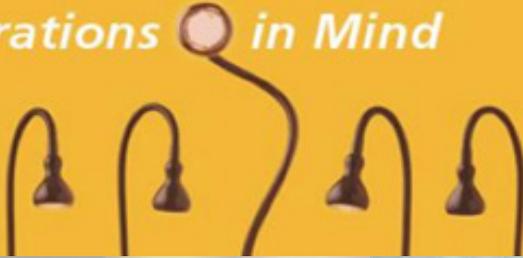


Explorations in Mind



Community
Education
at BPSI

Course Catalog 2019-2020



B P S I

boston psychoanalytic
society & institute

Join the BPSI Community

Consider becoming a Community Partner today!

BPSI welcomes clinicians, scholars, and members of the community interested in psychoanalysis.

Located at 141 Herrick Road in Newton Centre, Massachusetts, BPSI offers post-graduate training in psychoanalysis and psychoanalytic psychotherapy, classes for clinicians and non-clinicians, and a wide-ranging series of public lectures, seminars and events. Supported by our in-house Hanns Sachs library with its extensive book, journal, and archive collections and knowledgeable library staff, BPSI is a place of creative collaboration among a diverse gathering of people devoted to the study, practice, and application of psychoanalytic ideas. It is a home for professional development and lifelong learning.

Members of the community (clinician and non-clinician) who are interested in psychoanalysis are invited to become Community Partners.

Benefits include:

- Membership rates to all BPSI conferences and academic lectures
- Free tuition to all Explorations in Mind courses
- Full access to BPSI's Hanns Sachs Library and its extensive archives, book-borrowing privileges
- Access to the online database Psychoanalytic Electronic Publishing (PEP)

For questions or to receive an application, please contact Drew Brydon, Systems & Resource Administrator (dbrydon@bps.org or 617-266-0953 x105).

Explorations in Mind, the Boston Psychoanalytic Society and Institute's community education program, offers a wide range of courses to clinicians from all backgrounds, professionals in other fields, and the interested public. We hope to advance the understanding of psychoanalysis and its applications, and to develop connections with intellectual, artistic, and social issues of interest to the community at large.

Our Co-Directors:

Holly Friedman Housman, LICSW:

holly@housman.org

Chris Lovett, PhD:

cglovett44@gmail.com

*The **Explorations in Mind** program is made possible by the generous support of BPSI Members and friends. Your gift to BPSI helps us continue offering educational programming.*

*To make a gift to BPSI, please visit **www.bpsi.org**.*

2019-2020 Courses

Open to the Public

**Applying Systems Psychodynamics:
*Enhancing Role Effectiveness in Organizations***

James Barron, PhD & Harry Spence, JD

p. 6

**Applying Systems Psychodynamics:
*Enhancing Organizational Diagnosis***

James Barron, PhD & Harry Spence, JD

p. 12

DW Winnicott

Jason Jones, MD

p. 14

**Applying Systems Psychodynamics:
*Enhancing Leadership in Organizations***

James Barron, PhD & Harry Spence, JD

p. 22

Philip Roth: *His Life and Times*

Dan Jacobs, MD

p. 26

Open to Licensed Clinicians and Clinicians on the Path to Licensure

**Building a Psychodynamic Private Practice:
*Practical and Clinical Considerations (Session 1)***

Brigitte Zakari, PsyD & Lazaro V. Zayas, MD

p. 4

***Continuing Education information is different for each course:
please pay careful attention when registering.***

**Open to Licensed Clinicians
and Clinicians on the Path to Licensure (*cont.*)**

**Building a Psychodynamic Private Practice:
*Practical and Clinical Considerations (Session 2)***

Jacquelyn Turpin, LICSW & Sarah L. Lusk, PhD

p. 16

Once Upon A Time: The Developmental Wisdom of Fairy Tales

Jane Hanenberg, EdD

p. 18

**Mothers, Babies and the Space Between:
Psychotherapy with Vulnerable Dyads in the Earliest Years**

Eda Spielman, PsyD & Caroline Phillips, DClInPsy

p. 20

The Poetics of the Body

Lucinda Di Domenico, MD

p. 24

Open to Licensed Clinicians

Psychoanalytic Perspectives on Bereavement and Mourning

Stephanie Brody, PsyD & Joseph M. Schwartz, PhD

p. 8

Identifying and Treating Pathological Narcissism

Elsa Ronningstam, PhD & Igor Weinberg, PhD

p. 10

***Continuing Education information is different for each course:
please pay careful attention when registering.***

Building a Psychodynamic Private Practice: *Practical and Clinical Considerations*

4 Sessions: Mondays, Oct 21, Nov 4, 18, 25, 2019

Time: 7:30 pm - 9:00 pm

Fee: Early Bird: \$75 (*Use code: EB2020PP1*)
Regular: \$100 (*after Sep 30, 2019*)

Fee is waived for Early Career Clinicians and BPSI Members, Trainees, and Partners. Scholarships are available upon request.

Schedule:

7:30 pm - 8:30 pm: Lecture/Presentation

8:30 pm - 9:00 pm: Group Discussion

This course is open to beginning and intermediate licensed mental health clinicians and trainees on the path to licensure. Continuing Education credits are offered for physicians, psychologists, and social workers.

Using a small-group seminar format, this four-session course offers a forum in which participants can think through, from a psychodynamic perspective, some complex clinical challenges involved in building a successful private practice. We will focus on issues such as money, beginning and deepening treatment, diversity, and developing your professional support system and referral structure. The course instructors will provide references for information relating to more practical issues such as record-keeping and maintaining HIPPA compliance, and some class time will be dedicated to discussing these matters. This course is designed to allow an exploration of a few crucial components of building a successful private practice. Faculty include representatives from different disciplines, providing multiple perspectives while also allowing for discipline-specific questions to be addressed.

