BPSI Child Technique Seminar: Child Technique Through the Lens of Psychopathology
Fall 2020

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Mondays 8-9:30pm

Week 1, Mon 9/21/2020: Introduction and Broad Considerations for Internalizing and Externalizing Conditions


(okay to skim details about research methodology; emphasize findings and implications for technique)

Week 2, Mon 10/5/2020: High Functioning Autism-Spectrum – Part 1


pp. 167-180, last part of Ch. 14 on “The Differential Diagnosis of Asperger’s Children” (3 subtypes) [Available in the library. Check the reading folder or request from library@bpsi.org]

pp. 17-24, Ch. 3 – case of Matt, age 12 (inhibited/object seeking type) [Available in the library. Check the reading folder or request from library@bpsi.org]

pp. 25-30, Ch. 4 – case of Thomas, age 12 (inhibited/aggressive type) [Available in the library. Check the reading folder or request from library@bpsi.org]

pp. 37-42, Ch. 6 – case of Dan, age 17 (inhibited/avoidant type) [Available in the library. Check the reading folder or request from library@bpsi.org]
Week 3, Mon 10/19/2020: High Functioning Autism-Spectrum – Part 2

pp. 183-204, Ch. 15 “Thoughts on the Treatment of Asperger’s Children” [Available in the library. Check the reading folder or request from library@bpsi.org]

Week 4, Mon 10/26/2020: Trauma


Week 5, Mon 11/2/2020: Dysregulated/Aggressive


pp. 3-33, Ch. 1 “Introduction: Rationale for RFP-C” [Available in the library. Check the reading folder or request from library@bpsi.org]  
(okay to skim, but emphasize pp 3-4, pp. 6-8, bottom p. 20-top p. 23)

pp. 34-57, Ch. 2 “Basic Psychoanalytic and Psychodynamic Perspectives” [Available in the library. Check the reading folder or request from library@bpsi.org]  
(emphasize pp. 42-55)

pp. 58-78 Ch. 3 “Defenses, Defense Mechanisms, and Coping Devices” [Available in the library. Check the reading folder or request from library@bpsi.org]

Optional (contains example of handing aggression within a child analytic session):


Week 6, Mon 11/9/2020: Gender Dysphoria


Optional:

**Week 7, Mon 11/16/2020: Narcissistic Vulnerability/Shame Proneness**


**Week 8, Mon 11/23/2020: Anxiety/OCD-spectrum**


**Learning Objectives**

1. At the conclusion of this session, candidates will be able to compare and contrast research-based psychoanalytic treatment implications for children/adolescents with internalizing versus externalizing conditions.
2. At the conclusion of this session, candidates will be able to list three subtypes of children/adolescents with high-functioning autism/Asperger’s syndrome.
3. At the conclusion of this session, candidates will be able to discuss two psychoanalytic treatment implications for each of the three subtypes of children/adolescents with high-functioning autism/Asperger’s syndrome.
4. At the conclusion of this session, candidates will be able to explain how child analytic treatment can be understood as a form of exposure treatment for children/adolescents who have suffered trauma.
5. At the conclusion of this session, candidates will be able to discuss the role of addressing defenses in the treatment of children/adolescents who are dysregulated and prone to aggression.
6. At the conclusion of this session, candidates will be able to describe two inherent dilemmas associated with psychoanalytic conceptualization and treatment of children struggling with gender dysphoria.
7. At the conclusion of this session, candidates will be able to describe one critique of a primary reliance on interpretation in the psychoanalytic treatment of children/adolescents who are prone to shame/narcissistic vulnerability.
8. At the conclusion of this session, candidates will be able to describe two factors to consider in determining whether to undergo psychoanalytic treatment with children/adolescents who suffer symptoms of obsessive-compulsive disorder.