



## Relational Theory

**Instructors: Joseph M. Schwartz, Ph.D. & Cary Friedman, M.D.**

### **Session 1 (November 29, 2018): Introductory Framework**

Mitchell, S. (1988). Introduction, The relational matrix and “Drive” and the Relational Matrix. In *Relational Concepts in Psychoanalysis: An Integration* (Introduction-Chapter 2, 1-62).

Cambridge, MA: Harvard University Press. [Available in the library: check the reading folder or request from [library@bpsi.org](mailto:library@bpsi.org).]

Optional (but strongly recommended):

Harris, A.E. (2011). The relational tradition: landscape and canon. *Journal of the American Psychoanalytic Association*, 59(4), 701-735. [PEP Web Link](#)

*Learning Objective: At the conclusion of this session, candidates will be able to identify the epistemological and philosophical underpinnings of relational psychoanalytic theory.*

### **Session 2 (December 6, 2018): The Relational Critique of Classical Psychoanalysis**

Hoffman, I.Z. (1983). The patient as interpreter of the analyst’s experience. *Contemporary Psychoanalysis*, 19, 389-422. [PEP Web Link](#)

Hoffman, I.Z. (1996). The intimate and ironic authority of the psychoanalyst’s presence. *Psychoanalytic Quarterly*, 65, 102-136. [PEP Web Link](#)

*Learning Objective: At the conclusion of this session, candidates will be able to explain the theoretical and clinical implications of the relational theory critiques of the classical psychoanalytic concepts of anonymity, abstinence and neutrality.*

### **Session 3 (December 13, 2018): The Analytic Third**

Ogden, T.H. (1994). The analytic third: working with intersubjective clinical facts. *International Journal of Psychoanalysis*, 75, 3-19. [PEP Web Link](#)

Benjamin, J. (2004). Beyond doer and done to: an intersubjective view of thirdness. *Psychoanalytic Quarterly*, 73(1), 5-46. [PEP Web Link](#)

*Learning Objective: At the conclusion of this session, candidates will be able to describe the concept of “The Analytic Third” and how it applies to psychoanalytic process.*

### **Session 4 (December 20, 2018): Dissociation and the Relational Perspective**

Bromberg, P.M. (1994). “Speak that I may see you”: some reflections on dissociation, reality, and psychoanalytic listening. *Psychoanalytic Dialogues*, 4(4), 517-547. [PEP Web Link](#)

Bromberg, P.M. (2009). Truth, human relatedness, and the analytic process: an interpersonal/relational perspective. *International Journal of Psychoanalysis*, 90(2), 347-361. [PEP Web Link](#)

Optional:

Ferenczi, S. (1949). Confusion of the tongues between the adults and the child—(the language of tenderness and of passion). *International Journal of Psychoanalysis*, 30, 225-230. [PEP Web Link](#)

*Learning Objective: At the conclusion of this session, candidates will be able to explain the distinction between dissociation and repression and describe its importance in relational psychoanalytic theory.*

### **Session 5 (January 3, 2019): Culture and Race from the Relational Perspective**

Layton, L. (2006). Racial identities, racial enactments, and normative unconscious processes, *Psychoanalytic Quarterly*, 75(1), 237-269. [PEP Web Link](#)

*Learning Objective: At the conclusion of this session, candidates will be able to describe the relational theoretical perspective on culture and race and apply it to psychoanalytic clinical work.*

### **Session 6 (January 10, 2019): Gender and the Relational Perspective**

Harris, A. (2000). Gender as a soft assembly: tomboys' stories. *Studies in Gender and Sexuality*, 1(3), 223-250. [PEP Web Link](#)

*Learning Objective: At the conclusion of this session, candidates will be able to describe the range of ways that gender can be represented and enacted in the clinical situation according to the relational theoretical perspective.*

### **Session 7 (January 17, 2019): The Developmental Perspective**

Stern, D.N., Sander, L.W., Nahum, J.P., Harrison, A. M., Lyons-Ruth, K., Morgan, A.C., Bruschiweilerstern, N., & Tronick, E.Z. (1998) Non-interpretive mechanisms in psychoanalytic therapy: the 'something more' than interpretation. *International Journal of Psychoanalysis*, 79, 903-921. [Available in the library: check the reading folder or request from [library@bpsi.org](mailto:library@bpsi.org).]

*Learning Objective: At the conclusion of this session, candidates will be able to describe the contribution of recent advances in psychoanalytic views of child development to relational theory and to psychoanalytic understanding of how clinical interventions produce change.*

### **Session 8 (January 24, 2019): Technique from the Relational Perspective**

Aron, L. (1991) The patient's experience of the analyst's subjectivity. *Psychoanalytic Dialogues*, 1(1), 29-51. [PEP Web Link](#)

Renik, O. (1999). Playing one's cards face up in analysis: an approach to the problem of self-disclosure. *Psychoanalytic Quarterly*, 68(4), 521-530. [PEP Web Link](#)

Mitchell, S.A. (1991). Wishes, needs and interpersonal negotiations. *Psychoanalytic Inquiry*, 11(1/2), 147-170. [PEP Web Link](#)

Optional:

Davies, J.M. (1994). Love in the afternoon: a relational reconsideration of desire and dread in the countertransference. *Psychoanalytic Dialogues*, 4(2), 153-170. [PEP Web Link](#)

Spezzano, C. (1995). "Classical" versus "contemporary" theory—the differences that matter clinically. *Contemporary Psychoanalysis*, 31, 20-46. [PEP Web Link](#)

*Learning Objective: At the conclusion of this session, candidates will be able to explain the implications of the relational perspective for psychoanalytic technique and apply them in the clinical situation.*