Brigitte Zakari, PsyD, LMHC

Candidate Member, and Faculty in the Explorations in Mind program, BPSI. Has worked with women suffering from trauma and eating disorders in various settings including partial hospitals and outpatient clinics. Private practice in Brookline, MA.

Lazaro V. Zayas, MD

Candidate Member, and Faculty in the Explorations in Mind program, BPSI; Instructor in Psychiatry, part-time, Harvard Medical School; Staff Psychiatrist, Massachusetts General Hospital Eating Disorders Clinical and Research Program. Private practice in Newton, MA.

LEARNING OBJECTIVES:

At the conclusion of this course, participants will be able to:

1. Identify and assess the psychodynamic issues involved in setting up and maintaining a private practice.
2. List three practical and clinical implications of using different forms of communication in private practice.
3. Discuss how to set up, manage, and address financial matters.
4. Describe three factors involved in building a manageable and fulfilling caseload.

Continuing Education

Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Boston Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physician. The American Psychoanalytic Association designates this Live Activity for a maximum of 6 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Psychologists: The Boston Psychoanalytic Society and Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Boston Psychoanalytic Society and Institute maintains responsibility for this program and its content. This program fulfills the requirements for 6 hours of CE.

Please note: Per APA requirements, psychologists must attend 100% of a course in order to be eligible for continuing education credit.

Social Workers: Application for social work continuing education has been submitted. Please contact us at office@bpsi.org or 617-266-0953 for the status of the social work CE accreditation.

Please note: Per NASW requirements, social workers must attend 80% of a course in order to be eligible for continuing education credit.

Licensed Mental Health Clinicians: NBCC credits are not available for this course.

Please note: Licensed Mental Health Clinicians may request continuing education credit on an individual basis from NBCC, through their Continuing Education Credit Verification process.

Cancellation Policies & Procedures

Any program participant requesting their individual program registration be canceled, must submit their request in writing via email to Drew Brydon at dbrydon@bpsi.org. For fee-based events, a request for cancellation (and refund using the original form of payment) must be received no later than 48 hours in advance of the event. Requests received later than 48 hours prior to the event will not be processed or accepted. All approved refunds are subject to a \$10.00 administrative fee.

If BPSI cancels an event, all registrants will receive a full refund of fees paid (no administration charge) no later than two business days following the scheduled date of the event, using the original form of payment.

Grievance Policy

Please address any questions or concerns about your experience at this or any program or event you have attended at the Boston Psychoanalytic Society and Institute to the Program Chair, via the Senior Administrator/Director of Continuing Education, BPSI, 141 Herrick Road, Newton Centre, MA 02459; office@bpsi.org; 617.266.0953.

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Applying Systems Psychodynamics: *Enhancing Role Effectiveness in Organizations*

8 Sessions: Wednesdays, Oct 23, 30, Nov 13, 20, Dec 4, 11, 18, 2019; Jan 8, 2020

Time: 7:00 pm - 9:00 pm

Fee: Early Bird: \$300 (*Use code: EB2020ASP1*)
Regular: \$375 (*after Oct 2, 2019*)

Fee is waived for Early Career Clinicians and BPSI Members, Trainees, and Partners. Scholarships are available upon request.

Schedule: 7:00 pm - 8:30 pm: Discussion of theory & applications; 8:30 pm - 9:00 pm: Reflections on Group Process

This course is open to participants from multiple disciplines including scholars, clinicians, management consultants, and organizational leaders and practitioners. Continuing Education credits are offered for physicians, psychologists, and social workers.

LEARNING OBJECTIVES:

At the conclusion of this course, participants will be able to:

1. Discuss experience in role as an access point to institutional interpretation;
2. Explain how psychodynamic developmental perspectives apply in organizational role consultation;
3. Analyze a particular dilemma faced by leaders and what it reveals about the nature of Institutional integrity;
4. Apply systems psychodynamics perspective to highlight two factors in the evolution of gender politics in today's organizations;
5. Describe salient social defenses in post-industrial and information age organizations;
6. Describe how speaking from experience in role in a group context is a form of leadership;
7. Analyze opportunities for, and limits to, the use of one's authority to reach desired organizational objectives;
8. Discuss ways of linking the experiences of seminar participants to implications for decisions/actions in their various organizational roles.

James Barron, PhD

Chair, Board of Trustees; Faculty, Psychoanalytic Training, Fellowship, and Explorations in Mind programs, BPSI; Chair, Section of the Psychoanalyst in the Community, Dept. of Psychoanalytic Education, American Psychoanalytic Association; Former faculty, The Levinson Institute for Executive Education, and Dir. of Exec. Education for Innosight; Private practice, Brookline, MA.

Harry Spence, JD

Trustee Member, BPSI; Former Professor of Practice, Harvard Graduate School of Education, Doctor of Education Leadership Program; Lecturer, Harvard Kennedy School of Government; Deputy Chancellor, New York City School System; Receiver, City of Chelsea; Receiver, Boston Housing Authority; Commissioner, Massachusetts Department of Social Services; Court Administrator, Massachusetts Trial Court, and other public and private sector leadership positions; long-time staff member for group relations conferences.

As we engage with groups and organizations in our work and personal lives, we encounter challenges and dilemmas in our individual organizational roles, and we experience varying degrees of organizational dysfunction. In this seminar, experienced group relations consultants will discuss readings and present specific cases to help us:

- Enhance creativity, effectiveness, and authority in our individual roles
- Develop more satisfying links with the institutional/organizational mission
- Contribute to improved organizational functioning.

This course is open to students who have taken the theory course (*Enhancing Leadership in Organizations*) or have participated in a Group Relations Conference, or who are familiar with systems psychodynamics through other pathways. Please contact the instructors if you have questions regarding eligibility.

