



B P S I

boston psychoanalytic
society & institute

Winter I, 2019-2020

Introduction to Child Psychoanalysis

Instructor: Bayard Clarkson, Jr., MD

1. November 21, 2019

The inner world of a child and the relationship between a child and an adult

De Saint-Exupery, A. (1943). *The little prince*. San Diego: Harcourt. [Linked Here](#)

2. December 5, 2019

On communicating

Winnicott, D.W. (1971). Case 1 'Iiro' aet 9 years 9 months. *Therapeutic consultations in child psychiatry* (pp. 12-27). NY: Basic Books. [PEP Web Link](#)

Schacht, L. (1991). A river can't be green, can it? from the analysis of Boris. *Int. J. Psychoanal.*, 72, 511-524. [PEP Web Link](#)

3. December 12, 2019

Psychoanalytic theory of play and the therapeutic setting

Wälder, R. (1933). The psychoanalytic theory of play. *Psychoanalytic Q.*, 2, 208-224. [PEP Web Link](#)

Isaacs Elmhirst, S. (1988). The Kleinian setting for child analysis. *Int. Rev. of Psychoanal.*, 15, 5-12. [PEP Web Link](#)

Freud, A. (1968). Indications and contraindications for child analysis. *Psychoanal. St. Child*, 23, 37-46. [PEP Web Link](#)

Suggested:

Freud, A. (1927/1974). Preparation for child analysis and The methods of child analysis. In *The writings of Anna Freud: Introduction to psychoanalysis, Vol. 1: Lectures for child analysts and teachers, 1922-1935* (Lectures 1-2, pp. 3-35). NY: Int. Uni. Press. [Available in the library: Check reading folder or request from library@bps.org]

Ablon, S.L. (2001). The work of transformation: Changes in technique since Anna Freud's *Normality and pathology in childhood*. *Psychoanal. St. Child*, 56, 27-38. [PEP Web Link](#)

4. December 19, 2019

Transference in child analysis

Yanof, J.A. (1996). Language, communication and transference in child analysis. 1. Selective mutism: The medium is the message. 2. Is child analysis really analysis? *JAPA*, 44, 100-116. [PEP Web Link](#)

Chused, J.F. (1988). The transference neurosis in child psychoanalysis. *Psychoanal. St. Child*, 43, 51-81. [PEP Web Link](#)

Suggested:

Furman, E. (1980). Transference and externalization in latency. *Psychoanal. St. Child*, 35, 267-284. [PEP Web Link](#)

5. January 2, 2020

Action and interpretation as agents of therapeutic change in child analysis

Frankel, J.B. (1998). The play's the thing: How the essential processes of therapy are seen most clearly in child therapy. *Psychoanal. D.*, 8(1), 149-182. [PEP Web Link](#)

Mayes, L.C. & Cohen, D.J. (1993). Playing and therapeutic action in child analysis. *Int. J. Psycho-Anal.*, 74, 1235-1244. [PEP Web Link](#)

6. January 9, 2020

Trauma and disordered attachment

Herzog, J.M. (2005). *Los Degradados*: Out, down, dead: Transmitted and inflicted trauma as encountered in the analysis of a 6-year-old girl. *Int. J. Psycho-Anal.*, 86(2), 291-310. [PEP Web Link](#)

Slade, A. (2014). Imagining fear: Attachment, threat, and psychic experience. *Psychoanal. D.*, 24(3), 253-266. [PEP Web Link](#)

7. January 23, 2020

Dyadic Expansion of Consciousness Model and the "Something More" than Interpretation

Harrison, A.M. & Tronick, E. (2011). "The noise monitor": A developmental perspective on verbal and nonverbal meaning-making in psychoanalysis. *JAPA*, 59(5), 961-982. [PEP Web Link](#)

The Boston Change Process Study Group: Stern, D.N., et al. (1998). Non-interpretive mechanisms in psychoanalytic therapy: The 'something more' than interpretation. *Int. J. Psychoanal.*, 79, 903-921. [PEP Web Link](#)

Suggested:

The Boston Change Process Study Group: Stern, D.N., et al. (2002). Explicating the implicit: The local level and the microprocess of change in the analytic situation. *Int. J. Psycho-Anal.*, 83(5), 1051-1062. [PEP Web Link](#)

