



Fellowship in Psychoanalytic Psychotherapy
Fall 2017

**Introduction to Child and Adolescent Psychoanalytic Theory and Technique:
Developments in Therapy Informed by Evolving Models of the Child's Mind**

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and Mimi Pantuhova Psy.D.

In this survey seminar, we will compare and contrast some of the major theoretical approaches to child psychoanalysis. This will include discussion of ego psychological, Kleinian, Winnicottian, Bionian, interpersonal, attachment and mentalization-based, and what we will call "developmental based" theories, as well as their technical approaches.

Week I. Introduction to course: Overview of Theory and Technique

Required:

Richard Gomberg-Introductory Lecture to the Fellowship (To be sent as email attachment)

Pine F. (1997). The four psychologies of psychoanalysis and their place in clinical work. J.A.P.A. 36: pp 571-596. [PEP Web Link](#)

Optional:

Holmes J. (1998). The changing aims of psychoanalytic psychotherapy: an integrative perspective. Int. Jour. Psycho-anal. vol. 79: pp. 227-240. [PEP Web Link](#)

Cooper A. (1985). A historical review of psychoanalytic paradigms. In, Models of the Mind. A Rothstein (Ed.). New York, IUP. Pp. 5-20. [PEP Web Link](#)

Westin D. (2002). The language of psychoanalytic discourse. Psychoanalytic Dialogues. Vol 12:pp. 857-898. [PEP Web Link](#)

Objective: At the conclusion of this session, fellows will be able to describe the four major models of the mind in psychoanalytic psychotherapy.

Week II. Classical Approaches, Transference, Countertransference and Play

Salomonsson, M.W. (1997). Transference in child analysis: A comparative reading of Anna Freud and Melanie Klein. *Scand. Psychoanal. Rev.*, 20:1-19. [PEP Web Link](#)

Bonovitz, C. (2009). Countertransference in Child Psychoanalytic Psychotherapy: The Emergence of the Analyst's Childhood. *Psychoanal. Psychol.*, 26:235-245. [PEP Web Link](#)

Ablon, S.L. (2001). The Work of Transformation: Changes in Technique since Anna Freud's Normality and Pathology in Childhood. *Psychoanalytic Study of the Child*, 56:27-38. [PEP Web Link](#)

Optional:

Mitchell SA, Black MJ (1995). Sigmund Freud and the Classical Psychoanalytic Tradition. In *Freud and Beyond: A History of Modern Psychoanalytic Thought*. Basic Books, NY. Pp. 1-22. [Available in the library. Check the reading folder or request from library@bpsj.org]

Objective: At the conclusion of this session, fellows will be able to describe Klein's versus Anna Freud's views on children's transference and the role of depth interpretation versus defense interpretation.

Week III. Winnicott, Holding, Play, Not Knowing, and Transitional Space

Modell, A. (1985). The Works Of Winnicott And The Evolution Of His Thought. *Journal of the American Psychoanalytic Association*, 33S:113-137. [PEP Web Link](#)

Winnicott, D.W. (1968). Playing: Its Theoretical Status in the Clinical Situation. *Int. J. Psycho-Anal.*, 49:591-599. [PEP Web Link](#)

Ablon, S.L. (2000). "Where Work is Play for Mortal Stakes": The Good Hour in Child Analysis, *Psychoanalytic Study of the Child*, 55:113-123. [PEP Web Link](#)

Optional:

Winnicott, D.W. (1969). The Use of an Object. *International Journal of Psycho-Analysis*, 50:711-716. [PEP Web Link](#)

Winnicott, D.W. (1960). The Theory of the Parent-Infant Relationship. *Int. J. Psycho-Anal.*, 41:585-595. [PEP Web Link](#)

Objective : At the conclusion of this session fellows will be able to describe Winnicott's concepts of transitional phenomena and the use of play.

Week IV. Contemporary Ego/Defense and Object Relations Approaches

Anderson, R. (2004) Developments in Technique in Kleinian Child Psychoanalysis. In L. Rodriguez de la Sierra (ed.), *Child Analysis Today*. Karnac Books London England, pp 15-28. [Available in the library. Check the reading folder or request from library@bpsl.org]

Hoffman, L. (2007). Do Children Get Better when we Interpret their Defenses against Painful Feelings? *Psychoanalytic Study of the Child*, 62:291-313. [PEP Web Link](#)

Optional:

Hoffman, L. (1989). The Psychoanalytic Process and the Development of Insight in Child Analysis: A Case Study. *Psychoanal Q.*, 58:63-80. [PEP Web Link](#)

Mitchell SA, Black MJ (1995). Melanie Klein and Contemporary Kleinian Theory. In *Freud and Beyond: A History of Modern Psychoanalytic Thought*. Basic Books. Pp 85-111. [Available in the library. Check the reading folder or request from library@bpsl.org]

Objective: At the conclusion of this session fellows will be able to identify potential opportunities in therapy with children to make an interpretation of defense against painful affects.