Continuing Education

Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Boston Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physician. The American Psychoanalytic Association designates this Live Activity for a maximum of 12 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Psychologists: The Boston Psychoanalytic Society and Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Boston Psychoanalytic Society and Institute maintains responsibility for this program and its content. This program fulfills the requirements for 12 hours of CE.

Please note: Per APA requirements, psychologists must attend 100% of a course in order to be eligible for continuing education credit.

Social Workers: Application for social work continuing education has been submitted. Please contact us at office@bpsi.org or 617-266-0953 for the status of the social work CE accreditation.

Please note: Per NASW requirements, social workers must attend 80% of a course in order to be eligible for continuing education credit.

Licensed Mental Health Clinicians: NBCC credits are not available for this course.

Please note: Licensed Mental Health Clinicians may request continuing education credit on an individual basis from NBCC, through their Continuing Education Credit Verification process.

Cancellation Policies & Procedures

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Grievance Policy

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Public Programs >> Explorations in Mind >> Registration

Psychoanalytic Perspectives on Bereavement and Mourning

8 Sessions: Wednesdays, Oct 23, 30, Nov 13, 20, Dec 4, 11, 18, 2019; Jan 8, 2020

Time: 7:30 pm - 9:00 pm

Fee: Early Bird: \$230 (*Use code: EB2020PBM*)
Regular: \$275 (*after Oct 2, 2019*)

Fee is waived for Early Career Clinicians and BPSI Members, Trainees, and Partners. Scholarships are available upon request.

Schedule:

7:30 pm - 8:30 pm: Lecture/Presentation

8:30 pm - 9:00 pm: Group Discussion

This course is open to intermediate and advanced licensed mental health clinicians.

Continuing Education credits are offered for physicians, psychologists, and social workers.

Loss and mourning are part of every successful psychoanalytic treatment. This course will sample readings from every era of psychoanalytic thinking beginning with a close reading of Freud's "Mourning and Melancholia" through more contemporary views of bereavement and mourning. Readings and a brief video will sample memoir that capture the texture of loss and its aftermath. The concept of loss and bereavement will be extended beyond death and touch on the full range of losses that must be grieved. Participants will be encouraged to present clinical material from their practice.

Stephanie Brody, PsyD

Psychoanalyst Member, Supervising and Training Analyst, and Faculty of the Psychoanalytic Training and Explorations in Mind programs, BPSI; Clinical Instructor in Psychology, Department of Psychiatry, Harvard Medical School and Clinical Associate (part time); Attending Psychologist, Pavilion Unit, McLean Hospital. Private practice in Lexington, MA.

Joseph M. Schwartz, PhD

Psychoanalyst Member, ATP Supervisor, and Faculty of the Psychoanalytic Training, Advanced Training in Psychoanalytic Psychotherapy Training (ATP), Fellowship in Psychoanalytic Psychotherapy, and Explorations in Mind programs, BPSI. Private practice in Cambridge, MA.

LEARNING OBJECTIVES:

At the conclusion of this course, participants will be able to:

1. Describe the process of mourning leading to identification in Freud's landmark work "Mourning and Melancholia".
2. Identify the clinical characteristics distinguishing normal from complex mourning.
3. Identify factors that predispose patients to difficulties in the process of grieving personal losses.
4. Describe modifications of the classical psychoanalytic understanding of mourning development by contemporary Neo-Kleinian and Relational theorists.
5. Identify and develop skills to address narcissistic defenses against mourning.
6. Use commemorative rituals in treating patients struggling with unresolved guilt.
7. Assess and address patients' anticipatory grief when they are confronting impending losses.
8. Demonstrate how understanding the process of mourning can facilitate treatment termination.

Continuing Education

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Social Workers: Application for social work continuing education has been submitted. Please contact us at office@bps.org or 617-266-0953 for the status of the social work CE accreditation.

Please note: Per NASW requirements, social workers must attend 80% of a course in order to be eligible for continuing education credit.

Licensed Mental Health Clinicians: NBCC credits are not available for this course.

Please note: Licensed Mental Health Clinicians may request continuing education credit on an individual basis from NBCC, through their Continuing Education Credit Verification process.

Cancellation Policies & Procedures

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Public Programs >> Explorations in Mind >> Registration

Identifying and Treating Pathological Narcissism

8 Session: Tuesdays, Nov 12, 19, 26, Dec 3, 10, 17, 2019; Jan 7, 14, 2020

Time: 8:00 pm - 9:30 pm

Fee: Early Bird: \$230 (*Use code: EB2019IPN*)
Regular: \$275 (*after Oct 22, 2019*)

Fee is waived for Early Career Clinicians and BPSI Members, Trainees, and Partners. Scholarships are available upon request.

Schedule:

8:00 pm - 9:00 pm: Lecture/Case Presentation

9:00 pm - 9:30 pm: Group Discussion

This course is open to licensed mental health clinicians and trainees on the path to licensure. Continuing Education credits are offered for physicians, psychologists, and social workers.

Pathological narcissism and narcissistic personality disorder are challenging conditions to treat in psychotherapy. This course will focus on identifying patients struggling with these conditions. It will cover developmental origins, and therapeutic approaches and interventions to address typical problems and specific challenges to promote change in psychotherapy.

Elsa Ronningstam, PhD

Psychoanalyst Member, and Faculty of the Psychoanalytic Training, and Explorations in Mind programs, BPSI; Associate Clinical Professor, Harvard Medical School; Clinical Psychologist McLean Hospital. Private practice in Belmont.

Igor Weinberg, PhD

Psychotherapy Student Member, and Faculty of the Explorations in Mind program, BPSI; Associate Psychologist, McLean Hospital; Assistant Professor, Harvard Medical School.

