

The One-Year Fellowship in Psychoanalytic Psychotherapy

Child Track



Are you...

- Interested in exciting new contemporary thinking about child and adolescent psychotherapy?
- Curious about how psychoanalytically-informed ways of working can deepen your clinical work?
- Hoping to get a more solid background in psychodynamic approaches and techniques?
- Eager to discuss case material with peers and experienced Child and Adolescent Analysts and Therapists?

JOIN US for the Child Fellowship Program

Learn from a range of core and cutting edge analytic models of development and technique and discuss cases with leaders in the field, in classes taught by BPSI's nationally and internationally known faculty of Child and Adolescent Analysts and Therapists.

BPSI's Fellowship is a one-year, classroom-based introduction to the theory and practice of psychoanalytic psychotherapy for mental health clinicians and trainees. As a large and theoretically diverse psychoanalytic Institute, BPSI offers a range of knowledge and theories from all major psychoanalytic schools. Through exposure to fundamental psychoanalytic concepts and evolving contemporary ideas, Fellows learn within an integrative dynamic framework.

The Fellowship is a wonderful opportunity to explore how psychoanalytic thinking can help deepen your clinical interactions. Students who wish to focus on work with children and adolescents take theory and clinical seminars with a diverse group of master teachers. Fellows have the opportunity to learn Technique, Theory, and Child and Adolescent Development, further enhanced by discussion of their child and adolescent cases in a small group format, bringing the theory to life.

OUR FACULTY

Fellowship faculty members are experienced clinicians who seek to bring the richness, excitement, and depth of contemporary psychoanalytic thinking into the classroom and to help students bring psychoanalytic understanding into their clinical work.

Our faculty includes: Steven Ablon, MD; Anthony Bram, PhD; Lawrence Brown, PhD; Ann Epstein, MD; Dov Fogel, MD; Jane Hanenberg, EdD; Alexandra Harrison, MD; James Herzog, MD; Horacio Hojman MD; Kathryn Jones MD; David Levoy, MD; Sarah Lusk, PhD; Frederick Meisel, MD; Martin Miller, MD; Allen Palmer, MD; Mimi Pantuhova, PsyD; Patricia Potter MD; and Stephanie Smith, LICSW.

CURRICULUM

The Child Track Fellowship curriculum consists of two seminars, which meet on Thursday evenings. Traditionally, a Theory/ Technique Seminar meets from 5:30 pm – 7:00 pm and a Clinical Seminar meets from 8:00 pm – 9:30 pm. There is a one-hour break between classes when Fellows can have dinner together. During COVID, Theoretical/ Technique Seminars meet from 5:00 pm - 6:30 pm and a Clinical Seminar meets from 7:00 pm - 8:30 pm, with a half-hour free for dinner. The academic year runs from mid-September into early June.

In the Theory and Technique seminars, Fellows will learn the 'how to' of contemporary analytic therapy, concentrating on the best of established and contemporary approaches. In addition to the basics — such as establishing a therapeutic relationship, the use of play, therapy technique with adolescents, attachment issues, mentalization, transference and countertransference, and working with parents and schools — Fellows have the opportunity to think about integrative approaches, for example how neuropsychological testing can enhance analytic therapy or how CBT can be integrated with analytic therapy.

Clinical seminars consist of discussion of case material presented by class members and instructors, infused with ideas from the theory and technique seminars. The Fellows and seminar leaders will explore numerous techniques and interventions geared toward children's specific developmental capabilities and issues, discuss clinical dilemmas, and look at strategies for facilitating working alliances with parents, through individual case discussions.

BPSI provides Continuing Education credits for Social Workers, Psychologists, and Psychiatrists for select Fellowship Seminars. For Licensed Mental Health Clinicians, tuition covers up to 20 NBCC clock hours, available each academic year through various BPSI programs.

MENTORSHIP

Each Fellow is offered the opportunity to meet with an individual advisor throughout the year, at a frequency to be decided by the Fellow and advisor. These mentors are experienced Child and Adolescent clinicians who are eager to support you as you explore the world of child psychoanalytic psychotherapy, and with whom you can discuss your professional development on a one-to-one basis.

Each class also has an advisor who is available to discuss issues of common concern.

THE FELLOWSHIP ALSO INCLUDES

- Opportunities to deepen relationships with other Child-focused clinicians.
- Access to the exceptional Hanns Sachs Library, a superb resource for scholars and is staffed by an experienced librarian and archivist. Students receive a subscription to PEP-Web, an online resource of the complete contents of all major psychoanalytic journals.
- Fellows who are interested may take any of BPSI's EXPLORATIONS IN MIND courses, tuition-free. New courses will be announced in late summer.
- Scholarship opportunities for BPSI training programs.
- BPSI offers an extensive array of clinical and educational programs outside of the classroom, from small workshops and discussion groups to large symposia and lectures. Some of these programs are designed specifically for Fellows and psychotherapy students (such as practice building workshops or case presentations by analytic candidates), and some are for all trainees and members (such as a series of ethics seminars which meet during the dinner hour on some Thursday nights).
- BPSI is committed to being an Anti-Racist Institute, with many initiatives to engage with issues of Race, Diversity and Otherness.

FURTHER TRAINING OPPORTUNITIES AT BPSI

The Fellowship program does not require Fellows to be in supervision, but it does provide the opportunity for private psychotherapy supervision with a wide choice of experienced members of BPSI. Supervision is available for clinicians who are independently licensed or who practice under institutional license, such as in a hospital or clinic. Malpractice insurance is required to begin supervision. BPSI itself is not a treatment facility, thus, supervision is an educational opportunity and legal responsibility for the treatments discussed remains with the individual clinician or the institution(s) at which the student practices.

BPSI will accept applications from December 1 to March 30.

For more information on ADMISSIONS and TUITION, FEES and SCHOLARSHIPS, visit www.bpsi.org or for further questions about the Child Fellowship, the Adult Fellowship, the three-year Advanced Training Program in Psychoanalytic Psychotherapy (ATP), or Psychoanalytic Training, any of the following people would be happy to talk with you about our programs:

Co-Chairs of the Child Clinical Track: David Levoy, MD, (617) 244-0111 & Dov Fogel, MD, (617) 547-6776.

Co-Chairs of the Admissions Committee for the Fellowship and ATP: Janet Witte, MD, MPH, (617) 726-5104 & Jessica Barton, LICSW, (617) 919-6153.

Director of Psychotherapy Training: Richard Gomberg, MD, (617) 796-8804.

BPSI Training Outreach Committee Chair, Alison Phillips, MD, (781) 237-2335 is also available to discuss the match of your clinical interests with our different training programs.

Any of the above may be contacted by email through: Stephanie Cavanaugh at scavanaugh@bpsi.org.

For questions regarding your application, please contact Karen Smolens at ksmolens@bpsi.org or (617) 266-0953 x103.