Week V. Bion, Containing, Processing

Brown, L.J. (2009). The ego psychology of Wilfred Bion: implications for an intersubjective view of psychic structure. *Psychoanalytic Quarterly*, 78: 27-55. [PEP Web Link](#)

Korbivcher, C.F. (2005). The theory of transformations and autistic states: Autistic transformations: A proposal. *Int. J. Psycho-Anal.*, 86:1595-1610. [PEP Web Link](#)

Optional:

Brown, L.J. (2013). The development of Bion's concept of container and contained. In H.B. Levine & L.J. Brown (eds.), *Growth and Turbulence in the Container/Contained: Bion's Continuing Legacy*, New York: Routledge, pp. 7-22. [Available in the library. Check the reading folder or request from library@bpsl.org]

Objective: At the conclusion of this session fellows will be able to discuss Bion's concept of therapeutic containment

Week VI. Relational Theory and Technique

Frankel, J.B. (1998). The Play's the Thing How the Essential Processes of Therapy Are Seen Most Clearly in Child Therapy. *Psychoanal. Dial.*, 8:149-182. [PEP Web Link](#)

Altman, N. (1994). A Perspective on Child Psychoanalysis 1994: The Recognition of Relational Theory and Technique in Child Treatment, *Psychoanalytic Psychology*, 11:383-395. [PEP Web Link](#)

Optional:

Frankel, J. (2011). The Analytic State of Consciousness as a Form of Play and a Foundational Transference. *Int. J. Psycho-Anal.*, 92:1411-1436. [PEP Web Link](#)

Objective : At the conclusion of this session fellows will be able to explain the relational approach to action in the therapy.

Week VII. Attachment and Mentalization

Slade, A. (1999). Representation, Symbolization, and Affect Regulation in the Concomitant Treatment of a Mother and Child: Attachment Theory and Child Psychotherapy. *Psychoanalytic Inquiry*, 19:797-830. [PEP Web Link](#)

Fonagy, P., Target, M. (1996). Playing With Reality: I. Theory Of Mind And The Normal Development Of Psychic Reality. *Int. J. Psycho-Anal.*, 77:217-233. [PEP Web Link](#)

Optional:

Fonagy, P., Target, M. (1998). Mentalization and the Changing Aims of Child Psychoanalysis. *Psychoanal. Dial.*, 8:87-114. [PEP Web Link](#)

Barish, K. (2006). On the Role of Reparative Processes in Childhood: Pathological Development and Therapeutic Change. *J. Infant Child Adolesc. Psychother.*, 5:92-110. [Available in the library. Check the reading folder or request from library@bpsl.org]

Slade, A. (2008). The Move from Categories to Process: Attachment Phenomena and Clinical Evaluation. *Att: New Dir. in Psychother. Relat. Psychoanal.*, 2:89-105. [PEP Web Link](#)

Slade, A. (2000). The Development and Organization of Attachment: Implications for Psychoanalysis. *J. Amer. Psychoanal. Assn.*, 48:1147-1174. [PEP Web Link](#)

Objective: At the conclusion of this session fellows will be able to identify mentalizing versus psychic equivalence modes of relating to reality.

Week VIII. Other Developmental Approaches

Harrison, A.M., Tronick, E.Z. (2007). Contributions to Understanding Therapeutic Change: Now We have a Playground. *J. Amer. Psychoanal. Assn.*, 55:853-874. [PEP Web Link](#)

Stern, D.N. (1985). *The Interpersonal World of the Infant*. New York, Basic Books, pp. 2-34. [PEP Web Link](#)

Optional:

Stern, D.N. (1988). Affect in the Context of the Infant's Lived Experience: Some Considerations. *Int. J. Psycho-Anal.*, 69:233-238. [PEP Web Link](#)

Stern, D.N., Sander, L.W., Nahum, J.P., Harrison, A.M., Lyons-Ruth, K., Morgan, A.C., Bruschiweilerstern, N., Tronick, E.Z. (1998). Non-Interpretive Mechanisms in Psychoanalytic Therapy: The 'Something More' Than Interpretation. *Int. J. Psycho-Anal.*, 79:903-921. [PEP Web Link](#)

Stern, D.N. (1988). The Dialectic Between the "Interpersonal" and the "Intrapsychic": With Particular Emphasis on the Role of Memory and Representation. *Psychoanal. Inq.*, 8:505-512. [PEP Web Link](#)

Objective : At the conclusion of this session fellows will be able to list Daniel Stern's Four Senses of Self.

IX. Working with Parents

Novick, J., Novick, K.K. (2000). Parent Work in Analysis: Children, Adolescents, and Adults: Part One: The Evaluation Phase. *J. Infant Child Adolesc. Psychother.*, 1:55-77. [PEP Web Link](#)

Chethik, Morton. (2000) Part II, Work with Parents. In *Techniques of Child Therapy, Psychodynamic Strategies*. New York, The Guildford Press, Second Edition, pp. 61-80. [Available in the library. Check the reading folder or request from library@bpsi.org]

Optional:

Novick, K.K., Novick, J. (2002). Parent Work in Analysis II—Children, Adolescents, and Adults: Recommendation, Beginning, and Middle Phases of Treatment. *J. Infant Child Adolesc. Psychother.*, 2:1-27. [PEP Web Link](#)

Chethik, Morton (2000) Part II, Work with Parents In *Techniques of Child Therapy, Psychodynamic Strategies*. New York, The Guildford Press, Second Edition, pp.80-91. [Available in the library. Check the reading folder or request from library@bpsi.org]

Objective : At the conclusion of this session fellows will be able to describe the role of parent work in child psychoanalytic therapy.

WEEK X. Virtual Realities in Psychoanalytic Psychotherapy

Chung, S.J., Colarusso, C. (2012). The Use of the Computer and the Internet in Child Psychoanalysis. *Psychoanal. St. Child*, 66:197-223. [PEP Web Link](#)

Lemma, A. (2010). An Order of Pure Decision: Growing up in a Virtual World and the Adolescent's Experience of Being-in-A-Body. *J. Amer. Psychoanal. Assn.*, 58:691-714. [PEP Web Link](#)

Optional:

Lingiardi, V. (2008). Playing with Unreality: Transference and Computer. *Int. J. Psycho-Anal.*, 89:111-126. [PEP Web Link](#)

Objective: At the conclusion of this session fellows will be able to describe how the virtual world can provide a play space for therapy.