



## **Application for a Waiver For a Candidate's Personal Analyst to serve as Training Analyst**

The Boston Psychoanalytic Society and Institute (BPSI) training standards are those of the Board on Professional Standards (BOPS) of the American Psychoanalytic Association (APsaA) and the American Association of Psychoanalytic Education (AAPE), and include the requirement that the candidate's personal analysis be conducted with an approved Training and Supervising Analyst.

For candidates accepted for training or applicants currently in an ongoing personal analyses with an analyst who is not a BPSI Training and Supervising Analyst, under some circumstances, in order to avoid interrupting an existing treatment, BPSI will apply for a waiver to accept the ongoing personal analysis as a training analysis.

Considerations as to whether an ongoing personal analysis might be accepted to continue as the "training analysis" include the following provisions:

### **ELIGIBILITY CRITERIA**

A Personal Analyst is eligible for consideration of the waiver if these criteria are met:

1. The analyst is a graduate of an institute of the American Psychoanalytic Association (APsaA) or the International Psychoanalytic Association (IPA) five years ago or longer. OR:

For graduates of non-IPA Institutes, the analyst must have been accepted for membership in APsaA through the Membership Requirements and Review Committee (MMRP) Pathway and must be accepted as a full psychoanalyst member of BPSI. This step requires "training equivalency" with BPSI standards.

(Information available at APsaA.org under membership options

<http://www.apsa.org/sites/default/files/ApplicationMRRCEExpandedMembership.pdf>)

2. The analyst has been treating the *potential candidate or accepted candidate* for a substantial period of time. (Guidelines suggest that the amount of time be a minimum of one year.)
3. Analytic Immersion: Since graduation the analyst has experience treating four non-psychotic individuals in 4x/week analysis. Two of those cases have been in treatment for at least three years.
4. The total number of analytic hours seen by the analyst since graduation is a minimum of 1800 hours of 4x/week cases. This may include hours for control cases seen after graduation.
5. The analyst demonstrates evidence of independent work by having at least two new cases started after graduation.

6. Certification by APsaA or the American Board of Psychoanalysis is encouraged but is not required for the personal analyst waiver.
7. The analyst is an active member in good ethical and financial standing of APsaA and BPSI.

## **PROCESS:**

If an analyst is considering applying for the waiver, the analyst may contact Karen Smolens in the BPSI office to be in touch with the Training and Supervising Analyst Chair or his or her designee to review eligibility. The analyst should please complete the four page TA Waiver application available from Karen Smolens in the BPSI Administrative Office and send the material along with a cover letter describing your intention to apply for a waiver to: Karen Smolens, [ksmolens@bpsi.org](mailto:ksmolens@bpsi.org), attention: Chair, Training and Supervising Analyst Committee.

Analysts from non-IPA Institutes may begin the APsaA MMRP application simultaneously with the Waiver application, although acceptance to APsaA and BPSI as a full psychoanalyst member is required before the waiver can be granted.

When the information is received, the Chair of Supervising and Training Analysts will review eligibility and may call the analyst with questions.

If the Chair determines the analyst meets the criteria, the Chair will assign an ad-hoc review committee of two or three members of the TA/SA Committee. The members will review eligibility and a designee may meet with the analyst. The meeting(s) would be informational and collegial to provide an opportunity for discussion about issues related to treating someone involved in analytic training, and discuss whether the waiver is in the best interest of the applicant or candidate.

Following the interview(s), the three member ad-hoc review committee will meet to review the analyst's application. In considering whether to support the analyst's request for a waiver, committee members will keep in mind the primary question of whether the waiver is in the best interest of the candidate.

If the ad-hoc review committee supports the analyst's request for a waiver, the application packet will be sent to the Committee on Institutes of the Board on Professional Standards (BOPS) of the American Psychoanalytic Association for review; after June 30, 2017, the waiver applications will be reviewed by the American Association of Psychoanalytic Education (AAPE.)

The appeal process for waivers that have been turned down include a meeting with the ad hoc committee and will include two additional members to the ad hoc committee to consider appeals.

APsaA and AAPE finalize waiver applications twice yearly, the ad-hoc review group will review current deadlines with the applicant.