Lyons-Ruth, K. (2000). "I sense that you sense that I sense . . .": Sander's recognition process and the specificity of relational moves in the psychotherapeutic setting. *Infant Mental Health Journal*, 21(1-2), 85-98. [Available in the library: Check reading folder or request from library@bpsl.org]

8. January 30, 2020**The relationship between child and adult analysis**

Ferro, A. & Basile, R. (2006). Unity of analysis: Similarities and differences in the analysis of children and grown-ups. *Psychoanal. Q.*, 75(2), 477-500. [PEP Web Link](#)

Ablon, S.L. (2015). What child analysis can teach us about psychoanalytic technique. *Psychoanal. St. Child*, 68, 211-224. [PEP Web Link](#)

Learning Objectives:

1. Participants will be able to give one example of The Little Prince as a metaphor for a therapeutic relationship between an adult therapist and a child patient.
2. Participants will be able to identify one unique way in which an adult therapist communicates with a child patient.
3. Participants will be able to describe the child analytic setting and how it differs from the adult setting.
4. Participants will be able to explain the nature of transference in child analysis.
5. Participants will be able to list three therapeutic interventions that child analyst employs.
6. Participants will be able to give one example of how a child's history of trauma may necessitate changes in working with children in the analytic setting.
7. Participants will be able to describe one therapeutic intervention in analysis that does not use verbal interpretation.
8. Participants will be able to describe one similarity and one difference between child psychoanalysis and adult psychoanalysis.

Additional readings:

Ablon, S.L. (2001). Continuities of tongues: A developmental perspective on the role of play in child and adult psychoanalytic process. *Journal of Clinical Psychoanalysis*, 10(3-4), 345-365. [PEP Web Link](#)

Abrams, S. (1999). How child and adult analysis inform and misinform one another. *Annual of Psychoanalysis*, 26, 3-20. [PEP Web Link](#)

Chused, J.F. (1990). How clinical work with children can inform the therapist of adults. In Dowling, S. (Ed.), *Child and adolescent analysis: Its significance for clinical work with adults* (Chapter 3, pp. 37-54). Madison, CT: Int. Uni. Press. [PEP Web Link](#)

- Klein, M. (1926/1932). The psychological foundations of child analysis. In *The psycho-analysis of children* (Chapter 1, pp. 23-39). London: Hogarth. [PEP Web Link](#)
- Klein, M. (1954). An obsessional neurosis in a six-year-old girl. In *The psycho-analysis of children* (Chapter 3, pp. 65-93). London: Hogarth. [PEP Web Link](#)
- Loewald, H.W. (1960). On the therapeutic action of psychoanalysis. *Int. J. Psycho-Anal.*, 41, 16-33. [PEP Web Link](#)
- Mahon, E. (2000). A “good hour” in child analysis and adult analysis. *Psychoanal. St. Child*, 55, 124-142. [PEP Web Link](#)
- Neubauer, P.B. (1994). The role of displacement in psychoanalysis. *Psychoanal. St. Child*, 49, 107-119. [PEP Web Link](#)
- Gilmore, K. (2001). Pretend play and development in early childhood (with implications for the oedipal phase). *JAPA*, 59(6), 1157-1181. [PEP Web Link](#)
- Solnit, A.J. (1987). A psychoanalytic view of play. *Psychoanal. St. Child*, 42, 205-219. [PEP Web Link](#)
- Sugarman, A. (2009). Child versus adult psychoanalysis: Two processes or one? *Int. J. Psycho-anal.*, 90(6), 1255-1276. [PEP Web Link](#)
- Winnicott, D.W. (1971). Playing: A theoretical statement. In *Playing and reality* (pp. 38-52). NY: Basic Books. [PEP Web Link](#)
- Winnicott, D.W. (1953/1971). Transitional objects and Transitional phenomena. In *Playing and reality* (pp. 1-25). NY: Basic Books. [PEP Web Link](#)
- Winnicott D.W. (1941). The observation of infants in a set situation *Int. J. Psycho-anal.*, 22, 229-249. [PEP Web Link](#)