LEARNING OBJECTIVES:

At the conclusion of this course, participants will be able to:

1. Describe the range in clinical presentations of pathological narcissism;
2. Summarize etiological and developmental background in pathological narcissism;
3. Apply strategies in alliance building with patients with pathological narcissism;
4. Discuss typical problems in treatment of patients with pathological narcissism;
5. Apply interventions for pathological narcissism;
6. Apply interventions for pathological narcissism with co-morbid conditions;
7. Compare and integrate different treatment modalities for pathological narcissism;
8. Apply principles of treatment for individual cases of pathological narcissism.

Continuing Education

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Public Programs >> Explorations in Mind >> Registration

Applying Systems Psychodynamics: *Enhancing Organizational Diagnosis*

8 Sessions: Wednesdays, Jan 15, 22, 29, Feb 5, 12, 19, 26, Mar 4, 2020

Time: 7:00 pm - 9:00 pm

Fee: Early Bird: \$300 (*Use code: EB2020ASP2*)
Regular: \$375 (*after Dec 25, 2019*)

Fee is waived for Early Career Clinicians and BPSI Members, Trainees, and Partners. Scholarships are available upon request.

Schedule: 7:00 pm - 8:30 pm: Discussion of theory & applications; 8:30 pm - 9:00 pm: Reflections on Group Process

This course is open to participants from multiple disciplines including scholars, clinicians, management consultants, and organizational leaders and practitioners. Continuing Education credits are offered for physicians, psychologists, and social workers.

LEARNING OBJECTIVES:

At the conclusion of this course, participants will be able to:

1. Apply systems psychodynamics theory to diagnose the barriers to more effective performance in an organization;
2. Use systems psychodynamic theory to develop actionable strategy to address an organizational challenge which takes into account relevant aspects of authority, primary task, roles, and boundaries;
3. Explain how the organization-in-mind influences leader-follower dynamics;
4. Describe the importance of containment of primitive anxieties during periods of organizational change and transformation;
5. Identify an organizational practice that serves primarily as a social defense;
6. Analyze the impact of race and gender dynamic in a leadership team or work group;
7. Describe the impact of authorization and de-authorization on role performance;
8. Identify the role of countertransference experiences in differentiating basic assumption groups from work groups.

James Barron, PhD

Chair, Board of Trustees; Faculty, Psychoanalytic Training, Fellowship, and Explorations in Mind programs, BPSI; Chair, Section of the Psychoanalyst in the Community, Dept. of Psychoanalytic Education, American Psychoanalytic Association; Former faculty, The Levinson Institute for Executive Education, and Dir. of Exec. Education for Innosight; Private practice, Brookline, MA.

Harry Spence, JD

Trustee Member, BPSI; Former Professor of Practice, Harvard Graduate School of Education, Doctor of Education Leadership Program; Lecturer, Harvard Kennedy School of Government; Deputy Chancellor, New York City School System; Receiver, City of Chelsea; Receiver, Boston Housing Authority; Commissioner, Massachusetts Department of Social Services; Court Administrator, Massachusetts Trial Court, and other public and private sector leadership positions; long-time staff member for group relations conferences.

This course will provide students of systems psychodynamics an opportunity to apply their knowledge to the diagnosis of actual organizational quandaries and challenges they are confronting. Each participant will be asked to prepare a single written case of no more than five pages to be distributed to class members in advance of the discussion. Faculty and class participants will collaborate with the presenter in developing the diagnosis of the organizational dilemma from systems psychodynamics perspectives and in considering effective courses of action. This course is open to students who have taken the theory course (*Enhancing Leadership in Organizations*) or have participated in a Group Relations Conference, or who are familiar with systems psychodynamics through other pathways. Please contact the instructors if you have questions regarding eligibility.

Continuing Education

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Please note: Per NASW requirements, social workers must attend 80% of a course in order to be eligible for continuing education credit.

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Public Programs >> Explorations in Mind >> Registration

DW Winnicott

8 Sessions: Mondays, Feb 24, Mar 3, 16, 23, 30, Apr 6, 13, 27, 2020

Time: 7:00 pm - 8:30 pm

Fee: Early Bird: \$230 (*Use code: EB2020WW*)
Regular: \$275 (*after Feb 3, 2020*)

Fee is waived for Early Career Clinicians and BPSI Members, Trainees, and Partners. Scholarships are available upon request.

Schedule:

7:00 pm - 7:30 pm: Lecture/Presentation

7:30 pm - 8:30 pm: Group Discussion

This course is open to non-practitioners and practitioners at all levels of training. Continuing Education credits are offered for psychologists and social workers.

D. W. Winnicott is enormously popular in psychoanalysis today. Why? Part of the explanation lies in his charming, charismatic personality which shines through in his writing style. When one digs more deeply into his writing, however, one learns that Winnicott was not just a delightful character. He thought deeply about children, development, families, and society. His ideas regarding transitional objects and true/false selves are iconic. His thinking is extremely useful in clinical psychology, philosophy, and sociology.

Jason Jones, MD

Psychotherapist Member, Graduate of the Advanced Training Program in Psychoanalytic Psychotherapy (ATP), Faculty in the Explorations in Mind program, BPSI; Family therapist at the Gunderson Program at McLean Hospital. Private practice in Belmont.

LEARNING OBJECTIVES:

At the conclusion of this course, participants will be able to:

1. Describe what Winnicott means by “unintegrated” and “ruthless”;
2. Explain why acknowledging/containing hate are essential to good therapy;
3. Describe regression and its potential role in true self formation;
4. Explain what Winnicott means by true self, false self, and describe their origins;
5. Explain the definition, origin, nature, and fate of the transitional object;
6. Explain what Winnicott means by “using” versus “relating to” an object;
7. Explain the role of confrontation in adolescent identity formation;
8. Define delinquency and describe delinquents’ origin and role in democracy.

