Fellowship in Psychoanalytic Psychotherapy-Child Track
Introduction to Child and Adolescent Psychoanalytic Theory and Technique:
Developments in Therapy Informed by Evolving Models of the Child’s Mind
Fall - 2018

Instructors: David Levoy, M.D. and Mimi Pantuhova Psy.D.

Week I. Introduction to course: Overview of Theory and Technique
Required:
Richard Gomberg-Introductory Lecture to the Fellowship (To be sent as email attachment)  
[Available in the library. Check the reading folder or request from library@bpsi.org.]

Pine F. (1997). The four psychologies of psychoanalysis and their place in clinical work.  
J.A.P.A. 36: pp 571-596. PEP Web Link

Optional:

Rothstein (Ed.). New York, IUP. Pp. 5-20. PEP Web Link

12:pp. 857-898. PEP Web Link

Objective: At the conclusion of this session, fellows will be able to describe the four major  
models of the mind in psychoanalytic psychotherapy.
Week II. Classical Approaches, Transference, Countertransference and Play

**Required:**


**Optional:**

**Objective:** At the conclusion of this session, fellows will be able to describe Klein's versus Anna Freud's views on children's transference and the role of depth interpretation versus defense interpretation.

Week III. Winnicott, Holding, Play, Not Knowing, and Transitional Space

**Required:**


**Optional:**


**Objective:** At the conclusion of this session fellows will be able to describe Winnicott's concepts of transitional phenomena and the use of play.
Week IV. Contemporary Ego/Defense and Object Relations Approaches
Required:


Optional:


Objective: At the conclusion of this session fellows will be able to identify potential opportunities in therapy with children to make an interpretation of defense against painful affects.

Week V. Bion, Containing, Processing
Required:


Optional:

Objective: At the conclusion of this session fellows will be able to discuss Bion’s concept of therapeutic containment
**Week VI. Relational Theory and Technique**

**Required:**  


**Optional:**  

**Objective:** At the conclusion of this session fellows will be able to explain the relational approach to action in the therapy.

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**Week VII. Attachment and Mentalization**

**Required:**  


**Optional:**  


**Objective:** At the conclusion of this session fellows will be able to identify mentalizing versus psychic equivalence modes of relating to reality.
Week VIII. Other Developmental Approaches

Required:


Optional:


Objective: At the conclusion of this sessions fellows will be able to list Daniel Stern’s Four Senses of Self

Week IX. Working with Parents

Required:


Optional:


Objective: At the conclusion of this session fellows will be able to describe the role of parent work in child psychoanalytic therapy.
Week X. Introduction to Diversity in Psychoanalytic Psychotherapy, with a Focus on Issues of Race

Required:

Optional:


Objective: At the conclusion of this session fellows will be able to describe the differences between two approaches to diversity: the pitfalls of a “cultural competence” approach and the advantages of a relational “openness and curiosity” approach (as per Anton Hart)