



Theory I: Basic Concepts

Seminar Year I

Fall 2018

Dan Mollod, MD and Catherine Kimble, MD

8/12/18

Dear First Year Candidates:

Welcome to “Basic Concepts”! Our seminar is designed to provide an overview of fundamental concepts in psychoanalysis, and to explore how those ideas have been reworked in contemporary psychoanalysis. Together we will examine some core concepts including transference, countertransference, defense, object, self, intersubjectivity and the psychoanalytic field. We’ll visit some of the major schools of psychoanalytic thought, such as ego psychology, object relations, self-psychology, relational theory and field theory. We’ll briefly consider the historical, political, and cultural contexts in which psychoanalytic theories develop, and ask how each new model seeks to respond to cultural change and address gaps in earlier theory. How does the same concept evolve and change, and which ideas are important to hold onto? How does theory affect how we listen? Or our clinical technique? What can we say about our models of therapeutic change? The current “pluralistic” climate of psychoanalytic practice involves being able to hold in mind differing ways of understanding the material a given patient brings to us. Our readings are chosen from select classic and contemporary papers, from multiple perspectives. We hope our work together will help provide a foundation for the class to engage deeply in learning together throughout your psychoanalytic training!

We look forward to seeing you in September, and to working together! Please don’t hesitate to reach out to us with any questions.

Dan and Catherine

I: September 20 - The Clinical Unconscious

Ogden, T. H. (1992). Comments on Transference and Countertransference in the Initial Analytic Meeting. *Psychoanalytic Inquiry* 12: 225-247. [PEP Web Link](#)

Learning Objective:

1. Candidates will be able to formulate the potential transference implications of behavior by patients in opening sessions.

II. September 27 - Ego

Abend, S.M. (2007). Therapeutic Action in Modern Conflict Theory. *Psychoanal. Q.*, 76S:1417-1442. [PEP Web Link](#)

Gray, P. (1992). Memory as Resistance, and the Telling of a Dream. *J. Amer. Psychoanal. Assn.*, 40:307-326. [PEP Web Link](#)

Learning Objective:

1. Candidates will be able to articulate one example of using the concept of the ego in analytic interventions.

III. Oct 4 - Transference

Freud, S. (1912). The Dynamics of Transference. *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works*, 97-108. [PEP Web Link](#)

Almond, R. (2011). Freud's "The Dynamics of Transference" One Hundred Years Later. *J. Amer. Psychoanal. Assn.*, 59:1129-1156. [PEP Web Link](#)

Learning Objective:

1. Candidates will be able to describe two features of Almond's updated examination of transference as a more nuanced outgrowth of the patient's past as well as a dyadic, intersubjective phenomenon.

IV. Oct 11 - Object

Guntrip, H. (1975) My Experience of Analysis with Fairbairn and Winnicott, *Int Rev Psa* 2: 145-156. [PEP Web Link](#)

Ogden (1979) On Projective Identification *IJP* 60: 357-373. [PEP Web Link](#)

Learning Objective:

1. Candidates will be able to clarify how Winnicott's approach to pre-Oedipal object relations was helpful in Guntrip's case.

October 18 - Special Topics Night

V. October 25 - Self

Winnicott, D.W. Ego Distortion in Terms of True and False Self (1960) in *The Maturation Processes and the Facilitating Environment* (1965). *Int. Psycho-Anal. Lib.*, 64:1-276. London: The Hogarth Press and the Institute of Psycho-Analysis. Chapter 12, pp.140-152. [PEP Web Link](#)

Kohut, H. (1979). The Two Analyses of Mr. Z. *International Journal of Psychoanalysis* 60: 3-27. [PEP Web Link](#)

Learning Objectives:

1. Candidates will be able to define the self psychological concepts of empathy and selfobject.

VI. November 1 - Countertransference

Jacobs, T.J. (1986). On Countertransference Enactments. *J. Amer. Psychoanal. Assn.*, 34:289-307. [PEP Web Link](#)

Brown, L.J. (2007). On Dreaming one's Patient: Reflections on an Aspect of Countertransference Dreams. *Psychoanal. Q.*, 76(3):835-861. [PEP Web Link](#)

Learning Objective:

1. Candidates will be able to define the term enactment and show how it is useful clinically.

VII. November 8 - Intersubjectivity and the Field

Civitaresse, G. and Ferro, A. (2013). The Meaning and Use of Metaphor in Analytic Field Theory. *Psychoanal. Inq.*, 33(3):190-209. [PEP Web Link](#)

Ogden, T.H. (1994). The Analytic Third: Working with Intersubjective Clinical Facts. *Int. J. Psycho-Anal.*, 75:3-19. [PEP Web Link](#)

Learning Objective:

1. Candidates will be able to define Ogden's idea of the analytic third.

VIII. November 15 - Psychoanalytic Process and Change

Stern, D.N., Sander, L.W., Nahum, J.P., Harrison, A.M., Lyons-Ruth, K., Morgan, A.C., Bruschiweilern, N. and Tronick, E.Z. (1998). Non-Interpretive Mechanisms in Psychoanalytic Therapy: The 'Something More' Than Interpretation. *Int. J. Psycho-Anal.*, 79:903-921) [PEP Web Link](#)

Parsons, M. (2007). Raiding the Inarticulate: The Internal Analytic Setting and Listening Beyond Countertransference. *Int. J. Psycho-Anal.*, 88(6):1441-1456. [PEP Web Link](#)

Learning Objective:

1. Candidates will be able to articulate how paying attention to the analyst's reveries and internal reactions in response to patient material can provide a way of deeply understanding our patients' unique struggles.