Continuing Education

Psychologists: The Boston Psychoanalytic Society and Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Boston Psychoanalytic Society and Institute maintains responsibility for this program and its content. This program fulfills the requirements for 12 hours of CE.

Please note: Per APA requirements, psychologists must attend 100% of a course in order to be eligible for continuing education credit.

Social Workers: Application for social work continuing education has been submitted. Please contact us at office@bpsi.org or 617-266-0953 for the status of the social work CE accreditation.

Please note: Per NASW requirements, social workers must attend 80% of a course in order to be eligible for continuing education credit.

Licensed Mental Health Clinicians: NBCC credits are not available for this course.

Please note: Licensed Mental Health Clinicians may request continuing education credit on an individual basis from NBCC, through their Continuing Education Credit Verification process.

Cancellation Policies & Procedures

Any program participant requesting their individual program registration be canceled, must submit their request in writing via email to Drew Brydon at dbrydon@bpsi.org. For fee-based events, a request for cancellation (and refund using the original form of payment) must be received no later than 48 hours in advance of the event. Requests received later than 48 hours prior to the event will not be processed or accepted. All approved refunds are subject to a \$10.00 administrative fee.

If BPSI cancels an event, all registrants will receive a full refund of fees paid (no administration charge) no later than two business days following the scheduled date of the event, using the original form of payment.

Grievance Policy

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To register, please visit bpsi.org and click:

Public Programs >> Explorations in Mind >> Registration

Building a Psychodynamic Private Practice: *Practical and Clinical Considerations*

4 Sessions: Tuesdays, Feb 25, Mar 3, 10, 17, 2020

Time: 7:30 pm - 9:00 pm

Fee: Early Bird: \$75 (*Use code: EB2020PP2*)
Regular: \$100 (*after Feb 4, 2020*)

Fee is waived for Early Career Clinicians and BPSI Members, Trainees, and Partners. Scholarships are available upon request.

Schedule:

7:30 pm - 8:30 pm: Lecture/Presentation

8:30 pm - 9:00 pm: Group Discussion

This course is open to beginning and intermediate licensed mental health clinicians and trainees on the path to licensure. Continuing Education credits are offered for physicians, psychologists, and social workers.

Using a small-group seminar format, this four-session course offers a forum in which participants can think through, from a psychodynamic perspective, some complex clinical challenges involved in building a successful private practice. We will focus on issues such as money, beginning and deepening treatment, diversity, and developing your professional support system and referral structure. The course instructors will provide references for information relating to more practical issues such as record-keeping and maintaining HIPPA compliance, and some class time will be dedicated to discussing these matters. This course is designed to allow an exploration of a few crucial components of building a successful private practice. Faculty include representatives from different disciplines, providing multiple perspectives while also allowing for discipline-specific questions to be addressed.

Sarah L. Lusk, PhD

Psychoanalyst Member, Candidate in Child and Adolescent Psychoanalysis Training, and Faculty of the Explorations in Mind program, BPSI. Private practice in Cambridge, MA.

Jacquelyn Turpin, LICSW

Candidate Member, and Faculty of the Explorations in Mind program, BPSI. Private practice in Brookline, MA.

LEARNING OBJECTIVES:

At the conclusion of this course, participants will be able to:

1. Identify and assess the psychodynamic issues involved in setting up and maintaining a private practice.
2. List three practical and clinical implications of using different forms of communication in private practice.
3. Discuss how to set up, manage, and address financial matters.
4. Describe three factors involved in building a manageable and fulfilling caseload.

Continuing Education

Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Boston Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physician. The American Psychoanalytic Association designates this Live Activity for a maximum of 6 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Psychologists: The Boston Psychoanalytic Society and Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Boston Psychoanalytic Society and Institute maintains responsibility for this program and its content. This program fulfills the requirements for 6 hours of CE.

Please note: Per APA requirements, psychologists must attend 100% of a course in order to be eligible for continuing education credit.

Social Workers: Application for social work continuing education has been submitted. Please contact us at office@bpsj.org or 617-266-0953 for the status of the social work CE accreditation.

Please note: Per NASW requirements, social workers must attend 80% of a course in order to be eligible for continuing education credit.

Licensed Mental Health Clinicians: NBCC credits are not available for this course.

Please note: Licensed Mental Health Clinicians may request continuing education credit on an individual basis from NBCC, through their Continuing Education Credit Verification process.

Cancellation Policies & Procedures

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If BPSI cancels an event, all registrants will receive a full refund of fees paid (no administration charge) no later than two business days following the scheduled date of the event, using the original form of payment.

Grievance Policy

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Public Programs >> Explorations in Mind >> Registration

Once Upon a Time: The Developmental Wisdom of Fairy Tales

3 Sessions: Mondays, Mar 2, 9, 16, 2020

Time: 7:30 pm - 9:00 pm

Fee: Early Bird: \$230 (*Use code: EB2020FT*)
Regular: \$275 (*after Feb 10, 2020*)

Fee is waived for Early Career Clinicians and BPSI Members, Trainees, and Partners. Scholarships are available upon request.

Schedule:

7:30 pm - 8:30 pm: Lecture/Case Presentation

8:30 pm - 9:00 pm: Group Discussion

This course is open to licensed mental health clinicians and trainees on the path to licensure. Continuing Education credits are offered for psychologists and social workers.

Fairy tales fascinate us. Despite vast changes in our culture they are the stories that are consistently and vibrantly renewed in many art forms. In recent years there has been an explosion of “retelling” of classic fairy tales in film, poetry and literature. In these three weeks, we’ll look at classical texts of several of the original Grimm’s fairy tales, and discuss the vivid and compelling ways that they illustrate psychoanalytic theories of development. We’ll also read, watch, and discuss a few modern interpretations of these stories while we observe the ways that cultural shifts have affected changing ideas of development in childhood.

