



Hanns Sachs Library Newsletter Winter 2021

Director of Library
Dan Jacobs, MD

*hours days weeks months weeks days hours
the year endures without punctuation
february without ice winter sleet
snow melts and recovers but nothing
without thaw although cold streams hurtle...*

Librarian/Archivist
Olga Umansky, MLIS

~ Donald Hall

**Systems and Resource
Administrator**
Drew Brydon, MLIS

**Education Program
Assistant**
KC Cutrona

For many of us, the APsaA meetings did punctuate the last several weekends. I know they kept our remarkable librarian Olga Umansky busy, helping presenters find materials and aiding in the production of programs. I have found myself reading the articles that some of the presenters recommended. They reflect a wide variety of interests. Here are just a few that you might want to look at, if you haven't already done so.

Library Committee

James Barron, PhD
Ellen Goldberg, PhD
Delia Kostner, PhD
Malkah Notman, MD
Marcia Smith-Hutton,
LICSW, BCD
Rita Teusch, PhD
Shari Thurer, ScD
Steven Varga-
Golovcsenko, MD

For those interested in

1) Contemporary; Italian Psychoanalysis:

- Molinari, E. (2020). [Intimacy and Autism: An Apparent Paradox](#). *Psychoanalytic Quarterly*, 89(3): 483-502.
- Molinari, E. (2017). [Seeking Comfort in an Uncomfortable Chair](#). *Psychoanalytic Quarterly*, 86(2): 335-358. [PEP Web Link](#).
- Molinari, E. (2011). [From Crumpled-up Paper to Origami: An Analyst Learns to Play](#). *Psychoanalytic Quarterly*, 80(4): 857-878. [PEP Web Link](#).

2) Protest and Violence*:

- Erikson, E.H. (1970). Reflections on the Dissent of Contemporary Youth. *International Journal of Psychoanalysis*, 51:11-22. [PEP Web Link](#).
- Greenacre, P. (1970). Youth, Growth, and Violence. *Psychoanalytic Study of the Child*, 25:340-359. [PEP Web Link](#).
- Peto, A. (1975). On Crowd Violence: The Role of Archaic Superego and Body Image. *The International Review of Psycho-Analysis*, 2:449-466. [PEP Web Link](#).

**These papers have been discussed by several BPSI members at the Oral History Workshop "The Social Voices of Psychoanalysts: The 1960s and 1970s" - video recording and transcript will be available soon.*

3) Schizoid States:

- Feldman, M. (1992). Splitting and Projective Identification. *New Library of Psycho-Analysis*, 14:74-88. [PEP Web Link](#).

4) James Joyce:

- Sultan, S. (1997). [The Argument of Ulysses](#). Wesleyan University Press.
- On Audible: [Ulysses read by James Norton](#) (Naxos AudioBooks, 2008).

I also strongly suggest reading (or re-reading) the recommendations of articles that Ellen Pinsky lists in her contribution to [Dear Candidate](#) (pp. 117-120).

If you have recommendations of your own and would like to share why you chose them, we would welcome your contribution.

~ Dan Jacobs, MD, Director of the Library

In the Library

New Virtual Exhibit

Our library is honored to present a new virtual exhibit of photographs by a renowned photographer and psychoanalyst, Jon K. Meyer, MD. This new portfolio called [Inner Darkness](#) renders the devastation of being haunted by guilt, depression, and personal ghosts. The 1st photograph in the series entitled

["SPIRITS"](#) is shown here - click on the image to see the commentary. Dr. Meyer's earlier exhibit [In the Mind's Eye: A Portfolio of a Human Journey](#) was on display in our library for six months in 2019 (two of the prints have been graciously donated to the BPSI art collection). While the BPSI building remains closed during the pandemic, we are planning to showcase each of the eight images in the series, accompanied by T.S.Eliot's quotes, on BPSI's virtual and social media platforms. [CLICK HERE](#) to visit the virtual gallery. Follow the links to read more [About the Artist](#) and [Artist's Statement about Inner Darkness](#). Please note: All images in the virtual galleries are copyrighted by Jon Meyer ©. Contact Jon Meyer at jkmartphoto@gmail.com to purchase custom prints.



