



Working as a Bion Inspired Analyst
Technique V BPSI Fall 2018

Seminar leaders: Dolan Power, PhD and David Power, PhD

In the last 75 years the writings and teachings of Wilfred R. Bion have sparked, and continue to spark, highly creative evolutions in clinical thinking and in the analyst's experience and participation in the analytic encounter. In this seminar we will address each week a concept central to Bion's writings as this concept has been developed in contemporary practice.

Week 1: The Psychotic and the Non-Psychotic Parts of the Personality
How do we recognize the psychotic and the non-psychotic parts of the personality?

DeMasi, F. (2015). Delusion and Bi-Ocular Vision. *IJP*, 96(5): 1189-1211.
[Available in the library. Download in the library, check the reading folder or Request from library@bpsi.org.]

Optional

Bion, W.R. (1957). Differentiation of the Psychotic from the Non-Psychotic Personalities. *International Journal of Psychoanalysis*, 38 (3/4): 266-275.
[PEP Web Link](#).

Week 2: Attacks on linking and communicative projective identification
Is there a communicative value embedded in an attack on linking?

Bergstein, A. (2015). Attacks on Linking or a Drive to Communicate? Tolerating the Paradox. *The Psychoanalytic Quarterly*, 84 (4):921-942.
[Available in the library. Check the reading folder or request at library@bpsi.org.]

Optional

Bion, W.R. (1959). Attacks on linking. *International Journal of Psychoanalysis*, 40:308-315. [PEP Web Link](#).

Week 3: Evading or Moderating Frustration
What does moderating frustration have to do with thinking?

Levine, H.B. (2011). 'The consolation which is drawn from truth': The analysis of a patient unable to suffer experience. In Mawson, C. (Ed.), *Bion Today*. London: Routledge (pp. 188-211) [Available in the library. Check the reading folder or request from library@bpsl.org.]

Optional

Bion, W.R. (1959). *Learning from Experience*. London: Karnac (pp. 28-37)
[PEP Web Link](#).

Week 4: Reverie and Containment
What does it mean to 'take the transference' and how does it contribute to containing the patient's experience?

Mitrani, J. (2001). 'Taking the transference': some technical implications in three papers by Bion. *International Journal of Psychoanalysis*, 82(6): 1085-1104.
[PEP Web Link](#)

Optional

Bion, W.R. (1958). *On Arrogance*. *International Journal of Psychoanalysis*, 39:144-146. [PEP Web Link](#)

Week 5: "Catching the Drift"
What does Ogden mean by 'catching the drift' and why is it important?

Ogden, T. (1997). Reverie and metaphor: Some thoughts on how I work as a psychoanalyst. *International Journal of Psychoanalysis*, 78:719-732.
[PEP Web Link](#).

Week 6: Waking Dream Thought and Narrative Derivatives
What is waking dream thought and what are narrative derivatives?

Civitaresse, G. & Ferro, A. (2013). The meaning and uses of metaphor in analytic field theory. *Psychoanalytic Inquiry*, 33:190-209. [PEP Web Link](#)

Week 7: Transformations
What is transformation in hallucinosis and how does it relate to the analyst's receptivity?

Civitaresse, G. (2015). Transformations in hallucinosis and the receptivity of the analyst. *International Journal of Psychoanalysis*, 96(4):1091-1116. [Available in the library. Check the reading folder or request at library@bpsl.org.]

Week 8: O and At-one-ment

What is O and how does it relate to At-one-ment?

Eshel, O. (2017). From extension to revolutionary change in clinical psychoanalysis: The radical influence of Bion and Winnicott. *The Psychoanalytic Quarterly*, 86(4): 753-794. [Available in the library.

Download in the library, check the reading folder or request at library@bpsl.org.]

Learning Objectives:

1. At the conclusion of this session candidates will be able to explain the difference between the psychotic and nonpsychotic parts of the personality.
2. At the conclusion of this session candidates will be able to describe the communicative projective identification embedded in an attack on linking.
3. At the conclusion of this session candidates will be able to describe the role of moderating frustration in developing the capacity to think one's thoughts.
4. At the conclusion of this session candidates will be able to describe what it means to take the transference.
5. At the conclusion of this session candidates will be able to explain Ogden's concept of catch the drift.
6. At the conclusion of this session candidates will be able to explain what are the concepts of waking dream thoughts and narrative derivatives.
7. At the conclusion of this session candidates will be able to explain the concept of transformation in hallucinosis and its relationship to the analyst's receptivity.
8. At the conclusion of this session candidates will be able to explain the concept of O and its relationship to at-one-ment.