Jane Hanenberg, EdD

Psychoanalyst Member, Supervising and Training Analyst, and Faculty of the Psychoanalytic Training and Explorations in Mind programs, BPSI. Private practice in Watertown, MA.

LEARNING OBJECTIVES:

At the conclusion of this course, participants will be able to:

1. Describe the developmental material presented in three fairy tales;
2. Discuss the clinical applications of fairy tales;
3. Apply the course material to ideas of contemporary changes in child development;
4. Summarize and explain the acculturation of development.

Continuing Education

Psychologists: The Boston Psychoanalytic Society and Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Boston Psychoanalytic Society and Institute maintains responsibility for this program and its content. This program fulfills the requirements for 4.5 hours of CE.

Please note: Per APA requirements, psychologists must attend 100% of a course in order to be eligible for continuing education credit.

Social Workers: Application for social work continuing education has been submitted. Please contact us at office@bpsi.org or 617-266-0953 for the status of the social work CE accreditation.

Please note: Per NASW requirements, social workers must attend 80% of a course in order to be eligible for continuing education credit.

Licensed Mental Health Clinicians: NBCC credits are not available for this course.

Please note: Licensed Mental Health Clinicians may request continuing education credit on an individual basis from NBCC, through their Continuing Education Credit Verification process.

Cancellation Policies & Procedures

Any program participant requesting their individual program registration be canceled, must submit their request in writing via email to Drew Brydon at dbrydon@bpsi.org. For fee-based events, a request for cancellation (and refund using the original form of payment) must be received no later than 48 hours in advance of the event. Requests received later than 48 hours prior to the event will not be processed or accepted. All approved refunds are subject to a \$10.00 administrative fee.

If BPSI cancels an event, all registrants will receive a full refund of fees paid (no administration charge) no later than two business days following the scheduled date of the event, using the original form of payment.

Grievance Policy

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Mothers, Babies and the Space Between: Psychotherapy with Vulnerable Dyads in the Earliest Years

This course is offered in collaboration with our Community Partners, CERS of JF&CS.

3 Sessions: Tuesdays, Mar 10, 17, 24, 2020

Time: 6:30 pm - 8:00 pm

Fee: Early Bird: \$230 (*Use code: EB2020MB*)
Regular: \$275 (*after Feb 18, 2020*)

Fee is waived for Early Career Clinicians and BPSI Members, Trainees, and Partners. Scholarships are available upon request.

Schedule:

6:30 pm - 7:30 pm: Lecture/Presentation

7:30 pm - 8:00 pm: Group Discussion

This course is open to licensed mental health clinicians and trainees on the path to licensure. Continuing Education credits are offered for physicians, psychologists, and social workers.

LEARNING OBJECTIVES:

At the conclusion of this course, participants will be able to:

1. Describe the key concepts and benefits of a dyadic approach to treatment;
2. Identify the role of emotion regulation in early development and dyadic psychotherapy;
3. Discuss the ways a focus on reflective function can be beneficial in work with parents and babies;
4. Explain the impact of parental mental health challenges and substance use disorder on the earliest relationship.

Eda Spielman, PsyD

Clinical Director, Center for Early Relationship Support (CERS) and faculty of the

Infant-Parent Training Institute (IPTI) at Jewish Family and Children's Service of Greater Boston (JF&CS-Boston). Post-graduate certificate in Infant Mental Health and additional training in Child-Parent Psychotherapy and Circle of Security. Guest Faculty, Explorations in Mind, BPSI.

Caring for Generations
JF&CS
Jewish Family & Children's Service

Caroline Phillips, DClInPsy

Parent-child clinician and IPTI faculty at CERS, JF&CS-Boston, providing attachment-centered, trauma-informed, dyadic therapy for mothers and infants impacted by substance use. Post-graduate study: Parent-Infant Psychotherapy, Center for Psychoanalytic Training and Research, Columbia University, and Seaver Autism Center, Mount Sinai School of Medicine. Guest Faculty, Explorations in Mind, BPSI.

Clinical knowledge and neuroscience have converged in supporting our understanding of the earliest relationship between parent and child as the basis for future health and learning. But how do we incorporate this knowing into our work in support of parents and their young children? This 3 session course offers a brief introduction to parent-infant psychotherapy with a special focus on building reflective and regulatory capacities in work with parents facing mental health and substance use challenges.

Continuing Education

Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Boston Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physician. The American Psychoanalytic Association designates this Live Activity for a maximum of 4.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Psychologists: The Boston Psychoanalytic Society and Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Boston Psychoanalytic Society and Institute maintains responsibility for this program and its content. This program fulfills the requirements for 4.5 hours of CE.

Please note: Per APA requirements, psychologists must attend 100% of a course in order to be eligible for continuing education credit.

Social Workers: Application for social work continuing education has been submitted. Please contact us at office@bpsi.org or 617-266-0953 for the status of the social work CE accreditation.

Please note: Per NASW requirements, social workers must attend 80% of a course in order to be eligible for continuing education credit.

Licensed Mental Health Clinicians: NBCC credits are not available for this course.

Please note: Licensed Mental Health Clinicians may request continuing education credit on an individual basis from NBCC, through their Continuing Education Credit Verification process.

Cancellation Policies & Procedures

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If BPSI cancels an event, all registrants will receive a full refund of fees paid (no administration charge) no later than two business days following the scheduled date of the event, using the original form of payment.

Grievance Policy

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Applying Systems Psychodynamics: *Enhancing Leadership in Organizations*

8 Sessions: Wednesdays, Mar 11, 18, 25, Apr 1, 15, 22, 29, May 6, 2020

Time: 7:00 pm - 9:00 pm

Fee: Early Bird: \$300 (*Use code: EB2020ASP3*)
Regular: \$375 (*after Feb 19, 2020*)

Fee is waived for Early Career Clinicians and BPSI Members, Trainees, and Partners. Scholarships are available upon request.

