



Advanced Training in Psychoanalytic Psychotherapy, Year III
Winter, 2018
Termination
Robin Gomolin, PsyD

This seminar will introduce students to the history of the concept of termination within the field of psychoanalysis. As well as offering a theoretical understanding of this process, we will explore the termination from a clinical perspective with emphasis placed on patterns of termination, resistance of the therapist and patient to termination, countertransference issues, as well as the unique challenges that present during the termination process with vulnerable patients. The intra-psychic function of therapist post-termination will also be explored. Participants will be encouraged to critically examine the assigned readings and share their clinical experiences with the termination process.

Class 1: February 1st, 2018

Freud, S. (1937). "Analysis Terminable and Interminable" *S.E. XXIII* p. 209-253.
[PEP Web Link.](#)

Optional

Schlesinger, Herbert (2014) A Little History and Some Definitions in in *Endings and beginnings On Termination Psychotherapy and Psychoanalysis* (pp. 1-12) Routledge Press. [Available in the library. Check the reading folder or request from library@bps.org]

Kantrowitz, Judy (2015) A Short History of Termination in *Myths of Termination* (pp. 1-23) Routledge Press. [Available in the library. Check the reading folder or request from library@bps.org]

Learning Objective: At the end of the session, students will be able to discuss three basic concepts related to termination such as loss, mourning and internalization of the analyst.

Class 2: February 8th, 2018

Schlesinger, Herbert (2014) Patterns of Ending Psychotherapy in *Endings and beginnings On Termination Psychotherapy and Psychoanalysis* (pp. 13-34) Routledge Press. [Available in the library. Check the reading folder or request from library@bpsl.org]

Schlesinger, Herbert (2014) How to Tell When Treatment May End in *Endings and beginnings On Termination Psychotherapy and Psychoanalysis* (pp. 35-58) Routledge Press. [Available in the library. Check the reading folder or request from library@bpsl.org]

Learning Objective: At the end of the session, students will be able to assess when a treatment is ready to end and the different patterns in a termination process

Class 3: February 22nd, 2018

Kantrowitz, Judy (2015) Non- Mutual Endings in *Myths of Termination* (pp. 56-79) Routledge Press. [Available in the library. Check the reading folder or request from library@bpsl.org]

Schlesinger, Herbert (2014) Ending and Termination in the Treatment of Vulnerable Patients in *Endings and beginnings On Termination Psychotherapy and Psychoanalysis* (pp. 125-150) Routledge Press. [Available in the library. Check the reading folder or request from library@bpsl.org]

Learning Objective: At the end of the session, students will be able to identify the difficulties associated in the termination of vulnerable patients and compare the termination process between two sets of patients (with different character structures and psychopathologies).

Class 4: March 1st, 2018

Loewald, HW (1988) Termination Analyzable and Unanalyzable. *Psychoanalytic Study of the Child* 43:155-66. [PEP Web Link](#)

Orgel, S. (2000) Letting Go: Some thoughts about Termination. *JAPA* 48:719 – 738. [PEP Web Link](#)

Learning Objective: At the end of this session, students will be able to identify at least issues associated with termination such as recovered memory, discovery of separateness, or reworking of conflicts.

Class 5: March 8th, 2018

Bass, A. (2009) "It Ain't over till it's Over" Infinite Conversations, Imperfect Endings, and the Elusive Nature of Termination. *Psychoanalytic Dialogues*, 19:744-759.

[PEP Web Link](#)

Bergmann M.S. (1988). "On the Fate of the Intrapsychic Image of the Psychoanalyst After Termination of the Analysis". *Psychoanalytic Study of the Child* 43:137-153.

[PEP Web Link](#).

Learning Objective: At the end of the session, students will be able to describe the intrapsychic function of the therapist for the patient post termination.