Fellowship in Psychoanalytic Psychotherapy
Fall 2017

Introduction to Child and Adolescent Psychoanalytic Theory and Technique:
Developments in Therapy Informed by Evolving Models of the Child’s Mind
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In this survey seminar, we will compare and contrast some of the major theoretical approaches to child psychoanalysis. This will include discussion of ego psychological, Kleinian, Winnicottian, Bionian, interpersonal, attachment and mentalization-based, and what we will call "developmental based" theories, as well as their technical approaches.

Week I. Introduction to course: Overview of Theory and Technique
Required:
Richard Gomberg-Introductory Lecture to the Fellowship (To be sent as email attachment)


Optional:


Objective: At the conclusion of this session, fellows will be able to describe the four major models of the mind in psychoanalytic psychotherapy.
Week II. Classical Approaches, Transference, Countertransference and Play


Optional:


Objective: At the conclusion of this session, fellows will be able to describe Klein’s versus Anna Freud's views on children's transference and the role of depth interpretation versus defense interpretation.

Week III. Winnicott, Holding, Play, Not Knowing, and Transitional Space


Optional:


Objective: At the conclusion of this session fellows will be able to describe Winnicott's concepts of transitional phenomena and the use of play.
Week IV. Contemporary Ego/Defense and Object Relations Approaches


Optional:


Objective: At the conclusion of this session fellows will be able to identify potential opportunities in therapy with children to make an interpretation of defense against painful affects.

Week V. Bion, Containing, Processing


Optional:


Objective: At the conclusion of this session fellows will be able to discuss Bion's concept of therapeutic containment

Week VI. Relational Theory and Technique


Optional:


Objective: At the conclusion of this session fellows will be able to explain the relational approach to action in the therapy.

Week VII. Attachment and Mentalization


Optional:


Objective: At the conclusion of this session fellows will be able to identify mentalizing versus psychic equivalence modes of relating to reality.

Week VIII. Other Developmental Approaches


Optional:


Objective: At the conclusion of this session fellows will be able to list Daniel Stern's Four Senses of Self.

IX. Working with Parents


Optional:


Objective: At the conclusion of this session fellows will be able to describe the role of parent work in child psychoanalytic therapy.

WEEK X. Virtual Realities in Psychoanalytic Psychotherapy


Optional:

Objective: At the conclusion of this session fellows will be able to describe how the virtual world can provide a play space for therapy.