"It is not the darkness that haunts me, but the light that is gone." T.S. Eliot, "The Waste Land" "Dear Candidate"
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Winter Operations

Our BPSI building is still closed to the public, but we continue shipping library books to members and partners. Each book shipment includes a stamped, library-addressed envelope to make the book return easier for you. We have recently acquired several new books by BPSI Authors, as well as new titles on intersectionality, race, gender, ethics, and writing. [Click here](#) to see the list of 2021 additions to the catalog. Recent publications by BPSI Authors are featured on the [Recent Work](#) blog and publicized on BPSI's [Facebook](#), [LinkedIn](#), [Twitter](#), and [Instagram](#) pages. We also maintain a new [Who is Reading Us?](#) blog featuring a compilation of reviews of books that have been recently published by our members. If you have a publication in press or your recent work has been reviewed, please share the information with our library!

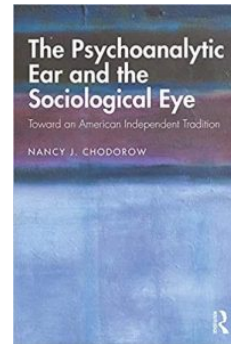
Free Online Resources

In the days of distance learning, many publishers make select contents available for free. We continue calling your attention to the free psychoanalytic online resources of note:

- [American Imago, 77\(1\), Spring 2020](#). Special Issue: Ecological Grief.
- [JAPA, 67\(1\), Feb 2019](#). The Issue on the Psychoanalytic Body, featuring articles by Rosemary Balsam, Andrzej Werbart, Francisco J. González, Avgi Saketopoulou, and Kathryn J. Zerbe
- [JAPA Publications about COVID-19](#), including articles by [Paola M. Contreras](#), [Jill Gentile](#), [Riccardo Lombardi](#), and [Richard Tush](#)

Meet the Author

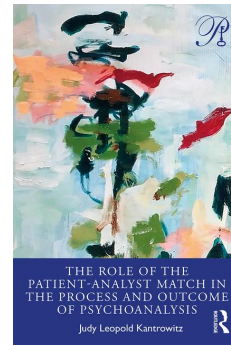
Nancy Chodorow, PhD, will discuss [The Psychoanalytic Ear and the Sociological Eye: Toward an American Independent Tradition](#) (Routledge, 2019) on **Tue, May 4, 2021, 7:30pm EDT**. In her book, Dr. Chodorow describes the evolution of what she has named the "American independent tradition." Its origins, she claims, can be found in the writings of Erik Erikson and Hans Loewald. The expansion of this tradition has furthered the connection of psychoanalysis with the social sciences and the social world. Moving back in time, Chodorow suggests that from his earliest writings to his last works, Freud was interested in society and culture, both as these are lived by individuals and as psychoanalysis can help us to understand the fundamental processes that create them. Chodorow advocates for a return to these sociocultural interests for psychoanalysts. At the same time, she laments the lack of attention within the social sciences to the serious study of individuals and individuality and advocates for a field of individuology in the university. As Jeffrey Berman writes in [his recent book review](#), "In her insights and her respect and love for psychoanalysis, Nancy Chodorow bequeaths us a noble vision of the impossible profession, one that in the hands of an expert clinician and theorist is eminently possible." (JAPA, 68(6), p. 1180).



STAY TUNED FOR DETAILS AND REGISTRATION INFO!

Judy L. Kantrowitz, PhD, will present her new book [The Role of the Patient-Analyst Match in the Process and Outcome of Psychoanalysis](#) (Routledge, 2020), on **Mon**,

Sep 27, 2021. The match between patient and analyst places attention on the dynamic effect of interactions of character and conflict of both participants on the process that evolves between them—a spectrum of compatibility and incompatibility that is relevant to the analytic work. The introduction places the patient-analyst match in a historical context, emphasizing the current loss of focus on the character and conflicts of the individuals.



SAVE THE DATE FOR 2022:

Meet **Cordelia Schmidt-Hellerau, PhD**, to discuss [Memory's Eyes. A New York Oedipus Novel](#) on **Jan 10, 2022**. Meanwhile, listen to [her recent interview](#) about *Memory's Eyes* on New Books in Psychoanalysis podcast.

Meet **Fred Busch, PhD**, to discuss [Dear Candidate: Analysts from around the World Offer Personal Reflections on Psychoanalytic Training, Education, and the Profession](#) on **May 3, 2022**. See Dr. Busch's description of the book below and listen to [his recent interview](#) about *Dear Candidate* on the IPA's Talks on Psychoanalysis podcast.

