



Introduction to Child Psychoanalysis: 2020-2021
Bayard Clarkson, Jr., M.D.

1. December 3, 2020

The inner world of a child and the relationship between a child and an adult

De Saint-Exupery, Antoine (1943), *The Little Prince*, A Harvest Book, Harcourt, Inc. [Download from the [Reading folder](#) or request from library@bpsi.org].

2. December 10, 2020

On Communicating

Winnicott, D.W. (1971) Therapeutic Consultations in Child Psychiatry, Case 1 "Iiro" age 9 years 9 months, Basic Books, Inc. New York pp. 12-27. [PEP Web Link](#).

Schact, Lore (1991) A river can't be green, can it? *IJ Psa.* 72:511. [PEP Web Link](#).

3. December 17, 2020

Psychoanalytic Theory of Play and The Therapeutic Setting

Winnicott, D.W. (1971), Playing: A Theoretical Statement. In: *Playing and Reality*, NY Basic Books, pp. 38-52. [PEP Web Link](#).

Freud, A. (1927), Preparation for child analysis (Lecture 1) and the methods of child analysis (Lecture 2). In: *The Writings of Anna Freud Vol 1, Introduction to Child Analysis*, 1974, Int. U. Press: New York. [Download from the [Reading folder](#) or request from library@bpsi.org].

Isaacs Elmhirst, Susanna (1988), The Kleinian setting for child analysis. *Int. Review of Psa.* 15(1):5-12. [PEP Web Link](#).

Suggested:

Walden, R. (1933), Psychoanalytic Theory of Play. *Psa Quarterly*, 2: 208-224. [PEP Web Link](#).

Ablon, SL (2001) The Work of Transformation: Change in Technique since Anna Freud's Normality and Pathology in Childhood PSC 56:27-38. [PEP Web Link](#).

Freud, A. (1968), Indications and contraindications for child analysis. *Psa. Study of the Child*, 23:37-46 or in *The Writings of Anna Freud, Vol VII 1966-1970*, pp. 110-123, Int. U. Press: New York. [PEP Web Link](#).

Klein, M. (1926), The psychological foundations of child analysis. In: *The Psycho-analysis of Children, 3rd ed.* Edited by M. Masud R. Kahn, 1948, pp. 23-39, Hogarth Press & The Institute of Psycho-Analysis: London. [Download from the [Reading folder](#) or request from library@bps.org].

4. January 7, 2021

Transference in Child Analysis

Yanof, J. (1996), Language, communication and transference in child analysis. 1. Selective mutism: the medium is the message. [PEP Web Link](#). 2. Is child analysis really analysis? [PEP Web Link](#). *JAPA*, 44:79-116.

Chused, J.F. (1988). The transference neurosis in child psychoanalysis. *Psycho. Study of the Child*, 43:51-81. [PEP Web Link](#).

Suggested:

Furman, E. (1980). Transference and Externalization in Latency. *Psychoanal. Study Child*, 35:267-284. [PEP Web Link](#).

5. January 14, 2021

Action and Interpretation as Agents of Therapeutic Change in Child Analysis

Frankel, J.B. (1998), The play's the thing: How the essential processes of therapy are seen most clearly in child therapy. *Psa. Dialogues*, 8(1):149-182. [PEP Web Link](#).

Mayes, L.C., Cohen J. (1993), Playing and therapeutic action in child analysis. *Int. J. Psycho-anal.*, 74:1235-1244. [PEP Web Link](#).

6. January 28, 2021

Trauma and Disordered Attachment

Herzog, James (2005) Los Degradados: Out, Down, Dead; Transmitted and inflicted trauma as encountered in the analysis of a 6-year-old girl. *International Journal of Psychoanalysis*, 86:291-310. [PEP Web Link](#).

Slade, Arietta (2014) Imagining Fear: Attachment, Threat, and Psychic Experience. *Psychoanalytic Dialogues*, 24:253-266. [PEP Web Link](#).

Suggested:

Bowlby, John (1958) The Nature of the Child's Tie to his Mother. *Int Journal of PsychoAnalysis*, 39:350-373. [PEP Web Link](#).

7. February 4, 2021

Dyadic Expansion of Consciousness Model and the "Something More" than Interpretation

Harrison, A. and Tronick, E. (2011), "The noise monitor": A developmental perspective on verbal and nonverbal meaning-making in psychoanalysis. *JAPA*, 59/5:961-982. [PEP Web Link](#).

