Fellowship in Psychoanalytic Psychotherapy-Child Track, Winter 2019-2020

Introduction to Child and Adolescent Psychoanalytic Theory and Technique:
Developments in Therapy Informed by Evolving Models of the Child’s Mind

Instructors: Horacio Hojman, MD & David Levoy, MD

Week I. Introduction to course: Overview of Theory and Technique

Required Readings:
Gomberg, R. (2019). *Introductory lecture to the fellowship* (pp. 1-18). [To be sent as email attachment and available in the library: check the reading folder or request from library@bpsi.org.]


Optional:


Objective: At the conclusion of this session, fellows will be able to describe the four major models of the mind in psychoanalytic psychotherapy.

Week II. Classical Approaches, Transference, Countertransference and Play

Required Readings:

Ablon, S.L. (2001). The work of transformation: Changes in technique since Anna Freud's 
Normality and pathology in childhood. Psychoanalytic Study of the Child, 56, 27-38. PEP Web 
Link

Optional:
[Available in the library. Check the reading folder or request at library@bpsi.org.]

Objective: At the conclusion of this session, fellows will be able to describe Klein's versus Anna 
Freud's views on children's transference and the role of depth interpretation versus defense 
interpretation.

Week III. Winnicott, Holding, Play, Not Knowing, and Transitional Space

Required Readings:
JAPA, 33(S), 113-137. PEP Web Link

Journal of Psycho-Analysis, 49, 591-599. PEP Web Link

Psychoanalytic Study of the Child, 55, 113-123. PEP Web Link

Optional:
711-716. PEP Web Link

Psycho-Analysis, 41, 585-595. PEP Web Link

Objective: At the conclusion of this session fellows will be able to describe Winnicott's concepts 
of transitional phenomena and the use of play.

Week IV. Contemporary Ego/Defense and Object Relations Approaches

Required Readings:
[Available in the library. Check the reading folder or request from library@bpsi.org.]

Hoffman, L. (2007). Do children get better when we interpret their defenses against painful 
feelings? Psychoanalytic Study of the Child, 62, 291-313. PEP Web Link

Optional:
analysis: A case study. Psychoanalytic Quarterly, 58, 63-80. PEP Web Link

**Objective:** At the conclusion of this session fellows will be able to identify potential opportunities in therapy with children to make an interpretation of defense against painful affects.

**Week V. Bion, Containing, Processing**

**Required Readings:**


**Optional:**
Brown, L.J. (2013). The development of Bion’s concept of container and contained. In H.B. Levine & L.J. Brown (Eds.), *Growth and turbulence in the container/contained: Bion’s continuing legacy* (pp. 7-22). NY: Routledge. [Available in the library. Check the reading folder or request from library@bpsi.org.]

**Objective:** At the conclusion of this session fellows will be able to discuss Bion's concept of therapeutic containment

**Week VI. Relational Theory and Technique**

**Required Readings:**
Frankel, J.B. (1998). The play's the thing how the essential processes of therapy are seen most clearly in child therapy. *Psychoanalytic Dialogues, 8*(1), 149-182. [PEP Web Link](#)


**Optional:**
Frankel, J. (2011). The analytic state of consciousness as a form of play and a foundational transference. *International Journal of Psycho-Analysis, 92*(6), 1411-1436. [PEP Web Link](#)

**Objective:** At the conclusion of this session fellows will be able to explain the relational approach to action in the therapy.
Week VII. Attachment and Mentalization

Required Readings:


Optional:


Objective: At the conclusion of this session fellows will be able to identify mentalizing versus psychic equivalence modes of relating to reality.

Week VIII. Other Developmental Approaches

Required Readings:


Optional:


**Objective:** At the conclusion of this sessions fellows will be able to list Daniel Stern’s Four Senses of Self

### Week IX. Working with Parents

**Required Readings:**


**Optional:**


**Objective:** At the conclusion of this session fellows will be able to describe the role of parent work in child psychoanalytic therapy.

### Week X. Introduction to Diversity in Psychoanalytic Psychotherapy, with a Focus on Issues of Race

**Required Readings:**

**Optional:**


**Objective:** At the conclusion of this session fellows will be able to describe the differences between two approaches to diversity: the pitfalls of a “cultural competence” approach and the advantages of a relational “openness and curiosity” approach (as per Anton Hart)