. [PEP Web Link](#)

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Green, V. (2000). Therapeutic space for re-creating the child in the mind of the parents. In: *Work with Parents: Psychoanalytic Psychotherapy with Children and Adolescents*. Eds. J. Tsiantis, London: Karnac Books, 25-45. [Available in [Library](#)]

Hughes, A. (2002). Review of Untying the Knot: Working with Children and Parents. By A.H. Brafman, London: Karnac. 2001. Pp. 166. *Int. J. Psycho-anal.*, 83:1205-1207. [PEP Web Link](#)

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Loshak, R. (2005). Review of Untying the Knot: Working with Children and Parents by A.H. Braman (Karnac Books, London, 2001), *Psychoanalytic Psychotherapy*, 19:174-176. [PEP Web Link](#)

Novick, K. K. & Novick, J. (2013). A new model of techniques for concurrent psychodynamic work with parents of child and adolescent psychotherapy patients. In *Child and Adolescent Psychiatric Clinics of North America: Psychodynamic Treatment Approaches to Psychopathology*, Eds. R. Ritvo and S.W. Henderson, Vol. 22,2, pp. 331-349. [Available in [Library](#)]

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Rosenbaum, A.L. (1994). The assessment of parental functioning: a critical process in the evaluation of children for psychoanalysis, *Psa. Quart.*, 63:466-490. [PEP Web Link](#)

Sherick, I. (2009). A proposal to revive parent-guidance: illustrated by a brief intervention with a mother of a toddler, *Psa Study of the Child*, 64:229-246. [PEP Web Link](#)

Siskind, D. (1997). Working with parents: establishing the essential alliance in child psychotherapy and consultation. Northvale, NJ: Jason Aronson. [Available on Reserve in [Library](#)]

Silverman, M.A. (2008). Review of Working with Parents Makes Therapy Work. By Kelly Kerry Novick and Jack Novick: Jason Aronson, 2005. 196 pp. *Psycho. Quart.*, 77: 357-364. [PEP Web Link](#)

Slade, A. (1999). Representation, symbolization, and affect regulation in the concomitant treatment of a mother and child: Attachment theory and child psychotherapy, *Psa Inquiry*, 19:797-830. [PEP Web Link](#)

Whitefield, C. & Midgley, N. (2015). 'And when you were a child?': how therapists working with parents alongside individual child psychotherapy bring the past into their work. *J. of Child Psychotherapy*, 41:272-292. [Available in [Library](#)]

Yanof, J. A. (2006). Child analysis: Review of Working with Parents Makes Therapy Work. By Kerry Kelly Novick and Jack Novick. New York: Jason Aronson, 2005, 208 pp., *JAPA*, 54:1438-1441. [PEP Web Link](#)