



**BPSI Child Technique Seminar: Child Technique Through the Lens of Psychopathology
Fall 2020**

Anthony Bram, PhD, ABAP, FABP
Dov Fogel, MD
Mondays 8-9:30pm

Week 1, Mon 9/21/2020: Introduction and Broad Considerations for Internalizing and Externalizing Conditions

Fonagy, P. and Target, M. (1996). Predictors of Outcome in Child Psychoanalysis: A Retrospective Study Of 763 Cases At The Anna Freud Centre. *J. Amer. Psychoanal. Assn.*, 44:27-77 [PEP Web Link](#)

(okay to skim details about research methodology; emphasize findings and implications for technique)

Week 2, Mon 10/5/2020: High Functioning Autism-Spectrum – Part 1

Holloway, R. (2016). *Asperger's Children: Psychodynamics, Aetiology, Diagnosis and Treatment*. London, UK: Karnac.

pp. 167-180, last part of Ch. 14 on “The Differential Diagnosis of Asperger’s Children” (3 subtypes) [Available in the library. Check the reading folder or request from library@bpsi.org]

pp. 17-24, Ch. 3 – case of Matt, age 12 (inhibited/object seeking type) [Available in the library. Check the reading folder or request from library@bpsi.org]

pp. 25-30, Ch. 4 – case of Thomas, age 12 (uninhibited/aggressive type) [Available in the library. Check the reading folder or request from library@bpsi.org]

pp. 37-42, Ch. 6 – case of Dan, age 17 (inhibited/avoidant type) [Available in the library. Check the reading folder or request from library@bpsi.org]

Week 3, Mon 10/19/2020: High Functioning Autism-Spectrum – Part 2

Holloway, R. (2016). *Asperger's Children: Psychodynamics, Aetiology, Diagnosis and Treatment*. London, UK: Karnac.

pp. 183-204, Ch. 15 "Thoughts on the Treatment of Asperger's Children" [Available in the library. Check the reading folder or request from library@bpsl.org]

Week 4, Mon 10/26/2020: Trauma

Chertoff, J.M. (2009). *The Complex Nature of Exposure to Early Childhood Trauma in the Psychoanalysis of a Child*. *J. Amer. Psychoanal. Assn*, 57(6), 1425-1457. [PEP Web Link](#)

Week 5, Mon 11/2/2020: Dysregulated/Aggressive

Maenchen, A. (1984). The Handling of Overt Aggression in Child Analysis. *Psychoanal. St. Child*, 39:393-405. [PEP Web Link](#)

Hoffman, L., Rice, T., & Prout, T. (2016). *Manual of Regulation-Focused Psychotherapy for Children (RFP-C) with Externalizing Behaviors*. New York, NY: Routledge.

pp. 3-33, Ch. 1 "Introduction: Rationale for RFP-C" [Available in the library. Check the reading folder or request from library@bpsl.org]
(okay to skim, but emphasize pp 3-4, pp. 6-8, bottom p. 20-top p. 23)

pp. 34-57, Ch. 2 "Basic Psychoanalytic and Psychodynamic Perspectives" [Available in the library. Check the reading folder or request from library@bpsl.org]
(emphasize pp. 42-55)

pp. 58-78 Ch. 3 "Defenses, Defense Mechanisms, and Coping Devices" [Available in the library. Check the reading folder or request from library@bpsl.org]

Optional (contains example of handling aggression within a child analytic session):

Bram, A.D. (2019). The Subjective Impact of Separation and Divorce on a Latency-Age Child and his Analysis. *Psychoanal. St. of Child*, 72-74. [PEP Web Link](#)

Week 6, Mon 11/9/2020: Gender Dysphoria

Barkai, A.R. (2017). Troubling Gender or Engendering Trouble? The Problem with Gender Dysphoria in Psychoanalysis. *Psychoanal Rev.*, 104(1), 1-32. [PEP Web Link](#)

Optional:

Saketopoulou, A. (2011) Minding the Gap: Intersections Between Gender, Race, and Class in Work With Gender Variant Children, *Psychoanal Dialog*, 21(2), 192-209. [PEP Web Link](#)

Week 7, Mon 11/16/2020: Narcissistic Vulnerability/Shame Proneness

Appelbaum, A.H. and Stein, H. (2009). The Impact of Shame on the Psychoanalysis of a Borderline Child. *Psychoanal. Psychol.*, 26(1):26-41 [PEP Web Link](#)

Week 8, Mon 11/23/2020: Anxiety/OCD-spectrum

McGehee, R.H. (2005). Child Psychoanalysis and Obsessive-Compulsive Symptoms. *J. Amer. Psychoanal. Assn.*, 53(1):213-237 [PEP Web Link](#)

Learning Objectives

1. At the conclusion of this session, candidates will be able to compare and contrast research-based psychoanalytic treatment implications for children/adolescents with internalizing versus externalizing conditions.
2. At the conclusion of this session, candidates will be able to list three subtypes of children/adolescents with high-functioning autism/Asperger's syndrome.
3. At the conclusion of this session, candidates will be able to discuss two psychoanalytic treatment implications for each of the three subtypes of children/adolescents with high-functioning autism/Asperger's syndrome.
4. At the conclusion of this session, candidates will be able to explain how child analytic treatment can be understood as a form of exposure treatment for children/adolescents who have suffered trauma.
5. At the conclusion of this session, candidates will be able to discuss the role of addressing defenses in the treatment of children/adolescents who are dysregulated and prone to aggression.
6. At the conclusion of this session, candidates will be able to describe two inherent dilemmas associated with psychoanalytic conceptualization and treatment of children struggling with gender dysphoria.
7. At the conclusion of this session, candidates will be able to describe one critique of a primary reliance on interpretation in the psychoanalytic treatment of children/adolescents who are prone to shame/narcissistic vulnerability.
8. At the conclusion of this session, candidates will be able to describe two factors to consider in determining whether to undergo psychoanalytic treatment with children/adolescents who suffer symptoms of obsessive-compulsive disorder.