



B P S I

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INTEGRATION

Thursdays, 5:30-7 PM
January 31- March 28, 2019

Instructor: Julie Watts, LICSW

In this course, process material from one clinical session will be presented on six different occasions to six different discussants. We will have an opportunity to see how each analyst distinctly approaches the same clinical data from a different theoretical perspective. We will consider theme questions each week of how to identify both distinguishing and shared features of different psychoanalytic theories and how they are applied to analytic technique. We will study how clinicians grapple from different theoretical perspectives with tensions between the influences of development vs. inherited disposition, intrapsychic vs. interpersonal phenomena, the present analytic moment vs. recreations of the past, the mutative roles of interpretation vs. the analytic relationship itself, and the benefit of applying structuring theoretical frameworks vs. tolerating uncertainty.

Through reading several papers over the course of the seminar that address concepts of theory integration and pluralism, we will also consider how analysts have tried to grapple with questions of if, and how, multiple theories can be used together clinically. These papers do not specifically correlate to the theory being considered that week, but are assigned instead to help us continually consider integrative or pluralistic approaches. Through writing at the beginning and end of the seminar, each student will be encouraged to define their own psychoanalytic stance that accounts for these concepts and tensions.

I. January 31: Concepts of Integrative Theory

In our first session, we will consider the various approaches that we as psychoanalysts take to the multiplicity of theories available in analysis today.

Reading: Pine, F. (2006). The psychoanalytic dictionary: A position paper on diversity and its unifiers. *JAPA*, 54(2), 463-491. [PEP Web Link](#)

Writing: Please write one page that describes where you locate yourself theoretically as a Psychoanalyst and how you think those theoretical beliefs influence your clinical work.

Objective: At the conclusion of the session, the candidate will be able to define the unique ways that they use psychoanalytic theories in their clinical work.

II. February 14: Contemporary Freudian/Ego Psychology Perspective

Clinical material will be presented to guest discussant Catherine Kimble, M.D.

Reading: Frosch, J.P. (2007). E Uno Plurus: Psychoanalytic psychotherapy in the age of pluralism. *Harvard Review of Psychiatry*, 15, 270-277. [Available in the library: check the reading folder or request from library@bpsi.org]

Objective: At the conclusion of the session, the candidate will be able to identify the role of a Contemporary Freudian/Ego Psychology perspective in psychoanalytic work.

III. February 21: Kleinian Perspective

Clinical material will be presented to guest discussant Rita Teusch, Ph.D.

Reading: Pine, F. (2011). Beyond pluralism: Psychoanalysis and the workings of mind. *The Psychoanalytic Quarterly*, 80(4), 823-856. [PEP Web Link](#)

Objective: At the conclusion of the session, the candidate will be able to identify the role of a Kleinian perspective in psychoanalytic work.

IV. February 28: Self Psychology Perspective

Clinical material will be presented to guest discussant Richard Gomberg, M.D.

Reading: Cooper, S. (2015). Clinical theory at the border(s): Emerging and unintended crossings in the development of clinical theory. *International Journal of Psychoanalysis*, 96(2), 273-292. [Available in the library: check the reading folder or request from library@bpsi.org]

Objective: At the conclusion of the session, the candidate will be able to identify the role of a Self-Psychological perspective in psychoanalytic work.

V. March 7: Field Theory Perspective

Clinical material will be presented to guest discussant Jack Foehl, Ph.D.

Reading: LaFarge, L. (2017). From “either/or” to “and”: The analyst’s use of multiple models in clinical work. *JAPA*, 65, 829-844. [Available in the library. [Download in the library](#), check the reading folder or request from library@bpsi.org.]

Objective: At the conclusion of the session, the candidate will be able to identify the role of a Field Theory perspective in psychoanalytic work.

VI. March 14: Child Developmental Perspective

Clinical material will be presented to guest discussant Steven Ablon, M.D.

Reading: Blass, R. (2017). Committed to a single model and open to reality. *JAPA*, 65, 845-858. [Available in the library. [Download in the library](#), check the reading folder or request from library@bpsi.org.]

Objective: At the conclusion of the session, the candidate will be able to identify the role of a child developmental perspective in psychoanalytic work.

VII. March 21: Making Use of Multiple Theories

Clinical material will be presented to guest discussant Steven Cooper, Ph.D.

Reading: Cooper, S. (2017). The analyst's "use" of theory or theories: The play of theory. *JAPA*, 65, 859-882. [Available in the library. [Download in the library](#), check the reading folder or request from library@bps.org.]

Objective: At the conclusion of the session, the candidate will be able to identify how analysts may make use of multiple theories together in psychoanalytic work.

VIII. March 28: Integrative Theory Summary

In this session, we will consider together how to evaluate and integrate the various approaches we have heard to clinical material.

Writing: Please review the page you wrote at the beginning of the seminar and consider any revisions you would make to it at this point.

Objective: At the conclusion of the session, the candidate will be able to identify and explain how reviewing the same clinical material from different theoretical perspectives has influenced their own use of theory in clinical work.