

Psychoanalytic Training, Year IV Winter 2017-2018 **Development III: Youth Development** Gil Noam, Ed.D., Ph.D. (Habil)

Class One: Nov. 16, 2017 Introduction and Theoretical Considerations: Adolescent Turmoil and Crisis, or Much Ado About Nothing

Learning Objective: At the conclusion of the session, the participant will be able to describe 3 viewpoints of normal adolescent development.

Offer, D. (1991). Adolescent Development: A Normative Perspective. In Greenspan, S. and Pollack, G (eds.), *The Course of Life IV Adolescence*. International University Press. [Available in the library. Check the reading folder or request from <u>library@bpsi.org</u>]

Winnicott, D. (1974) Contemporary Concepts for Adolescent Development and Their Implications for Higher Education. In *Playing and Reality*, London: Tavistock Publications. <u>PEP Web Link</u>

Class Two: Nov. 30, 2017 Youth Development: Developmental Domain Theory

Learning Objective: At the conclusion of the session, the participant will be able to analyze a movie about adolescent experience and discuss a developmental idea from the film.

No Reading: Film Viewing Project

Class Three: Dec. 7, 1017

Learning Objective: At the conclusion of the session, the participant will be able to compare 3 models of adolescent development.

Reference: Freud, A. (1965). Normality and Pathology in Childhood Development. New York; International University Press. Chapter 1, pp. 3-24. [Available in the library. Check the reading folder or request from <u>library@bpsi.org</u>] Reference: Erikson, E.H. (1950). Childhood and Society. New York: W. W. Norton Co. Chapter 7, pp. 247-274. [Available in the library. Check the reading folder or request from <u>library@bpsi.org</u>]

Class Four: Dec. 14, 2017 Relationships and the Belonging Self

Learning Objective: At the conclusion of the session, the participant will be able to analyze family dynamics that occur during adolescence.

Anthony, E. J. (1970), The reaction of parents to adolescents and their behavior. In: Parenthood, ed. E. J. Anthony & T. Benedek. Boston: Little, Brown, pp. 307-324. . [Available in the library. Check the reading folder or request from <u>library@bpsi.org</u>]

Noam, G. (2006). *The Psychology of Belonging* Manuscript Harvard University. . [Available in the library. Check the reading folder or request from <u>library@bpsi.org</u>]

Class Five: Jan. 4, 2018 Agency and the Assertive Self in Adolescence

Learning Objective: At the conclusion of the session, the participant will be able to compare risk and resiliency approaches to adolescent treatment.

Billow, R. (2004). The Adolescent Play: Averting the Tragedy of Hamlet. *Contemporary Psychoanalysis*, 40: 253-277. <u>PEP Web Link</u>

Class Six: Jan. 11, 2018 Sexuality and the Body Self

Learning Objective: At the conclusion of the session, the participant will be able to discuss the role of physical development and sexuality in adolescent experience.

Fast, I. (1990) Aspects of Early Gender Development: Toward a Reformulation. *Psychoanalytic Psychology*, 7S: 105-117. <u>PEP Web Link</u>

Friedman, R and Downey, J (2008) Sexual Differentiation of Behavior. *JAPA*, 56: 147-175. <u>PEP Web Link</u>

Class Seven: Jan. 18, 2018 The Long Goodbye

Learning Objective: At the conclusion of the session, the participant will be able to describe the concept of nonlinear development and its application to adolescence.

Wilson, P. (2001). "I don't know" *Journal of the British Association of Psychotherapists*, 39, 166-176. [Available in the library. Check the reading folder or request from <u>library@bpsi.org</u>]

Galatzer-Levy, R. (2004) Chaotic Possibilities: Toward a New Model of Development. *International Journal of Psychoanalysis*, 85: 418-442. <u>PEP Web Link</u>

Class Eight: Jan. 25, 2018 Summary Discussion

Learning Objective: At the conclusion of the session, the participant will be able to apply concepts of adolescent development to working therapeutically in psychoanalytic treatment with adolescents and adults.

Shapiro, T. (2000). Psychoanalysis and Dynamic Psychotherapy in Adolescence. In Esman, A. (ed.), *Adolescent Psychiatry, Vol. 25.* London: Routledge Press. . [Available in the library. Check the reading folder or request from <u>library@bpsi.org</u>]