



B P S I

boston psychoanalytic  
society & institute

Winter I, 2019-2020

## **Ethics Seminar Learning Objectives and Syllabus**

Instructors: Judy Yanof, MD and Stephanie Schechter, PsyD

### **Week 1 – November 21: Confidentiality**

#### **Learning Objective:**

At the conclusion of this session, candidates will be able to identify and discuss three problems in maintaining confidentiality in publication and presentations of clinical work.

#### **Readings:**

Lear, J. (2003). Confidentiality as a virtue. In Levin, C., Furlong, A. & O’Neil, M.K. (Eds.), *Confidentiality: Ethical perspectives and clinical dilemmas* (Chapter 1, pp. 4-17). Hillsdale, NJ: The Analytic Press. [Available in the library: Check reading folder or request from [library@bpsi.org](mailto:library@bpsi.org)]

Ackerman, S. (2018). (How) can we write about our patients? *JAPA*, 66(1), 59-81. [Available in the library: [Download](#) in the library, check reading folder or request from [library@bpsi.org](mailto:library@bpsi.org)]

#### **Optional Reading:**

Kantrowitz, J. (2006). Patients who are not analysts. In *Writing about patients: Responsibilities, risks, and ramifications* (Chapter 2, pp. 197-222). NY: Other Press. [Available in the library: Check reading folder or request from [library@bpsi.org](mailto:library@bpsi.org)]

### **NO CLASS NOVEMBER 28 – THANKSGIVING**

### **Week 2 – December 5: Dual Relationships and Gifts**

#### **Learning Objective:**

At the conclusion of this session, candidates will be able to describe the concept of dual relationships and identify two risks of treating more than one member of a family in individual treatment.

#### **Readings:**

Epstein, R.S. (1994). Whom should a psychotherapist treat? Problems of patient selection when a dual relationship exists. In *Keeping boundaries: Maintaining safety and integrity in the psychotherapeutic process* (Chapter 7, pp. 127-143). Washington, D.C.: American Psychiatric Press. [Available in the library: Check reading folder or request from [library@bpsi.org](mailto:library@bpsi.org)]

Talan, K.H. (1989). Gifts in psychoanalysis—Theoretical and technical issues. *Psychoanal. St. Child*, 44, 149-163. [PEP Web Link](#)

### **Week 3 – December 12: Non-sexual Boundary Violations**

#### **Learning Objective:**

At the conclusion of this session, candidates will be able to describe two non-sexual boundary violations in analysis and the risks involved.

#### **Readings:**

Gabbard, G. & Lester, E. (1995). Boundaries in cyberspace. In *Boundaries and boundary violations in psychoanalysis* (Chapter 7, pp. 105-120). Arlington, VA: American Psychiatric Publishing. [Available in the library: Check reading folder or request from [library@bpsl.org](mailto:library@bpsl.org)]

Slochow, J. (2003). The analyst's secret delinquencies. *Psychoanalytic Dialogues*, 13(4), 451-469. [PEP Web Link](#)

### **Week 4 – December 19: Sexual Boundaries**

#### **Learning Objective:**

At the conclusion of this session, candidates will be able to identify how feelings of guilt, shame and anxiety surround erotic feelings and erotic countertransference feelings, and they will be able to describe two ways these feelings can make open discussion of erotic countertransference experiences difficult.

#### **Reading:**

Gabbard, G. (1994). Sexual excitement and countertransference love in the analyst. *JAPA*, 42, 1083-1106. [PEP Web Link](#)

#### **Video:**

Celenza, A. *Sexual boundary violations: How do they happen?* [Online password will be provided by instructors]

### **NO CLASS DECEMBER 26**

### **Week 5 – January 2: Erotic Countertransference and Self-disclosure**

#### **Learning Objectives:**

At the conclusion of this session, candidates will be able to identify three advantages and pitfalls of self-disclosure in analytic practice.

#### **Readings:**

Davies, J. (1994). Love in the afternoon: A relational reconsideration of desire and dread in the countertransference. *Psychoanalytic Dialogues*, 4(2), 153-170. [PEP Web Link](#)

Jacobs, T. (2014). Some reflections on slippery slopes and an approach to those on the edge. In *The possible profession* (Chapter 12, pp. 179-186). NY: Routledge. [Available in the library: Check reading folder or request from [library@bpsl.org](mailto:library@bpsl.org)]

## **Week 6 – January 9: Illness in the Analyst and Professional Wills**

### **Learning Objective:**

At the conclusion of this session, candidates will be able to describe three risks and benefits of the analyst's self-disclosure of serious illness.

### **Readings:**

Fajardo, B. (2001). Life-threatening illness in the analyst. *JAPA*, 49(2), 569-586. [PEP Web Link](#)

Morrison, A.L. (1997). Ten years of doing psychotherapy while living with a life-threatening illness: Self-disclosure and other ramifications. *Psychoanal Dial.*, 7(2), 225-241. [PEP Web Link](#)

## **NO CLASS JANUARY 16 - ACADEMIC LECTURE**

## **Week 7 – January 23: Supervision and Institutional Boundaries**

### **Learning Objective:**

At the conclusion of this session, candidates will be able to describe the primary elements of the supervisory contract.

### **Readings:**

Bosworth, H., Aizaga, K. & Cabaniss, D.L. (2009). The training analyst: Analyst, teacher, mentor. *JAPA*, 57(3), 663-675. [PEP Web Link](#)

Schechter, S. (2015). I've got a case for you. Vignette on supervision. [Available in the library: Check reading folder or request from [library@bpsl.org](mailto:library@bpsl.org)]

## **Week 8 – January 30: Ethics and Using Modern Technology with Patients**

### **Learning Objective:**

At the conclusion of this session, candidates will be able to describe two ethical principles that will help guide ethical decision-making around the use of emails and texting.

### **Readings:**

Recupero, P.R. (2005). Email and the psychiatrist-patient relationship. *J. Am. Acad. Psychiatry Law*, 33(4), 465-475. [Available in the library: Check reading folder or request from [library@bpsl.org](mailto:library@bpsl.org)]

Suler, J. (2004). The online disinhibition effect. *Cyberpsychology and Behavior*, 7(3), 321-325. [Available in the library: Check reading folder or request from [library@bpsl.org](mailto:library@bpsl.org)]