



B P S I

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Year IV - Winter I, 2019-2020

Development III – Youth Development

Instructor: Gil Noam, Ed.D., Ph.D. (Habil)

Class One: Introduction and Theoretical Considerations: Adolescent Turmoil and Crisis or Much Ado About Nothing - November 21, 2019

Bohleber, W. (2012). Adolescence in the mirror of changing psychoanalytic theory. In *Adolescent Psychiatry*, 2(1), 1-7. [Linked Here](#) [Also available in the library: Check reading folder or request from library@bpsi.org]

Class Two: Adolescent Development: Developmental Stage Theory - December 5, 2019

Erikson, E.H. (1950). Eight stages of man. In *Childhood and society* (Chapter 7, pp. 247-274). NY: W. W. Norton. [Available in the library: Check reading folder or request from library@bpsi.org]

Kohlberg, L. (1976). Moral stages and moralization: The cognitive-developmental approach. In Lickona, T. (Ed.), *Moral development and behavior* (Chapter 2, pp. 31-53). NY: Holdt, Rinehart & Winston. [Available in the library: Check reading folder or request from library@bpsi.org]

Hall, M. (2013). Perry's scheme – Understanding the intellectual development of college-age students. [Blog post]. [Linked Here](#) [Also available in the library: Check reading folder or request from library@bpsi.org]

Class Three: From Adolescent to Youth Development: The Role of Developmental Process Theory - December 12, 2019

Galatzer-Levy, R.M. (2004). Chaotic possibilities: Toward a new model of development. *International Journal of Psychoanalysis*, 85(2), 419-441. [PEP Web Link](#)

Noam, G. & Triggs, B. (2018). *The clover model: Developmental process theory of social-emotional development*. PEAR Institute, Harvard University and McLean Hospital. [Linked Here](#) [Also available in the library: Check reading folder or request from library@bpsi.org]

Class Four: Belonging: Relationships in Adolescence - December 19, 2019

Warshaw, S. (2001). The loss of my father in adolescence: The impact on my work as a psychoanalyst. In Gersen, B. (Ed.), *The therapist as a person* (Chapter 12, pp. 207-221). London: Routledge. [Available in the library: Check reading folder or request from library@bps.org]

Noam, G. (1999). The psychology of belonging: Reformulating adolescent development. In Flaherty, L. & Horowitz, H. (Eds.), *Adolescent psychiatry, development and clinical studies* (Vol. 24, Chapter 3, pp. 49-68). Hillside, NJ: Annals of the American Society for Adolescent Psychiatry. [Available in the library: Check reading folder or request from library@bps.org]

Dubois-Comtois, K., Cyr, C., Pascuzzo, K., Lessard, M. & Poulin, C. (2013). Attachment theory in clinical work with adolescents. *Journal of Child Adolescent Behavior*, 1(3), 1-8. [Linked Here](#) [Also available in the library: Check reading folder or request from library@bps.org]

Class Five: Assertiveness and Egocentrism - January 2, 2020

Freud, A. (1965). The psychoanalytic view of childhood: Long-distance and close-up. *Normality and pathology in childhood development* (Chapter 1, pp. 3-24). NY: International University Press. [Available in the library: Check reading folder or request from library@bps.org]

One short YouTube video on David Elkind's concept of [Adolescent Egocentrism](#):

Kathy Anderson. [Linked Here](#)

Optional: Peneva, I. & Mavrodiev, S. (2013). A historical approach to assertiveness. *Psychological Thought*, 6(1), 3-26. [Linked Here](#) [Also available in the library: Check reading folder or request from library@bps.org]

Class Six: The Body Self and Sexuality - January 9, 2020

Lena, F. E. (2017). Working with and 'seeing through' the sexual transference in the psychotherapy of an adolescent boy. *Journal of Child Psychotherapy*, 43(1), 40-54. [Available in the library: [Download](#) in the library, check reading folder or request from library@bps.org]

Shapiro, T. (2008). Masturbation, sexuality, and adaptation: Normalization in adolescence. *JAPA*, 56(1), 123-146. [PEP Web Link](#)

Fast, I. (1990). Aspects of early gender development: Toward a reformulation. *Psychoanalytic Psychology*, 7(S), 105-117. [PEP Web Link](#)

Optional: Freud, S. (1905). The sexual aberrations. *SE Vol. VII (1901-1905): A case of hysteria, three essays on sexuality and other works* (pp. 135-172). [PEP Web Link](#)

Class Seven: The Reflective Self - January 23, 2020

Erikson, E.H. (1956). The problem of ego identity. *JAPA*, 4, 56-121. [PEP Web Link](#)

Billow, R. (2004). The adolescent play: Averting the tragedy of Hamlet. *Contemporary Psychoanalysis*, 40(2), 253-277. [PEP Web Link](#)

Short video about James Marcia's Theory of Identity Development: [Linked Here](#)

Class Eight: Conclusion and Synthesis - January 30, 2020

Wilson, P. (2001). 'I don't know'. *Journal of the British Association of Psychotherapists*, 39, 166-176. [Available in the library: Check reading folder or request from library@bpsl.org]

Learning Objectives:

1. At the conclusion of the session, the participant will be able to describe 3 viewpoints of normal adolescent development.
2. At the conclusion of the session, the participant will be able to compare 3 models of adolescent development.
3. At the conclusion of the session, the participant will be able to analyze a movie about adolescent experience and discuss a developmental idea from the film.
4. At the conclusion of the session, the participant will be able to analyze family dynamics that occur during adolescence.
5. At the conclusion of the session, the participant will be able to compare risk and resiliency approaches to adolescent treatment.
6. At the conclusion of the session, the participant will be able to discuss the role of physical development and sexuality in adolescent experience.
7. At the conclusion of the session, the participant will be able to describe the concept of nonlinear development and its application to adolescence.
8. At the conclusion of the session, the participant will be able to apply concepts of adolescent development to working therapeutically in psychoanalytic treatment with adolescents and adults.