Psychotherapy Fellowship, Child Track  
Winter Trimester 2018-2019

Development Theory and Technique

Instructors:  Sessions 1-5: Dov Fogel, M.D. & Sam Roth, PhD  
Sessions 6-10: Anna Ornstein, M.D. & David Levoy, M.D.

In the first part of this course the focus will be on development. There will be some discussion of the different stages of development with an emphasis on the development of symbolic thinking and around issues of Gender. We will also think about different perspectives toward development and their implications for technique. While we won’t be able to cover each area in depth, we will attempt to introduce both contemporary research as well as some psychoanalytic concepts for each developmental stage. There will also be case vignettes presented to bring the concepts to life and facilitate grappling with the theory as it applies in individual cases.

In the second part of the course, we will look at development through the lens of Self Psychology. The five carefully chosen articles are meant to provide an understanding of the self-psychological perspective from infancy through early adolescence.

December 13, 2018

Class 1: Early Symbolic Development in Dyads and Triads


December 20, 2018

Class 2: Transitional Phenomena


January 3, 2019
Class 3: Oedipal Development I


January 10, 2019
Class 4: Gender Development I


Optional:

January 17, 2018
Class 5: Gender Development II


For Further Reading:

**Latency:**


**Adolescence:**

**Adult Development:**

January 24, 2019
Class 6: Development and the Selfobject:


*The Self and Its Selfobjects* introduces the selfobject as the fundamental concept in psychoanalytic self-psychology.

January 31, 2019
Class 7: Parenting and the Self


With the recognition of the primacy of the growing child's emotional environment for development, the paper *Parenting as a Function of the Adult Self*, offers a conceptual tool for tracing parenting (caretaking) throughout the life-cycle. The clinical examples include a case of a preschooler, a latency-age child, a middle-aged- and an aging mother.

February 14, 2019
Class 8: Idealization in the Oedipal Situation


Self-psychology recognizes the importance of idealization throughout development from infancy to adolescence. The clinical example in the paper *An Idealizing Transference of the Oedipal Phase* highlights the special significance of idealization during the oedipal phase.

February 21, 2019
Class 9: Early Adolescence and the Self under Stress


Early adolescence is ushered in by puberty. Emerging sexuality may explain the frequency of intrapsychic turmoil that many young adolescents experience. The diaries of two teenagers discussed in *The Early Adolescence of Two Gifted Teenagers* will help us understand the subjective experiences of these two teens under two very different life circumstances.
February 28, 2019
Class 10:

*Childhood Losses, Adult Memories* raises the important question: what are the alternate paths to development in the absence of reliable caretakers and extreme physical conditions?

Learning Objectives:
1. At the conclusion of this session, fellows will be able to demonstrate at least two dilemmas involved in learning theoretical perspectives about child development.
2. At the conclusion of this session, fellows will be able to discuss three ways the ideas of Transitional Objects relates to psychoanalytic treatment.
3. At the conclusion of this session, fellows will be able to discuss and critique three tenets about Gender Development.
4. At the conclusion of this session, fellows will be able to explain two ways relational notions of development affect theories of gender development.
5. At the conclusion of this session, fellows will be able to discuss two challenges when treating children with Gender dysphoria.
6. At the conclusion of this session, fellows will be able to discuss the critical role of the self-object in development.
7. At the conclusion of this session, fellows will be able to describe a self-psychological approach to parenting.
8. At the conclusion of this session, fellows will be able to discuss the importance of idealization in development.
9. At the conclusion of this session, fellows will be able to describe the development of the self under stress in early adolescence.
10. At the conclusion of this class, participants will be able to discuss alternate paths to development when multiple caretakers under extreme conditions care for infants.