Recordings of Recent Book Events:

[Click here](#) to watch the recording of the **Meet the Author Webinar with John Martin-Joy, MD**, discussing his new book *Diagnosing from a Distance: Debates over Libel Law, Media, and Psychiatric Ethics from Barry Goldwater to Donald Trump*. Recorded on **Jan 11, 2021**.



[Click here](#) to watch the recording of the **Meet the Author Webinar with Steven Luria Ablon, MD**, reading poetry from his new book *Dinner in the Garden*. Recorded on **Oct 6, 2020**.

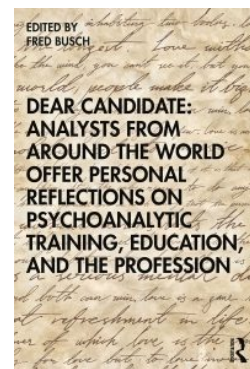
[Click here](#) to watch the recording of the **Meet the Author Webinar with Joan Wheelis, MD**, presenting her memoir *The Known, the Secret, the Forgotten*. Recorded on **Jun 2, 2020**.

All books are available in the library and can be borrowed by members and partners

Letter from the Editor

Dear Candidate: Analysts from Around the World Offer Personal Reflections on Psychoanalytic Training, Education, and the Profession. (Routledge, 2020)

Candidates have always been our future. They are our legacy. However, there is little in our literature that might help younger clinicians reflect upon what it means to be a psychoanalytic candidate, and its role in the professional life they are about to enter. In the first-of-kind book I attempted to speak to these issues by inviting senior psychoanalysts from around the world to write *personal* letters to candidates that included memories of their own training, what it was like to become a psychoanalyst, and what they would like most to convey to the candidate of today. The request to write something for this



book was met with great enthusiasm, and it shows. In these rich letters one finds insights that can help analysts in training, and those recently entering the profession, *reflect* upon what it means to be a psychoanalytic candidate, and what it's like to begin a life as a psychoanalyst. Sharing their own experiences these analysts demonstrate a vital commitment to psychoanalysis and give lively descriptions of how each of them became and remained a psychoanalyst. They talk about the enduring satisfactions of being an analyst, and are candid about the anxieties, ambiguities and the complications they faced in training and entering the profession. Many offer ways to think about dealing with these hurdles. Some suggest it is useful to realize one is always in the process of *becoming* a psychoanalyst. To do so is to be open to a life-long process of learning and testing one's ideas.

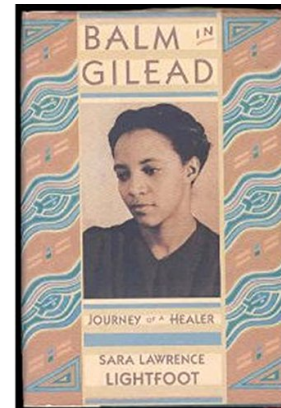
[Click here](#) to see the list of contributors and read the edited excerpts from these letters that I think will give the reader an idea of their richness, and also the authors' joys and disappointments they've had in analytic training and the profession. Ways of thinking about training to help candidates deal with what they're experiencing are offered. The conclusion for almost all the letters is: it was worth it.

~ Fred Busch, PhD, BPSI Training and Supervising Analyst

What Are We Reading?

Lawrence-Lightfoot, S. (1995). *A Balm in Gilead: Journey of a Healer*. Penguin Books, 368pp.

Reading *Balm in Gilead* during the pandemic was literary comfort food. The book is fundamentally the story of a Black family, who, by dint of hard work and middle-class values, did well, and more importantly, "did good" as healers and academics. In it, [Sara Lawrence Lightfoot](#), a Harvard sociologist, describes the journey of her mother, Margaret Morgan Lawrence, one of the first Black psychoanalysts. It is no rags-to-riches story, nor a melodramatic account of racism overcome, but a polite description of a mother's challenging history by a loving daughter.



