



Introduction to Child Analysis: The Assessment and Referral Process Allen Palmer, M.D.

In this seminar, we will discuss the varying clinical circumstances that might lead one to consider child analysis as an optimal treatment modality. We will discuss converting child psychotherapy into a child analysis, as well as factors that could facilitate or impede the process of deepening the treatment. Seminar participants will present their clinical work with children and their parents and we will discuss the numerous factors that could lead one to recommend child analysis. In each of 3 or 4 meetings, out of a total of 10 meetings, an advanced candidate will be invited to present their work in converting a child psychotherapy into a child analysis. I will assign a handful of readings, but please note that this will primarily be a clinically-oriented seminar.

Suggested Bibliography:

Bernstein, I. & Sax, A.M. (1978). Indications and contraindications for child analysis. In: *Child analysis and Therapy*. Ed. J. Glenn. Pp. 67-108, Jason Aronson:N.Y. & London. [Available in the library. Check the reading folder or request from library@bpsi.org]

Ferro, A. & Basile, R. (2006), Unity of analysis: similarities and differences in the analysis of children and grown ups. *Psychoanalytic Quarterly*, 75:477-500. [PEP Web Link](#)

Freud, A. (1922-1935). Preparations for child analysis. In: *The Writings of Anna Freud*. Vol. 1. Chapt. 1, pp. 3-18, IUP:NY. [Available in the library. Check the reading folder or request from library@bpsi.org]

Freud, A. (1945-1956). Indications for child analysis. In: *The Writings of Anna Freud*. Vol. 4., pp. 3-39, IUP:NY. [Available in the library. Request from library@bpsi.org] or Freud, A. (1945). Indications for Child Analysis. *Psychoanal. St. Child*, 1:127-149. [PEP Web Link](#)

Freud, A. (1965). The therapeutic possibilities. In: *The Writings of Anna Freud*. Vol. 6., pp. 213-235. [Available in the library. Check the reading folder or request from library@bpsi.org]

Freud, A. (1968). Indications and contraindications for child analysis. In: *The Writings of Anna Freud*. Vol. 7., Chat. 8, pp. 110-123, IUP:NY. [Available in the library. Request from library@bpsi.org] or Freud, A. (1968). Indications and Contraindications for Child Analysis. *Psychoanal. St. Child*, 23:37-46. [PEP Web link](#)

Klein, M. (1926). The psychological principals of early analysis. In: Love, Guilt and Reparations and Other Works, 1921-1945., Chapt. 6, pp. 128-138. [Available in the library. Request from library@bpsi.org] or Klein, M. (1927). The Psychological Principles of Infant Analysis. Int. J. Psycho-Anal., 8:25-37. [PEP Web Link](#)

Klein, M. (1927). Symposium on child analysis. In: Love, Guilt and Reparations and Other Works, 1921-1945. Chapt. 7, pp. 139-169. [PEP Web Link](#)

Kramer, S. (1993). Child analysis today. In: Treatment of Neurosis in the young: a psychoanalytic perspective. Ed. M. H. Etezady. Pp. 1-8. [Available in the library. Check the reading folder or request from library@bpsi.org]

Silverman, M. (1993). Working with parents at the beginning of treatment. In: Treatment of Neurosis in the young: a psychoanalytic perspective. Ed. M. H. Etezady. pp.9-17, Jason Aronson:N.Y. & London. [Available in the library. Check the reading folder or request from library@bpsi.org]

Sklansky, M.A. (1972). Indications and contraindications for the psychoanalysis of the adolescent. J. Amer. Psychoanal. Assn., 20:134-144. [PEP Web Link](#)

Sugarman, A. (2007). Whatever happened to neurosis? Who are we analyzing? And Hot?: The importance of mental organization. Psychoanalytic Psychology, 24(3):409-428. [PEP Web Link](#)

Weiss, S. (1981). Reflections on the psychoanalytic process, with special emphasis on child analysis and self-analysis. Ann. of Psychoanalysis, 9:43-56. [PEP Web Link](#)