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Development III – Youth Development Gil Noam, Ed.D., Dr. Habil

This eight-session seminar will cover essential psychoanalytic and cognitive thinking about the adolescent phase of development. The seminar will cover the concepts of normality and pathology, adolescent identity formation and self-assertion, the role of family dynamics, gender development and gender identity, and mourning and transformations both inside and outside of treatment.

Class One: What is Adolescence?

December 2, 2021

Bohleber, W. (2012). Adolescence in the mirror of changing psychoanalytic theory. *Adolescent Psychiatry*, 2(1). [[Linked Here](#) or Download from the [Reading folder](#) or request from library@bpsi.org].

Class Two: Two Adolescent Worlds: Identity

December 9, 2021

Erikson, E. H. (1950). Eight ages of man. In *Childhood and society* (pp. 247-274). W. W. Norton Co. [Download from the [Reading folder](#) or request from library@bpsi.org].

Hall, M. (2013, December 13). Perry's scheme – Understanding the intellectual development of college-age students. *The Innovative Instructor Blog, Johns Hopkins University*. [[Linked Here](#) or Download from the [Reading folder](#) or request from library@bpsi.org].

Kim E. (2016, June 20). *James Marcia's adolescent identity development* [Video]. YouTube. [Linked Here](#).

Optional Reading: Kohlberg, L. (1976). Moral stages and moralization: The cognitive-developmental approach. In T. Lickona (Ed.), *Moral development and behavior* (pp. 170-205). Holdt, Rinehart, and Winston. [Download from the [Reading folder](#) or request from library@bpsi.org].

Class Three: Two Adolescent Worlds: Belonging

December 16, 2021

Noam, G. G. (1999). The psychology of belonging: Reformulating adolescent development. In A. H. Esman, L. T. Flaherty & H. A. Horowitz (Eds.), *Annals of the American society for adolescent psychiatry (Adolescent psychiatry, developmental and clinical studies, volume 24)* (pp. 49-68). Analytic Press. [Download from the [Reading folder](#) or request from library@bps.org].

Class Four: Biography and Transformation: Adolescent Development in Adult Therapy and Psychoanalysis

January 6, 2022

Galatzer-Levy, R. M. (2004). Chaotic possibilities: Toward a new model of development. *International Journal of Psychoanalysis*, 85(2), 419-441. [PEP Web Link](#)

Optional Reading: Peneva, I., & Mavrodiev, S. (2013). A historical approach to assertiveness. *Psychological Thought*, 6(1), 3-26. [Linked Here](#) or Download from the [Reading folder](#) or request from library@bps.org].

Class Five: Application to Psychotherapy and Psychoanalysis

January 13, 2022

Warshaw, S. C. (1996). The loss of my father in adolescence: Its impact on my work as a psychoanalyst. In B. Gerson (Ed.), *The therapist as a person* (pp. 207-221). Routledge Press. [Download from the [Reading folder](#) or request from library@bps.org].

Dubois-Comtois, K., Cyr, C., Pascuzzo, K., Lessard, M., & Poulin, C. (2013). Attachment theory in clinical work with adolescents. *Journal of Child & Adolescent Behavior*, 1(3). [Download from the [Reading folder](#) or request from library@bps.org].

Class Six: Our Times: Gender and LGBTQ

January 27, 2022

Alberti, S., & Silva, H. F. da. (2019). Sexuality and questions of gender in adolescence: Contributions of psychoanalysis. *Psicologia: Teoria e Pesquisa*, 35, e35434. <https://doi.org/10.1590/0102.3772e35434>

Barkai, A. R. (2017). Troubling gender or engendering trouble? The problem with gender dysphoria in psychoanalysis. *The Psychoanalytic Review*, 104(1), 1–32. <https://doi.org/10.1521/prev.2017.104.1.1> [Download from the [Reading folder](#) or request from library@bpsl.org].

Optional Reading: Fast, I. (1990). Aspects of early gender development: Toward a reformulation. *Psychoanalytic Psychology*, 7S(Supplement), 105-117. [PEP Web Link](#)

Class Seven: Our Times: Race and Ethnicity

February 3, 2022

Baldwin, J. (1962, December 1). *A letter to my nephew*. Progressive.org. [Linked Here](#)

Burack, C. (2004). Psychoanalysis, race, and racism. In *Healing identities: Black feminist thought and the politics of groups* (pp. 10-34). Cornell University Press. [Download from the [Reading folder](#) or request from library@bpsl.org].

Class Eight: Conclusion, Synthesis, and Evaluation

February 10, 2022

Wilson, P. (2001). 'I don't know.' *Journal of the British Association of Psychotherapists*, 39, 166-176. [Download from the [Reading folder](#) or request from library@bpsl.org].

Learning Objectives:

1. At the conclusion of the session, the participant will be able to describe 3 viewpoints of normal adolescent development.
2. At the conclusion of the session, the participant will be able to compare 3 models of adolescent development.
3. At the conclusion of the session, the participant will be able to analyze a movie about adolescent experience and discuss a developmental idea from the film.
4. At the conclusion of the session, the participant will be able to analyze family dynamics that occur during adolescence.
5. At the conclusion of the session, the participant will be able to compare risk and resiliency approaches to adolescent treatment.
6. At the conclusion of the session, the participant will be able to discuss the role of physical development and sexuality in adolescent experience.
7. At the conclusion of the session, the participant will be able to describe the concept of nonlinear development and its application to adolescence.
8. At the conclusion of the session, the participant will be able to apply concepts of adolescent development to working therapeutically in psychoanalytic treatment with adolescents and adults.

Additional Readings if Interested:

- 2 Short YouTube Videos on David Elkind's concept of Adolescent Egocentrism: [Linked Here](#)
- Anderson, K. (2016, October 26). *Elkind's theory of adolescent egocentrism* [Video]. YouTube. [Linked Here](#)
- Lena, F. E. (2017). Working with and 'seeing through' the sexual transference in the psychotherapy of an adolescent boy. *Journal of Child Psychotherapy*, 43(1), 40–54. [[Linked Here](#) or Download from the [Reading folder](#) or request from library@bpsl.org].
- Shapiro, T. (2008). Masturbation, sexuality, and adaptation: Normalization in adolescence. *Journal of the American Psychoanalytic Association*, 56(1), 123-146. [Linked Here](#) or [PEP Web Link](#)
- Erikson, E. H. (1956). The problem of ego identity. *Journal of the American Psychoanalytic Association*, 4, 56-121. [PEP Web Link](#)
- Billow, R. M. (2004). The adolescent play: Averting the tragedy of Hamlet. *Contemporary Psychoanalysis*, 40(2), 253-277. [PEP Web Link](#)