Margaret Morgan, born in 1914, in Vicksburg, Mississippi, was the brown-skinned daughter of a dark-skinned minister and a light-skinned, depressive mother. She recalls life in Vicksburg as privileged for she was well-placed in the city's Black community and had no contact with the racist white city. Morgan moved on to graduate from Cornell (where she was the only Black undergraduate), and then earned a master's in public health, a medical degree from Columbia, and certificates from the New York Psychiatric Institute and the Columbia Psychoanalytic Clinic. She married light-skinned Charles Lawrence in 1938. It was a long and happy marriage, producing the author, Sara Lawrence Lightfoot. Along the way, she encountered obstacles including financial difficulties, sexism, racism and colorism, even within the Black community.

I repeatedly mention skin color as that is what stands out to this white reviewer, since much of the Morgan/Lawrence biography is organized around this theme. Lightfoot honestly reveals the racial dynamics within Black culture, wherein lighter skin is prized. Perhaps Lawrence's psychoanalytic training facilitated her openness about the meaning of color, which she conveyed to her daughter. Obviously, Lawrence was a "good enough" mother, instilling in Lightfoot enough self-esteem to write truthfully about a sticky subject to a multiracial audience.

Lawrence died in 2019 at age 105. Lightfoot was the recipient of a MacArthur Prize Award, which she used to write this book.

~ reviewed by Shari Thurer, ScD

In the Archives

Gift of Poetry

BPSI Candidate Member, John Martin-Joy, MD, trusted our archives with the precious assortment of his correspondence with, and interviews of, a prolific American poet, Donald Hall (1928-2018). Donald Hall published fifteen books of poetry, as well as numerous essays and books across various genres. He was the Library of Congress's 14th Poet Laureate (2006) and the recipient of many prestigious awards, including the Robert Frost Medal (1998) and National Medal of Arts (2010). Since the 1970s, Hall lived at the Eagle Pond Farm, in Wilmot, New Hampshire, and was married to another poet, Jane Kenyon, who took the photograph of Donald Hall near Eagle Pond, NH, in the 1970s reproduced here with permission of the Donald Hall & Jane Kenyon Estate.



Martin-Joy's correspondence with Donald Hall started as a fan mail and evolved into an interview on aging, creativity, and loss that appeared in [TriQuarterly magazine \(Sep 13, 2016\)](#), and finally led to an edited collection of Hall's interviews [Conversations with Donald Hall](#) (forthcoming from University of Mississippi Press in April 2021). Hall's interviews reveal he was much influenced by psychoanalysis, sought psychotherapy during his time as a professor at the University of Michigan, thoroughly read Freud, and wrote profoundly about loss. His struggles to come to terms with Kenyon's death to leukemia at the age of 47 became the subject of his 1998 book *Without*. Kenyon, who met Hall when she was a student at Michigan, wrote many searing poems about depression. In addition to letters and transcripts of interviews, Martin-Joy's donation includes three photographs of Donald Hall by Jane Kenyon as well as three books by Hall and one by Kenyon, from Hall's personal collection at Eagle Pond Farm: Hall's *Life Work* (Beacon Press, 1993), *Without* (1998), *The Selected Poems of Donald Hall* (2015), and Kenyon's *Otherwise: New and Selected Poems* (1996). Even though Hall's and Kenyon's larger archives are held at the University of New Hampshire, this distinctive assortment will inspire BPSI members and friends to seek solace in the language of poetry. Describing similarities in ways psychoanalysis and poetry depend on language, Adam Phillips once noted: "...psychoanalysts invoke poetry and poets wherever their repressed skepticism about language and knowledge begins to come light... The poet tends to become the cure for that founding skepticism... Psychoanalysis was unconsciously devised, perhaps, to find out something new about what people can do to and for each other with language." (Phillips, A. *Poetry and Psychoanalysis In Promises, Promises: Essays on Literature and Psychoanalysis*, Basic Books, 2002, p. 34).

Recent Research: Women Histories in Photos

- **Jenny Waelder-Hall (1898-1989)**

Several archival researchers have recently looked into Jenny Waelder-Hall's materials at BPSI. Klara Naszkowska PhD, a Fulbright and Visiting Scholar at

Union Theological Seminary, Columbia University has requested Waelder-Hall's interviews for [her spring seminar](#) about Jewish women émigré psychoanalysts who came to the United States in 1930s. Georg Augusta, a psychoanalyst from Vienna, asked about Waelder-Hall in his attempt to find all known photographs of the First Stockbridge Congress on Child Analysis organized by the Austen Riggs Foundation in April 23-24, 1950. In addition to [an official group photo held at Countway Library of Medicine](#), there are many candid pictures taken on the same day. Dr. Augusta suggested that the Stockbridge photos provide a window to the understanding of what Vienna has lost and what it meant for the emigrés analysts to flee Europe, show their influence on American analysts and on the emancipation of women, as women constitute the majority of the Stockbridge Congress assembly. Explorations in BPSI Photograph collections, uncovered an unidentified portrait of a woman (*shown here*). Our member Tony Kris, MD, as well as our archival researcher Karin von Hippel, PhD (Waelder-Hall's granddaughter), confirmed that the woman on the photo is Jenny Waelder-Hall in her later years.