Schedule: 7:00 pm - 8:30 pm: Discussion of theory & applications; 8:30 pm - 9:00 pm: Reflections on Group Process

This course is open to participants from multiple disciplines including scholars, clinicians, management consultants, and organizational leaders and practitioners. Continuing Education credits are offered for physicians, psychologists, and social workers.

LEARNING OBJECTIVES:

At the conclusion of this course, participants will be able to:

1. Describe the conceptual origins of the systems psychodynamic perspective.
2. Explain what Bion means by the terms 'work group' and 'basic assumption group'.
3. Explain how focusing on the organization's primary task can reveal important aspects of unconscious organizational life.
4. Apply the concept of social defense to explain how organizations use seemingly rational strategies to manage primitive anxieties.
5. Employ the group-as-a-whole perspective to examine groups as multi-level systems.
6. List three goals of participants in Balint Groups, and define the role of the Balint group leader.
7. Explain how unconscious fantasies pressure individuals to step out of their authorized roles.
8. Describe the ways in which powerful projective processes operate in large groups.

James Barron, PhD

Chair, Board of Trustees; Faculty, Psychoanalytic Training, Fellowship, and Explorations in Mind programs, BPSI; Chair, Section of the Psychoanalyst in the Community, Department of Psychoanalytic Education, American Psychoanalytic Association; Former faculty, The Levinson Institute for Executive Education, and Director of Executive Education for Innosight; Private practice, Brookline, MA.

Harry Spence, JD

Trustee Member, BPSI; Former Professor of Practice, Harvard Graduate School of Education, Doctor of Education Leadership Program; Lecturer, Harvard Kennedy School of Government; Deputy Chancellor, New York City School System; Receiver, City of Chelsea; Receiver, Boston Housing Authority; Commissioner, Massachusetts Department of Social Services; Court Administrator, Massachusetts Trial Court, and other public and private sector leadership positions; long-time staff member for group relations conferences.

The goal of this seminar is to introduce students to the analysis of unconscious dynamics in group life, using the conceptual tools of systems psychodynamics along with experiential learning and case examples. Effective leadership or consultation in an organizational context requires an understanding of such powerful factors as leader-follower dynamics, social defenses in response to primitive anxieties, tensions between work groups and basic assumption groups, and the interplay of roles, tasks, and boundaries. Systems psychodynamics is an interdisciplinary approach that draws on insights from group relations theory, psychoanalysis, and open systems theory. From these vantage points, we will examine the forces that shape behavior in groups and organizations, and that facilitate or hinder effective leadership or consultation.

Continuing Education

Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Boston Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physician. The American Psychoanalytic Association designates this Live Activity for a maximum of 12 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Psychologists: The Boston Psychoanalytic Society and Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Boston Psychoanalytic Society and Institute maintains responsibility for this program and its content. This program fulfills the requirements for 12 hours of CE.

Please note: Per APA requirements, psychologists must attend 100% of a course in order to be eligible for continuing education credit.

Social Workers: Application for social work continuing education has been submitted. Please contact us at office@bps.org or 617-266-0953 for the status of the social work CE accreditation.

Please note: Per NASW requirements, social workers must attend 80% of a course in order to be eligible for continuing education credit.

Licensed Mental Health Clinicians: NBCC credits are not available for this course.

Please note: Licensed Mental Health Clinicians may request continuing education credit on an individual basis from NBCC, through their Continuing Education Credit Verification process.

Cancellation Policies & Procedures

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The Poetics of the Body

5 Sessions: Tuesdays, Mar 31, Apr 7, 14, 21, 28, 2020

Time: 7:00 pm - 8:30 pm

Fee: Early Bird: \$195 (*Use code: EB2020PB*)
Regular: \$250 (*after Mar 10, 2020*)

Fee is waived for Early Career Clinicians and BPSI Members, Trainees, and Partners. Scholarships are available upon request.

Schedule:

7:00 pm - 8:00 pm: Lecture/Presentation

8:00 pm - 8:30 pm: Group Discussion

Discussions about the presence of physicality and having a body are finding their way into the office and our psychoanalytic literature. While it has been common to look at the body with medically and characterologically ill patients, there has been less attention given to the body as the register of experiential encounters within the therapeutic process. How does having a body influence our thinking in regards to our theory making, the use of language, and engaging certain registers of relational experiences, including the transference and counter-transference? As we engage the psychodynamic literature, and work with poetry, we will elaborate our ideas and experiences about the body and embodiment in our clinical work. Participants are encouraged to bring clinical and experiential knowledge to class to further our understanding of the theoretical material. [The title of this course is obtained from Hoffman, A. G. "Is Psychoanalysis a Poetics of the Body?" in *American Imago*. It refers to Aristotle's notion of *poetics* as the art that uses language as its medium.]

Lucinda Di Domenico, MD

Psychoanalyst Member; Faculty of the Psychoanalytic Training, Fellowship, and Explorations in Mind programs, BPSI; Supervisor, Department of Psychiatry, Tufts Medical Center. Private practice in Newton Centre, MA.

This course open to licensed mental health clinicians and trainees on the path to licensure. Continuing Education credits are offered for physicians, psychologists and social workers.

LEARNING OBJECTIVES:

At the conclusion of this course, participants will be able to:

1. Describe your understanding of how somatic experiences and embodiment contribute to your work with patients.
2. Describe how in the respective papers, feminist theory and the neurosciences have elaborated the influences of the body in our psychoanalytic theory making.
3. Describe the contribution of each paper regarding its understanding how the body contributes to the development of language of psychic experience.
4. Describe two ways in which two bodies in the therapeutic space contribute to transference and relational issues.
5. Describe how somatic counter-transference may be used in therapeutic work with patients.

