



Development III – Youth Development

**Instructor:
Gil Noam, Ed.D., Ph.D. (Habil)**

Class One: Introduction and Theoretical Considerations: Adolescent Turmoil and Crisis or Much Ado About Nothing

November 29, 2018

Offer, D. (1991). Adolescent development: a normative perspective. In S. Greenspan & G. Pollack (Eds.) *The Course of Life IV Adolescence*. International University Press. [Available in the library: check the reading folder or request from library@bpsi.org.]

Winnicott, D. (1974). Contemporary concepts for adolescent development and their implications for higher education. In *Playing and Reality*. London: Tavistock Publications. [PEP Web Link](#)

Class Two: Adolescent Development: Developmental Stage Theory

December 6, 2018

Erikson, E.H. (1950). Chapter 7. In *Childhood and Society* (247-274). New York: W. W. Norton Co. [Available in the library: check the reading folder or request from library@bpsi.org.]

Kohlberg, L. (1976). Moral stages and moralization. In Lickona, T. (Ed.) *Moral Development and Behavior* (31-53). New York: Holdt, Rinehart, and Winston. [Available in the library: check the reading folder or request from library@bpsi.org.]

Class Three: From Adolescent to Youth Development: The Role of Developmental Process Theory

December 13, 2018

Noam, G., Triggs, B. (2018). *The Clover Model: Developmental Process Theory*. Manuscript, PEAR Institute, Harvard University and McLean Hospital. [Available in the library: check the reading folder or request from library@bpsi.org.]

Galatzer-Levy, R. (2004). Chaotic possibilities: toward a new model of development. *International Journal of Psychoanalysis*, 85(2), 418-442. [PEP Web Link](#)

Class Four: Relationships in Adolescence

December 20, 2018

Warshaw, S. (2001). The loss of my father in adolescence: the impact on my work as a psychoanalyst. In Gersen, B. (ed.) *The Therapist as a Person*. London: Routledge Press. [Available in the library: check the reading folder or request from library@bpsi.org.]

Noam G. (1999). The psychology of belonging: reformulating adolescent development. In L. Flaherty & H. Horowitz (Eds.) *Adolescent Psychiatry, Development and Clinical Studies*, Vol. 24 (49-68). Hillside, New Jersey: Annals of the American Society for Adolescent Psychiatry. [Available in the library: check the reading folder or request from library@bpsi.org.]

Dubois-Comtois, K., Cyr, C., Pascuzzo, K., Lessard, M. & Poulin, C. Attachment theory in clinical work with adolescents. *J Child Adolescent Behavior*, 1(3). [Linked Here](#)

Class Five: Assertive Self

January 3, 2019

Freud, A. (1965). Normality and Pathology in Childhood Development (Chapter 1, pp. 3-24). New York; International University Press. [Available in the library: check the reading folder or request from library@bpsi.org.]

Peneva, I. & Mavrodiev, S. (2013). A historical approach to assertiveness. *Psych. Thought*, 6(1), 14. [Linked Here](#)

2 Short You Tube Videos on David Elkind's concept of Adolescent Egocentrism:
[Linked Here](#) and [Kathy Anderson Linked Here](#)

Class Six: Sexuality and the Body Self

January 10, 2019

Shapiro, T. (2008). Masturbation, sexuality, and adaptation: normalization in adolescence. *J Am Psychoanalytic Assoc.*, 56, 123-146. [PEP Web Link](#)

Fast, I. (1990). Aspects of early gender development: toward a reformulation. *Psychoanalytic Psychology*, 7S, 105-117. [PEP Web Link](#)

Friedman, R.C. and Downey, J.I. (2008). Sexual differentiation of behavior: the foundation of a developmental model of psychosexuality. *J. Amer. Psychoanalytic. Assoc.*, 56(1), 147-175 [PEP Web Link](#)

Freud, S. (1905). *Chapter I: the sexual Aberrations. Three essays on the theory of sexuality*, Standard Ed. Vol. 7. (135-172). [PEP Web Link](#)
(Background reading not required)

Class Seven: The Reflective Self

January 17, 2019

Erikson, E.H. (1956). The problem of ego identity. *J. Amer. Psychoanal. Assn.*, 4, 56-121. [PEP Web Link](#)

Billow, R. (2004). The adolescent play: averting the tragedy of Hamlet. *Contemporary Psychoanalysis*, 40, 253-277. [PEP Web Link](#)

Short video about James Marcia's Theory of Identity Development
[Linked Here](#)

Macie Hall Blog on William Perry's theory of development in the college years, Johns Hopkins, 2013. [Linked Here](#)

Class Eight: Summary Discussion

January 24, 2019

Wilson, P. (2001). "I don't know" *Journal of the British Association of Psychotherapists*, 39, 166-176.
[Available in the library: check the reading folder or request from library@bps.org.]

Course Learning Objectives:

1. At the conclusion of the session, the participant will be able to describe 3 viewpoints of normal adolescent development.
2. At the conclusion of the session, the participant will be able to compare 3 models of adolescent development.
3. At the conclusion of the session, the participant will be able to analyze a movie about adolescent experience and discuss a developmental idea from the film.
4. At the conclusion of the session, the participant will be able to analyze family dynamics that occur during adolescence.
5. At the conclusion of the session, the participant will be able to compare risk and resiliency approaches to adolescent treatment.
6. At the conclusion of the session, the participant will be able to discuss the role of physical development and sexuality in adolescent experience.
7. At the conclusion of the session, the participant will be able to describe the concept of nonlinear development and its application to adolescence.
8. At the conclusion of the session, the participant will be able to apply concepts of adolescent development to working therapeutically in psychoanalytic treatment with adolescents and adults.