Jenny Waelder-Hall was a pioneer of child analysis and a Training and Supervising Analyst at the Vienna Psychoanalytic Society. She immigrated to the US after the Anschluss of 1938 and lived in Boston until 1943, playing an important role as a training analyst at the Boston Psychoanalytic Society. According to Sanford Gifford, she helped the Bibrings come to Boston by assisting Edward Bibring in obtaining professorship at Tufts. Born Jenny Pollack in Lemberg (now Lviv), she was the second daughter in a Jewish assimilated family. After Lemberg's defeat in WWI, the family moved to Vienna where Jenny attended the Vienna University Medical School. She became interested in psychoanalysis through one of her classmates, Grete Bibring. In 1924, she began her supervision with Anna Freud and two years later they began working with children. One of the first cases assigned to Jenny Waelder-Hall by Anna Freud is described in her paper [The Analysis of a Case of Night Terror](#), translated and published in English in 1946. By the 1930s, she was conducting her own child analysis seminars often attended by American students trained in Vienna. In 1930, she married Robert Waelder, a physicist and inventor who trained in Vienna to become an analyst. The Waelders were later welcomed in Boston by a younger generation of American analysts they had met in Vienna: William Healy, Augusta Bronner, Helen Tartakoff, Florence Clothier, Lydia Dawes, John Murray, and Joseph Michaels. The couple split in 1941, but remained friendly. Jenny Waelder married historian Duncan Hall, following him to Washington, DC, in 1943, where she quickly became a training analyst at the Baltimore-Washington Psychoanalytic Institute. Gifford's biography and interviews suggest she never liked to write, but was a brilliant analyst, teacher and supervisor.

References:

Gifford, S. (2017). [Jenny Waelder-Hall and Early Child Analysis](#). *American Imago* 74(4), 451-465.

- **Vilma Kovács (1883-1940)**

Anna Borgos, Research Fellow at the Institute of Cognitive Neuroscience and Psychology, Hungarian Academy of Sciences, requested Anna Freud and Vilma Kovács photos from the 1938 IPA Congress in Paris (*shown here - Bibring Photograph Collection, BPSI Archives*) for her book in press entitled [Women in the Budapest School of Psychoanalysis: Girls of Tomorrow](#) (Routledge, July

2021). She helped us to identify previously unknown women in the Congress pictures, also correcting some misidentified photos of Vilma Kovács and her daughter Alice Balint. In her article *Women in the History of Hungarian Psychoanalysis*, Anna Borgos notes that women comprised 30% of the Hungarian Psychoanalytic Association in 1929, - a significant increase from 5% in the previous decade on the way to reach 48% ratio by 1937. Women analysts of that era became instrumental in the shift of focus from the father to the mother and “were more inclined to explore... women’s social roles, sexuality, and motherhood and to rethink the concepts of masculinity and femininity.” Borgos emphasizes the roles of Hungarian female scholars in several new fields, such as the study of schizophrenia (Lilly Hajdu), ethno-psychology (Alice Balint), or the formation of the system of the training analysis (Vilma Kovács).” (Borgos, p. 160). Vilma Kovács was