Continuing Education

Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Boston Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physician. The American Psychoanalytic Association designates this Live Activity for a maximum of 7.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. **IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS:** None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Psychologists: The Boston Psychoanalytic Society and Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Boston Psychoanalytic Society and Institute maintains responsibility for this program and its content. This program fulfills the requirements for 7.5 hours of CE.

Please note: Per APA requirements, psychologists must attend 100% of a course in order to be eligible for continuing education credit.

Social Workers: Application for social work continuing education has been submitted. Please contact us at office@bpsi.org or 617-266-0953 for the status of the social work CE accreditation.

Please note: Per NASW requirements, social workers must attend 80% of a course in order to be eligible for continuing education credit.

Licensed Mental Health Clinicians: NBCC credits are not available for this course.

Please note: Licensed Mental Health Clinicians may request continuing education credit on an individual basis from NBCC, through their Continuing Education Credit Verification process.

Cancellation Policies & Procedures

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Philip Roth: *His Life and Times*

6 Sessions: Tuesdays, Mar 31, Apr 7, 14, 21, 28, May 5, 2020

Time: 8:00 pm - 9:30 pm

Fee: Early Bird: \$230 (*Use code: EB2020PR*)
Regular: \$275 (*after Mar 10, 2020*)

Fee is waived for Early Career Clinicians and BPSI Members, Trainees, and Partners. Scholarships are available upon request.

Schedule:

8:00 pm - 9:00 pm: Lecture/Presentation

9:00 pm - 9:30 pm: Group Discussion

This course is open to non-practitioners and practitioners at all levels of training. Continuing Education credits are offered for psychologists and social workers.

Philip Roth burst on the literary scene first with a collection of short stories *Good-bye Columbus* and then with *Portnoy's Complaint*. He went on to become one of America's most important writers and one of its most controversial—a hero to some, a misogynist to others. He created characters such as Zuckerman and Portnoy that now reside in the public's conscience.

This course will discuss some of his best and some of his lesser known works, as well as interviews and films based on his novels. We will relate his work to his personal life as well as the times in which he lived: World War II, the McCarthy era, the women's movement, Korea and Vietnam. Did his writing change as he grew older? How does he compare to other American writers of his era and with the Jewish writers of his time? All this and more will be the subject of our exploration.

Dan Jacobs, MD

Psychoanalyst Member, Training and Supervising Analyst, and Faculty of the Psychoanalytic Training and Explorations in Mind programs, BPSI. Dr. Jacobs holds a master's degree in English Literature and has previously taught courses that focus on the connections between literature and psychoanalysis. Private practice in Brookline, MA. His novel "The Distance from Home" was published in 2019.

LEARNING OBJECTIVES:

At the conclusion of this course, participants will be able to:

1. List three important psychological events in Roth's life and their influence on his writings;
2. Define misogyny and explain why it does or does not apply to Roth's work;
3. Explain three psychological issues raised by being a member of an American minority group (in this case, a Jew) illustrated in Roth's work;
4. Explain three conflicts apparent during adolescence development that are illustrated by Portnoy's Complaint;
5. Identify four psychological challenges in aging that Roth's later works illustrate;
6. List four ways in which contemporary societal issues influenced Roth's life and work;
7. Identify three psychological reactions (positive or negative) to the transformation of the written word to the visual, i.e. books to movies;
8. List four psychological challenges to being and remaining married that Roth illustrates in his fiction.

Continuing Education

Psychologists: The Boston Psychoanalytic Society and Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. The Boston Psychoanalytic Society and Institute maintains responsibility for this program and its content. This program fulfills the requirements for 9 hours of CE.

Please note: Per APA requirements, psychologists must attend 100% of a course in order to be eligible for continuing education credit.

Social Workers: Application for social work continuing education has been submitted. Please contact us at office@bps.org or 617-266-0953 for the status of the social work CE accreditation.

Please note: Per NASW requirements, social workers must attend 80% of a course in order to be eligible for continuing education credit.

Licensed Mental Health Clinicians: NBCC credits are not available for this course.

Please note: Licensed Mental Health Clinicians may request continuing education credit on an individual basis from NBCC, through their Continuing Education Credit Verification process.

Cancellation Policies & Procedures

Any program participant requesting their individual program registration be canceled, must submit their request in writing via email to Drew Brydon at dbrydon@bps.org. For fee-based events, a request for cancellation (and refund using the original form of payment) must be received no later than 48 hours in advance of the event. Requests received later than 48 hours prior to the event will not be processed or accepted. All approved refunds are subject to a \$10.00 administrative fee.

If BPSI cancels an event, all registrants will receive a full refund of fees paid (no administration charge) no later than two business days following the scheduled date of the event, using the original form of payment.

Grievance Policy

Please address any questions or concerns about your experience at this or any program or event you have attended at the Boston Psychoanalytic Society and Institute to the Program Chair, via the Senior Administrator/Director of Continuing Education, BPSI, 141 Herrick Road, Newton Centre, MA 02459; office@bps.org; 617.266.0953.

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Explorations in Mind

Community
Education
at BPSI

To register, please visit bps.org and click:

Public Programs >> Explorations in Mind >> Registration

If you have any questions or if you are interested in teaching a course next year, please contact Holly Friedman Housman, LICSW (holly@housman.org), or Chris Lovett, PhD (cglovett44@gmail.com).

*Course fees are waived for
Early Career Clinicians, and BPSI Members, Trainees, and Partners*

All courses take place at:
141 Herrick Road
Newton Centre, MA 02459
Phone: 617.266.0953 | Website: www.bpsi.org

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