Development III – Youth Development
Instructor: Gil Noam, Ed.D., Ph.D. (Habil)

Class One: Introduction and Theoretical Considerations: Adolescent Turmoil and Crisis or Much Ado About Nothing - November 21, 2019

Bohleber, W. (2012). Adolescence in the mirror of changing psychoanalytic theory. In Adolescent Psychiatry, 2(1), 1-7. [Linked Here] [Also available in the library: Check reading folder or request from library@bpsi.org]

Class Two: Adolescent Development: Developmental Stage Theory - December 5, 2019


Hall, M. (2013). Perry’s scheme – Understanding the intellectual development of college-age students. [Blog post]. [Linked Here] [Also available in the library: Check reading folder or request from library@bpsi.org]

Class Three: From Adolescent to Youth Development: The Role of Developmental Process Theory - December 12, 2019


Noam, G. & Triggs, B. (2018). The clover model: Developmental process theory of social-emotional development. PEAR Institute, Harvard University and McLean Hospital. [Linked Here] [Also available in the library: Check reading folder or request from library@bpsi.org]
Class Four: Belonging: Relationships in Adolescence - December 19, 2019


Class Five: Assertiveness and Egocentrism - January 2, 2020


One short YouTube video on David Elkind’s concept of Adolescent Egocentrism: Kathy Anderson. Linked Here

Optional: Peneva, I. & Mavrodiev, S. (2013). A historical approach to assertiveness. Psychological Thought, 6(1), 3-26. Linked Here [Also available in the library: Check reading folder or request from library@bpsi.org]

Class Six: The Body Self and Sexuality - January 9, 2020

Lena, F. E. (2017). Working with and ‘seeing through’ the sexual transference in the psychotherapy of an adolescent boy. Journal of Child Psychotherapy, 43(1), 40–54. [Available in the library: Download in the library, check reading folder or request from library@bpsi.org]


Class Seven: The Reflective Self - January 23, 2020


Short video about James Marcia’s Theory of Identity Development: Linked Here

Class Eight: Conclusion and Synthesis - January 30, 2020

Wilson, P. (2001). ‘I don’t know’. Journal of the British Association of Psychotherapists, 39, 166-176. [Available in the library: Check reading folder or request from library@bpsi.org]

Learning Objectives:
1. At the conclusion of the session, the participant will be able to describe 3 viewpoints of normal adolescent development.
2. At the conclusion of the session, the participant will be able to compare 3 models of adolescent development.
3. At the conclusion of the session, the participant will be able to analyze a movie about adolescent experience and discuss a developmental idea from the film.
4. At the conclusion of the session, the participant will be able to analyze family dynamics that occur during adolescence.
5. At the conclusion of the session, the participant will be able to compare risk and resiliency approaches to adolescent treatment.
6. At the conclusion of the session, the participant will be able to discuss the role of physical development and sexuality in adolescent experience.
7. At the conclusion of the session, the participant will be able to describe the concept of nonlinear development and its application to adolescence.
8. At the conclusion of the session, the participant will be able to apply concepts of adolescent development to working therapeutically in psychoanalytic treatment with adolescents and adults.