



Psychoanalytic Training, Year I

Fall 2017

Theory I: Basic Concepts

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Welcome to “Basic Concepts”! Our seminar is designed to provide an overview of fundamental concepts in psychoanalysis, and then see how those ideas have been reworked in contemporary psychoanalysis. Together we will examine some core concepts including transference, countertransference, defense, object, self, intersubjectivity and the psychoanalytic field. We’ll visit some of the major schools of psychoanalytic thought, such as ego psychology, object relations, self-psychology, relational theory and field theory. We’ll briefly consider the historical, political, and cultural contexts in which psychoanalytic theories develop, and ask how each new model seeks to respond to cultural change and address gaps in earlier theory. How does the same concept evolve and change, and which ideas are important to hold onto? How does theory affect how we listen? Or our clinical technique? What can we say about our models of therapeutic change? The current “pluralistic” climate of psychoanalytic practice involves being able to hold in mind differing ways of understanding the material a given patient brings to us. For that reason, readings are chosen from select classic and contemporary papers, from multiple perspectives. We hope our work together will help provide a foundation for the class to engage deeply in learning together throughout your psychoanalytic training!

I: September 28 - The Clinical Unconscious

Freud, S. (1914) Remembering, Repeating and Working-Through. Standard Edition Volume XII pp. 145-156. [PEP Web Link](#).

Ogden, T. H. (1992). Comments on Transference and Countertransference in the Initial Analytic Meeting. *Psychoanalytic Inquiry* 12: 225-247. [PEP Web Link](#).

Learning Objectives - Candidates will be able to discuss the potential transference implications of behavior by patients in opening sessions.

II. October 5 –Transference

Freud, S. (1912). The Dynamics of Transference. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works, 97-108. [PEP Web Link](#)

Almond, R. (2011). Freud's "The Dynamics of Transference" One Hundred Years Later. *J. Amer. Psychoanal. Assn.*, 59:1129-1156. [PEP Web Link](#)

Learning Objectives - Candidates will be able to describe two features of Almond's updated examination of transference.

III. Oct 12 – Ego and Defense

Busch, F. (1996). The Ego And Its Significance In Analytic Interventions. *J. Amer. Psychoanal. Assn.*, 44:1073-1099. [PEP Web Link](#)

Brenner, C. (2007) Psychoanalysis or Mind and Meaning. *Psychoanalytic Quarterly Monograph*, Chapter 4: pp. 47-70. [Available in the library. Check the reading folder or request from library@bpsi.org]

Learning Objectives - Candidates will be able to articulate one example of using the concept of the ego in analytic interventions.

IV. Oct 19 – Object

Guntrip, H. (1975) My Experience of Analysis with Fairbairn and Winnicott, *Int Rev Psa* 2: 145-156
Fairbairn, W. R. D.(1943a). [PEP Web Link](#)

Ogden (1979) On Projective Identification *IJP* 60: 357-373. [PEP Web Link](#)

Learning Objectives - Candidates will be able to compare how Winnicott's approach to pre-Oedipal object relations was helpful in Guntrip's case as opposed to his first analysis.

V. October 26 - Self

Winnicott, D.W. Ego Distortion in Terms of True and False Self (1960) in *The Maturation Processes and the Facilitating Environment* (1965). *Int. Psycho-Anal. Lib.*, 64:1-276. London: The Hogarth Press and the Institute of Psycho-Analysis. Chapter 12, pp.140-152. [Available in the library. Check the reading folder or request from library@bpsi.org]

Kohut, H. (1979). The Two Analyses of Mr. Z. *International Journal of Psychoanalysis* 60: 3-27. [PEP Web Link](#)

Learning Objectives - Candidates will be able to define the self-psychological concepts of empathy and self-object.

VI. November 9 – Countertransference

Jacobs, T.J. (1986). On Countertransference Enactments. *J. Amer. Psychoanal. Assn.*, 34:289-307. [PEP Web Link](#)

Brown, L.J. (2007). On Dreaming One's Patient: Reflections on an Aspect of Countertransference Dreams. *Psychoanal. Q.*, 76(3):835-861. [PEP Web Link](#)

Learning Objectives - Candidates will be able to describe the term enactment and how it can be useful clinically.

VII. November 2 – Intersubjectivity and the Field

Ogden, T.H. (1994). The Analytic Third: Working with Intersubjective Clinical Facts. *Int. J. Psycho-Anal.*, 75:3-19. [PEP Web Link](#)

Zimmer, R.B. (2010). A View from the Field: Clinical Process and The Work of Confluence. *Psychoanal Q.*, 79(4):1151-1165. [PEP Web Link](#)

Learning Objectives - Candidates will be able to describe Ogden's idea of the analytic third.

VIII. November 16 – Psychoanalytic Process and Change

Stern, D.N., Sander, L.W., Nahum, J.P., Harrison, A.M., Lyons-Ruth, K., Morgan, A.C., Bruschiweilerstern, N. and Tronick, E.Z. (1998). Non-Interpretive Mechanisms in Psychoanalytic Therapy: The 'Something More' Than Interpretation. *Int. J. Psycho-Anal.*, 79:903-921) [PEP Web Link](#)

Parsons, M. (2007). Raiding the Inarticulate: The Internal Analytic Setting and Listening Beyond Countertransference. *Int. J. Psycho-Anal.*, 88(6):1441-1456. [PEP Web Link](#)

Learning Objective - Candidates will be able to articulate two non-interpretive mechanisms of therapeutic change.