Development Theory and Technique

In this ten week course the focus will be on development. There will be an overview of the different stages of development with an emphasis on the development of the structure of the child’s mind. We will also think about different perspectives toward development and their implications for technique. While we won’t be able to cover each area in depth, we will attempt to introduce both contemporary research as well as psychoanalytic concepts for each developmental stage. There will also be case vignettes presented to bring the concepts to life and facilitate grappling with the theory as it applies in individual cases.

March 16, 2017
Class 1. Developmental Theory and Affect Development


March 23, 2017
Class 2 Attachment and Psychoanalysis


March 30, 2017
Class 3: Oedipal Development


April 6, 2017
Class 4: Oedipal Development II-


April 13, 2017

Class 4: Gender Development
Ayelet R. Barkai, M.D. [Available upon Request from the Library]

No Class April 20, 2017

April 27, 2017 (double session)
Class 6: Latency Phase


Class 7: Latency Phase II


May 4, 2017
Class 8: Contemporary Ideas about Self-Regulation and Defenses


May 11, 2017
Class 9: Adolescent Development


May 18, 2017
Class 10: Adolescent Theory in Practice


Learning Objectives:
1. At the conclusion of this session candidates will be able to demonstrate at least two dilemmas involved in learning about child development.
2. At the conclusion of this session candidates will be able to discuss three ways Attachment Research relates to psychoanalytic treatment.
3. At the conclusion of this session candidates will be able to discuss three challenges of oedipal development.
4. At the conclusion of this session candidates will be able to explain two ways oedipal theory in Freud’s Little Hans case is criticized.
5. At the conclusion of this session candidates will be able to discuss two basic principles of Gender Development.
6. At the conclusion of this session candidates will be able to explain how two aspects of non-linear systems theory as it relates to Latency Development.
7. At the conclusion of this session candidates will be able to explain two dimensions of sadomasochistic dynamics as it manifests in relationships.
8. At the conclusion of this session candidates will be able to discuss three self-regulation skills.
9. At the conclusion of this session candidates will be able to discuss two ways mentalization expresses itself in adolescent development.
10. At the conclusion of this session candidates will be able to explain two ways adolescent development can complicate adult treatment.