Winnicott D.W. (1941). The observation of infants in a set situation. *International Journal of Psychoanalysis* 22:229-249. [PEP Web Link](#).

Suggested:

Stern, D.N., et al. (1998), Non-Interpretive Mechanisms in Psychoanalytic Therapy: The "Something More" than Interpretation. *International Journal of Psychoanalysis* 79:903-921. [PEP Web Link](#).

The Boston Change Process Study Group (2002) Explicating the Implicit: The local level and the microprocess of change in the analytic situation. *Int. J Psychoanal.* 83 (5): 1051-1062. [PEP Web Link](#).

Lyons-Ruth, Karlen (2000) "I sense that you sense that I sense...". *Infant Mental Health Journal*, Vol 21(1-2): 85-98. [Download from the [Reading folder](#) or request from library@bpsj.org].

8. February 18, 2021

Pluralism in Child Analysis and The Relationship between Child and Adult Analysis

Lament, Claudia (2020), Useful Untruths: Pluralism in Child Analysis: Marianne Kris Lecture. [Download from the [Reading folder](#) or request from library@bpsj.org].

Ferro, A. & Basile, R. (2006), Unity of analysis: similarities and differences in the analysis of children and grown-ups. *Psychoanalytic Quarterly*, 75:477- 500. [PEP Web Link](#).

Ablon, SL (2015), What Child Analysis Can Teach Us About Psychoanalytic

Technique. *Psa. Study of the Child*, 68: 211-224. [PEP Web Link](#).

Suggested:

Ferenczi, S. (1931), Child Analysis in the Analysis of Adults. *International Journal of Psychoanalysis*, 12: 468-482. [PEP Web Link](#).

Additional readings:

Ablon, S.L. (2001), Continuities of tongues: A developmental perspective on the role of play in child and adult psychoanalytic process. *J. of Clinical Psychoanalysis*, 10:345-365. [PEP Web Link](#).

Abrams, S. (1999), How child and adult analysis inform and misinform each other. *Annual of Psychoanalysis*, 26:3-22. [PEP Web Link](#).

Chused, J. (1990), How clinical work with children can inform the therapist of adults. In S. Dowling (ed.) *Monograph No. 6 of the Workshop Series of the American Psychoanalytic*, Int. U. Press: Madison, CT, pp. 37-54. [PEP Web Link](#).

Klein, Melanie (1954), *The Psychoanalysis of Children*. Hogarth Press, London. "An Obsessional Neurosis in a Six-Year-Old Girl" (Erna) p.65- 93 (1924). [PEP Web Link](#).

Loewald, H. (1960), On the Therapeutic Action of Psychoanalysis. *International Journal of Psychoanalysis* 41:16- 33. [PEP Web Link](#).

Mahon, Eugene (2000) A "Good Hour" in Child Analysis and Adult Analysis. *PSC* 55:124-142. [PEP Web Link](#).

Nebauer, P. (1994), The role of displacement in psychoanalysis. *Psa. Study of the Child*, 49:107-119. [PEP Web Link](#).

Gilmore, K. (2001), Pretend play and development in early childhood (with implications for the oedipal phase). *JAPA*, 59:1157-1181. [PEP Web Link](#).

Solnit, A.J., (1987), A psychoanalytic view of play. *Psa. Study of the Child*, 42: 205-219. [PEP Web Link](#).

Sugarman, A. (2009), Child versus adult psychoanalysis: two processes or one. *Int. J. Psycho-anal.*, 90:1255-1276. [PEP Web Link](#).

Winnicott, D.W. (1953), Transitional objects and Transitional phenomena. In: *Playing and Reality*, NY Basic Books, pp. 1-25. [PEP Web Link](#).

Learning Objectives

1. Participants will be able to identify 1 example of The Little Prince as a metaphor for a therapeutic relationship between an adult therapist and a child patient.
2. Participants will be able to identify 1 unique way in which an adult therapist communicates with a child patient.
3. Participants will be able to describe the child analytic setting and how it differs from the adult setting.
4. Participants will be able to explain the nature of transference in child analysis.
5. Participants will be able to list 3 therapeutic interventions that child analyst employs.
6. Participants will be able to identify one example of how a child's history of trauma may necessitate changes in working with children in the analytic setting.
7. Participants will be able to describe one therapeutic intervention in analysis that does not use verbal interpretation
8. Participants will be able to describe 1 similarity and 1 difference between child psychoanalysis and adult psychoanalysis.