THE BOSTON PSYCHOANALYTIC SOCIETY AND INSTITUTE 141 Herrick Road, Newton Centre, Massachusetts 02459

Psychotherapy Fellowship, Child Track Spring Trimester: March 16- May 18, 2017 Instructors: Dov Fogel, M.D., Sam Roth, PhD

Development Theory and Technique

In this ten week course the focus will be on development. There will an overview of the different stages of development with an emphasis on the development of the structure of the child's mind. We will also think about different perspectives toward development and their implications for technique. While we won't be able to cover each area in depth, we will attempt to introduce both contemporary research as well psychoanalytic concepts for each developmental stage. There will also be case vignettes presented to bring the concepts to life and facilitate grappling with the theory as it applies in individual cases.

March 16, 2017 Class 1. Developmental Theory and Affect Development

Gilmore, K. (2008). Psychoanalytic Developmental Theory: A Contemporary Reconsideration. JAPA, 56: 885-907. PEP Web Link

Hobson, P. (1993). The Intersubjective Domain: Approaches from Developmental Psychology. JAPA, 41S 167-192. PEP Web Link

March 23, 2017 Class 2 Attachment and Psychoanalysis

Fonagy, P., Target, M. (2007). The Rooting of the Mind in the Body: New Links Between Attachment Theory and Psychoanalytic Thought. JAPA, 55:411-456. PEP Web Link

March 30, 2017 Class 3: Oedipal Development

Brown, L.J. (2002). The Early Oedipal Situation: Developmental, Theoretical, and Clinical Implications. Psychoanal Q., 71:273-300. PEP Web Link

Fivaz-Despeursinge, E. (2010), *The Young Infant's Triangular Communication in the Family: Access to Threesome Intersubjectivity? Conceptual Considerations and Case Illustrations*, Psychoanalytic Dialogues, 20:125–140. PEP Web Link

April 6, 2017

Class 4: Oedipal Development II-

Freud, S. (1909). Analysis of a Phobia in a Five-Year-Old Boy. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume X (1909): Two Case Histories ('Little Hans' and the 'Rat Man'), 1-150. Read pages 3-32. PEP Web Link

Blum, H.P. (2007). Little Hans: A Contemporary Overview. Psychoanal. St. Child, 62:44-60. PEP Web Link

April 13, 2017

Class 4: Gender Development

Barkai, A.R. (2017). Troubling Gender or Engendering Trouble? The Problem with Gender Dysphoria in Psychoanalysis. The Psychoanalytic Review, 104(1), 1-32 Ayelet R. Barkai, M.D. [Available upon Request from the Library]

No Class April 20, 2017

April 27, 2017 (double session) Class 6: Latency Phase

Knight, Rona. (2014). A Hundred Years of Latency: From Freudian Psychosexual Theory to Dynamic Systems Nonlinear Development in Middle Childhood. JAPA, 62:203-235. [Available upon Request from the Library]

Class 7: Latency Phase II

Novick, K.K., Novick, J. (1994) Postoedipal Transformations: Latency, Adolescence and Pathogenesis. JAPA, 42:143-169. <u>PEP Web Link</u>

May 4, 2017

Class 8: Contemporary Ideas about Self- Regulation and Defenses

Sugarman, A. (2008). Fantasizing as process, not fantasy as content: the importance of mental organization. <u>Psychoanalytic Inquiry</u>, 28: 169-189. <u>PEP Web Link</u>

Novick, K.K. and Novick, J, (2003), *Two Systems of Self-Regulation and the Differential Application of Psychoanalytic Technique*, The American Journal of Psychoanalysis, Vol. 63, No. 1, March 2003. PEP Web Link

May 11, 2017

Class 9: Adolescent Development

Fonagy, P et al, (2004). Affect Regulation, Mentalization and the Development of the Self. Other Press. New York. pp. 317-343. [Available upon Request from the Library]

May 18, 2017

Class 10: Adolescent Theory in Practice

Blos, P. (1990). Adolescent fixation in adult psychopathology. In S. Dowling (ed.) Child and Adolescent Analysis: Its significance for clinical work with adults. Madison, CT: International Universities Press, pp. 67-79. PEP Web Link

Learning Objectives:

- 1. At the conclusion of this session candidates will be able to demonstrate at least two dilemmas involved in learning about child development.
- 2. At the conclusion of this session candidates will be able to discuss three ways Attachment Research relates to psychoanalytic treatment.
- 3. At the conclusion of this session candidates will be able to discuss three challenges of oedipal development.
- 4. At the conclusion of this session candidates will be able to explain two ways oedipal theory in Freud's Little Hans case is criticized.
- 5. At the conclusion of this session candidates will be able to discuss two basic principles of Gender Development.
- 6. At the conclusion of this session candidates will be able to explain how two aspects of non-linear systems theory as it relates to Latency Development.
- 7. At the conclusion of this session candidates will be able to explain two dimensions of sadomasochistic dynamics as it manifests in relationships.
- 8. At the conclusion of this session candidates will be able to discuss three self-regulation skills.
- 9. At the conclusion of this session candidates will be able to discuss two ways mentalization expresses itself in adolescent development.
- 10. At the conclusion of this session candidates will be able to explain two ways adolescent development can complicate adult treatment.