



Psychoanalytic Training, Year III
Winter 2017-2018
Relational Theory
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Session 1 (November 30, 2017): Introductory Framework

Mitchell, S.A. (1991). Wishes, Needs and Interpersonal Negotiations. *Psychoanalytic Inquiry*, 11:147-170. [PEP Web Link](#).

Hoffman, I.Z. (1996). The Intimate and Ironic Authority of the Psychoanalyst's Presence. *Psychoanalytic Quarterly*, 65:102-136. [PEP Web Link](#).

Optional (but strongly recommended):

Mitchell, S. (1988). Introduction, Chapter 1 (The Relational Matrix) and Chapter 2 ("Drive" and the Relational Matrix) pp 1-62. In *Relational Concepts in Psychoanalysis: An Integration*, Harvard University Press: Cambridge, MA. [Available in the library. Check the reading folder or request from library@bpsi.org]

Learning Objective: At the conclusion of this session, candidates will be able to identify the fundamental differences between the classical and relational models. They will also be able to compare and contrast these models in terms of their implications for psychoanalytic treatment.

Session 2 (December 7, 2017): The Analyst's Subjectivity

Hoffman, I.Z. (1983) The Patient as Interpreter of the Analyst's Experience. *Contemporary Psychoanalysis*, 19:389-422. [PEP Web Link](#).

Aron, L. (1991) The Patient's Experience of the Analyst's Subjectivity. *Psychoanalytic Dialogues*, 1:29-51. [PEP Web Link](#).

Learning Objective: At the conclusion of this session, candidates will be able to identify reasons why a relational perspective objects to the traditional model's term countertransference. They will also be able to articulate how a relational perspective--a two-person analytic process--differs from the traditional model and correspondingly redefines analytic treatment.

Session 3 (December 14, 2017): The Developmental Perspective

Stern, D.N., Sander, L.W., Nahum, J.P., Harrison, A. M., Lyons-Ruth, K., Morgan, A.C., Bruschiweilerstern, N., & Tronick, E.Z. (1998) Non-Interpretive Mechanisms in Psychoanalytic Therapy: The 'Something More' Than Interpretation. *International Journal of Psychoanalysis*, 79:903-921. [PEP Web Link](#).

Boston Change Process Study Group (BCPSG) (2007). The Foundational Level of Psychodynamic Meaning: Implicit Process in Relation to Conflict, Defense and the Dynamic Unconscious. *Int. J. Psycho-Anal.*, 88(4):843-860. [PEP Web Link](#).

Learning Objective: At the conclusion of this session, candidates will be able to identify and apply two recent developments in psychoanalytic developmental theory to assessment of clinical process with their patients.

Session 4 (December 21, 2017): The Analytic Third

Ogden, T.H. (1994). The Analytic Third: Working with Intersubjective Clinical Facts. *International Journal of Psychoanalysis*, 75:3-19. [PEP Web Link](#).

Benjamin, J. (2004). Beyond Doer and Done to: An Intersubjective View of Thirdness. *Psychoanalytic Quarterly*, 73:5-46. [PEP Web Link](#).

Learning Objective: At the conclusion of this session candidates will be able to identify and compare two different perspectives on the concept of "The Analytic Third."

Session 5 (January 4, 2018): Dissociation and the Relational Perspective

Bromberg, P.M. (1994). "Speak That I May See You": Some Reflections on Dissociation, Reality, and Psychoanalytic Listening. *Psychoanalytic Dialogues*: 4:517-547. [PEP Web Link](#).

Bromberg, P.M. (2009). Truth, Human Relatedness, and the Analytic Process: An Interpersonal/Relational Perspective. *International Journal of Psychoanalysis*: 90:347-361. [PEP Web Link](#).

Optional:

Ferenczi, S. (1949). Confusion of the Tongues Between the Adults and the Child—(The Language of Tenderness and of Passion). *International Journal of Psychoanalysis*:30:225-230. [PEP Web Link](#).

Learning Objective: At the conclusion of this session candidates will be able to identify and explain two essential differences between the concepts of Dissociation-- central to Relational Theory-- with the concept of Repression--central to Classical Psychoanalytic Theory.

Session 6 (January 11, 2018): Countertransference and Enactment

Bollas, C. (1983). Expressive Uses of the Countertransference—Notes to the Patient from Oneself. *Contemporary Psychoanalysis*, 19:1-33. [PEP Web Link](#).

Bonovitz, C. (2007) Whose Who in the Psychoanalytic Situation: Subject, Object, and Enactment in the Relational and Contemporary Kleinian Traditions. *Psychoanalytic Dialogues*, 17:411-437. [PEP Web Link](#).

Optional (next page):

Ivey, G. (2008) Enactment Controversies: A Critical Review of Current Debates. *International Journal of Psychoanalysis*, 89:19-38. [PEP Web Link](#).

Learning Objective: At the conclusion of this session candidates will be able to explain 2 fundamental flaws in the classical psychoanalytic understanding of countertransference as identified by Relational psychoanalytic theorists.

Session 7 (January 18, 2018): Self-Disclosure

Davies, J.M. (1994). Love in the Afternoon: A Relational Reconsideration of Desire and Dread in the Countertransference. *Psychoanalytic Dialogues*, 4:153-170. [PEP Web Link](#).

Renik, O. (1999). Playing One's Cards Face up in Analysis: An Approach to the Problem of Self-Disclosure. *Psychoanalytic Quarterly*, 68:521-530. [PEP Web Link](#)

Optional:

Jacobs, T. (1999). On the Question of Self-Disclosure by the Analyst: Error or Advance in Technique? *Psychoanalytic Quarterly*, 68:159-183. [PEP Web Link](#).

Learning Objective: At the conclusion of this session candidates will be able to identify and explain 2 potential consequences of Self-Disclosure in the clinical encounter.

Session 8 (January 25, 2017): Final Thoughts

Harris, A.E. (2011) The Relational Tradition: Landscape and Canon. *Journal of the American Psychoanalytic Association*, 59:701-735. [PEP Web Link](#).

Optional:

Spezzano, C. (1995). "classical" Versus "contemporary" Theory—the Differences That Matter Clinically. *Contemporary Psychoanalysis*, 31:20-46. [PEP Web Link](#)

Learning Objective: At the conclusion of this session candidates will be able to identify and critique two core contributions of three Relational psychoanalytic theorists.