a close collaborator of Sándor Ferenczi, whom she met at the end of WWI as a patient suffering from agoraphobia. She quickly became his star trainee and had her own practice by 1920. Born in the south of Hungary to a Jewish trader’s family, Vilma got married at the age of 15 against her will and had three children by the age of 18. (Her first child Alice Szekely-Kovács became known under the last name of her husband, Michael Balint). As many others in her time, she contracted tuberculosis and was sent to a sanatorium, where she met an architect, Frigyes Kovács, who eventually became her second husband. The couple provided significant financial support to the Hungarian Psychoanalytic Society and, in 1931, opened the Hungarian Polyclinic for the financially struggling patients in one of the buildings they owned. Vilma made a great impact on the Hungarian school of psychoanalysis, training and supervising many students, including a circle of young women, such as Lilly Hajdu, Erzsébet Kardos, Alice Hermann, and Alice Balint. She published five papers, taught technical seminars and organized, with Ferenczi, what is known to this day as “a Hungarian training method,” the system in which a trainee’s first cases are supervised by a training analyst ([Training-and-Control Analysis, 1936](#)). In the midst of political tensions of 1938, she and her husband decided to move to Paris, but then returned to Budapest where Vilma died in 1940, surviving her oldest daughter by one year (a 41-year old Alice Balint unexpectedly died of ruptured aneurism in Manchester, in 1939).

References:

- Borgos, A. (2017). Women in the History of Hungarian Psychoanalysis. *European Yearbook of the History of Psychology*, 3: 155-180.
- Dupont, J. [Kovács-Prosznitz, Vilma \(1883-1940\)](#). *International Dictionary of Psychoanalysis*.
- [Women Psychoanalysts in Hungary](#). *Psychoanalytikerinnen. Biografisches Lexikon*.

Recent Inquiries

Many other researchers contacted our archives this winter: **Don Lipsitt, MD**, BPSI member, requested information about John Romano, Rockefeller Fellow in Neurology at Boston City Hospital 1939-1941 and Chair of the Psychiatry Department at Rochester, looking for Romano's paper presented at BPSI in 1941. BPSI Archives do not have a copy of this paper but do hold biographical notes about Romano by Sanford Gifford, as well as the transcript of the 1993 ApsaA Oral History Workshop on the psychoanalysis in Rochester. **Danielle D'Ambrosio**, requested an audio recording of Sanford Gifford's interview with Louise Kush, Hanns Sach's niece for an article about Kush who was D'Ambrosio's

friend & colleague. **Maisie Houghton**, writer from Boston, requested biographical information about Leolia Dalrymple, one of BPSI founders. **Maury Joseph, PsyD**, a clinical psychologist from Washington, DC, requested audio recordings of Elvin Semrad's clinical and teaching interviews. **Dr. Kristen D. Nawrotzki**, a historian at the University of Education in Heidelberg, Germany, requested materials from our [Hampstead Nurseries and Clinic collection](#) for her research of the work of Anna Freud and Dorothy Burlingham.

In the Media

From a Year of Shorts to a Little Gift

The IPA in Culture Committee, chaired by BPSI member Cordelia Schmidt-Hellerau, PhD, concluded a [Year of Short Films 2020](#), making *The Reflecting Pool* (1979) by Bill Viola a final December selection. The Committee will now offer you each month ***a Little Gift***: a small video, a poem, a song, a painting,



something that may touch, amuse, puzzle, move, inspire, or surprise you. The first little gift in the series was a charming video of Sigmund Freud presenting the gift of a flower to his grandson Ernst, sitting on the arm of his mother, Freud's daughter Sophie. Christina Nadler, New York, brought this video to the attention of the Freudian Society, New York, and the IPA. Our member Tony Kris, MD, tentatively identified Sophie and Ernst Halberstadt. This video is also [posted here](#) as an inspiration and invitation to participate in the [IPA Video Award](#) on the theme of the 52nd Congress "The Infantile: its multiple dimensions". The little gift of February is [this video](#) of Israel's most popular classical performer, Dr. Astrith Baltzan, pianist, narrator, and musicologist telling the audience about Gershwin and how his music came about, selected by Paola Golinelli, Bologna.

Thank You!

We would like to thank all of our members who have picked new journal donations or decided to continue donating journals to the library in 2021. Your support is crucial for library operations! We are deeply grateful to Deborah Choate, Jack Foehl, Ellen Goldberg, Mark Goldblatt, Dan Jacobs, Dan Mollod, Malkah Notman, Dean Solomon, Rita Teusch, Steven Varga-Golovscenko, and Julie Watts for donating print journal issues to the library. Also greatly appreciated are recent donations of books by Diane O'Donoghue and John Martin-Joy. With funds established by Morton and Raisa Newman many years ago, we continue building our child analysis and neuropsychology collections. Our Gifford fund helps to purchase books on the history of psychoanalysis.



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